

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

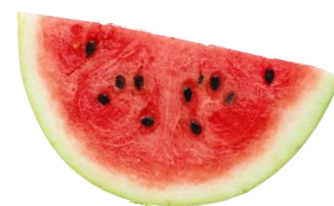
Saturday

June

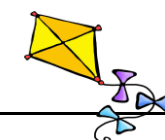
2023

Activities subject to change

Southgate Special Care - A Lounge Programs



10:30 Reminiscing: A Step Saving Kitchen (1949)
10:45-11:20 Chaplain Time
11:30 Remembering the 1970's
2:15-3:30 BINGO
4-4:45 Great British Gardens with Carol Klein and Hand Massages



10:30-11:30 Beauty Spa Day with Margarita
11:30 Landscapes of Netherlands: Dutch Windmills Sceneries with Relaxing Music
2:30-3:30 BINGO
4-4:45 U.S. History Quiz

10:30 Seated Chair Exercises
10:45-11:45 BINGO
2:15 Bright Dot Fish Sign Craft
3:00 Dionne Warwick and Burt Bacharach-Live at the Rainbow Room (1996)
3:30-3:45 Hand/Shoulder Massages with Ocean Breeze Aromatherapy

10:30 Dance along Workout
11:00 Supermarket Sweep Game
11:30 Rest, Hope and Strength with Relaxing Piano Music Video
2:30 Worship Service (AUD)



10:30 Noodle Fitness
10:45-11:30 Sensory Spa
11:30-11:45 "This Made growing up in the 1950's Great!" Short Video (YT)
2:15-3:30 BINGO
4-4:45 Name That Sound (YT)

10:30 Therapeutic Drum Circle (lesson 2 & 6)
11:00 Menu Planning
11:30-11:45 Flying Over New York 4K with Relaxing Music and Beautiful Landscape, Frankincense Aromatherapy
2:30 Worship Service (AUD)
4-4:45 Twenty Questions

10:30 Morning Stretch
10:45 Let's Talk-Reminiscing About the Good Old Days
12:00 50's Diner Candlelight Luncheon (AUD)
2:15 Categories Game
3:00 You Be The Judge
4-4:45 Name 5 Game



10:30 1950's America-Vintage USA Road trip in Color
10:45-11:20 Chaplain Time
11:30 St. Paul de Vence Beautiful Villages (YT)
2:15-3:30 BINGO
4-4:45 Roll the Dice Break the Ice Game

10:30 Balloon Volley to Swing Music
11:00 Legends of Hollywood Quiz
11:30 Top Songs of 1969
2:30-3:30 June Birthday Celebration with Harry Maitland (AUD)



10:30 Seated Chair Exercises
10:45-11:45 BINGO
2:15 Bowling
3-3:30 Ylang Ylang Aromatherapy Hand Massages, and Daniel Boaventura Best Songs
3:30-3:45 World of Animals
8K Ultra: Animals Around the Planet (YT)



10:30 Chair Exercises with Sharon (Video-YT)
11:00 Bocce Ball
11:30-11:45 Goodness of God: Piano Worship Music for Prayer and Meditation and Hand Massages
2:30 Worship Service (AUD)

10:30 Noodle Fitness
10:45-11:45 BINGO
2:15 Scatagories
3:00 Mauritius Travel Documentary and Sandalwood Aromatherapy
4-4:45 Men's Club: "Tools of the Trade"

10:30 Workout to the Music of the 50's and 60's
10:45 Menu Planning
11-11:30 Resident Support Group with Heather
2:30 Worship Service (AUD)
4-4:45 Sweet Treats and Pictures of Yesterday

10:30-11:30 BINGO
2:30-3:30 Entertainment with Ray Longchamp
4-4:30 Who/What Am I Game
4:30-4:45 Orlando (4K)-Relax in the Beautiful City of Orlando (YT)

Flag Day (US)

10:30 Bible Trivia
10:45-11:20 Chaplain Time
11:30 Our Daily Bread-Reel 2 (1962)
2:15-3:30 BINGO
4-4:30 1:1 Chats and Hand Massages
4:30-4:45 Lauterbrunnen Village and Valley: Paradisiacal Switzerland (YT)

10:30 Balloon Volley to Salsa
11:00 Bocce Ball
11:30 How to Make Swiss Meringue Buttercream (YT)
2:30-3:30 Father's Day Social for our special dads & father figures (AUD)
2:30-3:30 Sweet Treats & Reminisce



10:30 Seated Chair Exercises
10:45-11:45 BINGO
2:15 Musical of the 50's and 60's
3-3:30 Morel Mushrooms: Harvesting and Cooking
3:30-3:45 15 Best Castles in Europe and Bergamot Essential Oil Aromatherapy (YT)

10:30 Celebrating our Dads and Father Figures with hand-delivered cards & in-room greetings
10:45-11:30 Father's Day Tissue Acetate Card Craft
11:30 Playlist Bethel Music with Lyrics: Worship & Praise Songs
2:30 Worship Service (AUD)



10:30 Noodle Fitness
11:00 Finish the Phrase
11:30 Learn about the Elephants of Kilimanjaro with Lavender Aromatherapy
2:15-3:30 BINGO
4-4:45 Comparison: Famous Places then & now (YT)

Juneteenth

10:30 Locomotion Chair dance
11:00 Menu Planning
11:30-11:45 Flying Over the Alps and Nature Videos (YT)
2:30 Worship Service (AUD)
4-4:45 Making Tropical Fruit Pound Cake



10:30 Morning Stretch
10:45 The History Lounge: 1940's America: Classic Cars, People, and Cities in Color
11:15-11:30 Plants and Animals: Avocados: From Pit to Plant
2:15 First Day of Summer Pink Flamingo Social! Wear your pink!



Summer Begins

10:30 It Happened in the Kitchen, Part 2- (1941)
10:45-11:20 Chaplain Time
11:30 "The Secretary's Day" video short (1947) (YT)
2:15-3:30 BINGO
4-4:45 Men's Club: Baseball Reminisce

10:30 Balloon Volley to Polka
11:00 Table Games and Puzzles
11:30 All About Guy Lombardo (Band Leader)
2:15 Beauty Spa Day with Margarita
3:30-3:45 Things to do in Rome, Italy

10:30 Seated Chair Exercises
10:45-11:45 BINGO
2:15 Ring Toss
2:45-3:30 Hand Massages and Chamomile Aromatherapy
3:30-3:45 Exclusive Birds Collection 8K Ultra HD (YT)



10:30 Gentle Chair Stretch
11:00 Ring Toss
11:30 JSA Live Worship Experience Through Hymns and Songs of Praise and Aromatherapy
2:30 Worship Service (AUD)



10:30 Noodle Fitness
10:45-11:45 BINGO
2:15 Seahorse Foam Craft
3:00 Rick Steves Italy and Hand Massages with Chocolate Essential Oil Aromatherapy
4-4:45 Sweet Treats and Reminiscing Through Music

10:30 1960's Oldies but Goodies Workout Exercise
11:00 Menu Planning
11:30-11:45 Josh Groban Hits
2:30 Worship Service (AUD)
4-4:45 Jumbo Crossword Puzzle

10:15-11:30 BINGO
12:15 Summer BBQ
2:30 Spanish Club: Top 5 Beaches to Visit in Puerto Rico
3:30 History and Future of the Cuatro of Puerto Rico
4-4:30 Grand Toss Game
4:30-4:45 Montenegro-Aerial Drone Tour 4K (YT)



10:30 Top 5 Jeff Mauro Recipe Videos-Food Network
10:45-11:20 Chaplain Time
11:30 The Tallest Tree on Earth and Lemon Aromatherapy
2:15-3:30 BINGO
4-4:45 Old Time Karaoke Classics of the 60's & 70's

10:30 Balloon Volley to Merengue Music
11-11:45 Food JINGO
2:15 Sailboat Plate Craft
3:15 The Irish Tenors Belfast Concert and Hand Massages
4-4:45 Amazing Birds of Paradise: Best Documentary of All Times

Activities take place in A Lounge unless otherwise noted.

(AUD) = De Young Auditorium

(YT) = YouTube Premium