

# Infection Prevention and Control Guidelines and FAQs for Christian Health Visitors

***Effective April 1, 2022***

The most effective tool to protect against COVID-19 is a complete series of vaccinations, including a booster. The Christian Health medical staff strongly encourages visitors to complete their COVID-19 vaccine series. We also encourage visitors to practice physical distancing when possible and be diligent about hand hygiene using an alcohol-based hand rub or soap and water. Please use your best judgment. If you experience ANY symptoms, even if they feel like allergies or a simple cold, please stay home and avoid visiting friends and family.

***Christian Health requires visitors to wear a well-fitting mask (preferably a surgical or KN95 mask) in all Christian Health buildings.***

## **SUGGESTED VISITING HOURS**

**Heritage Manor / Bolger Short-term Rehab:** 10:30 a.m. to 7 p.m.

Please call (201) 848-5200 with questions.

**Longview and Courtyard at Longview:** 7 a.m. to 8 p.m.

Please call (201) 848-4300 with questions.

**Ramapo Ridge Behavioral Health** (scheduling required)

Please call (201) 848-4248 with questions.

**Southgate Special Care:** 11 a.m. to 7 p.m.

Please call (201) 848-5200 with questions.

## **VISITOR SCREENING**

**Q: Are visitors required to check in upon arrival at Christian Health?**

A: All visitors are required to complete a health screening and temperature check upon arrival for each visit as required by New Jersey Department of Health.



**Q: Are visitors required to share their COVID-19 vaccination status?**

A: Visitors are asked about their vaccination status upon arrival to Christian Health. They are not required to disclose this information.

**VISITATION GUIDELINES**

**Q: Are there any community visitation restrictions at this time?**

A: Visitation is open at all Christian Health communities and services. Select residents/patients may be temporarily limited from welcoming visitors due to health status. We encourage all visitors to review suggested visitation hours before their visit. Indoor visitors should go directly to the room of the resident/patient they are visiting or remain in designated visitation areas.

**Q: Can visitors have close contact, including touch, with residents/patients?**

A: If the resident/patient is fully vaccinated and is not immunocompromised, they can choose to have close contact, including touch, with their visitors.

**Q: When will outdoor visitation resume?**

A: Outdoor visitation is available depending on the weather. Outdoor visitation may be limited at Ramapo Ridge Behavioral Health.

**RESIDENT/PATIENT ACTIVITIES, DINING, AND MASKING**

**Q: Are residents/patients required to wear a mask at all times?**

A: Residents/patients are not required to wear a mask while eating or drinking, when in their rooms alone or with a roommate, or in their private room with a visitor.

**Q: Can visitors join long-term care or post-acute care residents/patients for dining in common areas or for activities such as the Country Fair or Art Show?**

A: As per Centers for Medicare & Medicaid Services (CMS) visitors may not join long-term care or post-acute care residents/patients for communal dining or activities at this time.

**Q: Where can visitors share food or a snack with their loved one?**

A: Visitors are invited to share food or snacks with their loved ones in designated visitation areas if physically distanced from other groups. They are also invited to do so in resident/patient rooms if a roommate is not present or if physically distant from the roommate and other visitors. For visitors to Ramapo Ridge Behavioral Health, please call (201) 848-4248 to discuss sharing meals with patients.



**Q: How many visitors can attend a gathering at one time?**

A: In semi-private resident/patient rooms, up to two visitors are allowed with the approval of the roommate if one is present. In designated visitation areas, Christian Health team members will provide guidance on the appropriate amount of visitors for a given space at a given time. Please contact your loved one's care team for further guidance on larger gatherings or to reserve a space.

**RESIDENT/PATIENT VACCINATION AND POLICIES**

**Q: Can fully vaccinated long-term care residents/patients unmask during group activities with other residents/patients? What about outdoor activities?**

A: Masking and physical distancing is still required for residents/patients participating in group activities.

**Q: Can fully vaccinated residents/patients unmask when in the beauty salon and Bolger Gym and Wellness Center?**

A: Masks are still required in the beauty salon and Bolger Gym for residents/patients at this time.

*Please contact your loved ones' care team with additional questions.  
Thank you!*

