

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

October 2022

Southgate Special Care Main Lounge



<p>10:30 Best Gospel Mix 2022 and Hand Massages 11:00 Frisbee Toss Game 11:30 Texaco Gas Station - The Man in the Star (1962) 2:30 Worship Service (Auditorium)</p> 	<p>10:30 Seated Chair Exercise 11:00 Flying Disc Toss Game 11:30 Rock and Roll 60's Superstars Live 2:15-3:30 BINGO</p> 	<p>10:30 Morning Stretch 11:00 Menu Planning 11:30 Food for Thought (1949) 2:30 Worship Service (AUD) 4-4:45 Word Games: Colorful Phrases</p> <p>Yom Kippur Begins</p>	<p>10:30 Pom-Pom Fitness 11:00 Roll the Dice, Break the Ice Game 11:30 Music of the Chantals 2:15 Spanish Club: Maya Weaving and Textiles 3:00 ShowTime's Classic Rock and Roll Reunion 63 4-4:45 BINGO.</p>	<p>10:30 Bible Quiz: The Old Testament 10:45-11:20 Chaplain Time 11:30 Paul Anka in Concert 2:15 Guess the Logo Game 3:00 Billie Holiday and Count Basie at Carnegie Hall (1954) 4-4:45 On the Spot Trivia</p>	<p>10:30 Moving to Music 11:00 Do You Know: World Capitals Quiz 11:30 Johnny Cash-First 25 Years Concert 2:15 Object Rhyming Riddle 3:00 20 Intros to TV Series-Relics of the 50's</p>	<p>10:30 Chair Yoga Dance 10:45 Paper Plate Scarecrow Craft 11:30 Legends in Concert-The Righteous Brothers 2:15-3:15 BINGO</p> 
<p>10:30 Old Country Gospel Playlist with Lyrics 11:00 Trivia: Where are These Cities Located 11:30 The Temptations Live in Concert and Aromatherapy 2:30 Worship Service (Auditorium)</p> <p>Sukkot Begins</p>	<p>10:30 Seated Chair Exercise 11:00 Spin the Wheel Game 11:30 American Bandstand 1961 4th Anniversary Show 2:15 Ring Toss 3:00 50's Fads and Fashions</p> <p>Columbus Day (US) Indigenous Peoples' Day Thanksgiving Day (Canada)</p>	<p>10:30 Morning Stretch 11:00 Menu Planning 11:30 Dinner 200 Years Ago: 1807 Mac n' Cheese: Historical ASMR Cooking 2:30 Worship Service (AUD) 4-4:45 Finish the Phrase</p>	<p>10:30 Pom-Pom Fitness 11:00 Guess The Animal 11:30 Best Songs of Dionne Warwick 2:15-3:30 BINGO 4-4:45 Afternoon Treats and Trivia</p> 	<p>10:30 Noodle Fitness 10:45-11:20 Chaplain Time 11:30 Rick Steve's: Siena and Tuscany Wine Country 2:15 Spin the Wheel Game 3:00 Adult Coloring Pages/Word Searches with Acoustic Guitar Music</p>	<p>10:30 Moving to Music 11:00 Can Toss Game 11:30 Switzerland's Great Cities 2:15 Bowling 3:00 Classic TV Themes of the 50's 4-4:45 True or False Game</p>	<p>10:30 Sit and Be Fit Exercise 10:45-11:45 BINGO 2:15 What Do These Phrases Mean 3:00 Ray Charles Full Concert (1981) and Hand Massages</p>
<p>10:30 Symphony of Psalms Concert: Phil Webb and John MacArthur 11:00 Category Game 11:30 Frankie Avalon Greatest Hits and Hand Massages 2:30 Worship Service (Auditorium)</p>	<p>10:30 Seated Chair Exercise Recital led by Sherry Zak 10:45-11:45 BINGO 2:15 Person, Place or Thing Game 3:00 Rick Steve's: Italy's Great Hill Towns</p> <p>Simchat Torah Begins</p>	<p>10:30 Morning Stretch 11:00 Menu Planning 11:30 Chuck Berry's 1965 Belgium TV Appearance 2:30 Worship Service (AUD) 4-4:45 Football Bean Bag Toss</p>	<p>10:30 Pom-Pom Fitness 10:45-11:30 BINGO 2:15-3:30 October Birthday Party with Musical Sounds 4-4:45 Arts & Craft: Southwest VBS Prayer Box</p>	<p>10:30 Bible Quiz: Who Said That 10:45-11:20 Chaplain Time 11:30 You Be the Judge 2:15 Food Jingo 3:00 Meals from the 1950's</p> 	<p>10:30 Moving to Music 11:00 The Missing Word Game 11:30 The Dial Comes to Town 2:15 Western Horseshoe Ring Toss Game 3:00 ABC 1962 Fall TV Season</p> 	<p>10:30 Chair Yoga Dance 11:00 Games on the IN2L 11:30 Rick Steve's Highlights of Castile: Toledo and Salamanca 2:15-3:30 BINGO</p>
<p>10:30 A Moment in Worship with Brooke Ligertwood, Aodhan King, and Hillsong Worship 10:45-11:45 BINGO 2:30 Worship Service (Auditorium)</p> 	<p>10:30 Seated Chair Exercise 10:45 Clothing Jingo 11:30 Top 10 Small Charming Towns in America 2:15 What Am I? Game 3:00 Peak Fall Foliage New England and Aroma Massages</p> <p>Diwali (Hindi)</p>	<p>10:30 Moving to Music 11:00 Menu Planning 11:30 Full Day of Meals from the 1950's-Vintage Recipes, Cooking From Scratch 2:30 Worship Service (AUD) 4-4:45 Afternoon Treats and Trivia</p>	<p>10:30 Pom-Pom-Fitness 10:45-11:45 BINGO 2:15 Supermarket Sweep Game 3:00 Drive-In Soul Classics-Legends in Concert 4-4:45 Sensory Spa and Doris Day Songs</p>	<p>10:30 Noodle Fitness 10:45-11:20 Chaplain Time 11:30 Greatest Hits of Sony and Cher & Aroma Massages 2:15-3:30 BINGO 4-4:45 Target Toss</p>	<p>10:30 Moving to Music 11:00 Bocce Ball 11:30 Inventions and New Products from 1950-1979 2:15 Guess the Food Game 3:00 Harry Belafonte and Julie Andrews -A World in Music (1969)</p>	<p>10:30 Sit and Be Fit Exercise 10:45-11:45 BINGO 2:15 Would You Rather Game 3:00 Roy Orbison in Roy Orbison Sings (1975), Word Searches and Adult Coloring Pages</p>

10:30 Jim Reeves: Classic Country Gospel Songs
11:00 Twenty Questions Game
11:30 The Carpenters in Concert
2:30 Worship Service (Auditorium)

Halloween



Southgate Special Care Main Lounge

(AUD) = De YOUNG AUDITORIUM (IN2L) = INTERACTIVE COMPUTER GAMES
(YT) = YOUTUBE (NF) = NETFLIX

****Activities Subject to Change****

Activities take place in the Main Lounge unless otherwise noted.

