

20

An **Extraordinary** Year

Annual  
Report  
to the  
Community

7



Christian  
Health Care  
Center

## Mission

Christian Health Care Center fosters health, healing, and wellness for people of all ages in a compassionate and loving environment consistent with the Christian principles on which we were founded.

## Vision

We seek to be the hands of Christ through expressions of mercy and love. We aspire to live out our ministry of healing and caring to fulfill the need for quality services offered in a Christian environment. We seek to provide an ever-widening and enriched continuum of high-quality services. We commit ourselves to the Christian principles on which we were founded, thereby enabling us to carry out God's work with integrity and compassion.

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“ Push your boundaries beyond the ordinary; be that ‘extra’ in extraordinary. ” — ROY T. BENNETT

**Merriam-Webster defines extraordinary as going beyond what is usual, regular, or customary; exceptional to a very marked extent.** That defines Christian Health Care Center (CHCC). Our senior-life, mental-health, and short-term rehab services, programs, and residences expanded in size and scope in 2017. We received significant recognition on state and national levels. We reached out to help people locally and across the country. All was possible with God’s blessings and a steadfast commitment to our mission.

## SENIOR LIFE

Our senior life residences grew significantly with the acquisition of **Summer Hill at Wayne**. This affordable senior-housing complex includes 140 one-bedroom and 24 two-bedroom apartments. Here, we introduced a dining program, expanded activities, and made numerous improvements to building grounds, exteriors, and interior common areas.

Summer Hill, combined with **Siena Village at Wayne** and Evergreen Court in **Wyckoff**, raises CHCC’s total number of affordable senior-housing apartments to 454. These communities offer more than just a home for seniors. We designed them to address our residents’ physical, emotional, and spiritual needs.

**The Longview Assisted Living Residence** was transformed through a major renovation and refurbishment project, thanks to our 2015 and 2016 Annual Funds. In Longview, a new Village Café was created, the Great Room expanded, and the Private Dining Room, salon, and rehab/wellness center refurbished. In the Courtyard, Longview’s community for individuals in early- to mid-stages of memory loss and dementia, the Activity Room was renovated and expanded, and two additional semi-private resident suites were added.

**Southgate** behavior-management unit marked 20 years of service. Our special-care inpatient skilled-nursing residence is one of only four such programs in New Jersey. Treatment addresses and modifies combative, disruptive, and disturbing behavior associated with dementia and other forms of cognitive illnesses. Renovations and refurbishments to Southgate will begin in 2018.

**Christian Health Care Adult Day Services of Wayne and Wyckoff** were the recipients of three new vans courtesy of a NJ Transit grant program. To date, we have received nine vans through this program. They are vital to our ability to





Asia Shindelman, Siena Village resident and Holocaust survivor

transport clients in more than 50 North Jersey towns to our locations. Each year, the fleet of vans travels nearly 162,000 miles!

The nearly 1,100 seniors entrusted to our care have valuable experiences, which have often framed their lives. Their stories are shared through our **Resident Speakers Bureau**, which was established in 2017. Presentations included a Siena Village resident describing her deeply moving story as a Holocaust survivor, and a Summer Hill resident revealing fascinating behind-the-scenes stories of his days as an audio technician for Broadway shows.



Christain Health Care Counseling Center child and adolescent area

## MENTAL HEALTH

To help parents and their children feel more comfortable, **Christian Health Care Counseling Center** unveiled a designated child and adolescent area. The section, which includes a reception desk, waiting room, and playroom, offers privacy, safety, and a warm, caring setting. Children's anxieties are eased by being able to play during an appointment, and adolescents value privacy while waiting.



Ramapo Ridge Partial-hospitalization Program

The **Ramapo Ridge Partial-hospitalization Program (RRPP)** introduced dialectical behavior therapy (DPT), a cognitive-behavioral treatment. DPT, a relatively new therapy, emphasizes individual psychotherapy and group skills training classes to help individuals set goals, and learn and use new skills and strategies. It focuses on skills for mindfulness, emotion regulation, distress tolerance, and interpersonal effectiveness. DPT has proven to be exceptionally successful among RRPP consumers.



Bolger Gym & Wellness Center

## SHORT-TERM REHAB

Our **short-term rehab** program expanded with the introduction of outpatient services at our main Wyckoff campus, and in Wayne at Siena Village, Summer Hill, and Christian Health Care Adult Day Services. For inpatients, our outpatient service enables individuals to seamlessly continue therapy with the same team. This continuum of care helps ensure ongoing improvement in physical, occupational, and speech therapy. People who were not inpatients at CHCC benefit just as well from our expert team, modern technology, and progressive approaches.



Short-term outpatient rehab

Short-term rehab also introduced pre-surgery conditioning known as prehab. Depending upon the surgery or illness, prehab as early as six weeks prior to surgery allows patients to build strength and range of motion, and improve functional mobility, expediting the overall recovery process.

## THE VISTA

By the end of 2017, groundbreaking was in sight for **The Vista**, North Jersey's newest Continuing Care Retirement Community, for independent adults 62 and older on CHCC's Wyckoff/Hawthorne campus! More than 140 people have reserved their brand-new Vista apartment homes, and many floorplans were sold out! At The Vista Information Center, active seniors from throughout North Jersey met with a Vista Residency Counselor to review contract options, select floorplans, and learn about the financial and health benefits of life at The Vista.

Members of the Vantage Club – individuals who have made a 10-percent deposit in advance of the opening – were invited to social events and special presentations, including one by *New York Times* bestselling novelist Chris Crowley. The author of "Younger Next Year" shared how basic behavioral changes can help us delay most of the normal physical problems of aging and eliminate many serious illnesses and injuries.



The Vista exterior



The Vista aquatic center



## PRESTIGIOUS RECOGNITIONS AND ACCOLADES

**Ramapo Ridge Psychiatric Hospital (RRPH)** earned the distinction of *Disease-specific Care Certification in the Management of Dementia* from The Joint Commission (TJC), the premier health-care quality improvement and accrediting body in America. RRPH is the only hospital in New Jersey and one of only two in the nation to earn this certification.

Additionally, RRPH underwent a successful triennial survey by TJC. The survey team performed an exhaustive review of our compliance with the multitude of TJC hospital and behavioral standards during this unannounced visit. The team was very complimentary of many clinical best practices, diligent attention to building conditions, devotion to safety, and commitment to quality.

**Heritage Manor Nursing Home, Southgate** behavior-management unit, and **Longview** received a Silver National Quality Award from the American Health Care Association and the National Center for Assisted Living. We were the only Bergen County organization to receive the Silver award. Last year, CHCC was awarded the Bronze award. In 2018, we are eligible to apply for the Gold in this prestigious award program. Heritage Manor once again received a Five-Star Quality Rating from the Centers for Medicare and Medicaid Services, and was again recognized as one of the Best Nursing Homes in America by *US News & World Report*.

Longview once again received Advanced Standing status from the Health Care Association of New Jersey and the New Jersey Department of Health. This is the





Hany Sourial, MD

sixth consecutive year that Longview has received the designation since it was developed six years ago. Longview also received a 2017 Excellence in Action Award from NRC Health for outstanding resident satisfaction. Longview renovations received national recognition for design excellence by *Environments for Aging* magazine.

**Hillcrest Residence** underwent a deficiency-free survey by the New Jersey Department of Community Affairs (DCA). Many areas of compliance with care and services, resident records, and facility requirements were assessed on this unannounced survey.

On an individual level, our employees received recognition, as well. **Hany Sourial, MD, Heritage Manor’s Medical Director**, was elected as Fellow to the American College of Physicians, an internationally respected and diverse community of internal- medicine specialists and subspecialists united by a commitment to excellence. **Raymond Finamore**, Plant Operations, was named Caregiver of the Year by the Health Care Association of New Jersey and was also the recipient of the Excellence in Care Award presented by LeadingAge New Jersey. Both are associations for non-profit senior organizations. LeadingAge New Jersey also recognized **Elisabeth Micich-Otero, MSN, RN-BC**, Quality and Education, for Professional Advancement.



Elisabeth Micich-Otero, MSN, RN-BC, and Raymond Finamore

**Center Life**, our quarterly magazine with a circulation of 76,000, received a Gold Aster Award. The program is an elite, national competition dedicated to recognizing outstanding excellence in medical marketing. CHCC publications have received 32 awards over the past 16 years.



Julie Holland



Beth Spoelstra, MSN, RNC-OB, CPHQ

## NEW TRUSTEES EXPAND EXPERTISE AND INSIGHT

**Julie Holland** and **Beth Spoelstra, MSN, RNC-OB, CPHQ**, were elected to the CHCC Board of Trustees. Ms. Holland is the Chief Risk Officer for Atlantic Stewardship Bank, and Ms. Spoelstra is the Lead Clinical Informatician at Hackensack Meridian Health Pascack Valley Medical Center and Ardent Health, Nashville, TN.

The CHCC Foundation welcomed **Kathleen Entwistle, CFP, CDFA**; **John Plum**; and **Andrew Aran, CFA**, to its board of trustees. Ms. Entwistle is the Senior Vice President, Private Wealth Advisor – Wealth Management at UBS Financial Services. Mr. Plum is the founding partner of Emery, Kim Global Advisors LLC, and Mr. Aran is a partner of Regency Wealth Management.



Kathleen Entwistle, CFP, CDFA



John Plum



Andrew Aran, CFA

In 2018, the Foundation will welcome **Sandra DeYoung, RN, EdD**; **Sue Head**; and **Carl Rizzo, Esq.**, to the board. Dr. DeYoung is the former Dean of the College of Science and Health at William Paterson University. Collectively, she served on the

CHCC Board of Trustees for 27 years, including five as Chair. Ms. Head is a consultant to non-profit organizations and was previously a Philanthropic Specialist for Wells Fargo and its predecessor organizations. Mr. Rizzo is Co-chairman of Cole Schotz’s Real Estate Property Tax Appeal sub-practice group and a member of the firm’s commercial litigation department.



Sandra DeYoung, RN, EdD



Sue Head

## CARING BEYOND CAMPUS

Following Matthew 25:40 – “Inasmuch as ye have done it unto one of the least of these my brethren, ye have done it unto me” – CHCC extended its caring missions to communities around the corner and across the country. Locally, through the CHCC Outreach Team, employees, residents, and volunteers donated baby items for Oasis Baby Pantry, pop tabs for Ronald McDonald House in Long Branch and New Brunswick, school supplies for children in need, Thanksgiving food items for Star of Hope Ministries, and holiday toys for Eva’s Village Holiday Shoppe and Millicent Fenwick House. We aided victims of Hurricanes Harvey in Texas, Irma in Florida, and Maria in Puerto Rico through prayers and through contributions to the American Hospital Association, LeadingAge, and American Red Cross.



Carl Rizzo, Esq.

**Our extraordinary year would not have been possible without the extraordinary support of our donors and the community, as noted throughout the next several pages.** With this dedication and the blessing of God’s guidance, we have fostered health, healing, and wellness for people of all ages for 106 years. Our mission guides us as we continue to respond to the needs of those we serve while remaining committed to the Christian principles upon which we were founded.



*Douglas A. Struyk*

**Douglas A. Struyk, CPA, LNHA**  
PRESIDENT AND CEO  
CHRISTIAN HEALTH CARE CENTER



*Gordon D. Meyer*

**Gordon D. Meyer, Esq.**  
CHAIR, BOARD OF TRUSTEES  
CHRISTIAN HEALTH CARE CENTER



*Gordon Stanley*

**Gordon Stanley**  
CHAIR, BOARD OF TRUSTEES  
CHRISTIAN HEALTH CARE CENTER FOUNDATION

# New Volunteer and Community Outreach Coordinator makes history

Caroline Silva became part of Christian Health Care Center (CHCC) history in 2017 when she was named the third Volunteer and Community Outreach Coordinator in its 107-year heritage.

“I have spearheaded volunteer programs in several different health-care settings,” Ms. Silva says. “Christian Health Care Center truly has the most caring environment.”

Volunteers have been instrumental to CHCC’s growth since its founding in 1911. They worked tirelessly to raise funds to convert a 17-room farmhouse into what would become New Jersey’s first private psychiatric hospital. Some walked miles from nearby towns to perform the actual renovation. CHCC’s formal volunteer program launched in March 1961. Volunteers at the inception were known as Cherry Blossoms in reference to the color of their smocks. The Junior Volunteer program for teens 13 to 17 was established in 1990.

Today’s volunteer force of 193 adults and teenagers annually donates approximately 11,000 hours of their time and talent to CHCC.

“Christian Health Care Center volunteers truly embrace the mission,” Ms. Silva says. “I’m impressed by how long some volunteers have served here.”

Volunteers perform a broad range of

**“ Christian Health Care Center volunteers truly embrace the mission. I’m impressed by how long some volunteers have served here. ”**

— CAROLINE SILVA



Caroline Silva, right, Christian Health Care Center (CHCC) Volunteer and Community Outreach Coordinator, with Anees Ali, CHCC volunteer and Evergreen Court resident

duties, from helping with activities and making friendly visits with residents to organizing and assisting at fundraisers, to serving on the boards of trustees and other committees.

“We have so many opportunities to volunteer at CHCC because we have such diverse programs and needs,” Ms. Silva says. “I am particularly impressed by the number of former short-term rehab patients who express interest in volunteering. They appreciated the assistance volunteers provided to them when they were patients and now they want to pay it forward.”

Moving the volunteer program “technology forward” is a top priority. This entails not only infrastructure on the backend, such as upgrading volunteer-data software, but also ensuring that volunteer services are in line with “online.”

“As technology is changing, we are trying to anticipate needs,” Ms. Silva explains. “For instance, one of our independent seniors at Hillcrest Residence asked if a Junior Volunteer could teach her how to use an iPad so she could communicate with her grandchildren.”

As CHCC continues to grow, so, too, will the volunteer program - in size, scope, and service.

“Volunteers give so much and they get so much,” Ms. Silva says. “Volunteering boosts health, lowers stress, and offers companionship.”

**For more information on volunteering at Christian Health Care Center, contact Caroline Silva at (201) 848-5797 or [csilva@chccnj.org](mailto:csilva@chccnj.org), or visit [ChristianHealthCare.org](http://ChristianHealthCare.org).**

## 2017 Volunteers

Christian Health Care Center (CHCC) is blessed with a team of dedicated individuals who volunteer their time and talent for the benefit of CHCC and its residents, patients, clients, consumers, families, and staff.

|                           |                          |                                   |
|---------------------------|--------------------------|-----------------------------------|
| Rachel Agnello            | Susan Grossberg          | Josephine Peters                  |
| Anees Ali                 | Margaret Grosso          | Erika Pianin                      |
| Betty Almroth             | Marilyn Guskind          | John Plum                         |
| Matthew Antonucci         | Kelly Hafers             | Janice Post                       |
| Andy Aran                 | Jean E. Hagan            | Thomas Potenza                    |
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| Rev. Dave Bach            | Robin Harrington-Burgess | Sharon Quan                       |
| Claire Bachner            | Paul Heemskerck          | David Reiter                      |
| Dottie Balkema            | Don Hellar               | Mark Reistma                      |
| Carole Bechtold           | Julie Holland            | Ann Rizzo                         |
| Christine Becker          | Bella Hopper             | Olimpia Rubino                    |
| Lauren Benanti            | AnnaMae Hulsebos         | David J. Ruitenbergh, Esq.        |
| Chanel Borduin            | Herman Jeffer, Esq.      | Clarene "Joyce" Saltenberger      |
| Linda Brock               | Edwin Johanson           | Clara Sanchez                     |
| Patricia Burwitz          | Tara Kataw               | Barbara Sayah                     |
| Louise Butler             | Cindy Kiefer             | Joseph Scordato                   |
| Barbara Carney            | Lois Klas                | Barbara Severi-Colman             |
| Matthew Carpenter         | Donald Klingen           | Amy E. Shotmeyer, Esq.            |
| Susan Chandler            | Marion Klingen           | Marsha Shotmeyer                  |
| Daniel Chappell           | Wilma Kohere             | Bernice Siegers                   |
| Patricia Christian        | Karen Koromhas           | Sigrid Smith                      |
| Al Claeys                 | Beth Kramer              | Beth Spoelstra, MSN, RNC-OB, CPHQ |
| Hayley Clarke             | Robin Kreitner           | Gordon Stanley                    |
| Virginia Clarke           | Matthew D. Kuiken        | Beth Staples                      |
| Ashley Cofone             | Marissa LeBlanc          | Gail Sternitzke                   |
| June Cofone               | Wayne Lemme              | Bettina Stone                     |
| Diana Connolly            | Trudy Lier               | Joyce Streefman                   |
| Benjamin Costa            | Al Lowitt                | Peter Streefman                   |
| Irene Darby               | Joan Mabie               | Carmella Talvy                    |
| Ethel De See              | Diane Macaluso           | Meme Terpstra                     |
| Abigail De Bel            | Brianna Manobianco       | Bernard Tolsma Jr.                |
| Rick De Bel               | John Marelic             | Rena Tolsma                       |
| Kristen Delcalzo          | Kathy Marsico            | Jessica Turrizzi                  |
| Catherine Delicato        | Toni McAlevey            | Rita Ann Valvano                  |
| Henry Driesse             | Penny McCulloch          | Pastor Howie Van Dyk              |
| Thomas G. Dykhouse        | Joe McDonald             | Judy Van Dyke                     |
| Maryanne Elsaesser        | Linda McLoof             | Betty Vander Plaat                |
| Kathleen Entwistle        | Brittany McNaboe         | Peter Vander Pyl                  |
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| Michael Gabrian           | Nicholas Murray          | Donald Westra Jr.                 |
| Esther Galo               | Oneefa Murray            | Ellsworth P. Whiteman             |
| Frederica "Fritzi" Garvey | Peg Narin                | Susan Winter                      |
| Caroline Gibbs            | Joyce Ochs               | Marie Wisher                      |
| Rev. Rod Gorter           | Craig Ollenschleger      | Ruth Ann Wynbeek                  |
| Sue Graglia               | Lynne Perez              | Marjorie Zimmerman                |
| Stanley Grossberg         | Bill Peters              |                                   |

## 2017 Junior Volunteers

Through the Junior Volunteer program, young adults 13 to 17 years old are provided with the opportunity to discover their talents, explore career options, learn new skills, gain self-confidence, fulfill school and church community-service requirements, and share in Christian Health Care Center's (CHCC) mission and vision.

|                    |                     |
|--------------------|---------------------|
| Katy-Ann Alexander | Sydney Mastropasqua |
| Tommy Alexander    | Gianna Nicosia      |
| Jessica Buggs      | Stephen Owens       |
| Andrew Caradonna   | Erin Palermo        |
| Celeste Carione    | Micaela Quijano     |
| Casey Chan         | Colin Ramos         |
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| Annika Dhingra     | Jenna Squasoni      |
| Myra Dhingra       | Melina Stamis       |
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| Aidan Goettlicher  | Jamie Stockton      |
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“Volunteers give so much and they get so much. Volunteering boosts health, lowers stress, and offers companionship.”

— CAROLINE SILVA

For more information on becoming a CHCC volunteer or Junior Volunteer, contact Caroline Silva at (201) 848-5797 or [csilva@chccnj.org](mailto:csilva@chccnj.org), or visit [ChristianHealthCare.org/Volunteer](http://ChristianHealthCare.org/Volunteer).

# Foundation Report

The Christian Health Care Center (CHCC) Foundation is a charitable organization under the leadership of a board of trustees comprised of community leaders. Its mission is to encourage the community to support and pray for CHCC's mission to foster health, healing, and wellness for people of all ages.

The Foundation thankfully acknowledges the following individuals, churches, corporations and small businesses, estates, foundations, community organizations, and matching-gift organizations for their significant support of CHCC between January 1 and December 31, 2017.

**To make a donation to the CHCC Foundation, contact Sue Kelly at (201) 848-5799 or [skelly@chccnj.org](mailto:skelly@chccnj.org), or visit [ChristianHealthCare.org/Donate](http://ChristianHealthCare.org/Donate).**

## Individuals

Names in **green** are 2017 Christian Health Care Center Members. **For more information about membership, contact Mellanie Chen at (201) 848-4312 or [mchen@chccnj.org](mailto:mchen@chccnj.org), or visit [ChristianHealthCare.org/Foundation/Membership](http://ChristianHealthCare.org/Foundation/Membership).**

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Christian Health Care Center 



## Expanded Golf Classic raises more than \$128,000

The Christian Health Care Center (CHCC) 28th Annual Golf Classic, held at Knoll Country Club in Parsippany, raised more than \$128,000 for CHCC's 2017 Annual Fund. The event attracted 135 golfers and 21 dedicated volunteers.

The traditional morning and afternoon shotgun starts were complemented by a 75-minute customized yoga session for all skill levels provided by Michele O'Shea, owner of O'Shea Yoga, Wyckoff; 90-minute golf clinic instructed by the Knoll Country Club golf pro; and a Health and Wellness Showcase. These new additions to the tournament were very well received as guests enjoyed perusing the health and wellness booths, brushing up on their golf game, and enjoying the ancient practice of connecting mind, body, and soul through yoga in the quiet and cool shade of the country-club grounds. The Golf Classic culminated with an awards dinner and silent auction.

Corporate sponsors included Atlantic, Tomorrow's Office; PharmScript; Patient Care Associates; Kuiken Brothers Co. Inc.; and WB Mason. Windels Marx Lane & Mittendorf was the Front Nine Sponsor. Aramark, Cornell Surgical Supply, Eventus Strategic Partners, Jeffer Hopkinson & Vogel, New Jersey Respiratory Associates, Shotmeyer Bros., The Rasa Group, and Wayne Tile were Platinum Sponsors.

The Golf Classic Committee, which organized the annual outing, was co-chaired by Rick De Bel and Edward Nieuwenhuis Jr., DPM. Committee members included John Gunther, Bill Haggerty, Don and Marion Klingen, Bill Munn, and Gordon Stanley.

Jeff Moen of Atlantic, Tomorrow's Office scored the lowest gross score in the tournament. The Team Best Ball Low Net prize went to Chris Sylvia, Tom Xenakis, Scott Ebling, and Antonio Foster of Concord Engineering.

**To learn more about the Annual Golf Classic, contact Darcy Bickert at (201) 848-5796 or [dbickert@chccnj.org](mailto:dbickert@chccnj.org), or visit [ChristianHealthCare.org/Golf](http://ChristianHealthCare.org/Golf). To support CHCC, visit [ChristianHealthCare.org/Donate](http://ChristianHealthCare.org/Donate).**



The foursome representing Columbia Bank are, from left, Jennifer Scheck, Erik Larsen, Steve Long, and Erika Merrifield. The bank was a Gold sponsor.



Rick De Bel, left, and Ed Nieuwenhuis Jr., DPM, once again chaired the Christian Health Care Center Annual Golf Classic.



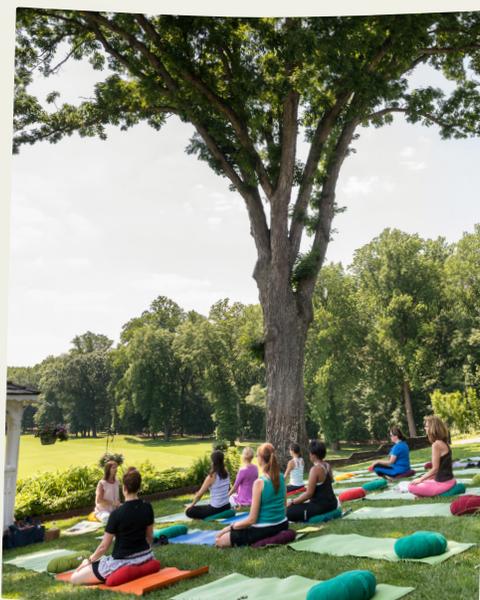
From left are Brian McDaid, Ellsworth Whiteman, Glen Forrest, and Bill Munn. Mr. Whiteman is Vice Chair of the Christian Health Care Center Foundation, and Mr. Munn and Mr. Forrest are with Munn & Associates, Golf Classic Gold sponsor.



The foursome representing Windels Marx Lane & Mittendorf are, from left, Karl Piirimae, Esq.; Tom Rohan, Esq.; Andrew Craig, Esq.; and John Bitar, Esq. The firm was the Front Nine sponsor.



New to the Golf Classic was a women's golf clinic.



Michele O'Shea, owner of O'Shea Yoga, Wyckoff, designed a 75-minute customized yoga session for all skill levels.

To view additional photos from the 28<sup>th</sup> Annual Golf Classic, visit [ChristianHealthCare.org/Golf](http://ChristianHealthCare.org/Golf).

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Mr. and Mrs. Roger F. Ueltzen

Mr. and Mrs. Richard A. Ullman

Mr. and Mrs. Arthur R. Ullrich III

Jill C. Ussher

**Rita Ann Valvano**

**Mr. and Mrs. Elmer W. Van Dalen**

Mr. and Mrs. Charles Van Der Eems

**Mr. and Mrs. Jacob Van Der Eems**

**Mr. and Mrs. David Van Der Stad**

Mr. and Mrs. Harold Van Der Stad

Norbel Van Der Velde

**Joan S. Van Der Weert**

Mr. and Mrs. Charles J. Van Dyk II

**Judith E. Van Dyke**

**Dr. and Mrs. Anthony Van Grouw Jr.**

**Marjorie Van Grouw**

**Mr. and Mrs. Peter V. Van Grouw**

Joan M. Van Harken

Richard J. Van Hassel Sr.

**John Van Lenten**

**Mr. and Mrs. Paul Van Ostenbridge**

Christine Van Rump

Robert N. Van Ry

Mr. and Mrs. Bruce Van Saun

Elena Van Schaack

**Martha Van Sweden**

**Mr. and Mrs. Robert Van Zweden**

Jacqueline Vanden Dorpel

Mr. and Mrs. Ronald D. Vanden

Dorpel

**Mr. and Mrs. William J. Vander Eems**

**Elizabeth Vander Plaats**

Henry Vander Plaats

**Wilma Vander Waal**

Mr. and Mrs. Nishan Vartabedian

**Lois Veenstra**

**Mr. and Mrs. Randall A. Veenstra**

Mr. and Mrs. Mark Velten

Mr. and Mrs. George M. Venarchik

Mr. and Mrs. Richard E. Ver Hage

**Henrietta Verblaauw**

**Mr. and Mrs. Rodney T. Verblaauw**

**Elizabeth Verbrugge**

Mr. and Mrs. Ronald P. Verdicchio

Mr. and Mrs. Douglas Verduin

**Robert A. Vermeulen**

**Theresa A. Vetter**

**Mr. and Mrs. Albert Visbeen**

**Mr. and Mrs. David A. Visbeen**

Leonard Vita

Mr. and Mrs. Nicholas P. Vitagliano

Dennis Vitale

**Alice Vlietstra**

**Robert W. Volgel**

Michael Volpe

Mr. and Mrs. Robert Vottero

Janet Wallendal Spang

Martin A. Walsh

Terry L. Walsh

Linda J. Walters

Mr. and Mrs. Robert Walton

Cecilia Wang, MD, PhD

**Joann L. Warner**

Yoshiko Watanabe

Mr. and Mrs. Faron Webb

Mr. and Mrs. Jonathan D. Weiner

John J. Weis

**Mr. and Mrs. Donald Westra Jr.**

**Louise Wheeler**

**Mr. and Mrs. Ellsworth P. Whiteman**

Mr. and Mrs. Willard F. Whitney Jr.

**Dorothy A. Wiecewski**

Maryann Wiedmont

Mr. and Mrs. Roger H. Wieland

Mr. and Mrs. Paul M. Wielhouwer

Rev. and Mrs. David E. Wiley

Mr. and Mrs. Curt Wilkes

Susan H. Winter

John Wispelwey, DMD

**Rev. and Mrs. Donald P. Wisse**

Mr. and Mrs. Robert J. Wiuff

Mr. and Mrs. Arnold P. Wolter

Sharon A. Woods

Pamela Woschinko

**Mr. and Mrs. Leonard Wynbeek**

Kerri Yeo

Rita Yerby

Dr. and Mrs. Edward F. Youngmans

**Elizabeth Youngsman**

Mr. and Mrs. James R. Youngsman Jr.

Dr. and Mrs. Rafik Z. Youssef

Mr. and Mrs. Mehet Zafis

Mr. and Mrs. Richard Zanetto

Mr. and Mrs. Michael J. Zarzedez

Mr. and Mrs. Ronald E. Zier

Mr. and Mrs. Robert Zierold

Mr. and Mrs. Michael J. Zimmer

**Janice H. Zisa**

Chrysanthos M. Zois

Doris J. Zuidema

**Jean G. Zuidema**

## **Churches**

Abundant Life Reformed Church,

Wyckoff

Bethany Reformed Church, Prospect

Park

Christian Reformed Church of

Midland Park, Midland Park

Clinton Avenue Reformed Church,

Bergenfield

Ebenezer Netherlands Reformed

Church Sunday School, Franklin

Lakes

Faith Community Christian

Reformed Church, Wyckoff

Fellowship Greenville, Greenville

First Reformed Church of

Hawthorne, Hawthorne

First Reformed Church of Saddle

Brook, Saddle Brook

Netherlands Reformed

Congregation, Clifton

Pequanock Reformed Church,

Wayne

Pompton Plains Reformed Bible

Church, Pompton Plains

Preakness Reformed Church, Wayne

St. Clement's Episcopal Church,

Hawthorne

United Reformed Church, Clifton

Wyckoff Reformed Church, Wyckoff

## **Corporations and Small Businesses**

1792 Wealth Advisors

Accelerated Care Plus

Accume Partners

Advanced Fiber Works Inc.

American Sons Locksmith Inc.

Aramark Healthcare

ArkRay Inc.

Atlantic Stewardship Bank

Atlantic, Tomorrow's Office

Audio Visual Solutions

Caring People

Chubb & Son

Columbia Bank

Comnet Telecom Supply

Concord Engineering

Conner Strong & Buckelew

William H. Connolly & Co. LLC

Cornell Surgical Supply

Cream-O-Land Dairies LLC

Del-Sano Contracting Corp.

Delric Construction Co. Inc.

Devon Fine Jewelry

Diversified Fixture

The DSM Group

Essity/TENA

Eventus Strategic Partners LLC

Executive Care

Fair Lawn Memorial Cemetery

FIRST (Global Events Agency)

The Haggerty Group

Hanover Printing of New Jersey Inc.

Health Care Software Inc.

Heritage Pest Control

Home Hardware

Home Supply & Lumber Center Inc.

Horizon Business Forms Inc.

I-Workplaces LLC

IDM Medical Gas Company Inc.

Ilias Fast Foods Inc.

Imperial Bag & Paper Co. LLC

Information Destruction Systems LLC

Interior Preservation Inc.

Interstate Waste Services Inc.

Janney Montgomery Scott LLC

Jayson Soft Water

Jeffer, Hopkinson & Vogel

The Kafafian Group Inc.

Kayal Orthopaedic Center PC

KPMG LLP

Kuiken Bros. Co. Inc.

Kulite Semiconductor Products Inc.

LAN Associates Inc.

Lecesse Construction

Life Source Services Hospice

Longview Results Inc.

Losurdo Foods

LVC Window Blinds Inc.

M&T Bank

W.B. Mason

MassMutual

McCarter & English LLP

McKesson Medical

Meineke Discount Mufflers

Mercadien

Merlino Design Partnership Inc.

Midland Park Auto Body

Millenium Fire Protection

Morgan Stanley Smith Barney LLC

Mountainside Family Practice Group

Munn & Associates

Nature's Window

NEPPS

New Jersey Hospital Association

New Jersey Respiratory Associates Inc.

NJM Insurance Group

North Jersey Trailer & Truck Service Inc.

Nourison

On Time Transport Inc.

The Oxford Group

Patient Care Associates Inc.

Pella Windows

Pharmscript, LLC

Post & Kelly Electric Company Inc.

Practicomm

Precision Multiple Controls Inc.

Premier Energy Group LLC

Proviatak

PSE&G Power of Giving

Railroad Construction Co. Inc.

Rapid Connect Inc.

The Rasa Group Inc.

Regency Wealth Management LLC

Reiner Group Inc.

Reno's Appliance

RM Tuit Paving & Trucking

Contractor LLC

Rogers, Habas, Verrilli & Eisen PC

Sandler O'Neill & Partners LP

Schenck Price, Smith & King LLP

Search Consultants of Northern

Jersey Inc.

Select Rehabilitation

SESI Consulting Engineers

Shields Business Solutions

Shotmeyer Bros. Fuel Corp.

SigmaCare

Smartlinx Solutions LLC

St. Joseph's Regional Medical Center

Sysco Philadelphia

Tiger Cool Express LLC

TNTMAX, LLC

Tops 156 New Jersey

Tore Electric Co.

The Valley Hospital

# A *Celebration* OF EXCELLENCE

## Christian Health Care Center honored Atlantic Stewardship Bank, and the Wyckoff Family YMCA Board of Directors, Executive Director Joy K. Vottero, and Associate Director Joyce Kwiatkowski.

Christian Health Care Center (CHCC) honored Atlantic Stewardship Bank (ASB), and the Wyckoff Family YMCA Board of Directors, Executive Director Joy K. Vottero, and Associate Director Joyce Kwiatkowski during *A Celebration of Excellence* held at The Venetian in Garfield on Thursday, October 19, 2017. The honorees were recognized with the David F. Bolger Award for Service and Leadership for their dedication to CHCC and our communities.

“The David F. Bolger Award is selectively presented to individuals or organizations that have demonstrated exceptional and inspiring levels of leadership and service,” said Douglas A. Struyk, CPA LNHA, CHCC President and CEO. “In powerful and unique ways, Atlantic Stewardship Bank and the Wyckoff Family YMCA have demonstrated and delivered these qualities without expectation of any recognition. We are so proud to honor their service with this prestigious award.”

Part of the proceeds from the 2017 *A Celebration of Excellence* was dedicated to the Y in honor of ASB’s Tithing Program. Funds will be used to educate, address, and ultimately help families in our communities affected by the opioid crisis.

“Christian Health Care Center, Atlantic Stewardship Bank,

and the Wyckoff Family YMCA have a shared commitment to make a difference in our communities, to give back. We share that value, that dream, that vision. We may approach it from different areas of expertise, but we combine those differences and create something larger than ourselves,” Mr. Struyk said.

ASB and the Y were featured in a special tribute video that premiered at the awards gala. Dignitaries, community leaders, and CHCC staff were among nearly 425 people in attendance. The event raised more than \$240,000 for the Christian Health Care Center Foundation. Proceeds supported the 2017 Annual Fund, which supports CHCC’s mission.

Diamond Sponsors of the event were Atlantic Stewardship Bank and Atlantic, Tomorrow’s Office. Gold Sponsors were Kuiken Bros. Co. Inc., Kulite, NJM Insurance Group, Patient Care Associates, PharmScript, and Select Rehabilitation. Bronze Sponsors were Regency Wealth Management, Shotmeyer Bros., St. Joseph’s Healthcare System, and Valley Health System.

*To be added to CHCC’s event invitation list, contact Darcy Bickert at (201) 848-5796 or [dbickert@chccnj.org](mailto:dbickert@chccnj.org).*

*To make a donation to CHCC, visit [ChristianHealthCare.org/Donate](http://ChristianHealthCare.org/Donate).*



Douglas A. Struyk, CPA, LNHA, Christian Health Care Center President and CEO, standing third from left, and his wife Vicky Struyk, seated left, with representatives of Atlantic Stewardship Bank. Seated next to Mrs. Struyk, from left, are Kim Vierheilg, Claire Chadwick, Julie Holland, and Francesca Ferrara. Ms. Holland is also a CHCC trustee. Standing, from left, are Bill Clement, Rick Culp, Mr. Struyk, Atlantic Stewardship Bank President and CEO Paul Van Ostenbridge and his wife Karen Van Ostenbridge, Barbara and Bill Hanse, and John Scoccola.



Douglas A. Struyk, CPA, LNHA, Christian Health Care Center President and CEO, standing right, with representatives of the Wyckoff Family YMCA. Seated, from left, are Gina Nerlino, Associate Director Joyce Kwiatkowski, Executive Director Joy K. Vottero, and Dottie Van Der Horn. Standing, from left, are Lee Parker, Board of Directors President Kevin Cornwell, Larry Peterson, John Murphy, and Mr. Struyk.



Guests from St. Joseph's Regional Medical Center, Paterson, standing from left, are President and CEO Kevin Slavin, Ruthanne Braddock, Ken Morris, and Tom Barnes. Seated, from left, are Lola Tanzer and Madeline Curcuru of Patient Care Associates; Stephen J. Dumke, LNHA, FACHE, Christian Health Care Center Executive Vice President and COO; and Jennifer Mendrzycki of St. Joseph's. Patient Care Associates was a Gold sponsor and St. Joseph's was a Bronze sponsor of *A Celebration of Excellence*.



From left, Douglas A. Struyk, CPA, LNHA, Christian Health Care Center President and CEO, congratulates *A Celebration of Excellence* honorees Paul Van Ostenbridge, Atlantic Stewardship Bank President and CEO; Joyce Kwiatkowski, Associate Director, Joy K. Vottero, Director, and Kevin Cornwell, Board of Directors President, of the Wyckoff Family YMCA.



Seated, from left, are Donald Westra Jr., Ruth Wynbeek, and Julie Holland, Christian Health Care Center (CHCC) trustees; Maryanne Elsaesser and Amy Shotmeyer, Esq., CHCC Foundation trustees; and Douglas A. Struyk, CPA, LNHA, CHCC President and CEO. Standing, from left, are David Visbeen, Matthew D. Kuiken, and Richard De Bel, CHCC trustees; Gordon Stanley, CHCC Foundation Chair; William Haggerty, CHCC Foundation trustee; Mark Reitsma, CHCC trustee; Andy Aran, CHCC Foundation trustee; and David Montgomery, MD, CHCC trustee.

“ Christian Health Care Center, Atlantic Stewardship Bank, and the Wyckoff Family YMCA have a shared commitment to make a difference in our communities, to give back. We share that value, that dream, that vision. We may approach it from different areas of expertise, but we combine those differences and create something larger than ourselves.” — DOUGLAS A. STRUYK, CPA LNHA, CHCC PRESIDENT AND CEO

To view additional photos from *A Celebration of Excellence*, visit [ChristianHealthCare.org/CelebrationofExcellence](http://ChristianHealthCare.org/CelebrationofExcellence).

Valley National Bank  
Vander Plaat Funeral Home  
C. J. Vanderbeck & Sons Inc.  
Vining Sparks  
Visbeen Construction Co.  
Wayne Behavioral Service LLC  
Wayne Tile Imports Inc.  
Wells Fargo  
Windels, Marx, Lane & Mittendorf  
LLP  
Wyckoff Family YMCA  
Ziegler Capital Markets Group

#### **Estates**

Estate of John Burhans  
Estate of John Vandersluys

#### **Foundations**

AmazonSmile Foundation  
The Bolger Foundation  
The Boye Foundation Inc.  
The Brunetti Foundation  
Columbia Bank Foundation  
The Copper Beech Foundation Inc.

The Jose M. Garcia Foundation Inc.  
Irving L. Gilman Family Charitable  
Trust  
Bernard & Dorothy Hamstra  
Charitable Foundation  
Inserra Family Foundation  
Keeley Family Trust  
The Luckow Family Foundation  
The McAuley Family Charitable  
Fund Inc.  
Robert and Catherine Murray  
Charitable Trust  
Narula Foundation Inc.  
Nora Kurtz Family Foundation Inc.  
The O'Shea Family Foundation

The John and Margaret Post  
Foundation  
PSE&G Power of Giving  
Van Dalen Foundation Inc.  
The Robert G. & Florence E. Van  
Duyn Charitable Foundation

#### **Community-based Organizations**

Boys & Girls Club of Hawthorne  
Children's Aid and Family Services  
The Compassionate Friends Inc.  
Eastern Christian Children's Retreat,  
North Haledon  
Franklin Lakes Baptist Church -  
Ladies Bible Study  
Franklin Lakes Lions Club  
Hillside School, Closter  
Meals on Wheels of Wyckoff Inc.  
Miracle Hill Ministries Inc.,  
Greenville, SC  
Rotary Club of Ridgewood AM  
SRV Senior Fellowship, Upper  
Saddle River  
St. Nicholas Ladies Philoptochos  
Society, Wyckoff  
VFW Midland Park/Wyckoff  
William Paterson University, The  
Department of Nursing, Wayne  
Wyckoff Family YMCA

#### **Matching Gift Organizations**

AIG Matching Grants Program  
FM Global Foundation  
The Arthur J. Gallagher Foundation  
IBM Corporation Matching Grants  
Program  
Pfizer Foundation Matching Gifts  
Program  
State Farm Companies Foundation  
Verisk Analytics Matching Gifts  
Program

# SAVE THE DATE

## *A Celebration of Excellence*

### **Wednesday, October 17, 2018**

**The Venetian, Garfield, NJ**

*For more information, contact Darcy Bickert at (201) 848-5796  
or [dbickert@chccnj.org](mailto:dbickert@chccnj.org),  
or visit [ChristianHealthCare.org/ACelebrationOfExcellence](http://ChristianHealthCare.org/ACelebrationOfExcellence).*



## Giving Opportunities at Christian Health Care Center

- Support the **2018 Annual Fund**, which supports our mission to foster health, healing, and wellness for people of all ages.
- You can also **direct your donation** to a specific program at Christian Health Care Center (CHCC). Make your one-time donation via check, credit card, or online, or set up a recurring monthly or quarterly giving plan.
- Large or small, **grants** and gifts of **stock** make a significant impact toward the mission of CHCC and various projects, renovations, and needs throughout the year.
- Through **bequests, gift annuities, and charitable trusts**, you can make a gift of ongoing significance and establish a lasting legacy.
- Many employers have a **matching-gifts program** for non-profit organizations. These programs double or sometimes triple the size of the employee's gift.
- **Tribute gifts** are gifts made in memory or in honor of a loved one or special occasion.
- The Christian Health Care Center Foundation sponsors several **special events** throughout the year. Attending and sponsoring these events supports the Center.
- Men, women, and teenagers are invited to join the Center's **volunteer** force. Volunteers perform a broad range of duties, such as assisting with activities, making friendly visits with residents, organizing fund-raising events, and serving on the boards of trustees or committees.
- CHCC appreciates community support through **prayer**.

*For more information on supporting Christian Health Care Center, contact Sue Kelly at (201) 848-5799 or [skelly@chccnj.org](mailto:skelly@chccnj.org), or visit [ChristianHealthCare.org/Donate](http://ChristianHealthCare.org/Donate).*

# Financial Report

## Statement of Activities, Revenues, and Expenses

|  | 2017          | 2016          |
|--|---------------|---------------|
| Christian Health Care Center (CHCC) billed for resident, patient, client, and consumer care in our senior-life, mental-health, and short-term rehab services | \$108,596,740 | \$100,538,272 |
| and received from fundraising activities and from public/private grant requests  | 1,638,951     | 1,608,830     |
| and also received for other services and from other sources  | 1,594,753     | 1,212,444     |
| for a total of:  | 111,830,444   | 103,359,546   |
| However, since Medicaid and others pay substantially less than what we charge, and some are not able to pay for their care at all, CHCC did not collect*     | (28,950,319)  | (22,578,587)  |
| that left net revenues of  | 82,880,125    | 80,780,959    |
| These revenues were used to pay for  |               |               |
| • salaries, wages, and employee benefits;  | 56,293,915    | 56,446,337    |
| • other operating expenses, such as food, utilities, and insurance; and  | 18,265,800    | 17,105,641    |
| • interest and depreciation  | 6,596,734     | 5,493,934     |
| which resulted in a net surplus from operations of   | 1,723,676     | 1,735,047     |
| In addition, we had net investment activity of   | 1,446,910     | 621,198       |
| As a result, CHCC received net revenues that exceeded expenses by:   | \$3,170,586   | \$2,356,245   |
| This revenue will be used to renovate and expand our facilities, and make payments toward our long-term debt.  |               |               |

\*The founding fathers of Christian Health Care Center (CHCC) established a facility that provided compassionate mental-health services for all individuals, regardless of ability to pay. Today, CHCC continues this commitment based on an individual's circumstances.

- In 2017, \$898,500 of charity care was provided for patients and clients of our mental-health services and individuals in our senior-life residences.
- Additionally, CHCC absorbed \$8,631,100 due to the unpaid cost of Medicaid, public programs, and other indigent-care programs.
- For the broader community, CHCC participated in health fairs, presentations, and workshops; invited various organizations to utilize CHCC meeting space; and joined efforts to improve neighborhoods' overall environments. In 2017, these activities equated to \$59,900.
- Collectively, non-billed care and services for the community totaled \$9,589,500 in 2017.

# 2017 Statistics

## Christian Health Care Center

### Employees

|                |     |
|----------------|-----|
| Full-time..... | 605 |
| Part-time..... | 250 |

### Physicians

|                      |    |
|----------------------|----|
| Active staff.....    | 10 |
| Associate staff..... | 47 |
| Courtesy staff.....  | 12 |
| Emeritus.....        | 8  |

### Volunteers

|                             |       |
|-----------------------------|-------|
| Adult volunteers.....       | 145   |
| Adult volunteers hours..... | 9,501 |
| Junior volunteers.....      | 48    |
| Junior volunteer hours..... | 1,324 |

### Community Benefits

|   |          |
|---|----------|
| Community health-improvement services                               |          |
| Events.....   | 121      |
| Financial contributions to local, state, and national organizations |          |
| Amount.....   | \$26,300 |
| Uninsured patients  |          |
| Ramapo Ridge Psychiatric Hospital.....                              | 47       |
| Christian Health Care Counseling Center.....                        | 1,432    |
| Meals on Wheels prepared.....                                       | 17,386   |

## Individual Residences/Programs



### Senior Life

#### Heritage Manor Nursing Home

|                             |        |
|-----------------------------|--------|
| Number of rooms.....        | 123    |
| Resident capacity.....      | 178    |
| Resident days of care.....  | 62,227 |
| New residents welcomed..... | 104    |
| Residents moved on.....     | 141    |

#### Southgate

|                             |        |
|-----------------------------|--------|
| Number of rooms.....        | 23     |
| Resident capacity.....      | 44     |
| Resident days of care.....  | 15,902 |
| New residents welcomed..... | 20     |
| Residents moved on.....     | 21     |

#### The Longview Assisted Living Residence

|                             |        |
|-----------------------------|--------|
| Number of suites.....       | 80     |
| Resident capacity.....      | 95     |
| Resident days of care.....  | 33,732 |
| New residents welcomed..... | 34     |
| Residents moved on.....     | 34     |

#### Hillcrest Residence

|                             |        |
|-----------------------------|--------|
| Number of studios.....      | 31     |
| Resident capacity.....      | 39     |
| Resident days.....          | 14,056 |
| New residents welcomed..... | 11     |
| Residents moved on.....     | 11     |

#### Christian Health Care Adult Day Services of Wayne

|                        |        |
|------------------------|--------|
| Number of clients..... | 131    |
| Client visits.....     | 8,737  |
| Transportation vans    |        |
| Miles traveled.....    | 88,750 |
| Towns served.....      | 27     |

#### Christian Health Care Adult Day Services of Wyckoff

|                        |        |
|------------------------|--------|
| Number of clients..... | 130    |
| Client visits.....     | 9,695  |
| Transportation vans    |        |
| Miles traveled.....    | 87,000 |
| Towns served.....      | 23     |

#### Evergreen Court

|                             |        |
|-----------------------------|--------|
| Number of apartments.....   | 40     |
| Resident capacity.....      | 41     |
| Resident days.....          | 14,417 |
| New residents welcomed..... | 10     |
| Residents moved on.....     | 8      |

#### Siena Village

|                             |        |
|-----------------------------|--------|
| Number of apartments.....   | 250    |
| Resident capacity.....      | 272    |
| Resident days.....          | 91,251 |
| New residents welcomed..... | 29     |
| Residents moved on.....     | 27     |

#### Summer Hill

|                             |        |
|-----------------------------|--------|
| Number of apartments.....   | 164    |
| Resident capacity.....      | 180    |
| Resident days.....          | 40,146 |
| New residents welcomed..... | 17     |
| Residents moved on.....     | 10     |



## Short-term Rehab

### The David F. Bolger Post-acute Care Unit

|                           |        |
|---------------------------|--------|
| Number of rooms.....      | 32     |
| Patient capacity.....     | 60     |
| Patient days of care..... | 23,811 |
| Admissions.....           | 1,089* |
| Discharges.....           | 1,049* |



## Mental Health

### Ramapo Ridge Psychiatric Hospital

|                           |        |
|---------------------------|--------|
| Number of rooms.....      | 29     |
| Patient capacity.....     | 58     |
| Patient days of care..... | 17,076 |
| Admissions.....           | 988*   |
| Discharges.....           | 1,074* |

### Ramapo Ridge Partial-hospitalization Program

|                          |       |
|--------------------------|-------|
| New clients.....         | 250   |
| Client days of care..... | 4,134 |

### Christian Health Care Counseling Center

|                     |        |
|---------------------|--------|
| Active clients..... | 3,002  |
| Client visits.....  | 32,702 |

\* Statistics include admissions and discharges for the end of 2016 and beginning of 2018.

## Satisfaction surveys: How we rate among those we serve

Fulfilling the needs of our residents, patients, clients, consumers, and their families is a top priority for Christian Health Care Center (CHCC). One invaluable tool utilized to determine those needs – and if we are meeting or exceeding them - is information collected via satisfaction surveys. CHCC reviews and analyzes survey data, and evaluates the feasibility of suggested modifications as guidance for implementing new practices and procedures.

Whenever possible, we compare ourselves against similar programs nationwide. Surveys for Heritage Manor Nursing Home, Southgate, Bolger Rehab Gym & Wellness Center inpatient program, The Longview Assisted Living Residence, and Ramapo Ridge Psychiatric Hospital are all conducted and analyzed by national companies which conduct surveys in similar health-care programs. The results are computed as percentiles or percentage. Satisfaction surveys for our other services and programs are conducted internally by our Service Excellence/Patient-Resident Experience Department. These programs include Christian Health Care Adult Day Services of Wayne and Wyckoff, Evergreen Court, Hillcrest Residence, Siena Village, Summer Hill, Christian Health Care Counseling Center, and Ramapo Ridge Partial-hospitalization Program. The results are computed as a score between 0 and 100 points.

For surveys conducted by national companies, results are ranked by percentile. For surveys conducted by our Service Excellence/Patient-Resident Experience Department, results are ranked by points. Average scores for 2017 were as follows:

### Senior Life

- Heritage Manor Nursing Home/Southgate: 72<sup>nd</sup> percentile
- The Longview Assisted Living Residence: 91<sup>st</sup> percentile
- Hillcrest Residence: 93 points out of 100
- Evergreen Court: 91 points out of 100
- Siena Village: 94 points out of 100
- Summer Hill: 82 points out of 100
- Christian Health Care Adult Day Services of Wayne: 92 points out of 100
- Christian Health Care Adult Day Services of Wyckoff: 95 points out of 100

### Short-term Rehab

- Inpatient: 78<sup>th</sup> percentile

### Mental Health

- Ramapo Ridge Psychiatric Hospital  
Adult Unit: 98<sup>th</sup> percentile  
Geriatric Unit: 97<sup>th</sup> percentile
- Ramapo Ridge Partial-hospitalization Program: 94 points out of 100
- Christian Health Care Counseling Center: 96 points out of 100

At CHCC, our Person- and Family-centered Care model guides how care is delivered. It is a constant reminder that each patient, resident, client, consumer, and family member is an individual to be treated with dignity, respect, and compassion based on the Christian principles on which we were founded. Constant monitoring through satisfaction surveys ensures that our commitment will not falter.

## Accreditations and Recognitions

- Advanced Standing Status by the New Jersey Department of Health and the Health Care Association of New Jersey Foundation (The Longview Assisted Living Residence)
- American Health Care Association/National Center for Assisted Living Silver National Quality Award (Heritage Manor Nursing Home and The Longview Assisted Living Residence)
- Best Nursing Homes in America from *US News & World Report* (Heritage Manor Nursing Home and Southgate)
- Five-Star Quality Rating from the Centers for Medicare and Medicaid Services (Heritage Manor Nursing Home and Southgate)
- The Joint Commission (Ramapo Ridge Psychiatric Hospital)
- The Joint Commission Disease-specific Care Certification for Dementia (Ramapo Ridge Psychiatric Hospital)

## Memberships

- American Health Care Association/National Center for Assisted Living
- American Hospital Association
- Assisted Living Federation of America/Argentum
- Barnabas Foundation
- Bergen County Health Infrastructure Preparedness & Response Advisory Committee
- Bergen County Human Services Advisory Council
- Council of Reformed Charities
- Franklin Lakes Chamber of Commerce
- Hawthorne Chamber of Commerce
- Health Care Association of New Jersey
- Healthcare Planning and Marketing Association of New Jersey
- Healthcare Strategy and Marketing Development
- LeadingAge
- LeadingAge NJ
- National Association of Psychiatric Health Systems
- National League of Nursing
- New Jersey Assisted Living Council
- New Jersey Business & Industry Association
- New Jersey Hospital Association
- Northeast Regional Healthcare Emergency Preparedness Coalition
- Wyckoff Chamber of Commerce

# Christian Health Care Center

## Active, Associate, and Courtesy Physicians

**Howard E. Gilman, MD**  
MEDICAL EXECUTIVE

### Medical Staff Officers

**Aijaz Nanjiani, MD**  
PRESIDENT

**Adnan I. Khan, MD**  
VICE PRESIDENT

**Monica Dhingra, MD**  
SECRETARY

### Active Staff

PSYCHIATRY  
**Monica Dhingra, MD**  
**Mohamed A. Elrafei, MD**  
**Igor Gefter, MD**  
**Anwar Y. Ghali, MD**  
**Howard E. Gilman, MD**  
**Cynthia Jalando-on, MD**  
**Adnan I. Khan, MD**  
**Aijaz Nanjiani, MD**

INTERNAL MEDICINE  
**Loris N. Mansour, MD**  
**Hany Sourial, MD**

### Associate Staff

CARDIOLOGY  
**Robert A. Saporito, MD**  
**Alan D. Simon, MD**

DENTISTRY  
**Rama Gvildys, DMD**  
**David G. Schoenberg, DDS**

DERMATOLOGY  
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## Christian Health Care Center

Christian Health Care Center (CHCC) was founded in 1911 by a group of deacons from local churches in the Reformed tradition. Today, CHCC – a non-profit organization open to anyone regardless of race, sex, or religion – provides a continuum of high-quality, family-centered care services for people of all ages in a compassionate and loving environment consistent with the Christian principles on which the institution was founded.

### Senior Life

- Heritage Manor Nursing Home
- Southgate behavior-management unit
- The Longview Assisted Living Residence
- Christian Health Care Adult Day Services of Wayne and Wyckoff
- Hillcrest Residence supportive senior housing
- Evergreen Court for independent seniors
- Siena Village at Wayne for independent seniors
- Summer Hill at Wayne for independent seniors

### Short-term Rehab

- Bolger Rehab Gym & Wellness Center
- Inpatient and outpatient

### Mental Health

- Ramapo Ridge Psychiatric Hospital for adult and geriatric patients
- Christian Health Care Counseling Center
- Ramapo Ridge Partial-hospitalization Program, a voluntary, short-term outpatient program

### The Vista

- Continuing Care Retirement on CHCC's Hawthorne/Wyckoff campus for active adults 62 and older
- Up to 199 spacious, one-level, maintenance-free residences
- Rich array of amenities and social, cultural, and wellness opportunities

*For more information about Christian Health Care Center, contact Karen Hockstein at (201) 848-4463 or [khockstein@chccnj.org](mailto:khockstein@chccnj.org), or visit [ChristianHealthCare.org](http://ChristianHealthCare.org).*



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