

Summer Hill Staff

Main Office: (201) 848-5848

Office Hours: 8 a.m. to 4 p.m.

Laura Koblitz

Resident Director

(201) 848-5848

LKoblitz@ChristianHealthNJ.org

Isabel Galindo

Occupancy Specialist

(201) 848-5848

IGalindo@ChristianHealthNJ.org

Susan Matyiku

Service and Activity Coordinator

(201) 848-5837

SMatyiku@ChristianHealthNJ.org

Rev. Anthony Matias

Chaplain

(201) 848-7507

AMatias@ChristianHealthNJ.org

Maintenance and Housekeeping

(201) 848-5859 | 8 a.m. to 4 p.m.

Maintenance Emergencies Only

Howell Jones

Assistant Superintendent

(201) 316-6428

Gabriel Wong

Environmental Services

(201) 638-4801

Rolando Diaz

Superintendent

(201) 897-5402

RDiaz@ChristianHealthNJ.org

Home Care Options

(973) 523-1224

**For medical emergencies or
emergency call bells, dial 911.**

Inspection and Extermination

Inspection Update

Due to the ongoing renovations, all annual inspections for Summer Hill One and Summer Hill Two have been postponed.

Inspections will occur in each apartment that is renovated. If you have any issues or concerns in your apartment, please complete a maintenance work order by calling (201) 848-5848.

Extermination Schedule

The extermination schedule is as follows.

- Summer Hill One and Summer Hill Two, floors 1 and 2: Tuesday, December 12
- Summer Hill One and Summer Hill Two, floors 3 and 4: Tuesday, December 26
- Services will alternate between crack-and-crevice treatment in the kitchen and bathroom and a visual inspection. Howell Jones, Assistant Superintendent, or Gabriel Wong, Maintenance Team Member, will accompany the exterminator. Residents should be present for the exterminator. Call Mr. Jones with questions at (201) 848-5859.

Summer Hill of Wayne Beauty Parlor is open Thursdays at 10 a.m. To schedule an appointment, please call (201) 897-5381.

Thank You

A special thanks to an anonymous Summer Hill donor, who paid for two meals at our Summer Hill Thanksgiving Luncheon. Two residents were picked to receive this generous gift. We appreciate your generosity!



Summer Hill Highlights

December 2023

News for Summer Hill of Wayne | A Christian Health Community

Summer Hill Renovation Update

Summer Hill One

We appreciate your patience and understanding as we finalize plans and construction of the brand-new Summer Hill One lobby. Some great changes are on the way, including new mailboxes and a package closet relocation of the rent box, snow removal box, and Touchtown screen. New furniture is on order to create a space where residents can wait for transportation or a delivery. Residents will not be permitted to gather in the lobby but are encouraged to gather in the new seating areas that will be created outside the laundry rooms on the second through fourth floors.

Summer Hill Two

Apartment renovations are ongoing in Summer Hill Two, with 88 apartments expected to be complete by November. We are on target for the completion of all apartments by the end of the year.

Updates to the lobby will include the creation of a new package room.

We are finalizing the resident database for building access for the main Summer Hill One entrance as well as all three entrances to Summer Hill Two. Small-group trainings for the new building access will be held soon. Stay tuned for details!

RSC Autumn Party: Food and Fun for All!



Lee Livatino, Lee's aide Maria, Gail Meytrott and Art Jacobs



Pam Banta dressed as a pirate!

Residents participated in a costume party hosted by the Summer Hill Resident Social Committee. The party was a great success and everyone enjoyed the delicious food and camaraderie!

Service Coordinator’s Corner

Podiatry Services with Dr. Witkin
Doctor’s office, Summer Hill Two, third floor
Call to schedule your appointment at (973) 696-6677.

Free Exercise Classes with Kim
Thursdays, December 14 and December 21, 2 p.m. in the Community Room
Kim Martin, OTR/L, Wayne Rehab Services Manager, leads free exercise classes that focus on chair aerobics and stretching to help seniors maintain cardiovascular health, strength, and flexibility. Registration is required by calling Susan at (201) 848-5837.

Blood-Draw Clinic
Thursday, December 21, 10 a.m. in the doctor’s office, Summer Hill Two, third floor
The Valley Hospital holds a monthly blood-draw clinic on every third Thursday. Call Susan Matyiku to register at (201) 848-5837. Residents will need to present their Medicare/insurance card and a physician’s prescription. Results will be sent to the prescribing physician. You must register and provide copies of insurance and prescriptions to Susan by the Monday of the week of the blood draw. In order to avoid unexpected out-of-pocket costs, please check with Susan for a list of insurance plans accepted by Valley Hospital Lab.

Snow Removal Policy

Snow plowing at Summer Hill takes place during snowstorms of two inches or more. The Summer Hill Maintenance team is responsible for plowing the parking lot roadway. The Maintenance team will also be plowing the parking spaces this year. Sidewalks, common areas, and visitor parking spaces will be plowed and shoveled before resident parking spaces to allow emergency vehicles and staff access to the building. Resident vehicles and spaces will be cleared as soon as reasonably possible. **Residents have two options for having their space cleared.**

- **Clear off your own vehicle:** Residents will be contacted by telephone by the Maintenance team and given approximately 30 minutes to clear off their car and move it to a visitor space so their space can be plowed. Residents are not permitted to save parking spaces with cones or other items. These items will be removed and disposed of by the Maintenance team.
- **Have your vehicle cleaned and space cleared by staff:** Place your \$20 check made payable to Summer Hill of Wayne II, LLC in an envelope with your name, apartment number, and car keys in the snow removal box located in the lobby of each building. DO NOT put in the rent box. A member of the Maintenance team will return your keys when complete.

Please do not ask the Maintenance team for priority in clearing off your vehicle and/or space. All drivers are required to clear their vehicle within 24 hours. Your cooperation is critical for the safety of all residents. If you do not clear your vehicle and move it to have your space plowed or clear the parking space yourself, it may result in an additional expense. **Summer Hill is not responsible for any injuries incurred on the premises due to inclement weather. Please use caution when leaving the building.**

Upcoming Activities

Lobby Tree Decorating – We are looking for volunteers to decorate the Summer Hill One and Summer Hill Two lobby Christmas trees.
Friday, December 1, 11:00 a.m.: Summer Hill One Tree
Friday, December 1, 11:30 a.m.: Summer Hill Two Tree

Community Room Tree Lighting – Friday, December 1, at 1 p.m. in the Community Room
Enjoy a holiday treat and view our Community Room Christmas tree lighting before you play bingo!

Catholic Mass – Wednesday, December 13 & 27, at 1 p.m. in the Community Room

Faith Talk – Wednesdays at 2 p.m. in the Community Room
***Faith Talk is canceled on December 20**

Afternoon at the Movies: “Elf” – Thursday, December 12, at 2 p.m. in the Community Room

Travel Log: Strasbourg – The True Spirit of Christmas – The Most Beautiful Christmas Markets in the World
Wednesday, December 13, at 11 a.m. in the Community Room

Residents’ Choice Game – Tuesday, December 19, at 11 a.m. in the Community Room

Afternoon at the Movies: “The Christmas Card” – Wednesday, December 20, at 2 p.m. in the Community Room

Corn Hole –Thursday, December 28, at 11 a.m. in the Community Room

Bingo – Mondays and Fridays at 2 p.m. in the Community Room

Special Events

Celebrate the Season at Our Holiday Party!

Holiday cheer will abound at the Summer Hill of Wayne Holiday Party **on Thursday, December 7, at 6 p.m. in the Community Room.** The party will be catered by A World of Food, and the delicious menu will include rolls and butter, penne vodka, eggplant rollatini, chicken francese, baked Virginia ham, roasted potatoes, green beans almandine, a beverage, coffee, tea, and dessert. The Pettets will provide musical entertainment after dinner. The cost is \$20 per person. Place your check, made payable to Summer Hill of Wayne II, LLC, in the rent box no later than November 27. No refunds. A minimum of 30 is required.

Candy Cane Giveaway – Thursday, December 21, from 2 p.m. to 4 p.m. in Susan’s office
Register no later than December 15. Call Susan to register at (201) 848-5837.

A Morning with Eastern Christian Middle Schoolers

A fall highlight of the Eastern Christian Schools is the annual Hands Dirty Day. On this special day, students, faculty, and parents spend the morning serving a variety of local organizations. This year middle school students spent the morning playing corn hole and human bingo with Summer Hill residents. Everyone had fun!



A Message from Rehab

Time to turn the page on the calendar again. December is here, a chill is in the air, the holidays are rapidly approaching, and 2023 is coming to a close. As winter arrives it brings colder temperatures and the chance of inclement weather. Let’s take a look at some of things to stay safe and healthy.

- Listen to your local weather reports to be prepared for any inclement weather.
 - Dress for the weather with layers of breathable fabrics, a waterproof jacket or coat, and a scarf to cover your nose and mouth and protect your lungs.
- Watch for black ice and avoid walking through snow or slush.
 - Be prepared for power outages with a flashlight and extra batteries, a battery operated radio, nonperishable food and bottled water, an adequate supply of medication, warm clothes and blankets , and a fully charged cell phone.
 - If you drive, check your battery, antifreeze levels, tire tread and pressure, and wiper blades/fluid and keep emergency supplies like a blanket, first aid kit, scraper/shovel, and subscription to AAA or Roadside Assistance.
 - Protect yourself against colds and the flu by washing your hands often, getting plenty of sleep, staying hydrated, avoiding crowds, wearing your mask in public, and getting your flu shot and COVID-19 vaccine.
- Fight winter depression by keeping in contact with family and friends, staying active and socializing, and checking on your neighbors and friends.

Please remember that the rehab team offers physical/occupational and speech therapy as well as some additional programs right here at Summer Hill to promote health and wellness. We look forward to seeing you at our exercise class and wellness lectures. And as always we encourage you to reach out to us if you feel you could benefit for any of our therapy services. You can contact Kimberly Martin at (201) 848-5915 with any questions.

Social Security Award Letters Are in the Mail

Social Security and Supplemental Security Income (SSI) benefits will increase **3.2 percent in 2024**. The Social Security Act ties the annual COLA to the increase in the Consumer Price Index as determined by the Department of Labor’s Bureau of Labor Statistics. Social Security and SSI beneficiaries are normally notified by mail, starting in early December, about their new benefit amount. ***When you receive your award letter, bring it to the office so a copy can be made and kept on file for your annual recertification if necessary. Keep your letter in a safe place, since it serves as a proof of current income.**

Faith Talk

Greetings Summer Hill residents! You are cordially invited to Faith Talk on Wednesdays at 2 p.m. in the Community Room with me, Rev. Anthony Matias – Chaplain for Christian Health. Faith Talk is a time to pray, learn, share, and connect with your neighbors of different backgrounds, cultures, and denominations. Join me as we conclude the book of Acts and begin the Advent Season in preparing for Christmas and the hope to be born. May all of you be blessed!

Please Note: Faith Talk will be canceled on Wednesday, December 20.

Don’t Miss Your Holiday Cards and Packages!

US Postal Service mailboxes are located in the lobby of each building. Your mailbox number is the same as your apartment number. Outgoing mail can be dropped into the letterbox near the mailboxes. Please do not wait in the area of the mailboxes while the mail carrier is sorting mail. Please adhere to the following:

- Pick up your mail, including packages, in a timely fashion. If you are unable to get your mail, ask a friend or family member to get it to you.
- If you are going away, follow proper procedure and request directly with the post office to have your mail stopped or forwarded.
- The US Postal Service will deliver packages to the mailbox area. All other shippers will leave packages in the vestibule of your building.
- Contact the post office at (973) 839-3811 or the sender of the package with any specific issues regarding mail delivery. The Summer Hill team is unable to get into the mailroom or resolve any resident issues regarding mail delivery.
- Unless you have permission, do not pick up packages for your neighbors.
- If you notice a package for the wrong building in your lobby, leave a note on the package so the postal carrier can bring it to the correct building the following day.

Gift-Giving Policy Reminder

As we approach the holiday season, please be reminded Christian Health has a policy that prohibits employees from accepting gifts, including monetary tips. While your thoughtfulness is appreciated, this policy is equitable to all employees. More importantly, it speaks to the principles on which Christian Health was founded. If you would like to express your appreciation for the efforts of our team, please consider making a tax-deductible contribution to the Christian Health Employee Fund. This special fund supports Employee Appreciation Day, the employee Christmas party, and other team events, as well as educational programs and opportunities for employees. Each year, the names of those who contribute to the fund are published in the Christian Health employee e-newsletter, SiteLine. Checks should be made payable to the Christian Health Foundation and marked for the Employee Fund. They can be mailed to the Christian Health Foundation at 301 Sicomac Ave., Wyckoff, NJ 07481.



December 2023



Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 Lobby Tree Decorating 11 a.m. Bldg 1 , 11 :30 a.m. Bldg 2 Bingo —2 p.m. Community	2 
3	4 Food Pantry 12:30 p.m. – 1:30 p. m, Bingo 2 p.m. Community Room	5 Bodies in Motion 2 p.m. Community Room	6 Faith Talk 2 p.m. Community Room	7 SH Holiday Party 6 p.m. in the Community Room Hanukkah begins at sundown 	8 Bingo 2 p.m. Community Room	9
10 	11 Bingo 2 p.m. Community Room	12 Afternoon at the Movies" Elf" 2 p.m. Community Room	13 Travel Log "Christmas Markets of the World" 11 a.m. Community Room Catholic Mass 1 p.m. Community Room Faith Talk 2 p.m. Community Room	14 Exercise with Kim 2 p.m. in the Community Room Hot Chocolate in the café 3 p.m.	15 Bingo 2 p.m. Community Room	16 
17	18 Bingo 2 p.m. Community Room	19 Residents' Choice Game 11 a.m. Community Room	20 Afternoon at the Movies "The Christmas Card" 2 p.m. Community Room	21 Blood Draw Clinic 10 a.m. Doctor's office Building 2, floor 3 Exercise with Kim 2 p.m. Community Room	22 Bingo 2 p.m. Community Room	23 
24	25 	26	27 Catholic Mass 1 p.m. Community Room Faith Talk 2 p.m. Community Room	28 Corn hole 11 a.m. Community Room	29 Bingo 2 p.m. Community Room	30
31  New Year's Eve	1 	2	3	4	5 Bingo 2 p.m. Community Room	6 