Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 <i>Eucharistic Minister Visits in</i> <i>A.M.</i> 10:30 Games on the IN2L (BL) 10:45-11:45 Room Visits 11:15 Morning Stretch (BL) 2:30 Worship Service (AUD)	2 10:15 Who/What Am I game (BL) 10:45 Name that Holiday tune (BL) 11:15 Dumbbell Fitness (BL) 2:15 Bingo (WGR)	Make your own snowman	4 10:15 Lucky Strike Bowling (BL) 11:15 Rise & Shine Stretch (BL) <u>2:15 Classic Cuisine:</u> <u>Christmas Pull-Apart Cupcakes</u> (<u>H)</u>	5 8:00 Breakfast with The Chef 10:15 Writing & sending Christmas/holiday cards with Crackling fireplace sounds & holiday songs (BL) 11:15 Noodle Fitness (BL) 2:15 Flex & Stretch (BL) 2:45 Holiday Wheel of fortune		7 10:30 You Be The Judge (BL) 11:15 Flex & Stretch (BL) 2:30 Bingo (WGR)
10:30 Match & Pair (IN2L) 10:45-11:45 Room Visits 11:15 Light Stretch & Flex	10:15 Name 3 game, Holiday edition (BL)910:30-11:45 Sharing Christmas Cookies & warm holiday greetings with Bread of Life Ministries (room-to-room) 10:45 Share a favorite holiday memory! (discussion group) 11:15 Disco Dancing (BL) 2:15 Bingo (WGR)9	10 10:15 Crafter's Corner: Christmas Tree Bookmarkers (BL) 11:00 Piano with Ruth E. (BL) 2:30 Worship Service (AUD)	11 10:15-11:15 Rick Steve's European Christmas (BL) 12:00-1:30 Christmas Holiday Party Luncheon with trivia, prizes, live music & photo booth (AUD) 3:00 Andy Williams Christmas Concert (YT) (BL)	12 8:00 Breakfast with The Chef 10:15 Family Feud (IN2L) (BL) 11:15 Elastic Band Stretch (BL) <u>2:15 Classic Cuisine:</u> <u>Homemade Chocolates for</u> <u>Loved Ones (H)</u>	HAPPY BIR THDAY PETER! 10:15 People of Faith (BL)	10:30 Bocce Ball (BL) 11:00 Caroling throughout the hallways with Bethlehem Ridgewood Church 11:15 Morning Flex (BL) 2:30 Christmas Picture Bingo (WGR) 3:00 Santa's sleigh will be traveling throughout the hallways with holiday tunes!
15 <i>Eucharistic Minister Visits in</i> <i>AM</i> 10:30 Penny Ante (BL) 10:45-11:45 Room Visits 11:15 Stretch & Flex (BL) 2:30 Worship Service (AUD)	16 10:15 Assorted table games (Scrabble, Monopoly, Checkers, etc.) (BL) 11:15 Noodle Fitness (BL) 2:15 Bingo (WGR)	17 10:15 Crafter's Corner: Painting Ornaments (BL) 11:30 Singing Christmas Carols with lyrics (YT) (BL) 2:30 Worship Service (AUD)	18 10:15 Winter Scattegories on whiteboard (BL) 10:45 Holiday True or False (BL) 11:15 Flex, Stretch & Kickball <u>2:15 Classic Cuisine:</u> <u>Decadent Coconut Cake with</u> <u>Ann (H)</u>	19 8:00 Breakfast with The Chef 10:15 Press Your Luck (IN2L) (BL) 11:15 Dumbbell Fitness (BL) 2:30 Resident Council, Menu & Activity Planning Meeting (BL) 3:45 Dallas Symphony Christmas Celebration (YT) (F)	10:15 People of Faith (BL) 11:00 Rosary group (YT) (BL) 2:15 Flex & Stretch (BL) 2:45 Candy/Snack Prize Bingo (WGR)	10:30 Caroling throughout 21 the hallways with Grace Redeemer Church Life Group 10:30 Relaxing by the fireplace with Hot Cocoa & Mini Marshmallows & Whipped Cream (Fireplace) 2:30 Catholic Mass with St. Elizabeth's Church (AUD) Winter Begins
22 10:30 Piggy Bankers (IN2L) (BL) 10:45-11:45 Room Visits 11:15 Morning Stretch (BL) 2:30 Worship Service (AUD)	23 10:15 Holiday Words Within on whiteboard (BL) 11:15 Rise & Shine Stretch (BL) 2:15 Bingo (WGR)	10:15 Crafter's Corner: Assorted Christmas Craft kits	25 10:15-11:45 Gift Giving Throughout the Hallways with "Santa & his Activity" Elves! 2:30 Radio City Music Hall's Christmas Spectacular with Hot Chocolate and Cookies (Fireplace TV area) Merry: Happy Christman Happy	8:00 Breakfast with The Chef 10:15 Who/What Am I? (BL) 11:15 Festive Fitness (BL) 2:15 All about Hanukkah with Jeremy (BL) Boxing Day (Canada) Kwanzaa Begins	10:15 People of Faith (BL) 11:00 Rosary group (YT) (BL) <u>2:15 Classic Cuisine:</u>	28 10:30 Magnetic Animal Match (BL) 11:30 Rise & Shine Fitness (BL) 2:30 Bingo (WGR)
HAPPY BIR THDAY SALLY? 10:30 Lucky Strike Bowling (BL) 11:30 Light Stretch & Flex (BL) 2:30 Worship Service (AUD)	(BL) 10:45 New Year's Traditions Around the World (BL) 11:15 Dumbbell Fitness (BL)	10:15 Crafter's Corner: Watercolor Scenes (BL) 11:30 Christian Karaoke (IN2L) (BL) 2:30 New Year's Eve Service (AUD)		ecem Heritage M	Der 20 anor West 4	(AUD) = Auditorium 124

Christian Health, 301 Sicomac Avenue, Wyckoff NJ, 07481 V Activities Subject to Change and/or Cancellation at Any Time

Heritage Manor Activities (201) 848-5869