

Windmere

— A COMMUNITY OF —
 **Christian Health**

151 Graham Ave.
North Haledon, NJ 07508



Smart Downsizing: What Stays, What Goes

Less to Pack, More Peace of Mind

Wednesday, August 20, at 3 p.m.

Thinking about a move to a senior living community like Windmere?

Learn what to **keep, sell, or give away**, and how to make thoughtful choices about your belongings as you prepare for the future.

Join us for small bites and expert tips to help simplify the downsizing process. You'll leave with realistic timelines, smart strategies, and the confidence to move forward.



Carrie Johnson

Owner, Smooth Transitions of Bergen County, offers an in-depth look at how to declutter and organize your home for a move into senior living.

Spots are limited, and we'd love for you to be part of this valuable discussion.
RSVP: call (973) 427-4087 or email LWesterhoff@ChristianHealthNJ.org