

HERITAGE MANOR EAST GREAT ROOM JANUARY 2022

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

JANUARY



Activities take place in the East Great Room unless otherwise noted.

Activities in RED take place in the East Media Room. (by fish tank)

Activities and times are subject to change and/or cancellation.

Activity Office
(201) 848-4249

New Year's Day 1

10:15-12:00 Friendly Visits and New Years Word Puzzles
10:15 Corner TV Theatre Movie
2:15 Matinee (Corner TV Theatre)
2:15-3:45 Traveling Activity Cart and Room Visits



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10:15-11:45 Activities on the Go and Friendly Visits
10:15 Corner TV Theatre Movie
2:15 Matinee (Corner TV Theatre)
2:15-3:45 Traveling Treat Cart (DEF wings)



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10:30 Stretch & Hydrate
10:45 Chaplain Time
11:00 Winter Whiteboard Words (MR)
11:00 Sing Along with Suzy Q!
12:00 The Honeymooners
2:15 BINGO
3:15 The Carol Burnett Show



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10:15 Stretch & Hydrate
10:30 Glitter Snowflakes (MR)
10:30 Wild Winter Animal Moments and Calm Hand Massage
12:00 Music of Doris Day
2:30 Worship Service
3:15 Adorable animals playing in the snow compilation

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10:15 Morning Meditation
10:30 BINGO
10:30 Winter Coloring Pages and Relaxing Aromatherapy (MR)
12:00 Classic Broadway Hits
2:15 Winter A-Z Game
2:15 Men's Club: Rust Valley Restorers (MR)
3:15 Tony Bennett in concert

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10:15 Stretch & Hydrate
10:30 Funniest Home Videos
10:30 Taste of Memories: Snowy Kiss Cookies (MR)
12:00 Music of the Rat Pack
2:15 Whiteboard Games with Ken & Phyllis (MR)
2:15 Relaxing Winter Spa
3:15 Ozzie and Harriet

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10:15 Stretch & Hydrate
10:30 Elvis Day! Elvis Concert: Live in Hawaii
11:30 Travelogue: Graceland
12:00 Elvis Greatest Hits
2:15 BINGO
3:30 Modern Marvels: How Ice Cream is Made



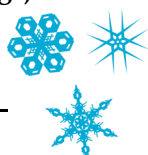
8

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10

10:15 Stretch & Hydrate
10:45 Chaplain Time
11:00 Name 10 Game-All Things Winter (MR)
11:00 Relaxing Music and Winter Scenes
12:00 Best of George Gershwin
2:15 BINGO
3:15 The Andy Griffith Show

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10:15 Stretch & Hydrate
10:30 Taste of Memories: Buttery Biscuits with Jam (MR)
10:30 Martha Stewart's Cranberry Scones Recipe Video
11:00 Antiques Roadshow
12:00 Classical Piano Music
2:30 Worship Service
3:15 Hymns of Faith



12

10:15 Stretch & Hydrate
10:30 BINGO
10:30 Magical Andes (NF) (MR)
12:00 Winter Harp Melodies
2:15 Wacky Winter Wednesday Social - wear your WACKIEST clothes!



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10:15 Stretch & Hydrate
10:30 God's Love Craft (MR)
10:30 Olympic Figure Skating
11:30 Sledding Reminisce
12:00 Music of Conway Twitty
2:15 Who, What, Where? with Ken and Phyllis (MR)
2:15 Hope for the Heart
3:00 Rosary with Theresa

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10:15 Stretch & Hydrate
10:30 Fact or Fiction? (MR)
10:30 International Kite Festival and Shoulder Massages
11:00 How it's Made: Kites
12:00 50's Doo-Wop
2:15 BINGO
3:30 Broadway's Greatest Hits



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Martin Luther King Jr Day 17

10:15 Stretch & Hydrate
10:45 Chaplain Time
11:00 The Life of Martin Luther King Jr. (YT)
11:00 What was the Price? (MR)
12:00 Music of Duke Ellington
2:15 BINGO
3:15 Recipe Reading: Classic Cozy Mac and Cheese

18

10:15 Stretch & Hydrate
10:30 Taste of Memories: Banana Puddin' (MR)
10:30 The Heart of Hawaii: Oahu Islands
11:00 Classic Hawaiian Recipes
12:00 Fun Ukulele Music
2:30 Worship Service
3:15 How It's Made: Coffee

19

10:15 Morning Meditation
10:30 BINGO
10:30 Moving Art (NF) (MR)
12:00 Music of Judy Garland
2:00-4:00 Afternoon Cinema and Refreshments: The Wizard of Oz



20

10:15 Stretch & Hydrate
10:30 Classic Country Recipe Reminisce
10:30 Monthly Biography and Trivia: Dolly Parton (MR)
2:15 Friendly Room Visits with Ken & Phyllis
2:30 Resident Council (WGR)

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10:15 Stretch & Hydrate
10:30 Snowman Ornament Craft (MR)
10:30 World's Fair Reminisce
11:00 Beautiful Lakes of the World
12:00 Music of Celine Dion
2:15 BINGO
3:30 Old Time Radio Show



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23/30

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10:15 Corner TV Theatre Movie
2:15 Matinee (Corner TV Theatre)
2:15-3:45 Traveling Treat Cart (ABC wings) on the 23rd
2:15-3:45 Traveling Treat Cart (DEF wings) on the 30th

24/31

10:30 Stretch & Hydrate
10:45 Chaplain Time
11:00 Family Feud on the IN2L (MR)
11:00 Travelogue: Norway's Fjords on the 24th
11:00 Travelogue: Italy on the 31st
12:00 Oldies Hits
2:15 BINGO
3:15 This was the Decade: 1940's

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10:15 Stretch & Hydrate
10:30 Taste of Memories: Oatmeal Energy Balls (MR)
10:30 Winter Word Searches and Cranberry Aromatherapy
11:00 Winter Gardens of the World
12:00 Music of Lena Horne
2:30 Worship Service
3:15 Art of the 1940's

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10:15 Stretch & Hydrate
10:30 BINGO
10:30 Travelogue: Australia (MR)
12:00 Harp Music of Heloise de Jenis
2:15 Winter Snowman Social



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10:15 Stretch & Hydrate
10:30 Winter Tree Craft (MR)
10:30 Winter Scenes and Pine Scents
2:15 Coloring Winter Banners with Ken and Phyllis (MR)
2:15 Hope for the Heart
3:00 Rosary with Theresa

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10:15 Stretch & Hydrate
10:30 Karaoke on the IN2L! (MR)
10:30 Name That Tune: Classic Television Shows of the 50's
11:00 Tabletop Sensory
12:00 Relaxing Jazz Café
2:15 BINGO
3:30 Johnny Carson Classics

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