

ANNUAL REPORT  
2023



Christian  
Health

Joy in  
Service

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# THIS IS Christian Health

## Communities

### Independent Living

**Evergreen Court**

**Hillcrest**

*Independent Living Plus*

**Siena Village of Wayne**

**Summer Hill of Wayne**

**The Vista**

*Continuing Care Retirement Community*

**Windmere\*†**

### Residential Health Care

**Windmere\*†**

### Assisted Living

**Longview**

*Premier Assisted Living*

**Courtyard at Longview**

*Memory Care Assisted Living*

### Skilled Nursing Care

**Heritage Manor**

*Compassionate Skilled Nursing Care*

**Mountain View  
at Windmere\*†**

*Compassionate Skilled Nursing Care*

**Southgate Special Care**

*Compassionate Skilled Nursing Care*

## Services

### Rehabilitation

**Bolger Short-Term Rehabilitation**

*Physical, Occupational, and  
Speech Therapy*

**Outpatient Rehabilitation**

### Mental Health

**LiveWell Counseling**

**Gracepoint**

*Partial-Hospitalization and  
Intensive Outpatient Program*

### Home Health Services

**Home Care Options**

### Counseling, Housing, and Education

**NewBridge Services\***

## Hospital

### Mental Health

**Ramapo Ridge Behavioral Health**

**Haven at Ramapo Ridge**

# Care Summary

## Employees

**592**  
full-time

**143**  
part-time

**92**  
per-diem

**23**  
seasonal

## Physicians

**10**  
active staff

**10**  
courtesy staff

**40**  
associate staff

**9**  
emeritus

## Communities, Services, and Hospital

### Evergreen Court

40 Apartments  
13,957 Resident days  
42 Residents in 2023

### Hillcrest

31 Studios  
13,335 Resident days  
36 Residents in 2023

### Siena Village of Wayne

250 Apartments  
91,211 Resident days  
274 Residents in 2023

### Summer Hill of Wayne

163 Apartments  
54,616 Resident days  
170 Residents in 2023

### The Vista

161 Apartments  
151 Occupied apartments  
227 Residents in 2023

### Longview

80 Suites  
31,041 Resident days of care  
102 Residents in 2023

### Home Care Options

89,657 Hours of care  
578 Clients in 2023

### Heritage Manor

284 Residents in 2023  
55,905 Resident days of care

### Southgate Special Care

44 Resident capacity  
12,778 Resident days of care  
79 Residents in 2023

### Bolger Short-Term Rehab

26,142 Patient days of care  
837 Admissions  
12,097 Patients in 2023

### LiveWell

27,514 Active clients  
48,659 Client visits

### Gracepoint

245 Discharges  
249 New clients  
4,311 Client days of care

### Ramapo Ridge Behavioral Health

58 Patient capacity  
15,389 Patient days of care  
862 Admissions  
792 Patients in 2023

\*Received approval from the State of New Jersey in 2024

† Formerly Holland Christian Home

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# Dear Friends,

Our mission at Christian Health has always been to serve as the hands of Christ – not only in providing care and services to our community but also in fulfilling our calling as Christians to serve and uplift others. This year, we have worked hard to foster partnerships, renovate and expand our communities, and increase our programs and services to bring even more joy, hope, and healing to those in need.

We added compassionate home care services to our continuum through Home Care Options, which we now offer on our campuses in Wayne and Wyckoff as well as in the various communities we serve. Additionally, we are moving closer to gaining final approval from the State of New Jersey for our new partnership with NewBridge Services, a nonprofit provider of counseling services, housing, and educational programs in northern New Jersey. We also renewed our management agreement to oversee the operations of Holland Christian Home, a community with a rich history similar to our own. In 2024, we hope to gain state approval to transfer ownership of Holland Christian Home to Christian Health. It brings us so much joy as an organization to continue to join like-minded organizations that share our vision so we can expand our scope of services and provide care, assistance, and hope to our community.

We have completed many extensive renovation projects, including Southgate Special Care, our therapeutic environment for those with behavioral disturbances, and Ramapo Ridge Behavioral Health, our inpatient mental health hospital. The impressive upgrades and expansions to these communities will significantly improve patient experience and increase available space so that we can extend our care to even more people who need it. We have also made significant progress in our Summer Hill of Wayne renovation project. We completed renovations to all apartments, including new appliances, kitchen cabinets, and bathroom fixtures, improved the exterior features of both buildings, and significantly expanded available parking to vastly improve the lives of the current and future residents of the independent-living community.

Our continuing care retirement community, The Vista, continues to thrive and offer its residents a vibrant place to call home. The premier community neared full occupancy for the second year since opening, and we continue to find joy in providing Vista residents with an uplifting lifestyle, a secure environment, and access to our full continuum of care.

We give thanks to God for another successful year at Christian Health. We have been blessed with many exciting opportunities to do what brings us the most joy – serving others as the hands of Christ. We look forward to the future and to continuing to build and nurture fruitful partnerships, expand our healing services, and improve the lives of our residents, patients, and clients, as well as the members of our greater community.



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LNHA, FACHE  
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CHIEF OPERATING  
OFFICER



**Thomas G. Dykhouse**  
CHAIR, BOARD  
OF TRUSTEES

# 2023 Milestones

## New Partnerships

Valeridge Center for Behavioral Health with Valley Health System

Valley Health System Wellness Programs at The Vista

## Location Upgrades

Ramapo Ridge Behavioral Health Renovations

Southgate Special Care Expansion and Renovations

Summer Hill of Wayne Renovations

## Leadership Updates

Stephen Dumke Appointed President and COO

Tom Dykhouse Elected Chair

Richard Kuder Joined the Board of Trustees

Julie Tokarski Joined the Board of Trustees

James Stanley Joined the Foundation Board of Trustees



## Featured News

### NJHA Leadership Visits Washington DC

NJHA organized this critical visit to Capitol Hill, in conjunction with the American Hospital Association's 2023 Annual Meeting, to meet with members of the NJ delegation in the U.S. Senate and House of Representatives. During those meetings, we urged our members of Congress to support providing adequate Medicare, Medicaid and other funding for hospital, post-acute and other health system quality services and workforce needs, in the midst of active debate on raising the U.S. debt ceiling and establishing a budget for the government's fiscal year.



## Awards

- 1 Kevin Stagg was named a 2023 Leaders in Finance Honoree by NJBIZ, New Jersey's leading business journal
- 2 Longview Awarded Best Assisted Living Community by NJBIZ
- 3 Mary Mariconda, Director of Hillcrest and Evergreen Court, received the Excellence in Leadership award from LeadingAge New Jersey and Delaware
- 4 Hillcrest awarded excellent annual social evaluation by the New Jersey Department of Community Affairs (NJCA)
- 5 Christian Health Awarded Best Nursing Home by Newsweek
- 6 Southgate Special Care received the Excellence in Patient Experience award from the New Jersey Hospital Association's 2023 Best at The Beach



# Volunteers

Christian Health's volunteers are generous with their time, talent, and treasure for the benefit of our residents, patients, clients, and team members. Christian Health was blessed in 2023 with over 237 individual volunteers who served 14,832 volunteer hours!

Christian Health's junior volunteers, who are 119 strong, served more than 3,100 hours. The junior volunteer program offers young adults ages 13 through 17 the opportunity to develop new skills, explore possible careers, gain self-confidence, and fulfill community service requirements.

Christian Health hosted over 50 volunteer groups on our Wyckoff, Hawthorne, and Wayne campuses and virtually. These groups include corporate and community volunteer groups, Girl and Boy Scout troops, church groups, and local elementary and high school students. The groups gave over 1,000 hours of direct volunteer service and counted virtual hours.

## Adult Volunteers

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Trudy Lier  
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Mary Madormo  
Deborah Mangot  
Kathy Marsico  
Ashley Martins  
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Halyn Xheraj  
Mondana Yazdi  
Sean Yazdi  
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Dylan Zweighaft

## Junior Volunteers

Isa Abril  
Katie Alvarez  
Alex Amitsis  
Elisabeth Amitsis  
Faith Arajuwa  
Emma Arnold  
Kaitlyn Arnold  
Arianne Asmat  
Hudson Beauchamp  
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Sofia Gutierrez  
Elizabeth Hartgers  
Kimora Henry  
Sylvia Holst  
Maddy Hryniw  
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Cooper Kastner  
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Isabelle Kim  
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Albert Wen  
Zoey Wen  
Jake Yarleque  
John Yarleque  
Sarah Yonai  
Catherine Youn  
Jordan Zacharella



over  
**237**  
individual  
volunteers

over  
**50**  
volunteer  
groups

over  
**14,832**  
volunteer  
hours

over  
**1,000**  
hours of direct volunteer  
service by groups



# Report on Giving

The Christian Health Foundation thankfully acknowledges the following individuals, churches, corporations, small businesses, community-based organizations, foundations, estates and bequests, and matching-gift organizations for their support of Christian Health from January 1 to December 31, 2023.

## Make a Donation to the Foundation

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OR VISIT  
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"Every single person that came in contact with my mother was caring, kind, and respectful and listened to her needs. They were very much an intricate part of her recovery."

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# 2023 Annual Fund

## Mental Health Matters: Christian Health Is Here for You and Your Family

### A MOTHER'S LOVE

I love my children. Our two teenage daughters, Lindsey and Laura, are the greatest gift from God. At this stage of their lives, they should be filled with hope, curiosity, and joy, but that was not the case several months ago. They were unhappy, disengaged, and depressed.

As a mother of faith, I encourage my girls to turn to God and pray during challenging times. My girls are so different, but what they have in common is that they struggle with anxiety and the ability to cope in times of stress. They needed more help than what I could give them to meet their mental health needs. We turned to Christian Health's LiveWell Counseling for help. When we met Dr. Cynthia Jalandó-On, Psychiatrist at LiveWell Counseling, our lives were forever changed for the better.

With compassionate support from Dr. Jalandó-On and my daughters' therapists, my girls began to heal. I knew this care team was the right fit for my girls. The staff at Christian Health is so loving and patient. They developed comprehensive care plans that gave Lindsey and Laura hope. Having access to this mental health care was essential for Lindsey and Laura. They deserve to live a life of happiness. Lindsey learned how to manage her fears and anxiety. When she faces challenges, she is more resilient and self-confident. Laura, who once was quiet and never expressed her feelings, is now able to talk to us about her day. She is healthier and happier! Our family dinnertimes are now filled with open conversations and gratitude.

I am so grateful for the dedicated care team at LiveWell. They are a best-in-class mental health provider who have made such an incredible impact on my daughters' lives. There is hope and healing with God's presence, and I am so thankful for LiveWell.

CAROL, MOTHER OF CLIENTS AT  
CHRISTIAN HEALTH'S LIVEWELL COUNSELING

*\*Names have been changed for patient privacy.*

Christian Health continues to meet community needs by offering mental health services in a caring and compassionate environment through three programs.

 **LiveWell Counseling**  
A Christian Health Service

 **Gracepoint**  
A Christian Health Service  
Partial-hospitalization and  
Intensive Outpatient Program

 **Ramapo Ridge Behavioral Health**  
A Christian Health Hospital

# Events



## Christian Health's Simply Spring

# \$109,000+ raised

Christian Health's Rockin' Simply Spring event was held on Thursday, April 27, 2023, at Indian Trail Club. The event was a great success, raising over \$109,000 in support of the 2023 Annual Fund to further expand and enhance our mental health services and support our Good Samaritan Fund, especially for children and young adults.

## Christian Health's Annual Golf Classic

# \$126,000+ raised

Christian Health's 34th Annual Golf Classic, held on Monday, June 5, 2023, at Knoll Country Club, was a great success, raising over \$126,000 to benefit Christian Health's 2023 Annual Fund.



## A Celebration of Excellence Gala

# \$252,000+ raised

Christian Health hosted the 10th anniversary of our A Celebration of Excellence gala on October 19, 2023. This event was a tremendous success, raising over \$252,000 to benefit our 2023 Annual Fund. Over 300 guests joined us for a memorable evening as we commemorated the 10-year legacy of our annual gala and reflected on a decade of growth as we prepare for the next ten years.



# Giving Opportunities

## Support of our 2023 Annual Fund enabled Christian Health to:

- 1 Meet the increased demand for mental health services and provide greater access to care
- 2 Enhance mental health education and awareness for our staff and members of the community
- 3 Increase support for our Good Samaritan Fund, which enables us to never turn anyone away because of an inability to pay

### WAYS TO GIVE

**Giving direct annual gifts or recurring gifts** by check or credit card allocated to the Annual Fund or a specific program

**Using your employer's matching gifts** to double or triple your gift

**Using the Grateful Patient Program** to express appreciation for care received at Christian Health

**Supporting Christian Health's Employee Fund** to recognize our team

**Hosting your own fundraiser** on behalf of Christian Health

**Supporting, sponsoring, or attending** a Christian Health Foundation-produced fundraising event

**Becoming a Member or Friend** through Christian Health's Membership Program

**Giving tribute gifts** in memory or honor of a special person or occasion

**Giving grants, gifts of stock, or legacy/planned gifts** through bequests, gift annuities, or charitable trusts

To make a tax-deductible gift or pledge to Christian Health's Annual Fund:

CONTACT SUE KELLY  
(201) 848-5799  
SKelly@ChristianHealthNJ.org

VISIT OUR WEBSITE  
ChristianHealthNJ.org/Foundation

OR SCAN OUR QR CODE



# Financial Report



## Community Benefits

Community benefits include the costs of delivering services to the greater population through health promotion and education events. It also includes the costs of traditional charity care for uninsured patients, programs such as free clinics and meal provisions (i.e. Meals on Wheels) for which a patient is not billed, and cash and in-kind donations of equipment, supplies, or staff time volunteered on behalf of the community.

	2023	2022
Christian Health billed for resident, patient, client, and consumer care in our senior life, short-term rehab, and mental-health services	\$110,161,532	\$105,934,559
and also received for other services and from other sources	\$6,162,650	\$5,005,932
<b>for a total of:</b>	<b>\$116,324,182</b>	<b>110,940,491</b>
However, since Medicaid and others pay substantially less than what we charge, and some are not able to pay for their care at all, Christian Health did not collect**	\$6,162,650	\$5,005,932
<b>That left net revenues of</b>	<b>\$91,727,204</b>	<b>\$84,050,752</b>
These revenues were used to pay for salaries, wages, and employee benefits;	\$65,256,248	\$59,307,734
other operating expenses, such as food, utilities, and insurance;	\$18,124,580	\$16,818,640
and interest and depreciation	\$7,819,737	\$7,367,535
In addition, we had net investment activity of	\$1,076,770	\$540,793
<b>As a result, Christian Health (excluding The Vista) received these net revenues that exceeded expenses, and will be used to renovate and expand our facilities, and make payments towards our long-term debt.</b>	<b>\$1,603,409</b>	<b>\$1,097,636</b>

Fund-raising and public/private grants provided \$1,900,203 and \$2,884,056 during 2023 and 2022, respectively, that were used for capital improvements and other non-operating needs.

\*\*The founding fathers of Christian Health established a facility that provided compassionate mental-health services for all individuals, regardless of ability to pay. Today, Christian Health continues this commitment based on an individual's circumstances. In 2023...

**\$891,000 of charity care** was provided for patients and clients of our mental-health services and individuals in our communities for older adults.

Additionally, **Christian Health absorbed \$8,311,300** due to the unpaid cost of Medicaid, public programs, and other indigent-care programs.

For the broader community, Christian Health participated in health fairs, presentations, and workshops; invited various organizations to utilize Christian Health meeting space; and joined efforts to improve neighborhoods' overall environments. **These activities equated to \$94,100.**

**Collectively, non-billed care and services for the community totaled \$9,296,400.**

## 2023 Active, Associate, and Courtesy Physicians

Allen M. Khademi, MD  
Vice President, Medical Affairs

### MEDICAL STAFF OFFICERS

Aijaz Nanjiani, MD  
President

Monica Dhingra, MD  
Vice President

Kalliopi S. Nissirios, MD  
Secretary

### ACTIVE STAFF

#### Psychiatry

Lara E. Adesso, MD  
Meredith M. Brandon, MD  
Monica Dhingra, MD  
Mohamed A. Elrafei, MD

Cynthia Jalando-On, MD  
Aijaz Nanjiani, MD  
Kalliopi S. Nissirios, MD  
Adriana M. Phan, MD  
Chun M. Tong, MD

#### Physical Medicine and Rehabilitation

Allen M. Khademi, MD

### ASSOCIATE STAFF

#### Dentistry

Paula Carvalho, DDS  
Rama Gvildys, DMD

#### Dermatology

Karin H. Satra, MD

#### Family Practice/Geriatric Medicine

Gamil L. Makar, MD  
Amabelle P. Pinzon, MD  
Ritu Suri, MD  
Shiraz Yussaf, MD

#### Internal Medicine

Jenny Ayala, MD  
Reyhan Berkel, MD  
Audrey Compton, MD  
Robert E. Costello Jr., MD  
Magda Eraiba, MD  
Adil Farooqi, MD  
Bennett P. Leifer, MD

David J. Nitti, MD  
Richard D. Oliver, MD  
Erica M. Rosenbaum, MD  
Hany Sourial, MD  
Domingo B. Yang Jr., MD

#### Internal Medicine/ Cardiovascular Disease

Sarika Sharma, MD

#### Internal Medicine/Hospice and Palliative Medicine

Puneeta Sharma, MD

#### Internal Medicine/Infectious Disease

Richard E. Krieger, MD

#### Internal Medicine/Wound Care

Hareesh Shaba Kane, MD

#### Neurology

Syed Jafri, MD

#### Podiatry

Edward R. Nieuwenhuis Jr., DPM  
Theresa G. Ronna, DPM  
Michelle Suh, DPM

#### Psychiatry

Daniel G. Finch, MD, PMH-C  
Howard E. Gilman, MD  
Srikanth M. Reddy, MD  
Christopher Richards, MD  
Shahan Sibtain, MD  
Alessandra Santamaria, MD  
Imtiazuddin M. Siddiqui, MD  
Joseph Siragusa, MD  
Manal Sous, MD  
Cecilia Wang, MD  
Rafik Z. Youssef, MD

### COURTESY

#### Internal Medicine

Nina Safa, MD

#### Neurology

Nancy L. Mueller, MD

#### Psychiatry

Samar Abrar, MD  
Anwar Y. Ghali, MD  
Muhammad R. Ghani, MD

Marina Haghour-Vwich, MD  
Fumitaka Hayashi, MD  
Syed A. Rasheed, MD  
Nafeesa Siddiqui, MD  
Dina Vaynberg, MD

#### Emeritus

H. Louis Chodosh, MD  
John J. Davey, MD

Gratsiana Golin, MD  
Jerome Goodman, MD  
John J. Hausman, MD  
James Kearney, MD  
Arnold Scham, MD  
Anthony Van Grouw Jr., MD

## 2023 Administration

Douglas A. Struyk, CPA, LNHA  
CEO

Stephen J. Dumke, LNHA, FACHE  
President and COO

Kevin A. Stagg, CPA  
Executive Vice President and CFO

Allen Khademi, MD  
Vice President, Medical Affairs

Antoinette Loyas  
Vice President of Operations for Senior Living Services

Jonathan F. Luden  
Senior Vice President and  
Chief Marketing and Strategy Officer

Jamie Pesci  
Vice President, Revenue Cycle  
and Privacy Officer

Edward Rizgallah, PMP  
Vice President, Information Services  
and Chief Information Officer

Alexis Totaro, MSN, RN,  
WHNP-C, CARN-AP  
Vice President/  
Administrator, Mental Health Services

Andy Van Orden,  
PT, DPT, MBA, LNHA  
Vice President/Administrator, Windmere  
Vice President, Special Projects,  
Christian Health

Robert Zierold  
Senior Vice President and  
Chief Human Resources Officer



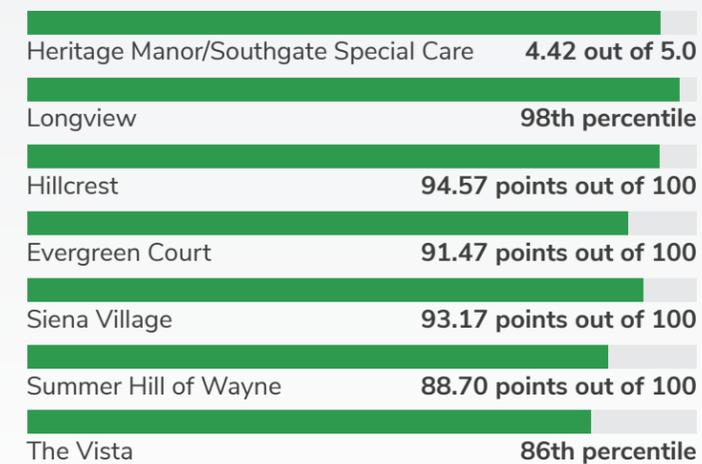
## Satisfaction Surveys: How We Rate Among Those We Serve

A top priority for Christian Health is fulfilling the needs of our residents, patients, clients, consumers, and their families. Information collected through satisfaction surveys is an invaluable tool utilized to determine those needs – and if we are meeting or exceeding them. Survey data are reviewed and analyzed, and the feasibility of suggested modifications as guidance for implementing new practices and procedures is evaluated.

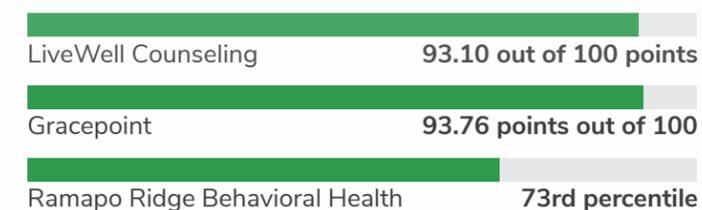
Surveys for Heritage Manor, Longview, Ramapo Ridge Behavioral Health, and Southgate Special Care were distributed and analyzed by national companies that conduct surveys in similar healthcare organizations. Satisfaction surveys for Evergreen Court, Hillcrest, Siena Village of Wayne, and Summer Hill of Wayne are conducted internally by our Service Excellence/Patient-Resident Experience Team. These results are computed as a score between 0 and 100.

## Average Scores for 2023

### SENIOR LIFE



### MENTAL HEALTH



## Accreditations and Recognition

- Gold – Excellence in Quality Award from the American Health Care Association/National Center for Assisted Living (Heritage Manor and Longview)
- Advanced Standing Status by New Jersey Department of Health and the Health Care Association of New Jersey Foundation (Longview)
- The Joint Commission (Ramapo Ridge Behavioral Health)



## Mission

The mission of Christian Health is to foster health, healing, and wellness for people of all ages in a compassionate and loving environment consistent with the Christian principles on which we were founded.

## Vision

The vision of Christian Health is to be the hands of Christ through expressions of mercy and love.

### WE ASPIRE

to live out our ministry of healing and caring to fulfill the need for quality services offered in a Christian environment.

### WE SEEK

to provide an ever-widening and enriched continuum of high-quality services.

### WE COMMIT

ourselves to the Christian principles on which we were founded, thereby enabling us to carry out God's work with integrity and compassion.



Mental Health | Senior Living | Rehabilitation

(201) 848-5200

[ChristianHealthNJ.org](http://ChristianHealthNJ.org)

