Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:15-11:45 Activities on the Go and Friendly Room Visits 10:15 Corner TV Theatre: Residents' Choice 2:30 Worship Service (AUD)	10:30 Join us for Activities in the East Great Room! 2:15 Piano Orchestra Hymns 2:30 One-to-One Visits with Rev. Dawn 2:45 Hand/Shoulder Massages & Flying Over Alaska in 4K with Aromatherapy 3:45 Travelogue to Norway 6:45 Trivia/Games (IN2L)	10:30 Join us for Activities in the East Great Room! 2:30 Communion Service (AUD) 4:00 Wyckoff Reformed Church Youth group 6:45 Game Night with Josh	4 10:30 Join us for Activities in the East Great Room! 2:15 Snoezelen Sensory Hour & Hand/Shoulder Massages 3:15 Dallas Symphony Christmas Celebration (YT) and shoulder massages 4:00 Room Visits 6:45 Word Games	<i>Christmas Party Luncheon</i> <i>with trivia, prizes, live music</i> & <i>photo booth (AUD)</i> 2:45-4 The Nutcracker Ballet	6 <u>12-1:30 East Side 2 (DEF)</u> Christmas Party Luncheon with trivia, prizes, live music & photo booth (AUD) 2:45 Dolly Parton: A Christmas at Home (YT) (East Day Room)	10:15 Corner TV Theatre: 7 Resident's Choice 10:30 Stretch and Flex 11:00-12:00 Holiday Scattegories (whiteboard) 12:00-12:45 Trivia (IN2L) 2:15-3:45 Andy Williams Christmas concert (YT) (EDR) 2:30-3:30 Santa's sleigh travels throughout the hallways playing holiday tunes!
10:15-11:45 Activities on the Go and Friendly Room Visits 10:15 Corner TV Theatre: Residents' Choice 2:30 Worship Service (AUD)	in the East Great Room! 2:15 Praise and Worship Songs 2:30 One-to-One Visits with Rev. Dawn 2:45 Hand/Shoulder Massages & Cozy Winter Cabin, Smooth Jazz with Aromatherapy 3:45 The Best of Carole King 6:45 Trivia/Games (IN2L)	10:30 Join us for Activities in the East Great Room! 2:30 Worship Service (AUD) 4:00 Room Visits 6:45 Game Night with Josh	11 10:30 Join us for Activities in the East Great Room! 2:15 Snoezelen Sensory Hour & Hand/Shoulder Massages 3:15 "Decorating for A Cottagecore Christmas" (YT) 3:45 Crackling Fireplace and vintage Christmas songs (YT) 4:00 Room Visits 6:45 Word Games	2:15 Sounds of children	13 10:30 Join us for Activities in the East Great Room! 2:30 December Birthday Party with RuthAnn (AUD)	10:15 Corner TV Theatre: Resident's Choice 10:30 Polka Fitness 11:00-12:00 Family Feud (IN2L) 12:00-12:45 Supermarket Sweep 2:15-3:45 Celtic Woman, A Christmas Celebration (YT) (EDR)
15 10:15–11:45 Activities on the Go and Friendly Room Visits 10:30 Holiday Arts & Crafts with Bahai youth group 2:30 Worship Service (AUD)	10:30 Join us for Activities in the East Great Room! 2:15 Greatest Hymns of All Time 2:30 One-to-One Visits with Rev. Dawn 2:45 Hand/Shoulder Massages & Night of a Million Lights with Aromatherapy 3:45 Golden Hits of Paul Anka 6:45 Trivia/Games (IN2L)	1 10:30 Join us for Activities in the East Great Room! 2:30 Worship Service (AUD) 4:00 Room Visits 6:45 Horseracing with Josh	18 10:30 Join us for Activities in the East Great Room! 2:15 Snoezelen Sensory Hour & Hand/Shoulder Massages 3:15 "Dyker Heights Christmas Lights walking tour" (YT) 4:00 Room Visits 6:45 Word Games	2:15 Holiday Cookies with the Preppy Kitchen (YT) 2:45 The Toymaker & the Tea Room of Silent Lake Village 3:15 Christmas Classics: Sing along Collection 3:45 Crackling Fireplace	in the East Great Room! 2:15 Snoezelen Sensory Hour	21 10:15 Corner TV Theatre: Resident's Choice 10:30 Disco Dancing 11:00 Caroling throughout the Hallways with Grace Redeemer Church Life group 11:00-12:00 Games on the IN2L 12:00-12:45 Holiday Karaoke 2:30 Catholic Mass with St. Elizabeth's (AUD) Winter Begins
22 10:15–11:45 Activities on the Go and Friendly Room Visits 10:15 Corner TV Theatre: Residents' Choice 2:30 Worship Service (AUD)	10:15-12:15 p.m. Holiday Gift Giving Room-to-Room with "Santa and his Activity Elves" (A,B,C wings)		 10:30 Christmas Hymn Sing (East Great Room) 10:45 A lookback at Christmas through the years (YT) & Christmas traditions reminisce (East Great Room) 2:30 Radio City Music Hall's Christmas Spectacular (East Day Room) Christmas Hanukkah Begins 	10:30 Join us for Activities in the East Great Room! 2:15 Amazing Gingerbread	27 10:15 Join us for Activities in the East Great Room! 2:30 The Folk Sounds of James G. (East Day Room)	28 10:15 Corner TV Theatre: Resident's Choice 10:30-11:00 Balloon Volley 11:00-12:15 Baking with Ann 12:15-12:45 You Be the Judge game 2:15-3:45 Andre Rieu: Home for Christmas (YT) (EDR)
29 10:15–11:45 Activities on the Go and Friendly Room Visits 10:15 Corner TV Theatre: Residents' Choice 2:30 Worship Service (AUD)	in the East Great Room! 2:15 Calming Worship Playlist 2:30 One-to-One Visits with	10:30 Join us for Activities in the East Great Room! 2:30 Worship Service (AUD) 4:00 Room Visits 6:45 New Year's Words Within New Year's Eve		Dece Heritage Mano	1	HAPPY NEW YEARI

Christian Health, 301 Sicomac Avenue, Wyckoff, NJ 07481

Activities in red take place in the East Media Room

Heritage Manor Activity Office (201) 848-5869