

Summer Hill Staff

Main Office: (201) 848-5848
Office Hours: 8 a.m. to 4 p.m.

Laura Koblitz
Resident Director
(201) 848-5848
LKoblitz@ChristianHealthNJ.org

Isabel Galindo
Community Coordinator
(201) 848-5848
IGalindo@ChristianHealthNJ.org

Susan Matyiku
Service and Activity Coordinator
(201) 848-5837
SMatyiku@ChristianHealthNJ.org

Stacy Swarts-Carver
Leasing Manager
(201) 897-5401
SSwarts-carver@ChristianHealthNJ.org

Rev. Anthony Matias
Chaplain
(201) 848-7507
AMatias@ChristianHealthNJ.org

Maintenance and Housekeeping
(201) 848-5859 | 8 a.m. to 4 p.m.

Maintenance Emergencies Only
Howell Jones
Assistant Superintendent
(201) 316-6428

Gabriel Wong
Environmental Services
(201) 638-4801

Rolando Diaz
Superintendent
(201) 897-5402
RDiaz@ChristianHealthNJ.org

For medical emergencies or emergency call
bells, dial 911.

Inspection and Extermination

Inspection Update
Due to the ongoing renovations, all annual inspections for Summer Hill One and Summer Hill Two have been postponed.

Inspections will occur in each apartment that is renovated. If you have any issues or concerns in your apartment, please complete a maintenance work order by calling (201) 848-5848.

Extermination Schedule
The extermination schedule is as follows.

- Summer Hill One and Summer Hill Two, floors 1 and 2: Tuesday, June 13
- Summer Hill One and Summer Hill Two, floors 3 and 4: Tuesday, June 27

Services will alternate between crack-and-crevice treatment in the kitchen and bathroom and a visual inspection. Howell Jones, Assistant Superintendent, or Gabriel Wong, Maintenance Team Member, will accompany the exterminator. Residents should be present for the exterminator. Call Mr. Jones with questions at (201) 848-5859.

June Beauty Parlor Announcements

Wednesday, June 7: the beauty parlor will be **OPEN** with substitute beautician Ruth.

Thursday, June 8: the beauty parlor is **CLOSED**.

Thursday, June 15: the beauty parlor is **CLOSED**.

Friday, June 16: the beauty parlor is **OPEN** with Linda.

To schedule an appointment, please call (201) 897-5381.



Summer Hill Highlights

June 2023

News for Summer Hill of Wayne | A Christian Health Community

Renovation Updates

Summer Hill One
As of the end of May, we will have completed 61 apartment renovations in Summer Hill One. The final four ADA units are nearing completion as well. Work on the common areas, including refinishing the apartment doors, hallway painting, ceiling tile replacement, and new flooring, is all underway. Renovations in the lobby and the new exterior stairs and ramp will make the main entrance unavailable during construction, so residents will need to use the side door to enter and exit the building.

Summer Hill Two
Siding and window installation is ongoing. Residents with assigned parking spaces should be prepared to move their car upon request so the contractors can safely work in the area. Resident interviews are currently being scheduled for Summer Hill Two residents. Interview letters are being distributed based on the current plan for apartment renovations. We advise that residents do not begin packing until after their interview. We anticipate resident apartment renovations to begin in June.

Parking Lot
The parking lot and new entrance to Summer Hill Two will open during the summer of 2023. We are in the process of assigning parking spaces so that all residents of Summer Hill will have their own space.

Some important notes:

- Use caution when driving and walking in the parking lot. Speed limit is 5 m.p.h.
- If you have any questions regarding the renovation, we ask that you contact the office at (201) 848-5848 for assistance.

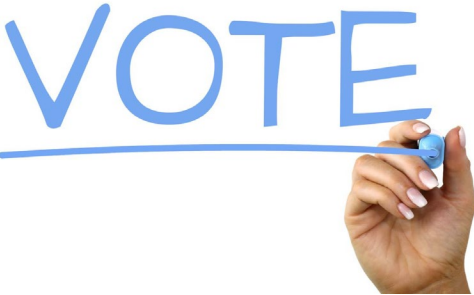
We appreciate your patience and cooperation as we continue this exciting project.

Primary Election

A primary election will be held on Tuesday, June 6. Summer Hill Two is a poll location and will be open from 6 a.m. to 8 p.m. All Community Room activities are suspended that day.

New Jersey registered voters will go to the polls on June 6 to choose which of their party's candidates will face off on Election Day in the November 7 general election.

Voting questions? Call **1-877-NJ-VOTER** (1-877-658-6837)



Service Coordinator’s Corner

Podiatry Services with Dr. Witkin

Doctor’s office, Summer Hill Two, third floor

Call to schedule your appointment at (973) 696-6677.

Free Exercise Classes with Kim

Thursdays, June 8 and June 22, 2 p.m. in the Community Room

Kim Martin, OTR/L, Wayne Rehab Services Manager, leads free exercise classes that focus on chair aerobics and stretching to help seniors maintain cardiovascular health, strength, and flexibility.

Registration is required by calling Susan at (201) 848-5837.

Blood-Draw Clinic

Thursday, June 15, 10 a.m. in the doctor’s office, Summer Hill Two, third floor

The Valley Hospital holds a monthly blood-draw clinic on every third Thursday. Call Susan Matyiku to register at (201) 848-5837. Residents will need to present their Medicare/insurance card and a physician’s prescription. Results will be sent to the prescribing physician.

Farmers Market Vouchers

The Passaic County Farmers Market operates from June through November. The program provides eligible individuals with vouchers to purchase locally grown fresh fruits, vegetables, and fresh-cut herbs from authorized, certified farmers and roadside stands. Vouchers **cannot** be redeemed at grocery stores and other food markets. Keep in mind the farmers market vouchers are distributed on a first-come, first-served basis.

Requirements: Age 60 and over • Passaic County resident • Meet the program’s income requirements

For more information and program requirements, call the Department of Senior Services after June 1 at 973-569-4060.

Calling All Artists

2023 Passaic County Annual Senior Art Show

Passaic County Department of Senior Services, Disability & Veterans Affairs is inviting all of our Passaic County professional and nonprofessional creative artists to join us in the 2023 Passaic County Annual Senior Art Show. Exhibition and reception will be held at Passaic County Senior Services at 930 Riverview Drive, Suite 200, Totowa, NJ 07512. We are looking forward to seeing you and your entry!

Art Show Eligibility: Resident of Passaic County • Age 60 and over • Art piece must be “show ready” • One entry per individual • Entry must have been created within the last three years and NOT have been shown in a previous county show.

For additional information, call the Passaic County Department of Senior Services at 973-569-4060.

Upcoming Activities

Catholic Mass – Wednesdays, June 14 and June 28

1 p.m. in the Community Room

Faith Talk – Wednesdays

2 p.m. in the Community Room

Resident’s Choice – Wednesday, June 7 and June 27

11 a.m. in the Community Room

Residents choose the game.

Corn Hole – Wednesday, June 13

11 a.m. in the Community Room

Bingo – Sundays, Mondays, and Fridays

2 p.m. in the Community Room

Pokeno – Tuesdays

2 p.m. in the library

Afternoon at the Movies

Thursday, June 1

2 p.m., Community Room

“Dreamgirls” PG 13

“Dreamgirls” takes strong inspiration from the history of the Motown record act The Supremes. The story follows the history of American R&B music during the 1960s and 1970s through the eyes of Detroit girl group The Dreams and their manipulative record executive.

Thursday, June 15

2 p.m., Community Room

“Top Gun Maverick” PG 13

After thirty years, Maverick is still pushing the envelope as a top naval aviator but must confront ghosts of his past when he leads TOP GUN's elite graduates on a mission that demands the ultimate sacrifice from those chosen to fly it.

Special Events

Ice Tea Day, Friday, June 9

June is National Ice Tea Month; sip a complimentary refreshing ice tea in the café, 2 p.m. to 4 p.m.

Father’s Day Gift, Friday, June 16

Calling all dads, grandpas, great-grandpas, stepdads, brothers, mentors, and uncles. In honor of Father’s Day, we would like to present our special men with a small gift in appreciation for all that you do. Please call Susan at (201) 848-5837 or drop a note in the rent box to register. **Deadline to register is Monday, June 12. Call Susan to register at (201) 848-5837. Pick up your gift on Friday, June 16, from 2 p.m. to 4 p.m. at Susan’s office.**

Home Care Options Meet and Greet, Tuesday, June 20, 2 p.m. in the Community Room

Please join us for a Meet and Greet with our neighbors at Home Care Options. Find out about the health and social services HCO is able to provide Summer Hill residents right in their own apartment! Light refreshments will be served. Register with Susan (201) 848-5837

Ice Cream Sandwich Day, Wednesday, June 21, from 1 p.m. to 3 p.m.

Celebrate the first day of summer! Pick up in Susan’s office. Register no later than June 15.

Pizza Meet and Greet with Special Musical Guests The Joe Keys Duo, Thursday, June 29, at noon in the Community Room

Join us in welcoming our new Summer Hill residents. Cost is \$5 per person. Lunch includes two slices, a beverage, and dessert. Musical entertainment will immediately follow lunch. Complete the registration form and return with your check made to Summer Hill of Wayne II, LLC. **Flyers with additional information will be delivered to your door in June.**

A Message from Rehab

Greetings from rehab! It's time to turn the page on the calendar again – June is here and summer is right around the corner.

In preparation for the warm weather, let's take a look at some simple precautions we can take to stay safe and healthy. Here are a few tips for your summer safety.

- Wear loose, lightweight, light-colored clothing.
- If you need to run errands, try to do them during the cooler hours of the day – before noon or after 4 p.m.
- Stay out of the direct sun – choose a shady seat if possible.
- Wear sunscreen, a hat with a wide brim, and sunglasses.
- Avoid strenuous activities and take frequent rest breaks to avoid getting overheated.
- Know your medications – many can make you sensitive to sunlight or heat.
- Check in on family, friends, and neighbors – especially those with special needs or medical conditions.
- And last but not least – drink plenty of water to STAY HYDRATED!

We can all use some fresh air and exercise – let's just think ahead and do it with good safety.

Please remember that the rehab team offers some other programs right here at Siena Village and Summer Hill to promote health and wellness. We look forward to seeing you at our exercise classes and wellness lectures – watch your calendar for dates and times. And as always we encourage you to reach out to us if you feel you could benefit for any of our therapy services. You can contact Kimberly Martin at (201) 848-5915 with any questions.



Summer Hill One resident Julio Mendez is excited to be in his newly renovated apartment!



Molly Maddaloni heads to the Summer Hill Beauty Parlor.

Summer Hill Appreciates Our Resident Volunteers

Summer Hill volunteers were celebrated on April 25 with a western themed catered luncheon. Pictured clockwise: Beverly and Frank Bankowski, Mary Haskins, Beverly Miceli , John and Laura Nicoll, Pat Schut, Pat Dyche ,John Becker, Helen LaPointe and Gina Gonzalez. center: Volunteer of the Year, Gina Gonzalez and Summer Hill Service and Activity Coordinator Susan Matyiku

Faith Talk

Greetings Summer Hill residents! You are cordially invited to Faith Talk on Wednesdays at 2 p.m. in the Community Room with me, Rev. Anthony Matias – Chaplain for Christian Health. Faith Talk is a time to pray, learn, share, and connect with your neighbors of different backgrounds, cultures, and denominations. Join me as we prepare for Pentecost, discussing the Holy Spirit's work through the Apostles in the book of Acts.

Be blessed! Rev. Anthony Matias



June 2023



Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Afternoon at the Movies "Dreamgirls" 2 p.m. Community Room	2 Bingo 2 p.m. Community Room	3
4 Bingo 2 p.m. Community Room	5 Food Pantry 12:30 p.m. to 1:30 p.m. Bingo 2 p.m. Community Room	6 Election Day– Community Room is closed. Opened for polls only Pokeno 2 p.m. Library	7 Resident's Choice Game 11 a.m. Community Room Faith Talk 2 p.m. Community Room Beauty Parlor is open with Ruth	8 Exercise with Kim 2 p.m. Community Room Beauty Parlor is closed	9 Ice tea 2 p.m. to 4 p.m., café Bingo 2 p.m. Community Room	10 
11 Bingo 2 p.m. Community Room	12 Bingo 2 p.m. Community Room	13 Cornhole 11a.m. Community Room Pokeno 2 p.m. library	14 Catholic Mass 1 p.m. Community Room Faith Talk 2 p.m. Community Room Flag Day 	15 Blood Draw Clinic 10 a.m. Doctor's office Afternoon at the Movies "Top Gun Maverick" 2 p.m. Community Room Beauty Parlor is closed	16 Father's Day gift Susan's office 2 p.m. to 4 p.m. Bingo 2 p.m. Community Room Beauty Parlor is open with Linda	17
18  Bingo 2 p.m. Community Room	19 Bingo 2 p.m. Community Room	20 Home Care Options Meet and greet 2 p.m. Community Room Pokeno 2 p.m. Library	21  Ice Cream Sandwich Pick Up 1 p.m. to 3 p.m., Susan's office Faith Talk 2 p.m. Community Room	22 Exercise with Kim 2 p.m. Community Room	23 Bingo 2 p.m. Community Room	24 
25 Bingo 2 p.m. Community Room	26 Bingo 2 p.m. Community Room	27 Resident's Choice Game 11 a.m. Community Room Pokeno 2 p.m. Library	28 Catholic Mass 1 p.m. Community Room Faith Talk 2 p.m. Community Room	29 New Resident Meet and Greet with Musical Guest Joe Keys Noon Community Room	30 Bingo 2 p.m. Community Room	31