

Summer Hill Staff

Main Office: (201) 848-5848
Office Hours: 8 a.m. to 4 p.m.
Fax: (973) 633-9023

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Kim Martin, OTR/L,
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Rev. Anthony Matias
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Maintenance
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Rolando Diaz
Superintendent
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Home Care Options
(973) 897-5550

**For medical emergencies or
emergency call bells, dial 911**

**Summer Hill of Wayne Beauty
Parlor** (201) 897-5381

Inspections

Summer Hill August Apartment Inspections

- Tuesday, August 12: Apartments 2301 to 2307
- Wednesday, August 13: Apartments 2308 to 2316
- Thursday, August 14: Apartments 2317 to 2324
- Friday, August 15: Apartments 2325 to 2328

Specific times for each individual apartment are not available. If you have a conflict or any questions, call Maintenance at (201) 848-5859.

Extermination

- Tuesday, August 12, Summer Hill Two, third floor, Apartments 2301 to 2328
- Tuesday, August 26, Summer Hill Two, fourth floor, Apartments 2401 to 2428

Howell Jones, Assistant Superintendent, or Gabriel Wong, Maintenance Team Member, will accompany the exterminator. Call Maintenance with questions at (201) 848-5859.

***If you notice any insects or pests in your apartment, please call the maintenance line at (201) 848-5859 right away. Do not try to treat the issue yourself – it's important we're made aware as soon as possible so it can be properly addressed. Seeing one or two bugs doesn't necessarily mean there's an infestation; our professional exterminator will assess the situation and decide on the appropriate next steps.**

Stay Safe: Give Bears Their Space

If you see a bear—especially one with cubs—keep your distance. Don't approach, don't try to feed them, and definitely don't try to get a photo. Bears can be unpredictable and protective, and getting too close puts you and others at risk. Stay safe by staying away.



Summer Hill Highlights

August 2025

News for Summer Hill of Wayne | A Christian Health Community

Resident Satisfaction Survey

We value your feedback! Please complete the enclosed satisfaction survey by checking the boxes that best describe your experience at Summer Hill of Wayne. Space is available at the end of the survey for comments. Place the completed survey in the rent box by August 8.

Building Inspection

The National Equity Fund is scheduled to conduct a required building inspection of Summer Hill on Tuesday, August 26, between 11 a.m. and 5 p.m. In addition to the common areas, a random selection of apartments will be selected for inspection. We are unable to give you advance notice as to whether or not your apartment will be inspected. If your apartment is selected, a member of the maintenance staff will accompany the inspector into your apartment which should last approximately 15 minutes. You are not required to be home but should you chose to stay home, please be aware that we cannot provide you with a specific time your apartment will be inspected, therefore you should plan to be home for the entire day. If you have any questions, please contact the office at 201-848-5848.

Civic Participation and Employment: An Age-Friendly Domain

Civic participation can take many forms, including individual volunteerism, community engagement efforts, organizational involvement, and electoral participation.

Volunteer in your own neighborhood! There are many opportunities to volunteer at Summer Hill. We are still in need of resident volunteers to help fold, deliver flyers/newsletters, and stuff envelopes. Do you have a special skill or talent? Feel free to volunteer to teach something, perform, or lead a social activity. If you would like to help, please contact Susan Matyiku, Service and Activity Coordinator, at (201) 848-5837.

Looking to make a difference in Wayne? Wayne offers numerous opportunities for you to get involved and give back. Lend a hand in Wayne Township: explore volunteer roles in the Wayne Animal Shelter, Habitat for Humanity, Wayne Public Library, or Laurelwood Arboretum.

Explore other meaningful causes: Consider organizations like CASA of Passaic and Union Counties, YMCA, American Red Cross, or the Win Food Pantry. Civic engagement is essential for a healthy community and offers personal benefits too! You can find a sense of purpose, develop new skills, and connect with like-minded individuals.

Ready to get involved? Visit Volunteer Match for opportunities: <https://www.volunteermatch.org> Check the websites or social media of local organizations like the Wayne Township Animal Shelter or Wayne Volunteer Fire Department. Join us in building a stronger, more connected Wayne!

Employment If you are interested in finding employment, please contact the Passaic County One Stop at (973)340-3400 or visit <http://pcwdc.com/>. The Passaic County One Stop is a great resource for job seekers. The One Stop provides job seekers with universal access to comprehensive employment services and tools for job search preparation.

If you would like additional information about volunteer opportunities or employment resources, please contact Susan Matyiku, Service and Activity Coordinator at (201)848-5837.

Service Coordinator’s Corner

Podiatry Services with Dr. Witkin (House calls only)

Receive personalized care in the comfort of your apartment! Call Dr. Witkin to schedule your appointment at (973) 696-6677.

Rehabilitation services are available to residents in their apartments or at the Wyckoff campus. Free transportation is available. Services include: **physical therapy (PT), occupational therapy (OT), and speech/cognitive therapy (ST).** For additional information or to schedule your therapy, please call Kim Martin, OTR/L, Wayne Rehab Services Manager, at (201) 848-5915.

Mobile optometry services are available on-site. Services include comprehensive eye exams/screenings, contacts and frames, and much more. For additional information, please contact Susan Matyiku, Service and Activity Coordinator, at (201) 848-5837.

Free Exercise Classes with Kim: Thursday, August 14, and Thursday, August 28 at 2 p.m. in the Community Room

Kim Martin, OTR/L, Wayne Rehab Services Manager, leads free exercise classes that focus on chair aerobics and stretching to help older adults maintain cardiovascular health, strength, and flexibility. Registration is required by calling Susan at (201) 848-5837.

Blood-Draw Clinic: Thursday, August 21, at 10 a.m. in the boardroom in Summer Hill Two

The Valley Hospital holds a monthly blood-draw clinic every third Thursday. Residents must present their Medicare/insurance card and a physician’s prescription. Results will be sent to the prescribing physician. You must register and provide copies of insurance and prescriptions to Susan by the Monday of the week of the blood draw. To avoid unexpected out-of-pocket costs, please check with Susan for a list of insurance plans accepted by Valley Hospital Lab.

Faith Talk

Greetings Summer Hill residents! You are cordially invited to Faith Talk on Wednesdays at 2 p.m. in the Community Room with Rev. Anthony Matias – Chaplain for Christian Health. Faith Talk is a time to pray, learn, share, and connect with your neighbors of different backgrounds, cultures, and denominations. Join Rev. Anthony and continue to study the book of Deuteronomy, reflecting on God’s “Law” and how it speaks to us in this day and age in order transition to the Letter to the Galatians. ***On August 20, Faith Talk will take place in the library, in Summer Hill Two, third floor.**

Activities

Catholic Mass – First three Wednesdays of each month at 1 p.m. in the Community Room

***On August 20, mass will be held in the library located in Summer Hill Two, floor 3.**

Faith Talk – Wednesdays at 2 p.m. in the Community Room

***On August 20, Faith Talk will be in the library located in Summer Hill Two, floor 3.**

Card Games – 2 p.m. in the game room of Summer Hill Two, floor 4

***New* Bean Bag Toss Game – Tuesday, August 5, at 11 a.m. in the Community Room**

Toss the bean bag into the six hole targets and score points.

Cornhole – Tuesday, August 19, at Tuesday, August 26, 11 a.m. in the Community Room t

Trivia – Wednesday, August 27, at 11 a.m. in the Community Room

Are you up for the trivia challenge? Join us for a fun trivia game where you can test your knowledge!

Special Events

“The Wonders of California”: Thursday, August 7, at 2 p.m. in the Community Room

A documentary on the big screen. Fun sights in California!

Ice Pop Giveaway: Friday, August 8, from 3 p.m. to 3:45 p.m. at Susan’s office

Wear a pair of sunglasses and visit Susan to receive your complimentary ice pop.

Musical Performance – “The Best of Harry Belafonte” featuring Neil Dankman: Tuesday, August 12, at 2 p.m. in the Community Room

A Summer Hill favorite! Have fun singing and dancing with your friends. Register by August 8.

Snack and Share Home Safety Presentation: Tuesday, August 19, at 2 p.m. in the Community Room

Join us as we discuss the potential changes that occur as we age that will put us at risk for falls and some simple interventions to help us reduce that risk. Reducing our risk for falls and staying safe will allow us all to have a better quality of life. **RSVP by Tuesday, August 12.**

Dr. Kaur – Mobile Optometrist: Wednesday, August 20, in the Community Room

If you would like to schedule an appointment with Dr. Kaur, please contact Susan no later than August 15. You will need to provide copies of your insurance cards prior to scheduling your appointment.

Sing-Along: Thursday, August 21, at 2 p.m. in the Community Room

Get ready to sing! Come prepared with a list of your favorite sing-along songs.

Annual Siena Village and Summer Hill Barbecue

Wednesday, September 10, at noon at Siena Village Bocce Courtyard

Rain Date: Thursday, September 11

This event is for residents only. Live-in aids are welcome if accompanied by residents. Free transportation will be provided. Details to follow. *Residents are not permitted to drive. RSVP required by Friday, August 29.



A Message from Rehab

Greetings from rehab! It’s time to turn the page on the calendar again – August is here and summer is ending. But no matter the month or the season, our primary concern all year is SAFETY! So, let’s take a moment to look at a few safety tips.

- Take your time – whenever you are changing your position (from lying down to sitting up or from sitting to standing), give yourself a minute to be sure you are stable before moving.
- Remove any throw rugs – they can create a trip hazard, especially if you are using a cane, walker, or rollator for your mobility.
- Keep a nonslip mat in your shower – water and soap can make the shower floor slippery.
- Wear shoes that fit properly and have nonslip soles.
- Keep the pathways in your home clear of clutter or obstacles.
- Keep your home well lit – use a nightlight for safe access to the bathroom.
- Pace yourself – be sure to allow rest breaks between activities to avoid becoming fatigued.
- Keep frequently used items within easy reach to avoid overreaching and compromising your balance. A reacher can be very helpful for retrieving items that are out of safe reach.
- Beware of surface changes, such as transitions in doorways, transitions from tile to carpet, and uneven sidewalks and curbs.
- If you have pets, be aware of where they (and their toys) are to reduce the risk of tripping over them. Also, remember that their food and water can also create a fall risk if spilled.

THINK SAFETY FIRST

As always, we encourage you to reach out to us if you have any questions or feel you could benefit for any of our therapy services – including physical, occupational, and speech therapy. You now have the option to have your therapy in your home or to come to the rehab gym on our Wyckoff campus. We can even provide transportation to Wyckoff if needed. Please feel free to contact Kimberly Martin at (201) 848-5915 with any questions.

Utility Assistance

Please be advised that moving forward, the application process for Home Energy Assistance (LIHEAP and USF) will be conducted strictly online. All submissions, forms, and required documents must be completed and submitted through the official online portal. The Weatherization and Home Energy Division will no longer accept paper applications in person or by mail. Summer Hill staff will assist you with making sure you have the correct information and resources to get started. However, we are not able to complete the application for you or scan and upload documents on your behalf.

We are working closely with the Weatherization and Home Energy Division to help make this transition as smooth as possible. That said, this is a benefit provided by Passaic County, and it's important that residents take an active role in completing their applications to ensure they continue receive the assistance they are eligible for.

Summer Hill Fun!

Summer Hill residents enjoyed a musical performance by Eleanor Jackson.

Pictured: Rebecca Casale and Carol Ranalli

Pictured below: Barbara Kohn, Helen Maietta, Nick Costa, John and Laura Nicoll, and singer Eleanor Jackson.



Important Reminder

Please remember that the wheelchair-accessible ramp outside the Summer Hill One entrance must remain clear at all times to ensure safe and unobstructed access for residents using mobility devices and for emergency personnel. Congregating on the ramp creates a serious safety hazard and is not permitted. For gathering and socializing, please use the designated common areas, such as the lounges near the laundry rooms, the outdoor seating areas, and the shared spaces in Summer Hill Two.



August 2025



Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3 Bingo 2 p.m. Community Room	4 Bingo 2 p.m. Community Room	5 Bean Bag Toss Game 11 a.m.. Community Room	6 Catholic Mass 1 p.m. Community Room Faith Talk 2 p.m. Community Room	7 "The Wonders of California" 2 p.m. Community Room	8 Bingo 2 p.m. Community Room Ice Pop Giveaway 3 p.m. to 3:45 p.m. wear sunglasses to receive!	9 Resident Saturday Social 6:30 p.m. Community Room
10 Bingo 2 p.m. Community Room	11 Bingo 2 p.m. Community Room	12 Harry Belafonte performed by Neil Dankman 2 p.m. in the Community Room	13 Catholic Mass 1 p.m. Community Room Faith Talk 2 p.m. Community Room	14 Exercise 2 p.m. Community Room	15 Bingo 2 p.m. Community Room	16 Resident Saturday Social 6:30 p.m. Community Room
17 Bingo 2 p.m. Community Room	18 Bingo 2 p.m. Community Room	19 Cornhole 11 a.m. Community Room Snack and Share Home Safety Presentation 2 p.m. Community Room	20 Mobile Optometrist Community Room Catholic Mass 1 p.m. Library Faith Talk 2 p.m. Library	21 Blood Draw Clinic 10 a.m. Boardroom, Building Sing a Long 2 p.m. Community Room	22 Bingo 2 p.m. Community Room	23 Resident Saturday Social 6:30 p.m. Community Room
24 Bingo 2 p.m. Community Room	25 Bingo 2 p.m. Community Room	26 Cornhole 11 a.m. Community Room	27 Trivia 11 a.m. Community Room Faith Talk 2 p.m. Community Room	28 Exercise 2 p.m. Community Room	29 Bingo 2 p.m. Community Room	30 Resident Saturday Social 6:30 p.m. Community Room
31 Bingo 2 p.m. Community Room	1 Bingo 2 p.m. Community Room	2 	3 Faith Talk 2 p.m. Community Room	4	5 Bingo 2 p.m. Community Room	6 Resident Saturday Social 6:30 p.m. Community Room