December Heritage Manor West

All activities take place in the Blanton Lounge unless otherwise noted.

Activities Subject to change or cancellation at any time

(AUD) = DeYoung Auditorium
(H) = Hearth Kitchen Area
(YT) = YouTube Premium
(NE) = Netflix
(IN2L) = Interactive Computer Games
(WGR) = West Great Room

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 *8:00 Breakfast with The Chef* *10:15 The Price is Right (IN2L)* *11:00 Yoga Class* *2:15 Classic Cuisine:* *Spinach Dip with Homemade Bread (H)*	**2** *10:15 People of Faith* ***2:15-4 Christmas Tricky Tray! Convert your bingo points for chances to win a variety of fabulous prizes & gifts! Tickets given to all residents—even if you are not a bingo player! (AUD)***	**3** *10:30 Twenty Questions* *11:00 Noodle Fitness* *11:15 Room Visits* *11:30 Finish the Phrase* *2:15 Santa will be bringing holiday cheer & music through the hallways on his sled!*
4 *Eucharistic Minister Visits in the a.m.* *10:15 Finish the holiday song lyric!* *10:30 Friendly Room Visits* *11:00 Morning Stretch* *2:30 Worship Service (AUD) or Livestream via in-house channel, 591*	**5** *10:15 Cursuri de balet - casa de balet (adorable Children's ballet) (YouTube)* *10:30 Who or What Am I* *11:00 Dumbbell Fitness* *2:15 Bingo (WGR)* *6:30 Dyker Heights Christmas Lights 2021 in Brooklyn, NY Along with snacks & **a chance to win a $5.00 Snoep Coupon!***	**6** *10:15-11:30 Crafter's Corner: Holiday Ornaments with vintage Christmas Music - HD & Winter Scenery (YouTube)* *2:30 Worship Service (AUD) or Livestream via In-House Channel, 591*	**7** ***Happy Birthday Pat T.!*** *10:15-11:30 Classic Cuisine: Peanut Butter Temptations (H)* *3:00 Christmas Card Writing & "Perfect Christmas: 1920s, 30, 40s Festive Vintage Tunes" (YouTube) We'll provide the cards & postage!*	**8** *8:00 Breakfast with The Chef* *10:15 Christmas Traditions Around the World fun facts* *10:30-11 Disco Dance Fitness* *2:15 "White Christmas" with Bing Crosby by the Fireplace*	**9** *10:15 People of Faith* ***12-2 Resident Christmas Party with assorted hors d'oeuvres, holiday desserts, holiday trivia/prizes and a live performance by Randy Accardi. Ornament Keepsake Photo Booth will be set-up during this time.***	**10** *10:30 Children opening presents at Christmas Reminisce (YT))* *11:00 Fitness Fun* *11:15 Room Visits* *11:30 Google Earth (IN2L) – Visit your old neighborhood!* ***2:15 Hymns on the Keyboard with Theresa*** *2:15-3:30 Room Visits*
11 *10:15 Who/What Am I?* *10:30 Friendly Room Visits* *11:00 Morning Stretch* *2:30 Worship Service (AUD) or Livestream via in-house channel, 591*	**12** *10:15-11:30 Crafter's Corner: Holiday Ornaments with instrumental Christmas Music* ***2:15 Ladies' Holiday Magic Beauty Spa!*** ***2:15 Trans-Siberian Orchestra Christmas Songs (YT) (Fireplace TV)*** *6:30 Bingo & Snacks*	**13** ***Happy Birthday Peter C.!*** ***10:45 Eastern Christian High School Choir Performance (AUD)*** *2:30 Worship Service (AUD) or Livestream via In-House Channel, 591*	**14** *10:15 Stretch & Flex* *11:00 Women's Bible Study with Rev. Dawn Rivers* *2:15-3:30 Classic Cuisine: Bacon and Chives Cheeseballs with assorted crackers (H)* *6:30 Bingo & Snacks*	**15** *8:00 Breakfast with The Chef* *10:15 Family Feud (IN2L)* *11:00 Yoga Class* ***2:15-3:30 December Birthday Party! (WGR)** All are welcome!*	**16** *10:15 People of Faith* *11:00 Rosary* *2:15 Bingo (WGR)* *4:15 Nailed it! Holiday Edition – Christmas Desserts (NF) (Fireplace TV)*	**17** *10:30 Flex & Stretch* *11:00 Bocce Ball* ***2:30 Catholic Mass with St. Elizabeth's (AUD)***
18 Happy Hanukkah ***10:30 Volunteer Musical Performance with Bob & Dylan! (BL)*** *2:30 Worship Service (AUD) or Livestream via In-House Channel, 591* Hanukkah Begins	**19** *10:15 How it's Made: Candy Canes, Christmas Trees & Christmas Ornaments* *10:30 Christian symbolism of the twelve days of Christmas* *11:00 Dumbbell Fitness* *2:15 Bingo (WGR)* *6:30 Christmas Hymn Sing & Snacks & **a chance to win a $5.00 Snoep Certificate!***	**20** *10:15 Crafter's Corner: Holiday Ornaments with Vintage Christmas Music & Fireplace Ambiance (YT)* ***2:30 Dolly Parton's Christmas on the Square (Netflix) (This will be shown at the fireplace TV)***	**21** ***Wear your winter whites or blues today!*** *10:15 Classic Cuisine: Cake Mix Butter Cookies (H)* *2:15 Winter Words Within on the whiteboard* *3:15 Protestant Service (BL)* *6:30 Bingo & Snacks* Winter Begins	**22** *8:00 Breakfast with The Chef* *10:15 Winter Trivia* *10:30 Who Wants to be a Millionaire? (IN2L)* *11:00 Stretch & Flex* ***2:15-3:45 Gift Giving throughout the hallways with Santa & his "Activity" Elves!***	**23** ***Happy Birthday Thelma M.!*** *10:15 People of Faith* *11:00 Rosary* ***2:30 Christmas Eve Worship Service (AUD)***	**24** *10:30 Billy Graham Christmas Message (YouTube)* *11:00 Fitness Fun* *11:30 Winter Scattergories* *2:00 Movie Matinee: "A Little Princess" (Netflix) (97 minutes)*
25 *10:30 Holiday Cookies & Eggnog served by the fireplace along with classic Christmas songs* *11:00 Friendly Room Visits* *2:30 Christmas Worship Service (AUD) or Livestream via In-House Channel, 591* Merry Christmas Christmas	**26** *10:15 Aspen Colorado Walking Tour 4K* *10:30 You Be the Judge* *11:00 Dumbbell Fitness* *2:15 Bingo (WGR)* *6:30 Rick Steves European Christmas & snacks & **a chance to win a $5.00 Snoep Certificate!*** Boxing Day (Canada) Kwanzaa Begins	**27** *10:15 Crafter's Corner: Winter Holiday Wood Home Craft with Music & Fireplace Ambiance* *2:30 Worship Service (AUD) or Livestream via In-House Channel, 591*	**28** ***Happy Birthday Sally M.!*** ***10:30 Resident Council, Menu Planning & Activity Planning Meeting*** *2:15 Catholic Mass with St. Elizabeth's (BL)* *3:00 Would you Rather?* *6:30 Bingo & Snacks*	**29** *8:00 Breakfast with The Chef* *10:15 The Most Iconic Foods in Every State (YouTube)* *11:00 Yoga Class* *2:15 Classic Cuisine: Sausage-Cream Cheese Crescent Bundles (H)*	**30** *10:15-11:45 A&E Biography: Judy Garland (1 hr, 34 minutes) (YouTube Premium) (Fireplace TV)* ***2:15-3:30 New Year's Eve Party (WGR)*** Happy New Year	**31** *10:30 New Year's Traditions Around the World Fun Facts!* *11:00 Flex & Stretch* *11:15 Room Visits* *11:30 Prices then & now on the IN2L* *2:00 Movie Matinee: "The Claus Family" (Netflix) (1 hr, 37 min)* New Year's Eve