

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

MARCH 2023

Activities take place in the East Great Room or East Media Room unless otherwise noted.

(East Media Room programs are highlighted in red)

Activities subject to change and/or cancellation at any time

10:15-11:45 Activities on the Go and Friendly Room Visits
10:15 Corner TV Theatre: Residents' Choice
2:30 Worship Service (AUD) or in-house livestream on channel 591



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10:15 Stretch & Hydrate
10:45 Chaplain Time
11:00 Hymn Sing
11:00 Arts & Crafts: **St. Patrick's Day Rainbow Mobile**
11:30 Table Top Sensory
12:00 Monday Mind Joggers!
2:15 BINGO
3:30 Oldies Mix 50's Rock n 'Roll (YT)



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10:15 Gentle Stretch
10:30 50's Hit sing along
11:00 Keyboard with Theresa
11:00 Making **Chocolate Chip Scones**
12:00 Trivia Tuesday
2:30 Worship Service (AUD) or in-house channel 591
6:15 **Table Games & a chance to win a \$5.00 Snoep Gift Card!**

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10:15 BINGO
10:30-11:00 **Hand and Back massage with White Tea Aromatherapy & Scenic views of Ireland**
11:00-11:45 **Bob Ross: A Trace of Spring (YT)**
12:00 Word Game Wednesday
2:30 **Entertainment with Bruce Mauro (EGR)**



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10:15 Fitness & 50's music
10:30 Bagpipes & Drums of the Royal Regiment (YT)
11:00 "The Queen's Favorite Meal!" (YT)
11:00 **What Year Was it?**
12:00 My first Job Reminisce
2:30 Sing Along with Suzie Q
3:00 Remembering the Good Old Days
6:15 **Carpenters In Concert**



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10:15 Chair Stretch
10:45 Companion Pets and Cute Pet Videos
11:00 **Making Irish Soda Bread Muffins**
11:30 The Best Barefoot Contessa Receipts (YT)
12:00 Fun Fact Friday
2:15 BINGO
3:30 "Unwrapped" with Sugar Cookie Aromatherapy

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10:15-11:45 Activities on the Go and Friendly Room Visits
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2:15-3:45 Friendly Room Visits
2:15 Corner TV Theatre: Residents' Choice



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Daylight Saving Time Begins

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10:15 Balloon Volley
10:45 Chaplain Time
11:00 Who & What am I?
11:00 Arts & Crafts: **Shamrock Wreath**
11:30 Table Top Sensory
12:00 Monday Mind Joggers!
2:15 BINGO
3:30 Scottish Bagpipes/Celtic Music with Beautiful Views of Scotland (YT) (42 mins)

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10:15 Noodle Fitness
10:30 50+ Plants Growing in my Spring Garden
11:00 Dublin Trips with Rick
11:30 Yanni in Concert (YT)
11:00 **PI: Day Apple Pie**
12:00 Trivia Tuesday
2:30 Worship Service (AUD)
6:15 **Table Games & a chance to win a \$5.00 Snoep Gift Card!**

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10:15 **Morning Stretch**
10:30 **Irish Sing along**
12:00 Word Game Wednesday
2:30 **Passport Travels: Journey to Ireland! Join us to learn about Irish culture with traditional Irish Folk music and Shamrock Shakes**



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10:15 Gentle Stretch
10:30-11:45 Riverdance: The Show 1995 (YT)
11:00 **St. Patrick's Day Coloring with K&P**
12:00 Timeless Toys Reminisce
2:30 Resident Council
3:30 Wyckoff Library Visit
6:15 **The Lord of the Dance**



St. Patrick's Day

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10:15 Kickball Fitness
10:30 What is your Leprechaun name?
11:00 **Making Homemade Mozzarella Sticks**
12:00 Fun Fact Friday
2:15 **St. Patrick's Day Entertainment with The AJ Duo! (AUD)**

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10:15 Kickball Fitness
10:45 Chaplain Time
11:00 Hymn Sing
11:00 **Color Your Own 3D Spring Garden Craft**
11:30 Table Top Sensory
12:00 Monday Mind Joggers!
2:15 BINGO
3:30 "1 hour of Vintage Spring Music" (YT)



Spring Begins

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10:15 Polka Music Fitness
10:30 The Best of West Ireland with Rick Steves (YT)
11:00 Super Market Sweep
11:00 **Baking Chocolate Chip Pumpkin Muffins**
11:30 Andrea Bocelli Hits
12:00 Trivia Tuesday
2:30 Worship Service (AUD)
6:15 **Table Games & a chance to win a \$5.00 Snoep Gift Card!**

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10:15 BINGO
10:30 **Scattergories on the Whiteboard**
11:00 **Dublin & Mystical Side Trips with Rick Steves**
12:00 Word Game Wednesday
2:30 **Name that Bird by Sight or Sound Presentation by Linda**

Ramadan Begins

22

10:15 Sit and Stay Fit
10:30 The Price is Right (IN21)
11:00 Cute Puppy Videos with Rose Aromatherapy
11:00 **Table Games with K&P**
12:00 Spring Picnic Reminisce
2:30 Welcome Spring Whiteboard Game
6:15 **James Taylor Live in Concert in Germany**

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10:15 Kickball Fitness
10:45 Companion Pets and Cute Pet Videos
11:00 **Loaded Potato Bites**
11:15 Sounds in the Kitchen Reminisce
12:00 Fun Fact Friday
2:15 BINGO
3:30 Spring: The Return of Life (YT)

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10:15 Stretch & Hydrate
10:45 Chaplain Time
11:00 Gospel Sing Along
11:00 Arts & Crafts: **Ceramic Bunny Bank**
11:30 Baby Reminisce
12:00 Monday Mind Joggers!
2:15 BINGO
3:30 Paul Anka Greatest Hits (YT)

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10:15 Pom-Pom Fitness
10:30 Karaoke Sing Along
11:00 Keyboard with Theresa
11:00 **Making Flower Shaped Shortbread Cookies**
12:00 Trivia Tuesday
2:30 Worship Service (AUD) or in-house channel 591
6:15 **Table Games & a chance to win a \$5.00 Snoep Gift Card!**

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10:15 BINGO
10:30-11:00 **Who/What am I?**
11:00-11:45 **Facts about Butterflies (YT)**
12:00 Word Game Wednesday
2:30 **Join us for a Spring Tea Time Social**



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10:15 Kickball Fitness
10:30 Complete the Phrase
11:00 Hand Massages with Spring Garden scenery
11:00 **Penny Ante with K & P**
12:00 Old Fashion Cars Reminisce
2:15 Hope for the Heart
3:30 Rosary
6:15 **Everly Brothers at the Royal Albert Hall**

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10:15 BINGO
10:30 **Breathtaking Monarch Butterflies Swarm (YT)**
11:00 Companion Pets & Adorable Kittens/Puppies Video
12:00 Fun Fact Friday
2:15 Ladies Spring Spa Hour
2:15 Men's Club: Pizza Parlor & Opening Day Discussion

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(AUD) = De Young Auditorium
(YT) = YouTube
(NF) = Netflix
(IN2L) = Interactive Computer Games

