

## Summer Hill Staff

**Main Office:**  
**(201) 848-5848**  
**Office hours:**  
**8 a.m. to 4 p.m.**

**Laura Koblitz**  
*Resident Director*  
(201) 848-5848  
lkoblitz@chccnj.org

**Stacy Swarts-Carver**  
*Leasing Manager*  
(201) 897-5401  
sswarts-carver@chccnj.org

**Susan Matyiku**  
*Service and Activity Coordinator*  
(201) 848-5837  
smatyiku@chccnj.org

**Rev. Phyllis Palsma, MDiv**  
*Chaplain*  
(201) 848-5801  
ppalsma@chccnj.org

**Lisa Hoffman**  
*Community Coordinator*  
(201) 848-5848  
lhoffman@chccnj.org

**Howell Jones**  
*Assistant Superintendent*  
(201) 848-5859  
hjones@chccnj.org

**Gabriel Wong**  
*Environmental Services*  
(201) 638-4801

**Maintenance and Housekeeping**  
(201) 848-5859  
8 a.m. to 4 p.m.

**Emergency only**  
**Howell Jones**  
(201) 316-6428

## Apartment inspections and extermination schedules

Annual apartment inspections for the second floor of Building 1 will begin in February.

- Tuesday, February 9: Apartments 1201 to 1205
- Wednesday, February 10: Apartments 1206 to 1211
- Thursday, February 11: Apartments 1212 to 1218

Inspections will be conducted by Rolando Diaz, Superintendent. Specific times for each individual apartment are not available. Your apartment should be clean, and everything should be in working order. All tenants need to sign off on the inspection and should be present to discuss any concerns. If you have a concern, contact Mr. Diaz at (201) 897-5402 ahead of time so that he is aware prior to inspection. Also contact him a few days in advance if you are unable to be home for your inspection so that he can try to accommodate your schedule.

The **extermination schedule** is as follows:

- Building 1, floors 1 and 2: Monday, February 1
- Building 1, floors 3 and 4: Monday, February 8
- Building 2, all floors: Monday, February 15

The service will alternate between crack and crevice treatment in the kitchen and bathroom, and a visual inspection. Howell Jones, Assistant Superintendent, or Gabriel Wong will accompany the exterminator. Residents should be present for the exterminator. Questions? Call Mr. Jones at (201) 848-5859.

## Summer Hill reminders

- Decorating in common areas is not permitted. Any personal items that are left in any common areas will be removed by Maintenance.
- Report any issues with laundry room washing machines or dryers to CSC Serviceworks at (844) 272-9675. Summer Hill Maintenance does not repair or service washers or dryers.
- To respect resident privacy and for your own safety, residents are not permitted to walk behind the buildings. This is a drainage area and is not intended for foot traffic.
- Pets should be walked in the grassy areas near visitor parking. Residents are required to clean up completely after their pet(s). For your convenience, a green pet waste receptacle is located near visitor parking. If you have any questions regarding the pet policies, call (201) 848-5848.

### Important reminder:

Masks and social distancing are required when meeting in person with Summer Hill staff.

2100 Summer Hill Road, Wayne, NJ 07470

# FEBRUARY 2021 Summer HILL HIGHLIGHTS

## THE NEWSLETTER FOR SUMMER HILL A CHRISTIAN HEALTH CARE CENTER COMMUNITY

### Summer Hill staff at your service!

To make the most of your time and get the proper attention you deserve, please adhere to the following guidelines:

- Call the office first, since most issues can be resolved over the telephone.
- If you get voicemail, please leave a message. Your call will be returned as soon as possible. Please do not leave multiple message on the same day for the same issue or contact other staff members.
- If you need to speak with a staff member in person, you must make an appointment so that you can have his/her undivided attention.
- When arriving, ring the doorbell and take a seat in the waiting area if the staff is busy.
- If the staff member is on the phone, please don't interrupt.

Our **Community Coordinator, Lisa Hoffman**, can assist you with general questions, schedule an appointment, and provide copy, fax, and notary services. Ms. Hoffman also provides support to our Resident Director with your rent, and annual lease and recertification process.

If you need assistance connecting to available resources or services, call **Susan Matyiku, Service and Activity Coordinator**, to schedule a convenient appointment. Ms. Matyiku is also responsible for social activities, such as our delivered luncheons and our monthly newsletter, *Hill Highlights*.

If you need to meet with **Laura Koblitz, Resident Director**, she is typically at Summer Hill on Tuesday and Thursday. Appointments are required and can be scheduled with Ms. Hoffman. Ms. Koblitz is responsible for rent, lease and recertification renewal, Section 8 assistance, and any other issue or concern you may have in our community.

**Stacy Swarts-Carver, Leasing Manager**, handles all move-ins, move-outs, and parking-space matters. If you have a friend or family member who has questions about Summer Hill and would like to complete an application, he/she should call Ms. Swarts-Carver.

Contact information for all staff members can be found on the back page of *Hill Highlights*.

### Wayne Township wants to hear your voice!

Mayor Christopher Vergano is proud to announce Wayne Township's Age-friendly Initiative. Wayne residents 45 years and older are invited to share their feedback by completing the township's Age-friendly Survey. Information collected from the survey is anonymous, and will be used to better understand the needs of the community and to prepare a plan to make Wayne more age-friendly in the future. Blank surveys will be available in the lobbies of Building 1 and 2. Place completed surveys in the Rent Box. Surveys will be forwarded to the township for review.

### Department of Community Affairs inspection

In compliance with New Jersey Department of Community Affairs (DCA) regulations, a required physical inspection of Summer Hill will take place from Tuesday, February 9, to Thursday, February 11, between 9 a.m. and 5 p.m. A random selection of apartments will be selected for inspection, so we cannot give you advance notice as to whether or not your apartment will be inspected. You do not need to be home. If your apartment is selected, a Maintenance team member will accompany the inspector into your apartment. The inspection should last approximately 15 minutes. If you have any questions, contact Rolando Diaz, Superintendent, at (201) 897-5402.

### Welcome to Summer Hill

#### Nancy Van Houten, Apartment 2111

*Nancy grew up and lived in Carlstadt prior to moving to Summer Hill. She has five children and 10 grandchildren. Her hobbies include reading, cleaning, and spending time with her family.*



SENIOR LIFE

SHORT-TERM REHAB

MENTAL HEALTH

THE VISTA

(201) 848-5200 • ChristianHealthCare.org 301 Sicomac Avenue, Wyckoff, NJ 07481

## **Health, healing, and wellness**

### **Service Coordination Corner**

The Summer Hill Service Coordination program is a FREE benefit to the residents. Susan Matyiku, Service and Activity Coordinator, promotes self-sufficiency and aging in place, and connects you with community services. She can assist you with scheduling free seasonal cleaning, physician referrals, Medicaid and Medicare assistance, transportation assistance, and much more! Ms. Matyiku can be reached at (201) 848-5837 Monday to Friday from 8 a.m. to 4 p.m. If you would like to meet with Ms. Matyiku in person, call for an appointment to ensure that enough time is allotted to address your questions/concerns. Please do not come to the office without an appointment; we want to provide each resident the attention required. Thank you in advance for your cooperation.

#### **Do you love lunch Italian-style? Mangia!**

##### **Thursday, February 11 • Deadline: Thursday, February 4**

Baked Ziti and meatballs will be delivered to your door and warm your heart between 11:30 a.m. and 1 p.m. on Thursday, February 11. Cost is \$10 per meal. To enjoy this delightful cuisine, prepared by World of Foods, submit the order form with a check made payable to “Summer Hill of Wayne LP” Place in the Rent Box on or before Thursday, February 4. A minimum of 25 participants is required.

#### **Blood-draw**

##### **Thursday, February 18, 10 a.m., Doctor’s Office, Building 2, Third Floor**

For this clinic conducted by The Valley Hospital, residents will need their Medicare card, driver’s license or other form of photo identification, and a prescription. First-time participants will be required to complete a form. Results will be sent to the prescribing physician. Registration and face coverings required. Contact Ms. Matyiku for information and to register.

#### **Podiatry Services by Mordecai Witkin, DPM**

##### **Friday, February 19**

Morning appointments available by calling (973) 696-6677. Face coverings required.

#### **Help fight Medicare fraud**

Medicare covers the COVID-19 vaccine at no cost to you, so if anyone asks you to share your Medicare number or pay for access to the vaccine, you can bet it’s a scam. Here’s what to know: You can’t pay to put your name on a list to get the vaccine, and you can’t pay to get early access to the vaccine. Don’t share your personal or financial information if someone calls, texts, or emails you promising access to the vaccine for a fee. Con artists may try to get your Medicare number or personal information so they can steal your identity and commit Medicare fraud. Medicare fraud results in higher health-care costs and taxes for everyone.

Protect yourself from Medicare fraud. Guard your Medicare card like it’s a credit card.

- Medicare will never contact you for your Medicare number or other personal information unless you’ve given permission in advance.
- Medicare will never call you to sell you anything.
- You may get calls from people promising you things if you give them a Medicare number. Don’t do it.
- Medicare will never visit you at your home.
- Medicare can’t enroll you over the phone unless you called first. Check regularly for Medicare billing fraud. Review your Medicare claims and Medicare Summary Notices for any services billed to your Medicare number you don’t recognize. Report anything suspicious to Medicare. If you suspect fraud, call 1 (800) MEDICARE.

### **Musical Memories**

Music plays an important role in life for people of all ages, forging connections to pivotal events and fond memories. Research has found that music can promote relaxation, improve productivity, and lower stress. For seniors, pleasing melodies can deliver even more benefits for physical and mental health, memory, and important social connections.

We would like you to embrace your musical memories! Tell us about your favorite song or musical memory, and we will share your responses on Touchtown. Musical memories postcards will be in the lobbies of Buildings 1 and 2. Please complete and return your postcard to the Rent Box no later than Monday, February 22.

### **Valentine’s Day treat!**

#### **Friday, February 12**

Would you like a Valentine treat delivered to your apartment door? If so, complete the registration form located in the lobbies of building 1 and 2, and return it to the Rent Box no later than Tuesday, February 9. Treats will be delivered to your door on Friday, February 12, between 11 a.m. and 12 noon.

### **Fourth floors win the holiday door decorating**

Congratulations to the fourth floors of Buildings 1 and 2, winners of the holiday door decorating contest. Each resident on those floors received a prize. Thanks to all who participated.

### **What to know about snow**

Summer Hill is prepared for snow! Snow plowing at Summer Hill takes place during snow storms of two or more inches. Maintenance is responsible for plowing the parking lot and entry road. Sidewalks, common areas, and visitor spaces will be plowed and shoveled before resident parking spaces to allow emergency vehicles and staff access to the building. Resident vehicles and spaces will be cleared as soon as reasonably possible, usually within 24 hours after a storm ends.

Residents have two options for having their space cleared.

1. Clear off your own vehicle. Residents will be contacted by phone and given approximately 30 minutes to clear off their car and move it to a visitor space so their space can be plowed. Residents are not permitted to save parking spaces with cones or other items, which will be disposed of by Maintenance.
2. Have your vehicle cleaned and space cleared by staff. Sign the log book in the lobby of your building by 8 a.m. Place a \$20 check made payable to “Summer Hill of Wayne LP” in an envelope with your name and apartment number, and drop it in the Rent Box. A Maintenance staff member will come to your apartment to pick up your vehicle keys in order to clear and move your vehicle. Your keys will be returned when complete. Do not ask Maintenance for priority in clearing off your vehicle and/or space.

All drivers are required to clear their vehicle within 24 hours. Your cooperation is critical for the safety of all residents. If you do not clear your vehicle and move it to have your space plowed or clear the parking space yourself, an additional expense may be charged.

Summer Hill is not responsible for any injuries incurred on the premises due to inclement weather. Please use caution when leaving the building.

### **Faith Talk from Your Chaplain**

#### **By Rev. Phyllis Palsma, MDiv, Summer Hill Chaplain**

February is a short month, but packed with holidays, special days, and holy days. Valentine’s Day reminds us that God’s love “bears all things, believes all things, hopes all things, and endures all things. Love never ends.” (1 Corinthians 13:7-8a). In February, the Christian church will also begin its annual journey to the cross and Easter Sunday. Ash Wednesday is February 17. It marks the beginning of Lenten preparation for Holy Week observances. Devotional resources are available to help Summer Hill residents on that Christian spiritual journey. Print materials will be available on special table in the lobby starting on Ash Wednesday. If you would like personal prayer or conversation, please call me at (201) 848-5801.

### **What is Fat Tuesday?**

Fat Tuesday falls on Tuesday, February 16, 2021, the day before Ash Wednesday. The holiday is also known as Mardi Gras Day. On this day, people everything and anything in anticipation of the long Lenten fast. Many Christians give up something special during Lent. Nowhere on the planet is Fat Tuesday celebrated more than on Bourbon Street in New Orleans. Festivities include parades, and much food and drink. A big tradition is wearing Mardi Gras beads and giving them to others. So join the celebration, and eat up!

### **National Wear Red Day**

#### **February 5**

The American Heart Association proclaimed February as National Heart Month. The first Friday in February (February 5) is National Wear Red Day. On this day, Americans are encouraged to wear red in order to raise and spread awareness in hopes to help eradicate heart disease and stroke in millions of women all over the nation. So put on your reddest red — whether a lipstick, a pair of pants, or your favorite hat — and call Susan Matyiku, Service and Activity Coordinator, at (201) 848-5837 for a photo and a “wear red” gift!

