

Sunday

Monday

Tuesday

Wednesday










Thursday

Friday

Saturday

December 2022

Southgate Special Care Main Lounge

				<p>10:30 Sittercise 10:45-11:20 Chaplain Time 11:30 Sounds & Memories of Children on Christmas morning 2:15-3:30 BINGO 4-4:45 Hot Chocolate Social and Holiday Music</p>	<p>2 10:30 Chair Dancing 11:00 Music Trivia 11:30 Antiques Roadshow 2:15 Bocce Ball 3:00 Complete the Phrase</p>	<p>3 10:30 Morning Stretch 10:45-11:45 BINGO 2:15 Nativity Tissue Acetate Sign Craft 3:00 The Dean Martin Christmas Show (1968)</p> 
<p>4 10:30 Hillsong Church: Christmas Carols Spectacular 11:00 Bowling 11:30 Reflections of Christmas, Circa 1960s 2:30 Worship Service (AUD) or in-house streaming, Channel 591</p>	<p>5 10:30 Noodle Fitness 11:00 Target Toss 11:30 Christmas in the 1960s-Life in America 2:15 Spin the Wheel Game 3:00 Nat King Cole Christmas Songs and Hand Massages 6:30-7:30 Friendly Visits</p> 	<p>6 10:30 Sit and Be Fit 11:00 Menu Planning 11:30 Creative Coloring to the Oldies of the 40s, 50s & 60s 2:30 Worship Service (AUD) 4-4:45 Refreshments, Trivia, and Holiday Reminisce</p>	<p>7  2:15-3:45 Resident Christmas Party with assorted hors d'oeuvres, holiday desserts, holiday trivia/prizes and a live performance by Randy Accardi. Ornament Keepsake Photo Booth will be set-up during this time. (Auditorium)</p>	<p>8 10:30 Sittercise 10:45-11:20 Chaplain Time 11:30 The Andy Williams Christmas Show (1966) 2:15 Games on the IN2L 3:00 The Gary Moore Show 1961 Christmas Episode and Hand Massages 4-4:45 BINGO</p>	<p>9 10:30 Chair Dancing 11:00 Flying Disc Toss Game 11:30 Perry Como Christmas with the Carpenters (1974) 2:15 Rick Steve's European Christmas and Holiday Scents 3:00 Christmas 1961 with Steve Allen</p> 	<p>10 10:30 Morning Stretch 11:00 Who, What, Am I Game 11:30 Worlds Travelers: "The North Pole" 2:15-3:30 BINGO</p>
<p>11 10:30 Cece Winans Presents: Generations, A Christmas Special 11:00 Finish the Sayings and Proverbs Game 11:30 Alan Jackson Christmas Songs and Aromatherapy 2:30 Worship Service (AUD) <i>Happy Hanukkah</i></p>	<p>12 10:30 Noodle Fitness 10:45-11:45 BINGO 2:15 Name That Holiday Tune 3:00 Andrea Bocelli Christmas Song Playlist 4-4:45 Reindeer Craft 6:30-7:30 Friendly Visits</p>	<p>13 10-10:30 Menu Planning 10:45 Eastern Christian High School Choir Performance (AUD) 2:30 Worship Service (AUD) or in-room channel 591 4-4:45 Would You Rather-Christmas Edition</p>	<p>14 10:30 Pom-Pom Fitness 11:00 Complete the Phrase 11:30 Frank Sinatra's Classic Holiday Songs 2:15 Spanish Club: "Postres Navidenos-Desserts" 3:00 Dyker Heights Christmas Lights 2021 in Brooklyn, NY 4-4:45 Clothing Jingo</p>	<p>15 10:30 Sittercise 10:45-11:20 Chaplain Time 11:30 Reminisce: Home Interiors through the years 2:15 Person, Place, or Thing Game 3:00 Christmas with The Martins and The Sinatra's 4-4:45 Name 5 Game</p>	<p>16 10:30 Chair Dancing 11:00-11:45 Supermarket Sweep 2:15-3:30 December Birthday Celebration with Music </p>	<p>17 10:30 Morning Moves to Rock & Roll hits 10:45-11:45 BINGO 2:30 Catholic Mass with St. Elizabeth's (AUD) </p>
<p>18 10:30 10:30 "How to Light Hanukkah Candles" (YouTube) 10:45 Craft Time: Wood Stand Up Elf Frames 11:30 Christmas Spirit Light Show, Lancaster, PA 2:30 Worship Service (AUD) Or channel 591 <small>Hanukkah Begins</small></p>	<p>19 10:30 Noodle Fitness 10:45-11:45 BINGO 2:15 Singing Christmas Carols 3:00 Aroma Massages 4-4:45 Coffee, Tea and Holiday Reminisce 6:30-7:30 Friendly Visits</p> 	<p>20 11:00 Menu Planning 11:30 Creative Coloring to Unforgettable Hits of the 50s 2:15 Twenty Questions Game 3:00 10 Most Beautiful Christmas Markets to Visit in Europe</p>	<p>21 10:30 "White Christmas" with Bing Crosby (Netflix) 2:15-3:45 Gift Giving in the Main Lounge with Santa & his "Activity" Elves! 4-4:45 Sweet Treats & Trivia <small>Winter Begins</small> </p>	<p>22 10:30 Sittercise 10:45-11:20 Chaplain Time 11:30 30 Christmas Side Dishes-Holiday Recipes 2:15 The Nutcracker-Highlights: Classic Ballet 3:00 1950's Vintage Christmas Album Mix 4-4:45 BINGO</p>	<p>23 10:30 Chair Dancing 11:00 Football Toss Game 11:30 Who/What Am I? 2:30 Christmas Eve Worship Service (AUD) </p>	<p>24 Christmas Eve 10:30 Morning Stretch 10:45-11:45 BINGO 2:15 Child Prodigy's that play at Carnegie Hall 3:15 Interesting Christmas Traditions from Around the World</p>
<p>25 10:30 Billy Graham Christmas Message 11:00 Traditional Christmas Music with scenes, sounds & holiday aromatherapy 2:30 Christmas Worship Service (AUD) <i>Merry Christmas</i></p>	<p>26 10:30 Chair Yoga Dance Recital led by Sherry Zak 10:45-11:45 BINGO 2:15 Finish the Sayings 3:00 Celine Dion: Live in Las Vegas 2011-2014 4-4:45 Food Jingo 6:30-7:30 Friendly Visits <small>Boxing Day (Canada)</small></p>	<p>27 10:30 Moving to Music 11:00 Menu Planning 11:30 Gordon Ramsay's Top Basic Cooking Skills 2:30 Worship Service (AUD) 4:00-4:45 Guess the 70's TV Show Theme Song</p>	<p>28 10:30 Pom-Pom Fitness 11:00 Can Toss Game 11:30 Mix - Cursuri de balet - casa de balet (adorable Children's ballet) (YouTube) 2:15 You Be The Judge 3:00 Classic TV Shows From the 60's 4-4:45 The Missing Word</p>	<p>29 10:30 Sittercise 10:45-11:20 Chaplain Time 11:30 Name that 40's song! 2:15-3:30 BINGO 4-4:45 Music Trivia</p>	<p>30 10:30 Chair Dancing 11:00 Scattergories 11:30 Amazing Cinnamon Roll Recipes with Martha Stewart 2:15 Guess the Cost (IN2L) 3:15 Music of Dolly Parton and Roy Rodgers <i>Happy New Year</i></p>	<p>31 10:30 Morning Stretch 11:00 Roll the Dice, Break the Ice Game 11:30 New Year's Eve Traditions from Around the World 2:15-3:30 New Year's Eve Social <small>New Year's Eve</small></p>

Activities Subject to change and/or cancellation at any time.

Heritage Manor Activity Office (201) 848-5869

Southgate Activity Office (201) 848-4273 or (201) 848-4269