

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

December 2022

Heritage Manor East Great Room/Media Room

Programs take place in either the East Great Room or Media Room unless otherwise noted.



4
10:15-11:45 Activities on the Go and Friendly Room Visits
10:15 Corner TV Theatre: Residents' Choice
2:30 Worship Service (AUD) or in-house livestream on channel 591



5
10:15 Stretch & Hydrate
10:45 Chaplain Time
11:00 Gospel Sing along
11:00 Decorating Your Own Christmas Ornaments Craft
11:30 Switzerland's Winter Villages
12:00 Monday Mind Joggers!
2:15 BINGO
3:30 Music of Elvis

6
10:15 Balloon Volley
10:30 Name that Christmas Tune on YouTube
11:00 Rick Steve's European Christmas
11:00 Peppermint Brownies
12:00 Trivia Tuesday
2:30 Worship Service (AUD)
6:30 Assorted Table Games. Join us for a chance to win a \$5.00 Snoep Gift Card!

7
10:15 BINGO
10:30-11:45 Woodland Creatures and Relaxing Back/Shoulder Massages (NF)
12:00 Word Game Wednesday
2:15 The Great British Baking Show: Holiday Edition (NF)
3:30 A-Z Trivia



8
10:15-10:30 Stretch & Flex
10:30-11:15 Holiday Scattergories
12-2 Resident Christmas Party with assorted hors d'oeuvres, holiday desserts, holiday trivia/prizes and a live performance by Randy Accardi. Ornament Keepsake Photo Booth will be set-up during this time.



9
10:15 Kickball Fitness
10:45 Table Top Sensory, Adult Coloring Pages & Winter Scenes ambiance
12:00 Fun Fact Friday
2:15 BINGO
3:30 Complete the Phrase



10
10:15-11:45 Christmas Caroling with Traveling Santa Sleigh and Christmas Cookies (A/B/C Wing)
2:15-3:45 Christmas Caroling with Traveling Santa Sleigh and Christmas Cookies (D/E/F Wing)



11
10:15-11:45 Activities on the Go and Friendly Room Visits
10:15 Corner TV Theatre: Residents' Choice
2:30 Worship Service (AUD) or in-house livestream on channel 591

12
10:15 Stretch & Hydrate
10:45 Chaplain Time
11:00 Hymn Sing along
11:00 Gingerbread Man Craft
11:30 Night of a Million Lights (YT)
12:00 Monday Mind Joggers!
2:15 BINGO
3:30 Best of Diana Ross

13
10:45 Eastern Christian High School Choir Performance (AUD)
12:00 Trivia Tuesday
2:30 Worship Service (AUD) or in-house livestream on channel 591
6:30 Assorted Table Games. Join us for a chance to win a \$5.00 Snoep Gift Card!

14
10:15 BINGO
10:30-11:45 National Geographic: Winter Animals with Mistletoe Aromatherapy & Shoulder Massages
12:00 Word Game Wednesday
2:15 Visit the SKI LODGE with Hot Cocoa & Cookies
3:30 How It's Made: Candy Canes, Christmas Trees, & Christmas Ornaments

15
10:15 Gentle Exercise
10:30 Dogs Playing in Snow with Companion Pets
10:30 Table Topics with K&P
11:15 Christmas Traditions Around the World
12:00 Snow Day Reminisce
2:30 Resident Council
3:30 The Best Things to do in Zurich Switzerland
6:30 Andre Rieu Home for Christmas

16
10:15 Kickball Fitness
10:45 Name 5 Game
11:00 Sugar Cookie Cut-Outs
11:15 Best Sugar Cookie Recipes & Sugar Cookie Aromatherapy
12:00 Fun Fact Friday
2:15 BINGO
3:30 Andrea Bocelli sings some of your favorite Christmas songs

17
10:15-11:45 Activities on the Go and Friendly Room Visits
10:15 Corner TV Theatre: Residents' choice
2:15-3:45 Friendly Room Visits
2:15 Corner TV Theatre: Residents' Choice
2:30 Catholic Mass with St. Elizabeth's (AUD)



18
Happy Hanukkah
10:15-11:30 Holiday Words Within on the Whiteboard
10:15-11:45 Activities on the Go and Friendly Room Visits
2:30 Worship Service (AUD) or in-house livestream on channel 591



Hanukkah Begins

19
10:15 Stretch & Hydrate
10:45 Chaplain Time
11:00 Gospel Sing along
11:00 Decorating Your Own Christmas Ornaments Craft
11:30 National Christmas Tree Lighting (YT)
12:00 Monday Mind Joggers!
2:15 BINGO
3:30 Country Music Classics

20
10:00-12:15 p.m. Holiday Gift Giving Room-to-Room with Santa and his "Activity Elves" (A,B,C wings)
2-5 p.m. Holiday Gift Giving Room-to-Room with Santa and his "Activity Elves" (D,E,F wings)
6:30 Assorted Table Games

21
10:15 BINGO
10:30-11:45 Table Top Sensory with Gingerbread Aromatherapy
12:00 Winter Word Game Wednesday
2:15-4:15 Christmas Movie Matinee, "It's a Wonderful Life DVD with Coffee/Tea/Hot Chocolate & Cupcakes"

Winter Begins

22
10:15 Gentle Exercise
10:30 Gordon Ramsey's Ultimate Guide to Christmas Dinner (YT)
10:30 Bible Study with K&P
11:00 Snow Fall walk in Times Square (YT)
12:00 Snowstorms of Winter past
2:15 December Birthday Celebration!
6:30 Celtic Woman Holiday Concert



23
10:15 BINGO
10:30 Soothing Shoulder Massages & Relaxing Spa Ambiance
12:00 Fun Fact Friday
2:30 Christmas Eve Worship Service (AUD)



24
10:15-11:45 Activities on the Go and Friendly Room Visits
10:15 Corner TV Theatre: Residents' choice
2:15-3:45 Friendly Room Visits
2:15 Corner TV Theatre: Residents' Choice

25
10:15 Holiday Cookies & Eggnog with Classic Christmas Songs & Fireplace Ambiance
2:30 Christmas Worship Service (AUD) or in-house livestream on channel 591



26
10:15 Stretch & Hydrate
10:45 Chaplain Time
11:00 Hymn Sing along
11:00 Holiday Wooden Truck Painting Craft
11:30 How it's Made: Nutcrackers (YT)
12:00 Monday Mind Joggers!
2:15 BINGO
3:30 Bobby Darin's Greatest Hits
Boxing Day (Canada)
Kwanzaa Begins

27
10:15 Balloon Volley
10:30 Keyboard with Theresa
11:00 How It's Made: Blown Glass Ornaments (YT)
11:00 Cranberry Brie Bites
11:30 Children Sledding & Playing in the Snow (YT)
12:00 Trivia Tuesday
2:30 Worship Service (AUD)
6:30 Assorted Table Games. Join us for a chance to win a \$5.00 Snoep Gift Card!

28
10:15 BINGO
10:30-11:45 Night on Earth with Snickerdoodle Aromatherapy
12:00 Word Game Wednesday
2:15 Winter Wonderland Spa
2:15 Trans-Siberian Orchestra Christmas Songs (YT)
3:30 Antiques Road Show (YT)

29
10:15 Kickball
10:30 Away in a Manger Craft
11:00 Sing Along with Susie Q
11:30 Adorable Baby Animals
12:00 Yesterday's Headlines
2:15 Supermarket Sweep
2:15 Cursuri de balet- casa de balet (Adorable children's ballet)
3:30 Name 5 Game
6:30 Frank Sinatra Spectacular

30
10:15 Stretch & Flex
10:30 Who/What Am I?
12:00 Fun Fact Friday
2:15-3:30 New Year's Party!
3:30 New Year's Around the World (YT)



31
10:15-11:45 Activities on the Go and Friendly Room Visits
10:15 Corner TV Theatre: Residents' choice
2:15-3:45 Friendly Room Visits
2:15 Corner TV Theatre: Residents' Choice



New Year's Eve