

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 March Heritage Manor West – Unit 4 All Activities take place in the Blanton Lounge unless otherwise noted. Activities subject to change or cancellation.			10:15 Who or What Am I Game 11:00 Rise & Shine Stretch <u>2:15 Classic Cuisine:</u> <u>Delicious Hamantaschen (H)</u> 6:15 Bingo & Snacks	2 8:00 Breakfast with the Chef 10:15 Family Feud (IN2L) 11:00 Elastic Band Stretch 2:15 Bingo (WGR) 6:15 “Ella Fitzgerald at the North Sea Jazz Festival” (YT) (F) (1 hr., 4 min.)	3 10:15 People of Faith 11:00 Rosary 2:30 March Birthday Celebration with Tom Aalfs, Violinist (AUD) 	4 10:30 Rick Steves: Dublin and Mystical Side Trips (YT) 10:45-11:45 Room Visits 11:00 Morning Stretch 2-3:45 Movie Matinee: “The Secret of Roan Inish” (YT) (1 hr., 42 m) (F) 2:30-3:30 Bingo  2:30-3:30 Room Visits
Eucharistic Minister Visits in a.m. 5 10:30 Keyboard with Theresa 10:45 Friendly Room Visits 11:00 Light Stretch and Flex 2:30 Worship Service (AUD) or Livestream via In-House Channel, 591  	6 10:15 Inside The Vatican Museums (YT) (25 min) 11:00 Dumbbell Fitness 2:15 Bingo (WGR) 6:15 St. Patrick’s Day Wood Shamrock Craft with Nancy! 7:15-7:30 Evening Snacks Purim Begins	7 10:15 Crafter’s Corner: St. Patrick’s Day Rainbow Mobile Craft 2:30 Worship Service (AUD) or Livestream via In-House Channel, 591 	8 11:00 Women’s Bible Study with Rev. Dawn Rivers 12:00 St. Patrick’s Day Candlelight Luncheon (AUD) 2:30 Bocce Ball 6:15 Bingo & Snacks	9 10:15 History of FORD, USA (YT) 11:00 Rise & Shine Stretch <u>2:15 Classic Cuisine:</u> <u>Irish Soda Bread Muffins (H)</u> 6:15 Stand-up “clean” Comedian, “Brian Regan, I walked on the Moon” (YT) (F) (54 min.)	10 10:15 People of Faith 11:00 Rosary 2:15 Bingo (WGR) 	11 10:30 Name That Tune 10:45-11:45 Room Visits 11:00 Stretch and Flex 2:00 Music Concert: “Live in Ireland 87 Project in HD; Live from Glasgow Royal Concert Hall! (YT) (F) (1 hr., 46 m) 2:30-3:30 You Be the Judge 2:30-3:30 Room Visits
12 10:30 Table Topics 10:45 Friendly Room Visits 11:00 Morning Stretch 2:30 Worship Service (AUD) or Livestream via In-House Channel, 591  Daylight Saving Time Begins	13 10:15 St. Patrick’s Day Words Within on Whiteboard 11:00 Noodle Fitness 2:15 Bingo (WGR) 6:15-6:45 Hymn Sing (YT) 6:45-7:15 Karaoke Sing-along 7:15-7:30 Evening Snacks 	14 10:15 Crafter’s Corner: Shamrock Wreath 2:30 Worship Service (AUD) or Livestream via In-House Channel, 591 	15 10:15 Jeopardy Trivia 11:00 Rise & Shine Stretch 2:30 Catholic Communion 3:15 Protestant Service 3:30 Wyckoff Library Visit (room-to-room) 6:15 Bingo & Snacks	16 8:00 Breakfast with the Chef <u>10:15 Classic Cuisine:</u> <u>Mozzarella Sticks (H)</u> 2:15 Bingo (WGR) 6:15 “Lord of the Dance: Michael Flatley, Dublin, Ireland” (YT) (F) (1 hr., 4 min.)	Wear your Green! 17 10:15 People of Faith 11:00 Rosary 2:15 St. Patrick’s Day Party with The AJ Duo (AUD)  St. Patrick’s Day	18 10:30 Bible Trivia (IN2L) 10:45 Friendly Room Visits 11:00 Light Stretch and Flex 2:00 Movie Matinee: “Heidi” (YT) (F) (1 hr., 43) 2:30-3:30 Bingo (BL) 2:30-3:30 Room Visits 
Eucharistic Minister Visits in a.m. 19 10:30 Random Trivia 10:45 Friendly Room Visits 11:00 Morning Stretch 2:30 Worship Service (AUD) or Livestream via In-House Channel, 591	20 10:15 Springtime Scattagories on Whiteboard 11:00 Grooving to Disco 2:15 Bingo (WGR) 6:15 Assorted Table Games (Scrabble, Checkers, Puzzles) 7:15-7:30 Evening Snacks Spring Begins	Happy Birthday Henry! 21 10:15 Crafter’s Corner: Color your own 3D Spring Garden craft 2:30 Worship Service (AUD) or Livestream via In-House Channel, 591 	Happy Birthday Harry! 22 <u>10:15 Classic Cuisine:</u> <u>Loaded Potato Bites (H)</u> 11:00 Dumbbell Fitness 2:30 Catholic Mass with St. Elizabeth 3:00 Hymn Sing 6:15 Bingo & Snacks Ramadan Begins	23 8:00 Breakfast with the Chef 10:15 Wii Bowling 11:00 Chair Stretch 2:30 Live Musical Entertainment with Jerry Castaldo 6:15 “The Honeymooners” (YT) (F) (2 episodes)	24 10:15 People of Faith 11:00 Rosary 2:15 Bingo (WGR) 	25 10:30 How Much Did It Cost (IN2L) 10:45-11:45 Room Visits 11:00 Stretch & Flex 2:00 Movie Matinee: “My Man Godfrey” (YT) (F) (1 hr., 33 min.) 2:30-3:30 Name that 40’s & 50’s Tune! (YT) (BL) 2:30-3:30 Room Visits
26 10:30 Sermon with Dr. Charles Stanley (YT) 10:45 Friendly Room Visits 11:00 Light Stretch and Flex 2:30 Worship Service (AUD) or Livestream via In-House Channel, 591	27 <u>10:15 Classic Cuisine:</u> <u>Shortbread Cookies (H)</u> 2:15 Bingo (WGR) 6:15 Jumbo Crossword Puzzle! 7:15-7:30 Evening Snacks	Happy Birthday Mary! 28 10:15 Crafter’s Corner: Ceramic Bunny Banks 2:30 Worship Service (AUD) or Livestream via In-House Channel, 591 	29 10:15 Explore your old neighborhood with Google Earth! (IN2L) 10:45 Crochet Corner with Natalie (Library Nook) 11:00 Rise & Shine Stretch 2:15 Springtime Flower Arrangements with Sue 6:15 Bingo & Snacks	30 8:00 Breakfast with the Chef 10:15 “Opening Day” Baseball Trivia with Jeremy 11:00 Noodle Fitness 2:15 Ladies Spa Day 2:30 Movie Matinee: “Keep ‘em Flying 1941 Abbott and Costello” (YT) (F) (1 hr, 26) 6:15 Neil Sedaka: Legends in Concert (YT) (F) (47 min.)	31 10:15 People of Faith 11:00 Rosary 2:30 Resident Council, Activity & Menu Planning Meeting (BL) 	Room Location Key: (AUD) = De Young Auditorium (H) = Hearth Kitchen (YT) = YouTube Premium (NF) = Netflix (IN2L) = Interactive Computer Games (WGR) = West Great Room