

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# December 2023



## Southgate Special Care- Main Lounge Programs

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|  <p>10:30-11:00 Hillsong Church: Christmas Carols Spectacular<br/>11-11:45 <u>Artistic Expressions: Wood Potted Christmas Tree</u><br/>2:30 Worship Service (AUD)</p>  | <p>10:15-10:30 Sittercise<br/>10:30-11:30 BINGO<br/><b>2:15-3 Spanish Club: "Postres Navidenos-Desserts"</b><br/>3:00 Multicultural Sing-Along<br/><b>4:00 Keyboard with Theresa</b><br/>6-7:45 Evening One-to-One</p>  | <p>10:15-10:30 Gentle Chair Exercises with Chamber Music (YT)<br/>10:30-11:15 Target Toss<br/>11:15-11:45 Comedy Classics: I Love Lucy<br/>2:30 Worship Service (AUD)<br/>4:00 Spin the Wheel Game</p>   | <p>10:20-10:50 Pet therapy with Carol and Maylee (on unit)<br/><b>2-3:30 Resident Christmas Party with assorted hors d'oeuvres, holiday desserts, live musical performance and photo booth (Auditorium)</b></p>   | <p>10:15-10:30 Chair Dancing<br/>10:45-11:20 Chaplain Time<br/>11:20-11:45 Old Country Christmas Songs<br/>2:15-3:15 BINGO<br/>3:15 The Andy Williams Christmas Show (1966)<br/>4:00 Person, Place, or Thing<br/><small>Hanukkah Begins</small></p>                          | <p>10:15-11:45 <u>Grandma's Kitchen: S'more Pops and Classic S'mores</u><br/><b>2:30-3:30 December Birthday Celebration with Ruth Ann (AUD)</b><br/>4:00 Afternoon Karaoke (YT)<br/>6-7:45 Evening Visits/Snoezelen Room</p>  | <p>10:30-10:45 Noodle Fitness<br/>10:45-11:45 BINGO<br/>2:15-3:15 Relaxation Spa with Sugar Cookie Aromatherapy<br/>3:15 Billboard Hot 100 (1955-59) (YT)</p>         |
| <p>10:30-11:00 Cece Winans Presents: Generations, A Christmas Special<br/>11:00-11:30 Finish the Sayings and Proverbs<br/>11:30-11:45 Alan Jackson Christmas Songs<br/>2:30 Worship Service (AUD)</p>  | <p>10:15-10:30 Sittercise<br/>10:30-11:30 BINGO<br/><b>2:15-3:15 Afternoon Mock tails with Natalie</b><br/>3:15 Nat King Cole "King of Christmas"<br/>4:00 Name That Holiday Tune<br/>6-7:45 Evening One-to-One</p>   | <p>10:15-10:30 Morning Stretch<br/>10:30-11:15 Fill in the Blank<br/>11:15-11:45 World Traveler's: "The North Pole"<br/>2:30 Worship Service (AUD)<br/>4:00 Ray Conniff Christmas Greats (YT)</p>  | <p>10:15-10:30 Sit and Be Fit<br/>10:20-10:50 Pet therapy with Carol and Maylee (on unit)<br/>10:50 Sinatra's Classic Holiday Songs &amp; Coloring<br/><b>2:15-3:30 Artistic Expressions: Reindeer on Stand</b><br/>4:00 The 60's Quiz (YT)</p>  | <p>10:15-10:30 Chair Dancing<br/>10:45-11:20 Chaplain Time<br/>11:20-11:45 Guess the Holiday Sound (YT)<br/>2:15-3:15 BINGO<br/>3:15 Hand Massages<br/>4:00 Gracias Choir - Christmas Concert (YT)</p>   | <p>10:15-11:45 <u>Grandma's Kitchen: Christmas Hershey Kiss Cookies</u><br/>2:15-3:15 Christmas Coloring Pages &amp; Winter Scenes (4K)<br/>3:00 Rick Steve's European Christmas<br/>4:00 All that's Red &amp; Green on the whiteboard</p>   | <p>10:30-10:45 Noodle Fitness<br/>10:45-11:45 BINGO<br/><b>2:15-3:15 Hot Chocolate Social and Holiday Music</b><br/>3:15 The Nutcracker Ballet (Full length ballet) (New York Ballet)</p>  |
| <p>10:30-11:00 Christmas Spirit Light Show, Lancaster, PA (YT)<br/>11:00-11:45 Bowling Alley (Sunroom)<br/>2:30 Worship Service (AUD)</p>   | <p>10:15-10:30 Sittercise<br/>10:30-11:30 BINGO<br/><b>11-11:30 Men's Club: "Holiday Traditions"</b><br/><b>2:15-3:15 Artistic Expressions: Craft stick Christmas Ornament</b><br/>3:15 Holiday Aroma Massages<br/>4:00 Would You Rather?<br/>6-7:45 Evening One-to-One</p>   | <p>10:15-10:30 Gentle Chair Exercises with Chamber Music (YT)<br/>10:30-11:15 Target Toss<br/>11:15-11:45 Cutest Animals playing in the snow<br/><b>2:30 Christmas Service (AUD)</b><br/>4:00 Musical Balloons</p>   | <p>10:15-10:30 Sit and Be Fit<br/>10:20-10:50 Pet therapy with Carol and Maylee (on unit)<br/>10:50-11:45 The Dean Martin Christmas Show (1968)<br/><b>2-4 Gift Giving, Eggnog and Holiday Songs</b><br/>4:00 Singing Christmas Carols<br/>6-7:45 Evening One-to-One</p>  | <p>10:15-10:30 Chair Dancing<br/>10:45-11:20 Chaplain Time<br/>11:20-11:45 Winter Trivia (YT)<br/>2:15-3:00 Target Toss<br/>3:00 Hand Massages and Classical Music for Christmas<br/>4:00 Winter Charades<br/>6-7:45 Evening One-to-One<br/><small>Winter Begins</small></p> | <p>10:15-10:30 Sit &amp; Be Fit<br/>10:45-11:45 BINGO<br/><b>2:15-3 Sweet Treats and Trivia</b><br/>3:00 Life in America: Christmas in the 1960's<br/>4:00 Sights &amp; Sounds of Children playing in the snow<br/>6-7:45 Evening Visits/Snoezelen Room</p>  | <p>10:30-10:45 Noodle Fitness<br/>10:45-11:45 BINGO<br/><b>2:15 Brightest Stars School of Performing Arts Christmas Concert (AUD)</b></p>                           |
| <p>10:30-10:45 Billy Graham Christmas Message (YT)<br/>10:45-11:45 <u>Artistic Expressions: Nativity Wood Ornament</u><br/>2:30 Worship Service (AUD)</p>   | <p>10:15 <u>Christmas Hymn Sing</u><br/>10:45 <u>A lookback at Christmas through the years (YT) &amp; Christmas traditions reminisce</u><br/><b>2:30 Radio City Music Hall's Christmas Spectacular with holiday refreshments</b><br/>4:00 <u>Traditional Christmas Songs with fireplace ambiance</u><br/><small>Christmas</small></p> | <p>10:15-10:30 Moving to Music<br/>10:30-11:15 Who/What Am I?<br/>11:15-11:45 Fill in the Blank<br/>2:30 Worship Service (AUD)<br/>4:00 Gordon Ramsay's Top Basic Cooking Skills<br/>6-7:45 Evening One-to-One<br/><small>Boxing Day (Canada)<br/>Kwanzaa Begins</small></p> | <p>10:15-10:30 Sit and Be Fit<br/>10:20-10:50 Pet therapy with Carol and Maylee (on unit)<br/>10:50-11:45 Guess the 70's TV Show Theme Song<br/>2:15-3:30 BINGO<br/>4:00 Celine Dion: Live in Las Vegas<br/>6-7:45 Evening One-to-One</p>  | <p>10:15-10:30 Chair Dancing<br/>10:45-11:20 Chaplain Time<br/>11:20-11:45 What was the year?<br/>2:15 Winter Words Within on Whiteboard<br/>4:00 Music Trivia<br/>6-7:45 Evening One-to-One</p>   | <p>10:15-11:45 <u>Grandma's Kitchen: Cherry Cream Crescents</u><br/><b>2:15-3:30 New Year's Celebration!</b><br/>4:00 Animal Magnet Concentration Game</p>    | <p>10:30-10:45 Noodle Fitness<br/>10:45-11:45 BINGO<br/>2:15-3:15 Karaoke Hour<br/>3:15 Hand/Shoulder Massages, Holiday Aromatherapy, and Lionel Ritchie Songs</p>  |
| <p>10:30-11:00 Praise and Worship Songs<br/>11:00-11:30 1960's Quiz: Music, Movies and TV Edition<br/>11:30-11:45 New Year's Traditions from Around the World<br/>2:30 Worship Service (AUD)<br/><small>New Year's Eve</small></p>   |    |  | <h3>Southgate Special Care Main Lounge Programs</h3> <p>Activities subject to change and/or cancellation<br/>(YT) = You Tube Premium<br/>(AUD) = De Young Auditorium</p>   |  |    |  |