

Summer Hill Staff

Main Office: (201) 848-5848
Office Hours: 8 a.m. to 4 p.m.
Fax: (973) 633-9023

Laura Koblitz
Resident Director
(201) 848-5848
LKoblitz@ChristianHealthNJ.org

Isabel Galindo
Occupancy Specialist
(201) 848-5848
IGalindo@ChristianHealthNJ.org

Susan Matyiku
Service and Activity Coordinator
(201) 848-5837
SMatyiku@ChristianHealthNJ.org

Kim Martin, OTR/L,
Wayne Rehab Services Manager
(201) 848-5915
LVRehab@ChristianHealthNJ.org

Rev. Anthony Matias
Chaplain
(201) 848-7507
AMatias@ChristianHealthNJ.org

Maintenance
(201) 848-5859

Rolando Diaz
Superintendent
(201) 897-5402
RDiaz@ChristianHealthNJ.org

Home Care Options
(973) 897-5550

**For medical emergencies or
emergency call bells, dial 911**

**Summer Hill of Wayne Beauty
Parlor** (201) 897-5381

Summer Hill June Inspection Schedule

- Tuesday, June 10, 2025: Apartments 2201 to 2107
- Wednesday, June 11, 2025,: Apartments 2208 to 2216
- Thursday, June 12, 2025: Apartments 2217 to 2224
- Friday, June 13, 2025: Apartments 2225 to 2228

Inspections will be conducted by Rolando Diaz, Superintendent. Specific times for each individual apartment are not available. All tenants need to sign off on the inspection and should be present to discuss and issues or concerns. If you have a conflict or any questions, call Mr. Diaz at (201) 897-5402.

Extermination

- Tuesday, June 10, Summer Hill One, floor 1: 1101 to 1118
- Tuesday, June 10, Summer Hill One, floor 2: 1201 to 1218
- Tuesday, June 24, Summer Hill One, floor 3: 1301 to 1318
- Tuesday, June 24, Summer Hill One, floor 4: 1401 to 1418

Services will alternate between crack-and-crevice treatment in the kitchen and bathroom and a visual inspection. Howell Jones, Assistant Superintendent, or Gabriel Wong, Maintenance Team Member, will accompany the exterminator. Residents should be present for the exterminator. Call Mr. Jones with questions at (201) 848-5859.

Welcome to Summer Hill
David Costabile, Apartment 1210



Summer Hill Highlights

June 2025

News for Summer Hill of Wayne | A Christian Health Community

You're Invited to Our Annual Town Hall Meeting

Join us at our annual town hall meeting on Tuesday, June 24, at 2 p.m. in the Community Room. The Summer Hill of Wayne team will provide our residents with updated information and upcoming events. Attendance is strongly encouraged. We hope to see you all there!

Outdoor Spaces: An Age-Friendly Domain

At Summer Hill, we are dedicated to creating a welcoming environment where outdoor spaces encourage physical activity, social connection, and overall well-being. "Outdoor Spaces" is one of the eight key domains that promote healthy aging.

Summer Hill offers:

- Beautifully landscaped grounds that reflect the charm and tranquility of nature
- Comfortable patio space perfect for relaxation, reading, or quiet conversation
- Benches thoughtfully placed in areas near both buildings
- Easy access to Laurelwood Arboretum and many local parks, offering peaceful surroundings and additional opportunities to explore nature
- Frequent sightings of local wildlife including deer, and birds that add beauty to every visit outdoors
- An abundance of seasonal flowers and natural greenery that change with the seasons
- Summer Hill is nestled in a scenic, quiet neighborhood that offers a peaceful walking space surrounded by mature trees and beautifully manicured yards.

If you are looking to relax, Summer Hill's outdoor spaces are thoughtfully designed to support both social connection and healthy aging.

Important Reminder

Please remember that the wheelchair-accessible ramp outside the Summer Hill One entrance must remain clear at all times to ensure safe and unobstructed access for residents using mobility devices and for emergency personnel. Congregating on the ramp creates a serious safety hazard and is not permitted. For gathering and socializing, please use the designated common areas, such as the lounges near the laundry rooms, the outdoor seating areas, or the shared spaces in Summer Hill Two.

Service Coordinator’s Corner

Podiatry Services with Dr. Witkin (House calls only)

Receive personalized care in the comfort of your apartment! Call Dr. Witkin to schedule your appointment at (973) 696-6677.

Rehabilitation Services are available to residents in their apartments or at the Wyckoff campus. Free transportation is available. Services include: **physical therapy (PT), occupational therapy (OT), and speech/cognitive therapy (ST).** For additional information or to schedule your therapy, please call Kim Martin, OTR/L, Wayne Rehab Services Manager, at (201) 848-5915.

Mobile Optometry Services are available on-site. Services include comprehensive eye exams/screenings, contacts and frames, and much more. For additional information, please contact Susan Matyiku, Service and Activity Coordinator, at 201-848-5837.

Free Exercise Classes with Kim: Thursday, June 5 and June 26, at 2 p.m. in the Community Room

Kim Martin, OTR/L, Wayne Rehab Services Manager, leads free exercise classes that focus on chair aerobics and stretching to help older adults maintain cardiovascular health, strength, and flexibility. Registration is required by calling Susan at (201) 848-5837.

Blood-Draw Clinic: Thursday, June 19, at 10 a.m. in the boardroom in Summer Hill Two

The Valley Hospital holds a monthly blood-draw clinic every third Thursday. Residents must present their Medicare/insurance card and a physician’s prescription. Results will be sent to the prescribing physician. You must register and provide copies of insurance and prescriptions to Susan by the Monday of the week of the blood draw. To avoid unexpected out-of-pocket costs, please check with Susan for a list of insurance plans accepted by Valley Hospital Lab.

Creating with Clay



Residents made beautiful spring clay birds’ nests with Debbie from “Creating with Clay.”

Activities

Catholic Mass – Wednesday, June 11 and June 25, at 1 p.m. in the Community Room

Faith Talk – Wednesdays at 2 p.m. in the Community Room

Card Games – 2 p.m. in the game room of Summer Hill Two, floor 4

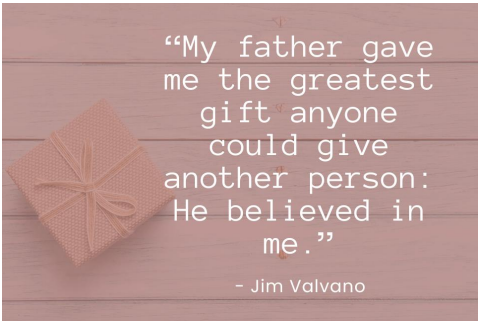
Cornhole – Tuesday, June 17, and Thursday, June 26, at 11 a.m. in the Community Room

Trivia – Tuesday, June 24, at 11 a.m. in the Community Room

Special Events

FREE legal workshop presented by Northeast New Jersey Legal Services: Tuesday, June 3, at 2 p.m. in the Community Room

Anna P. Navatta, Esq. will be here to discuss POAs and wills and planning for your future. NNJLS offers free services to older adults in Passaic County. including wills, financial and medical POA, and more! Register with Susan by May 28, (201) 848-5837.



Simple Meal Solutions: Thursday, June 12, at 2 p.m. in the Community Room

Join Shoprite dietitian Kamryn for an informative and fun presentation. Register with Susan by Friday, June 6.

Donuts for Dads: Friday, June 13, 10 a.m. to 11 a.m. in the Community Room

Let’s celebrate the dads of Summer Hill. Enjoy donuts, coffee, and tea with your neighbors. Register by June 6. ***Open to all Summer Hill residents. You must register for this event, no exceptions.**

Musical Guest Eleanor Jackson: Tuesday, June 17, at 2 p.m. in the Community Room

Dance and sing along with this talented singer/entertainer. She’ll sing hit songs from Tina Turner, The Shirelles, Diana Ross and the Supremes, Frank Sinatra, The Beatles, and more! Register with Susan at (201) 848-5837 no later than Wednesday, June 11.

Sing-Along: Thursday, June 19, at 2 p.m. in the Community Room

Get ready to sing with your Summer Hill friends! Come prepared with a list of your favorite sing-along songs.

Faith Talk

Greetings Summer Hill residents! You are cordially invited to Faith Talk on Wednesdays at 2 p.m. in the Community Room with Rev. Anthony Matias – Chaplain for Christian Health. Faith Talk is a time to pray, learn, share, and connect with your neighbors of different backgrounds, cultures, and denominations. Join me as we continue to study the book of Deuteronomy, reflecting on God’s “Law” and how it speaks in this day and age. ***Please note: Faith Talk is canceled on June 18.**

Primary Election

A primary election will be held on Tuesday, June 10. Summer Hill Two is a poll location and will be open from 6 a.m. to 8 p.m. All Community Room activities are suspended that day. Voting questions? Call **1-877-NJ-VOTER (1-877-658-6837).**

Thank You Summer Hill Volunteers

A thank-you luncheon was held in April in appreciation of our Summer Hill volunteers.



Pictured: Arlene Riggio, John Becker, and Pat Schut; John and Laura Nicoll; Bob Filippini and Mary Haskins; Marge Verdon-Szwed, Gina Gonzalez, Marianne Hernandez, and Pat Cordova; Frank and Bev Bankowski; and Pat Dyche and Bob Filippini

Northeast New Jersey Legal Services Provides Free Legal Services for Older Adults

Be sure to attend the FREE legal workshop presented by Northeast New Jersey Legal Services on Tuesday, June 3, at 2 p.m. in the Community Room. Register with Susan at (201) 848-5837. NNJLS offers free services to older adults in Passaic County, including wills, financial and medical POA, and more!

Medical Power of Attorney

A medical power of attorney is important because it ensures your medical wishes are respected and that someone you trust can make decisions about your health care if you become unable to do so yourself. This document allows you to name an agent (also called a health care proxy or surrogate) who can make medical decisions on your behalf, such as consenting to or refusing treatment, accessing your medical records, and making decisions about end-of-life care. In essence, a medical power of attorney is a way to retain control over your health care decisions even when you are unable to make them yourself. It allows you to choose someone you trust to advocate for your well-being and ensure your wishes are honored.

Living Will

A living will is essential because it allows individuals to specify their wishes regarding medical treatment, particularly at the end of life, if they become incapacitated and unable to communicate their preferences. This ensures that your medical care aligns with your desires, even if you cannot speak for yourself. Your family won't have to make difficult decisions about your medical care, which can be emotionally and financially draining.

Financial Power of Attorney

A financial power of attorney is needed to ensure someone can manage your financial affairs if you become incapacitated or are otherwise unable to do so yourself. This can be due to illness, injury, or simply being away from home. It also provides a smooth transition of managing your assets and avoiding court intervention, which can be costly and time-consuming.

Last Will and Testament

A last will and testament, often called a will, is a legal document that outlines how a person's assets and property should be distributed after their death. It also allows the testator (the person making the will) to name an executor (a person responsible for carrying out the will's instructions) and potentially designate guardians for minor children. Your will is the only way to choose the person to administer your estate and distribute it according to your instructions. If you do not have a will naming an executor, the court will make the choice for you. Usually the court appoints the first person to ask for the post.




Funeral Planning

You may not want to think about your funeral. But if you do think about it now and leave instructions with your will, you can lessen the burden on your loved ones after you pass. While these instructions aren't legally binding, they can give your executors and loved ones some guidance on your wishes.



June 2025



Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Bingo 2 p.m. Community Room	2 Bingo 2 p.m. Community Room	3 Legal Workshop 2 p.m. Community Room	4 Faith Talk 2 p.m. Community Room	5 Exercise 2 p.m. Community Room	6 Bingo 2 p.m. Community Room	7 Resident Saturday Social 6:30 p.m. Community Room
8 Bingo 2 p.m. Community Room	9 Bingo 2 p.m. Community Room	10  No activities in the Community Room NO BUS	11 Catholic Mass 1 p.m. Community Room Faith Talk 2 p.m. Community Room	12 Simple Meal Solutions 2 p.m. Community Room	13 Donuts for Dad 10 a.m. to 11 a.m. Community Room Bingo 2 p.m. Community Room	14 Resident Saturday Social 6:30 p.m. Community Room 
15  Bingo 2 p.m. Community Room	16 Bingo 2 p.m. Community Room	17 Cornhole 11 a.m. Community Room Musical Performance - Eleanor Jackson 2 p.m. Community Room	18 Faith Talk is canceled	19 Blood Draw Clinic 10 a.m. Boardroom, Building 2 Sing-along 2 p.m. Community Room Juneteenth No Bus	20 Bingo 2 p.m. Community Room	21 Resident Saturday Social 6:30 p.m. Community Room
22 Bingo 2 p.m. Community Room	23 Bingo 2 p.m. Community Room	24 Trivia 11 a.m. Community Room Town Hall Meeting 2 p.m. Community Room	25 Catholic Mass 1 p.m. Community Room Faith Talk 2 p.m. Community Room	26 Cornhole 11 a.m. Community Room Exercise 2 p.m. Community Room	27 Bingo 2 p.m. Community Room	28 Resident Saturday Social 6:30 p.m. Community Room
29 Bingo 2 p.m. Community Room	30 Bingo 2 p.m. Community Room	1	2 Faith Talk 2 p.m. Community Room	3	4 Bingo 2 p.m. Community Room	5 Resident Saturday Social 6:30 p.m. Community Room