

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>  <h1>August 2025</h1> <h2>Southgate Special Care Main Lounge</h2>  </div>						
10:15-10:30 Seated Exercises 3 10:30-11:00 Elevation Worship Songs Playlist 2023 11:00-11:30 Lucky Strike Bowling (Sunroom) 11:30 Sun Valley Serenade with Musical Sequences 1941: Featuring Glen Miller (YT) 2:30 Worship Service (AUD)	10:30-11:30 Sunshine Patio Club and Lite Hits of the 60's 4 2:30-3:30 Musical Performance by Dan Furnald (C-Lounge) 4-4:30 Name 30 Items You can take to the Beach (on the whiteboard) with Christine	10:00 SG Trip Out: Scenic Ride (Ringwood) 5 10:15-10:30 Zumba Gold Fitness with Michelle Thimas 10:30-11:30 BINGO 2:30 Worship & Communion Service (AUD) 4-4:30 "History of the Hawaiian Leis" and Papaya Scents	10:20-10:50 Pet therapy with Carol and Maylee (on unit) 6 10:30-11:15 <u>Artistic Expressions: Hawaiian License Plate Craft</u> 12:00 Hawaiian Luau Candlelight Luncheon (AUD) 2:30-3:30 Root Beer Floats on the Patio and Tropical Music (weather permitting) 4-4:30 Lindi Moo Singalong	10:15-10:30 Moving to Music Exercise 7 10:45-11:20 Chaplain Time 11:30-11:45 Words Within on the whiteboard 2:15-3:15 BINGO 3:15-3:45 Sing-Along with Lyrics 4-4:30 Person, Place or Thing	10:15-11:30 <u>Grandma's Kitchen: Chocolate Whoopi Pies</u> 1 2:15-3:30 Sunning on the Patio with lemonade & Oldies hits (Weather Permitting) 4-4:30 First Letter, Last Letter Game 	10:15-10:30 Morning Stretch 2 10:30-11:30 Nature Bingo 11:30 From Present to Past: A Visual Journey Back in Time (YT) 2:15-3:15 <u>Artistic Expressions: Disco Crab Ornament</u> 3:15 Antiques Roadshow
10:15-10:30 Seated Disco Workout 10 10:30-11:00 NB Worship-Acoustic Sessions (YT)  11:00-11:15 Animal World Quiz (YT) 11:15-11:45 Tastiest Desserts in Every State 2:30 Worship Service (AUD)	10:30-11:30 Sunshine Patio Club and Steel Drum Music 11 2:15-3:00 Spanish Club: "Costa Rica: Food and Music" 3-3:30 Can You Name these 30 Objects from the Past 4-4:30 Guess the City (YT) 	10:15-10:30 Fitness Fun 12  10:30-11:30 BINGO 11:30 Pure Nostalgia: A Visual Flashback to 1950's America (YT) 2:30 Worship Service (AUD) 4-4:30 Tabletop Topics with Shannon	10:15-10:30 Noodle Fitness 13 10:20-10:50 Pet therapy with Carol and Maylee (on unit) 10:30-11:20 Creative Coloring and Café Jazz Music 2:30-3:30 Live Entertainment with John Heiserman 4-4:30 Wonders of South Africa	10:15-10:30 Chair Exercises to Swing Music 14 10:45-11:20 Chaplain Time 11:20-11:45 Powerful "I Am" Affirmations (YT) 2:15-3:15 BINGO 3:15-3:45 Rick Steves: "West England" (YT) 4-4:30 Pasta Grannies (IN2L)	10:15-11:30 <u>Grandma's Kitchen: Oatmeal Chocolate Chip Cookies</u> 15 2:30-3:30 Reminiscing Through Music on the Patio (weather permitting) 4-4:30 Food Network Chef's Top Summer Dessert Recipes 	10:15-10:30 Morning Stretch 16 10:30-11:30 BINGO 11:30-11:45 Long Forgotten Car Features (YT) 2:15-3:15 <u>Artistic Expressions: Summer is Sweet Fruit Sign</u> 3:15-3:45 Broadway Musicals Reminisce (IN2L)
10:15-10:30 Chair Exercise with Sharon 17 10:30-11:00 Elevation Worship Songs Playlist 2023 11:00-11:30 Ring Toss 11:30 To 10 Soup and Stew Videos with Guy Fieri (YT) 2:30 Worship Service (AUD)	10:30-11:30 Sunshine Patio Club and Summertime Sounds of the 50s 18 2:15-3:15 Football Bingo 3:15-3:45 Every regional style of hamburger we could find across the USA (YT) 4-4:30 Songs for Singing and Listening with Courtney	10:15-10:30 Zumba Gold Fitness with Michelle Thimas 19 10:30-11:30 <u>Artistic Expressions: Summer Beach Chair Craft</u> 2:30 Worship Service (AUD) 4-4:30 Travelogue Destination: Kauai, Hawaii	10:15-10:30 Noodle Fitness 20 10:20-10:50 Pet therapy with Carol and Maylee (on unit) 10:30-11:30 BINGO 2:30-3:30 Making Smoothies on the Patio and Elvis Music (weather permitting) 4-4:30 Mad Libs with Christine 	10:15-10:30 Balloon Volley 21 10:45-11:20 Chaplain Time 11:20-11:45 The Best Ice Cream in NYC (YT) 2:15-2:45 Would You Rather 2:45-3:30 The Good Old Days on Wheels 4-4:30 50s & 60s TV Shows theme show songs	10:15-11:30 <u>Grandma's Kitchen: Red Lobster Biscuits</u> 22 2:30-3:30 Lemonade on the Patio and Tropical Island Music (weather permitting) 4-4:30 Who/What Am I? 	10:15-10:30 Morning Stretch 23 10:30-11:00 IN2L Games: Family Feud  11-11:30 Life in America: Farrell's Ice Cream Parlour (YT) 2:15-3:15 BINGO 3:15 Crystal Gayle-Medley of Songs (Live)-YT
10:15-10:30 Seated Exercises 24 10:30-11 Top Praise Worship Songs-2024 Playlist 11-11:45 <u>Artistic Expressions: Fishing Rod Craft</u> 2:30 Worship Service (AUD) 	10:30-11:30 Sunshine Patio Club and Vintage Music 25  2:15-3:15 BINGO 3:15-3:45 Down Memory Lane: "How Things Have Changed" 4-4:30 Would You Rather: Summer Foods and Drinks Edition (YT)	10:15-10:30 Fitness Fun 26 10:30-11:00 Target Toss 11-11:30 Name That Sound 11:30 Ina Garten Deli Salad Recipes (YT) 2:30 Worship Service (AUD) 4-4:30 Duke Ellington and His Orchestra in Bergen, Norway (YT)	10:15-10:30 Noodle Fitness 27 10:20-10:50 Pet therapy with Carol and Maylee (on unit) 10:30-11:30 BINGO 2:30 Catholic Mass (AUD) 4-4:30 Down Memory Lane: "Household Jobs" 	10:15 Chair Dancing 28 10:45-11:20 Chaplain Time 11:20-11:45 I Love Lucy 2:15-3:15 Touch of Lavender with Talia and 70's lite hits 3:15 Glenn Miller: NBC Radio Broadcast 1938 (YT) 4-4:30 America's Got Talent Highlights (YT)	10:15-10:30 Disco Dancing Exercise 29 10:30-11:00 Fil in the Blank 11-11:30 Paul Anka Hits 12-1 Summer BBQ  2:15-2:45 Can Toss 2:45-3:15 Penny Ante 3:15 Neil Diamond in Concert 4-4:30 "Virtual Vacation" (IN2L)	10:15-10:30 Morning Stretch 30 10:30-11:30 Karaoke Sing along 11:30-11:45 Twenty Questions Game 2:15-3:15 BINGO  3:15 The Beatles, live in Australia 1964 Concert (YT)
10:15-10:30 In-Home Metro Active/Silver Sneakers: Motown Hits (IN2L) 10:30-11:00 Christian Karaoke (IN2L)  11:00-11:30 Family Feud (IN2L) 11:30 Fact or Fiction? 2:30 Worship Service (AUD)	<div>   <div> (IN2L) = Interactive Computer Games (AUD) = DeYoung Auditorium **Activities subject to change or cancellation at any time** </div> </div>					