



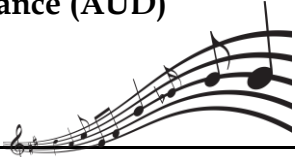








Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> <i>Eucharistic Minister Visits in A.M.</i> 10:30 The Life of Babe Ruth (YT) (BL) 10:45-11:45 Room Visits 11:00 Light Stretch & Flex (BL) 2:30 Worship Service (AUD)	<b>2</b> 10:15 Oktoberfest In Munich (YT) (BL) 11:00 Rise & Shine Stretch (BL) 2:15 Bingo (WGR) 6:15 Grand Ole Opry at Carnegie Hall (YT) 7:15-7:30 Evening Snacks	<b>3</b> 10:15 Crafter's Corner: Sugar Pumpkin Painting 2:30 Worship Service (AUD) 	<b>4</b> 10:15 Back to School Reminisce with photos and visual props 11:00 Noodle Fitness (BL) 2:15 Penny Ante (BL) 6:15 Bingo & Snacks (BL)	<b>5</b> 8:00 Breakfast with The Chef 10:15 Autumn Words Within on Whiteboard (BL) 11:00 Sit & Be Fit Stretch (BL) <u>2:15 Classic Cuisine: Chocolate &amp; Blueberry Scones (H)</u>	<b>6</b> 10:15 People of Faith (BL) 11:00 Rosary (BL) <b>2:15 Fall Harvest Social with Refreshments (WGR)</b> 	<b>7</b> 10:30 Bible Trivia (IN2L) (BL) 10:45-11:45 Room Visits 11:00 Morning Stretch (BL) 2:00 <i>Movie Matinee: "Sabrina", starring Hepburn and Bogart (1954) (1 hr., 53 m) (YT) (F)</i> 2:30 Bingo (BL) 2:30-3:45 Room Visits <small>Simchat Torah Begins</small>
<b>8</b> 10:30 Bocce Ball (BL) 10:45-11:45 Room Visits 11:00 Stretch & Flex (BL) 2:30 Worship Service (AUD) 	<b>9</b> 10:15 Higher or Lower? (BL) 11:00 Dumbbell Fitness (BL) 2:15 Bingo (WGR) 6:15 Travelogue: Rick Steves: The Netherlands: Beyond Amsterdam (1 hr.16 min) (BL) 7:15-7:30 Evening Snacks <small>Columbus Day (US) Indigenous Peoples' Day Thanksgiving Day (Canada)</small>	<b>10</b> 10:15 Crafter's Corner: Ceramic Leaf Bowl 2:30 Worship Service (AUD) 	<b>11</b> 10:15 Piano with Volunteer Ruth (BL) 11:00 Women's Bible Study with Rev. Dawn (BL) <u>2:15 Classic Cuisine: Pumpkin Spice Bread (H)</u> 6:15 Bingo & Snacks (BL)	<b>12</b> 8:00 Breakfast with The Chef 10:15 Family Feud (IN2L) (BL) <b>10:45 Day Care Children Visit: Pass the Pumpkin game</b> <b>2:30 Musical Performance with Mary's Melodies (WGR)</b>	<b>13</b> <b>Happy Birthday Foge!</b> 10:15 People of Faith (BL) 11:00 Rosary (BL) <b>2:30 Jazz Trio Musical Performance (AUD)</b> 	<b>14</b> 10:30 Charades (BL) 10:45-11:45 Room Visits 11:00 Light Stretch & Flex (BL) 2:00 <i>Music of Hans Zimmer (YT) (F)</i> 2:30 Bingo (BL) 2:30-3:45 Room Visits
<b>15</b> <i>Eucharistic Minister Visits in A.M.</i> 10:30 Horseshoes (BL) 10:45-11:45 Room Visits 11:00 Morning Stretch (BL) 2:30 Worship Service (AUD) 	<b>16</b> 10:15 Fall Scattegories on Whiteboard (BL) 11:00 Rise & Shine Stretch (BL) 2:15 Bingo (WGR) 6:15 Tony Orlando & Dawn Hour with Jerry Lewis (YT) 7:15-7:30 Evening Snacks	<b>17</b> 10:15 Crafter's Corner: Tissue Paper Leaf (BL) 2:30 Worship Service (AUD) 	<b>18</b> 10:15 Who/What Am I (BL) 11:00 Stretch, Flex & Kickball (BL) 2:30 Catholic Communion (BL) 3:15 Protestant Service (BL) 3:30 Wyckoff Library Visit 6:15 Bingo & Snacks (BL)	<b>19</b> <b>Happy Birthday Gesa!</b> 8:00 Breakfast with The Chef 10:15 Guess the Price! (BL) 11:00 Elastic Band Stretch (BL) <u>2:15 Classic Cuisine: Black Forest Cake with Ann (H)</u>	<b>20</b> 10:15 People of Faith (BL) 11:00 Rosary (BL) <b>2:30 October Birthday Celebration with Randy Accardi (AUD)</b> 	<b>21</b> 10:30 What Was the Year? 10:45-11:45 Room Visits 11:00 Disco Dance Exercise 2:00 <i>Movie Matinee: "People will talk", starring Cary Grant (1951) (1 hr., 50 m) (YT) (F)</i> 2:30 Bingo (BL) 2:30-3:45 Room Visits
<b>22</b> 10:30 Fact or Fiction? 10:45-11:45 Room Visits 11:00 Light Stretch & Flex (BL) 2:30 Worship Service (AUD)	<b>23</b> <u>10:15 Classic Cuisine: Breakfast Bites (H)</u> 2:15 Bingo (WGR) 6:15 Reba McEntire Live in Concert (YT) 7:15-7:30 Evening Snacks	<b>24</b> 10:15 Crafter's Corner: Create Your Own Mini "Give Thanks" Pillow 2:30 Worship Service (AUD) <b>5:00 Take-Out Wyckoff Pizza Night (WGR only)</b> 	<b>25</b> 10:15 Rise & Shine Stretch (BL) 11:00 Reading Reflections with Rev. Dawn (BL) <b>2:30 Catholic Mass (AUD)</b> 6:15 Bingo & Snacks (BL)	<b>26</b> 8:00 Breakfast with The Chef 10:15 Fall Jeopardy (BL) 11:00 Noodle Fitness (BL) <b>3:00 Bergen County Zoo Visit (BL)</b> (Max. 28 participants as per zoo) 	<b>27</b> <b>10:30 Eastern Christian Game Day (AUD)</b> 2:30 Resident Council, Activity & Menu Planning Meeting (BL)	<b>28</b> 10:30 Would You Rather (BL) 10:45-11:45 Room Visits 11:00 Morning Stretch (BL) 2:00 <i>Diana Ross Concert: (2022), Encore Las Vegas (1 hr., 2 min) (YT) (F)</i> 2:30 Bingo (BL) 2:30-3:45 Room Visits
<b>29</b> 10:30 Deal or No Deal (BL) 10:45-11:45 Room Visits 11:00 Stretch & Flex (BL) 2:30 Worship Service (AUD) 	<b>30</b> 10:15 Biblical Words Within on the Whiteboard 11:00 Sit & Be Fit Stretch (BL) 2:15 Bingo (WGR) 6:15 Google Earth: Visit your old neighborhood & anywhere in the world! (BL) 7:15-7:30 Evening Snacks	<b>Happy Birthday Ursula! 31</b> 10:15 Crafter's Corner: Collaborative Art Project <b>11:00 (approximate time) Costume Parade with the Day Care Children!</b> 2:30 Worship Service (AUD) <small>Halloween</small>	<b>HERITAGE MANOR WEST 4 ACTIVITIES</b>  (AUD) = DeYoung Auditorium (BL) = Blanton Lounge (F) = Fireplace TV (H) = Hearth Kitchen Area (YT) = YouTube Premium Video (IN2L) = Interactive Computer Games <b>Activities subject to change and/or cancellation at any time.</b>			