




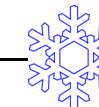


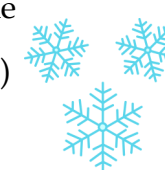
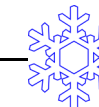











| HERITAGE MANOR WEST JANUARY 2022   |   |  |   |  |  |   |
|--|---|--|---|--|--|---|
| SUNDAY   | MONDAY  | TUESDAY  | WEDNESDAY   | THURSDAY   | FRIDAY   | SATURDAY  |
|    |   | Activities are subject to change or cancellation at anytime. <br><b>Activity Office</b><br><b>(201) 848-5869</b>                  | (BL) = Blanton Lounge<br>(WGR) = West Great Room<br>(IN2L) = Interactive Computer Games<br>(YT) = YouTube<br>(NF) = Netflix<br>(H) = Hearth Kitchen area<br>(F) = Fireplace TV area   |   |   | <b>New Year's Day 1</b><br><br>10:30 Bible Sermon: Joel Osteen (YT) (BL)<br>11:00 Rise & Shine Exercise (BL)<br>2:15 New Year's Around the World (YT) (BL)<br>3:00 New Year's Trivia (BL) |
| <b>2</b><br>Eucharistic Minister Visits, Room-to-Room in the a.m.<br>10:15 Claim your bingo prize (Room-to-Room)<br>2:30 Worship Service with Rev. Phyllis Palsma (BL)   | <b>3</b><br>10:15 New Year's Scattergories (BL)<br>11:00 Rise & Shine Exercise (BL)<br>2:15 Bingo (WGR)                              | <b>4</b><br>10:15 Arts & Crafts: Zendoodle Wrap (BL)<br>2:15 Yanni, Live in Concert 2006 (YT) (BL)<br>6:15 Friendly Room Visits    | <b>5</b><br>10:15 Who or What is it Game (BL)<br>11:00 Rise & Shine Exercise (BL)<br>2:15 Swan Lake, Part 1 (YT)<br>6:30 Bingo (WGR)  | <b>6</b><br>8:15 Breakfast with the Chef (WGR)<br>10:15 Family Feud (IN2L) (BL)<br>11:00 Rise & Shine Exercise (BL)<br>2:15 Swan Lake, Part 2 (YT) (BL)  | <b>7</b><br>10:15-11:00 People of Faith (BL)<br>11:10-11:30 Rosary (BL)<br>2:15 Bingo (WGR)<br>6:30 Wii Games (WGR)       | <b>8</b><br>10:30 Elvis Presley, Live in Concert (YT) (BL)<br>2:15 Elvis Presley's Favorite Snack: Grilled Peanut Butter and Banana Sandwiches & Elvis Songs (BL)                         |
| <b>9</b><br>Eucharistic Minister Visits, Room-to-Room in the a.m.<br>10:15 Claim your bingo prize (Room-to-Room)<br>2:30 Worship Service with Rev. Dawn Rivers (BL)  | <b>10</b><br>10:15 Thirty Greatest Manmade Wonders of the World (YT) (BL)<br>11:00 Rise & Shine Exercise (BL)<br>2:15 Bingo (WGR)  | <b>11</b><br>10:15 Arts & Crafts: Bottle Penguin (BL)<br>2:15 Classic Cuisine: Hot Cocoa Cookies (H)<br>6:15 Friendly Room Visits  | <b>12</b><br>10:15 Finish the Phrase (BL)<br>11:00 Rise & Shine Exercise (BL)<br>2:15 Guess the 50 & 60's TV Show Theme Song (YT) (BL)<br>6:30 Bingo (WGR)   | <b>13</b><br>8:15 Breakfast with the Chef (WGR)<br>10:15 Rick Steve's Egypt: Yesterday and Today (YT) (BL)<br>11:00 Rise & Shine Exercise (BL)<br><b>2:15 Winter Wonderland Social (WGR)</b>  | <b>14</b><br>10:15-11:00 People of Faith (BL)<br>11:10-11:30 Rosary (BL)<br>2:15 Bingo (WGR)<br>6:30 Who Wants to be a Millionaire (IN2L) (BL)   | <b>15</b><br>10:30 In-Touch with Dr. Charles Stanley (BL)<br>11:00 Rise & Shine Exercise (BL)<br>2:15 Words Within on the Whiteboard (BL)<br>3:00 I Love Lucy Show                        |
| <b>16</b><br>Eucharistic Minister Visits, Room-to-Room in the a.m.<br>10:15 Claim your bingo prize (Room-to-Room)<br>2:30 Worship Service with Rev. Tim Dunn (BL)    | <b>Martin L. King, Jr. Day 17</b><br>10:15 Decades Presents 1968: Martin Luther King, Jr. (YT) (BL)<br>11:00 Rise & Shine Exercise (BL)<br>2:15-3:15 Bingo (WGR)  | <b>18</b><br>10:15 Arts & Crafts: Acorn Winter Bird Craft (BL)<br>2:15 Ladies Beauty Spa (BL)<br>2:15 All Star Swing Festival, Goodman and More (YT) (F)<br>6:15 Friendly Room Visits                                | <b>19</b><br>10:15 Creative Coloring: Winter Coloring Pages (BL)<br>11:00 Rise & Shine Exercise (BL)<br>2:30-3:00 Catholic Communion Service from St. Elizabeth (BL)<br>3:15-3:45 Protestant Communion Service (BL)<br>6:30 Bingo (WGR)  | <b>20</b><br>8:15 Breakfast with the Chef (WGR)<br>10:15 Name that Tune (IN2L) (BL)<br>11:00 Rise & Shine Exercise (BL)<br>2:15 Classic Cuisine: Monkey Bread Recipe (H)   | <b>21</b><br>10:15-11:00 People of Faith (BL)<br>11:10-11:30 Rosary (BL)<br>2:15 Bingo (WGR)<br>6:30 Wii Games (WGR)    | <b>22</b><br>10:30 Bible Trivia on the IN2L (BL)<br>11:00 Rise & Shine Exercise (BL)<br>2:15 Coffee/Tea & Pie Social and at 2:45 Brain Busting Trivia on the IN2L (BL)                    |
| <b>23/30</b><br>Eucharistic Minister Visits, Room-to-Room in the a.m.<br>10:15 Claim your bingo prize (Room-to-Room)<br>2:30 Worship Service with Rev. Phyllis Palsma (BL)   | <b>24/31</b><br>10:15 Trivia on the IN2L (BL)<br>11:00 Rise & Shine Exercise (BL)<br>2:15 Bingo (WGR)                              | <b>25</b><br>10:15 Arts & Crafts: Glittery Mason Jar Snow Globes (BL)<br>2:15 Bocce Ball (BL)<br>6:15 Friendly Room Visits       | <b>26</b><br>10:30 Resident Council, Menu Planning, Activity Planning Meeting (BL)<br>2:15 La Bayadere, Ballet Concert, Part 1 (YT)<br>6:30 Bingo (WGR)    | <b>27</b><br>8:15 Breakfast with the Chef (WGR)<br>10:15 Currency Fun Facts (BL)<br>11:00 Rise & Shine Exercise (BL)<br>2:15 La Bayadere, Ballet Concert, Part 2 (YT) (BL)   | <b>28</b><br>10:15-11:00 People of Faith (BL)<br>11:10-11:30 Rosary (BL)<br>2:15 Bingo (WGR)<br>6:30 Words Within (BL)  | <b>29</b><br>10:30 Hymn Sing with Theresa (BL)<br>11:00 Tai Chi Cha (Meditation Exercises) (BL)<br>2:15 Supermarket Sweep (BL)<br>3:00 The Honeymooners (BL)                              |