

Siena Village Staff

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Office Hours: 8 a.m. to 4 p.m.

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Apartment Inspections

- Tuesday, August 5, 2025: Apartments 2301 to 2309
- Wednesday, August 6, 2025: Apartments 2310 to 2315
- Thursday, August 7, 2025: Apartments 2316 to 2325

If you have any questions, call Rolando Diaz, Superintendent, at (201) 897-5402.

Extermination Update

For the month of August, the exterminator will be inspecting the following apartments:

- Monday, August 4 : Apt. 1201 to 1228
- Monday, August 18 Apt. 1101 to 1121

A Maintenance team member will accompany the exterminator. Residents do not need to be present for the exterminator. Please call Rolando Diaz with questions at (201) 897-5402.

Welcome to Siena Village

If you see our new residents around the building, be sure to give them a warm Siena Village welcome!

Please note, while we do encourage you to add personal touches to your apartments,decorating common areas and hallways is prohibited.



Civic Participation and Employment: An Age Friendly Domain

Civic participation can take many forms—from individual volunteerism, community engagement efforts, organizational involvement, and electoral participation.

Volunteer in your own neighborhood! There are many opportunities to volunteer at Siena Village. Do you have a special skill or talent? Feel free to volunteer to teach something, perform or lead a social activity. If you would like to help, please contact Jodi Lee, Service and Activity Coordinator, at (201) 897-5404.

Looking to make a difference in Wayne?

Wayne offers numerous opportunities for you to get involved and give back. Lend a hand in Wayne Township: Explore volunteer roles in the Wayne Animal Shelter, Habitat for Humanity, Wayne Public Library, or Laurelwood Arboretum.

Explore other meaningful causes: Consider organizations like CASA of Passaic and Union Counties or the YMCA, Win Food Pantry.

Civic engagement is essential for a healthy community and offers personal benefits too! You can find a sense of purpose, develop new skills, and connect with like-minded individuals.

Ready to get involved?

Visit [Volunteer Match](https://www.volunteermatch.org) to search for opportunities. <https://www.volunteermatch.org>
Check the websites or social media of local organizations like the Wayne Township Animal Shelter or Wayne Volunteer Fire Department. Join us in building a stronger, more connected Wayne!

Employment

If you are interested in finding employment, please contact the Passaic County One Stop at [\(973\)340-3400](tel:9733403400) or visit <http://pcwdc.com/>.

The Passaic County One Stop is a great resource for job seekers. The One Stop provides job seekers with universal access to comprehensive employment services and tools for job search preparation.

If you would like additional information about volunteer opportunities or employment resources please contact Jodi Lee, Service and Activity Coordinator at (201)897-5404.

Service Coordinator’s Corner

Rehabilitation services are available to residents in their apartments or at the Wyckoff campus. Free transportation is available. Services include: **Physical therapy (PT), occupational therapy (OT), and speech/cognitive therapy.** For additional information or to schedule your therapy, please call Kim Martin, OTR/L, Wayne Rehab Services Manager at (201) 848-5915.

Mobile optometry services are available on-site. Services include comprehensive eye exams/screenings, contacts and frames, and much more. For additional information, please contact Jodi Lee, Service and Activity Coordinator at (201) 897-5404.

Free Exercise Classes: Wednesdays, August 6, 13, and 20, at 2 p.m. in the Founders Great Room
Kim Martin, OTR/L, leads free chair exercise classes focusing on chair aerobics and stretching to help older adults maintain cardiovascular health, strength, and flexibility.

Blood-Draw Clinic: Thursday, August 14, at 10 a.m. in the Founders Great Room
The Valley Hospital will hold a blood-draw clinic on the above date. Sign-up is required and will be in the Valley Hospital binder in the lobby. Residents will need their Medicare card with ID number, driver’s license or other photo identification form, and a doctor’s prescription. Residents will be required to complete a form for the first time. Results will be sent to their prescribing physician.

Home Saftey Screening Presentation: Tuesday, August 12, at 2 p.m. in the Founders Great Room
Join us as we discuss the potential changes that occur as we age that will put us at risk for fall. Learn about some simple interventions to help us reduce that risk. Reducing our risk for falls and staying safe will allow us all to have a better quality of life.

Decoding Dementia and Alzheimer’s Lecture: Thursday, August 14, at 2 p.m. in Library
Join Newbridge for an informative lecture on Dementia and Alzheimer’s. Understand the key differences, recognize symptoms and progression, and learn practical caregiving strategies and support options.

Special Events

Grandparents and Grandkids Day: Friday, August 8, at 1-3 p.m. in the Founders Great Room
Grandparents and grandkids enjoyed a fun-filled day together, bonding over exciting games, creative activities, and delicious refreshments. Laughter and joy filled the air as memories were made across generations.

Therapy Dog Session: Thursday, August 21, at 2 p.m. in the Founder Great Room
Come meet Hana, Sterling, Gavin and Maggie! Learn how each dog serves their community. Watch Maggie perform tricks, and enjoy petting your new furry friends! No resident dogs allowed. Residents only.

Coffee, Cake, and Crosswords, Friday August 22 at 10:00 a.m. in the Lounge
Perk up your brain and your sweet tooth! Bring a friend or come solo for clues, crumbs, and caffeinated fun. In the Lounge in Buliding 1 on the 2cd floor. Residents only.

Resident Committee

Resident Committee Meeting: Monday, August 4 at 7 p.m. in Founders Great Room

Book Club: August 7 at 2 p.m. in the library
If you want to participate, contact Susan Masso at (201) 232-3817 or Candace Eardley at (973) 420-6759. Maximum of 12 people.

Outdoor Summer Concert: Monday, August 11 at 7 p.m. in the courtyard
Come out for our third summer concert, with a performance by Lonnie Youngblood. If there is inclement weather, the concert will be held in Founders Great Room.

Bocce Ball: Games will be on Monday and Tuesday from 5:30 p.m.to 6:30p.m. and 6:30p.m. to 7:30 p.m. Anyone interested please contact Kathy Mack at 203-979-6955. All are invited to come out and watch the fun. No Bocce Ball Monday, August 4 or Monday, August 11.

School Supply Donations:

Help us equip our students for success by donating to our school supplies drive. Many of our children begin the school year without the basic tools they need to learn—pencils, notebooks, backpacks, art materials, and more. Your generous contribution ensures that every student has access to the supplies necessary to participate fully in class and feel confident in their learning. Together, we can remove barriers and give every child the opportunity to thrive from day one. Thank you for supporting our students and their future! Donations will be taken to Calvery Temple International in Wayne, NJ and be distributed accordingly. Bin will be in the Lobby August 4th- August 8th.

Thank you to all those who helped for our July 4th party. It is always much appreciated. And thank you to Donna Cory for her beautiful rendition of God Bless America.



Jerry Limone & Hosanna Haddad
playing ring toss



Amy Scott & Ronnie McGovern



Lorainne Bringman
playing pin the tail on the
donkey

A Message from Rehab

Greetings from rehab! It's time to turn the page on the calendar again – August is here and summer is ending. But no matter the month or the season, our primary concern all year is SAFETY! So, let's take a moment to look at a few safety tips.

- Take your time – whenever you are changing your position (from lying down to sitting up or from sitting to standing), give yourself a minute to be sure you are stable before moving.
- Remove any throw rugs – they can create a trip hazard, especially if you are using a cane, walker, or rollator for your mobility.
- Keep a nonslip mat in your shower – water and soap can make the shower floor slippery.
- Wear shoes that fit properly and have nonslip soles.
- Keep the pathways in your home clear of clutter or obstacles.
- Keep your home well lit – use a nightlight for safe access to the bathroom.
- Pace yourself – be sure to allow rest breaks between activities to avoid becoming fatigued.
- Keep frequently used items within easy reach to avoid overreaching and compromising your balance. A reacher can be very helpful for retrieving items that are out of safe reach.
- Beware of surface changes, such as transitions in doorways, transitions from tile to carpet, and uneven sidewalks and curbs.
- If you have pets, be aware of where they (and their toys) are to reduce the risk of tripping over them. Also, remember that their food and water can also create a fall risk if spilled.

As always we encourage you to reach out to us if you have any questions or feel you could benefit for any of our therapy services – including physical, occupational, and speech therapy. You now have the option to have your therapy in your home or to come to the rehab gym on our Wyckoff campus. We can even provide transportation to Wyckoff if needed. Please feel free to contact Kimberly Martin at (201) 848-5915 with any questions.

News about Home Energy Assistance:

Please be advised that moving forward, the application process for Home Energy Assistance (LIHEAP and USF) will be conducted strictly online. All submissions, forms, and required documents must be completed and submitted through the official online portal. The Weatherization and Home Energy Division will no longer accept paper applications in person or by mail.

Siena Village staff will assist you with making sure you have the correct information and resources to get started. However, we are not able to complete the application for you or scan and upload documents on your behalf.

We are working closely with the Weatherization and Home Energy Division to help make this transition as smooth as possible. That said, this is a benefit provided by Passaic County, and it's important that residents take an active role in completing their applications to ensure they continue receive the assistance they are eligible for. Information session will be in the Founders Great Room, Thursday, September 18 from 12:00-2:00 p.m. Details for the information session will be in our September newsletter.

Special Events

Luau : Friday, August 29, at 1 p.m. in the Founders Great Room

Aloha! Join us for an afternoon of tropical fun, with festive food, drinks, treats, and the sweet sound of a live ukulele player. Don your best hawaiian outfit and come celebrate island style. Residents only.

Ongoing Activities

Bingo: No Bingo in August

Silver Circle Knitting Club: No Knitting Club in August

Story Time: No Story Time in August

Afternoon at the Movies

No advance registration required: just come on by to enjoy the movie and a snack!

2 p.m. in the library

“The Long Long Trailer”

(PG): Thursday, August 28

This film stars Lucille Ball and Desi Arnaz as a newlywed couple who buy a new travel trailer home for their honeymoon and experience a series of mishaps as they travel from California to Colorado

Faith Talk

Greetings Siena Village residents! You are cordially to Faith Talk on **Tuesdays at 1 p.m. in the library** with Rev. Anthony Matias – Chaplain for Christian Health. Faith Talk is a time to pray, learn, share, and connect with your neighbors of different backgrounds, cultures, and denominations. Join me as we continue to study the book of Deuteronomy, reflecting on God's “Law” and how it speaks to us in this day and age in order transition to the Letter to the Galatians.

Sharing Jesus

First and third Wednesday of the month at 10 a.m. in the library

Join Ann Pope in sharing your testimonies and/or be uplifted by those of others as we honor Jesus for all He is, has done for us, and continues to do for us, proving that it is possible to have a personal relationship with God.

Rosary and Mass

Tuesday, August 5, at 1:30 p.m.: Rosary in the Founders Great Room; mass immediately following.



AUGUST 2025



Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4 Resident Committee Meeting 7 p.m. in FGR	5 Faith Talk 1 p.m. Library Rosary/Mass 1:30 p.m. Founders Great Room Bocce Ball 5:30 & 6:30 p.m. Courtyard	6 Sharing Jesus 10 a.m. library Exercise Class 2 p.m. Founders Great Room	7 Book Club 2 p.m. Library	8 Grandparents/ Grandchildren Day 1-3 p.m. FGR	9
10	11 Outdoor Concert 7 p.m. Courtyard	12 Faith Talk 1 p.m. Library Snack and Share Home Safety Screening 2 p.m. FGR Bocce Ball 5:30 & 6:30 p.m. Courtyard	13 Exercise Class 2 p.m. Founders Great Room	14 Blood Draw Clinic 10 a.m. in FGR Decoding Dementia 2 p.m. in Library	15	16
17	18 Bocce Ball 5:30 & 6:30 p.m. Courtyard	19 Faith Talk 1 p.m. Library Bocce Ball 5:30 & 6:30 p.m. in Courtyard	20 Sharing Jesus 10 a.m. library Exercise Class 2 p.m. Founders Great Room	21 Therapy Dog Session 2 p.m. in FGR	22 Coffee, Cake, and Crosswords 10 a.m. Lounge Building 1 Floor 2	23
24	25 Bocce Ball 5:30 & 6:30 p.m. Courtyard	26 Faith Talk 1 p.m. Library Bocce Ball 5:30 & 6:30 p.m. In Courtyard	27	28 Movie The Long Long Trailer 2 p.m. in Library	29 Luau 1 p.m. FGR	30