## Summer Hill Staff

Main Office: (201) 848-5848 Office Hours: 8 a.m. to 4 p.m. Fax: (973) 633-9023

Laura Koblitz Resident Director

(201) 848-5848 LKoblitz@ChristianHealthNJ.org

Isabel Galindo
Occupancy Specialist
(201) 848-5848
IGalindo@ChristianHealthNJ.org

Susan Matyiku Service and Activity Coordinator (201) 848-5837 SMatyiku@ChristianHealthNJ.org

Kim Martin, OTR/L, Wayne Rehab Services Manager (201) 848-5915 LVRehab@ChristianHealthNJ.org

Rev. Anthony Matias
Chaplain
(201) 848-7507
AMatias@ChristianHealthNJ.org

**Maintenance** (201) 848-5859

Rolando Diaz
Superintendent
(201) 897-5402
RDiaz@ChristianHealthNJ.org

**Home Care Options** (973) 897-5550

For medical emergencies or emergency call bells, dial 911

**Summer Hill of Wayne Beauty Parlor** (201) 897-5381

#### **Extermination**

- Tuesday, November 11: Summer Hill Two, third floor, Apartments 2301–2328
- Tuesday, November 25: Summer Hill Two, fourth floor, Apartments 2401–2428

A maintenance team member will accompany the exterminator. Call Maintenance with questions at (201) 848-5859.

\*If you notice any insects or pests in your apartment, please call the Maintenance line at (201) 848-5859 right away. Do not try to treat the issue yourself – it's important we're made aware as soon as possible so it can be properly addressed.

Seeing one or two bugs doesn't necessarily mean there's an infestation; our professional exterminator will assess the situation and decide on the appropriate next steps.

#### \*There will be no apartment inspections in November

#### Get Out the Vote!

The general election for New Jersey is on Tuesday, November 4. The general election will provide residents with an opportunity to vote for New Jersey state and local candidates. Registered Summer Hill voters can vote in the Community Room between 6 a.m. to 8 p.m. on Tuesday, November 4. For questions regarding voting, please contact the Passaic County Clerk's Office at (973) 881-4127.





November 2025

News for Summer Hill of Wayne | A Christian Health Community

## Eastern Christian Middle School Fun

A fall highlight of the Eastern Christian Schools is the annual Hands Dirty Day. On this special day, students, faculty, and parents spend the morning serving a variety of local organizations. This year middle school students spent the morning playing corn hole and trivia with Summer Hill residents.



## Corn Hole With the Kids!

A close game: the gold team won by 1 point!



#### Service Coordinator's Corner

#### Podiatry Services with Dr. Witkin (House calls only)

Receive personalized care in the comfort of your apartment! Call Dr. Witkin to schedule your appointment at (973) 696-6677.

Rehabilitation services are available to residents at the Wyckoff campus. Free transportation is available. Services include: physical therapy (PT), occupational therapy (OT), and speech/cognitive therapy (ST). For additional information or to schedule your therapy, please call Kim Martin, OTR/L, Wayne Rehab Services Manager, at (201) 848-5915.

#### Free Exercise Classes with Kim: NO EXERCISE IN NOVEMBER

Kim Martin, OTR/L, Wayne Rehab Services Manager, leads free exercise classes that focus on chair aerobics and stretching to help older adults maintain cardiovascular health, strength, and flexibility. Registration is required by calling Susan at (201) 848-5837.

**Mobile optometry services** are available on-site. Services include comprehensive eye exams/screenings, contacts and frames, and much more. For additional information, please contact Susan Matyiku, Service and Activity Coordinator, at (201) 848-5837.

Blood-Draw Clinic: Every third Thursday at 10 a.m. in the boardroom in Summer Hill Two. The Valley Hospital holds a monthly blood-draw clinic every third Thursday. Residents must present their Medicare/insurance card and a physician's prescription. Results will be sent to the prescribing physician. You must register and provide copies of insurance and prescriptions to Susan by the Monday of the week of the blood draw. To avoid unexpected out-of-pocket costs, please check with Susan for a list of insurance plans accepted by Valley Hospital Lab.

## Generator Update

We're pleased to share that the electrical connections for the new generator in Summer Hill One and Summer Hill Two are complete. The next step is called commissioning, which means we'll be testing the system carefully to make sure everything is working correctly and safely. We'll let you know once that process is finished.

Please keep in mind that when the generator is operational, it will not provide power to individual apartments. This means things like lights, appliances, and electronics in your home will not work during an outage. We recommend keeping flashlights and other essentials on hand just in case.

We also want to remind everyone of the importance of having renters' insurance. It can help protect your personal belongings, including groceries, and give you peace of mind.

#### **Activities**

Catholic Mass – First three Wednesdays of the month, November 5, 12, and 19, at 1 p.m. in the Community Room

Faith Talk – Wednesdays at 2 p.m. in the Community Room.

Card Games – 2 p.m. in the game room of Summer Hill Two, floor 4

Cornhole – Tuesday, November 11, and Tuesday, November 25, at 11 a.m. in the Community Room

Trivia – Thursday, November 13, at 11 a.m. in the Community Room.

Join us for a fun trivia game.

Bean Bag Toss Game – Wednesday, November 19, at 11 a.m. in the Community Room

Toss the bean bag into the six-hole targets and score points.

## Special Events

Tech Assistance with Matt: Thursdays from 4 p.m. to 5 p.m. in the Community Room
Get assistance with your phones, tablets, and laptops! Call Susan at (201) 848-5837 to schedule an appointment with teen volunteer Matt. \*There will be no tech assistance on November 20 or 27.

Election Day: Tuesday, November 4

There will be no activities in the Community Room. Registered voters can vote from 6 a.m. to 8 p.m.

## Sing-Along: Thursday, November 6 at 11 a.m. in the Community Room

Get ready to sing! Come prepared with a list of your favorite sing-along songs.

Veterans Recognition: Tuesday, November 11 We would like to thank and recognize all Summer Hill of Wayne veterans. Are you a veteran? If so, please let us know by Monday, November 4. Call Susan at (201) 848-5837.

"Thanksgiving Traditions in Massachusetts with Richard Marnell": Tuesday, November 11, at 2 p.m. in the Community Room Discover some interesting Thanksgiving

Musical Entertainment with Ed Alstrom: Tuesday, November 18, at 2 p.m. in the Community Room

traditions on the big screen.

Join us for an afternoon of your favorite music with Ed Alstrom. Register with Susan by November 11.

Thanksgiving Luncheon Catered by A World of Food: Thursday, November 20, at noon in the Community Room

Your meal includes turkey, stuffing, green beans, mashed potatoes, gravy, cranberry sauce, cornbread, and dessert. Place payment of \$22 per person and registration in an envelope marked "Thanksgiving Luncheon" with your name and apartment number. Drop in the rent box no later than Thursday, November 6. Make checks payable to Summer Hill of Wayne II, LLC. \*A minimum of 30 people is required. All menu items are subject to change based on market availability.

## When Is Medicare Open Enrollment?

Medicare open enrollment – also known as Medicare's annual election period – runs from October 15 through December 7 each year. During this annual window, Medicare-plan enrollees can reevaluate their coverage and make changes or purchase new policies.

During the Medicare open enrollment period, you can:

- Switch from Original Medicare to Medicare Advantage (as long as you're enrolled in both Medicare Part A and Part B and you live in the Medicare Advantage plan's service area)
- Switch from Medicare Advantage to Original Medicare (plus a Medicare Part D plan and possibly a Medigap plan)
- Switch from one Medicare Advantage plan to another
- Switch from one Medicare Part D prescription drug plan to another
- Enroll in a Medicare Part D plan if you didn't enroll when you were first eligible for Medicare (If you haven't maintained other creditable coverage, a late-enrollment penalty may apply.)

Once you're enrolled in Medicare, you'll have various opportunities to change certain aspects of your coverage. If you have questions about Medicare enrollment, please get in touch with a SHIP Counselor at (973) 569-4060.

## Don't Miss Your Holiday Cards and Packages!

US Postal Service mailboxes are located in the lobby of each building. Your mailbox number is the same as your apartment number. Outgoing mail can be dropped into the letter box near the mailboxes. Please do not wait in the area of the mailboxes while the mail carrier is sorting mail.

- Pick up your mail, including packages, in a timely fashion. If you are unable to get your mail, ask a friend or family member to get it for you.
- If you are going away, follow proper procedure and request directly with the post office to have your mail stopped or forwarded.
- The US Postal Service will deliver packages to the mailbox area. All other shippers will leave packages in the vestibule of your building.
- Contact the post office at (973) 839-3811 or the sender of the package with any specific issues regarding mail delivery. The Summer Hill team is unable to get into the mailroom or resolve any resident issues regarding mail delivery.
- Unless you have permission, do not pick up packages for your neighbors.
- If you notice a package for the wrong building in your lobby, leave a note on the package so
  the postal carrier can bring it to the correct building the following day.

## Important Reminder

As a friendly reminder, please ensure that all common area windows are closed securely when you are the last to leave. Your cooperation helps maintain building security, resident comfort, and manage energy consumption.

### Faith Talk

Greetings Summer Hill residents! You are cordially invited to Faith Talk on Wednesdays at 2 pm in the Community Room with Rev. Anthony Matias – Chaplain for Christian Health. Faith Talk is a time to pray, learn, share and connect with your neighbors of different backgrounds, cultures, and denominations.

## **Event Registration**

All events require registration. To register, you can call Susan Matyiku, Service and Activity Coordinator, at (201) 848-5837 or drop a note in the rent box indicating what events you are interested in attending. If you register for an event and need to cancel, please call Susan as soon as possible.

#### Snow Removal Procedure

Snow plowing at Summer Hill of Wayne takes place during snowstorms of two inches or more. The roadway, sidewalks, common areas, and visitor parking will be plowed and shoveled before resident parking to allow emergency vehicles and team members access to the building. With our expanded parking lot, the Maintenance team will also be able to better plow resident parking spaces, but that requires your cooperation. Going forward, you will be contacted by a Maintenance team member to notify you that you need to move your car into a visitor parking space so that your parking space can be plowed. Once you move your car, you will need to move it back to your assigned parking space within 30 minutes. Moving resident vehicles into visitor parking before a storm is prohibited. These spaces must remain open so that they can be plowed first to allow room for residents to move their cars for plowing. Your cooperation is critical for the safety of all residents. Resident vehicles and spaces will be cleared as soon as reasonably possible.

#### Residents have two options for clearing their parking space/vehicle:

- Clear your own space/vehicle. Residents will be contacted by telephone by a Maintenance team member and given approximately 30 minutes to clear their car and move it to visitor parking so their space can be plowed.
- Have your vehicle cleaned and space cleared by Maintenance. Place your check (\$20 for cars/\$25 for vans and SUVs), made payable to Summer Hill of Wayne II, LLC, in an envelope with your name, apartment number, and car keys in the snow removal box, located in the package room of each building. DO NOT place in the rent box. The Maintenance team will return your keys when complete.



# November 2025



Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 Resident Saturday Social 6:30 p.m. Community Room
2 Bingo 2 p.m. Community Room Daylight savings time ends	Bingo 2 p.m. Community Room	4 Election Day Community Room Activities cancelled	5 Catholic Mass 1 p.m. Community Room Faith Talk 2 p.m. Community Room	6 Sing A Long 11 a.m. Community Room Tech Assistance 4 p.m. Community Room	7  Bingo 2 p.m. Community Room	Resident Saturday Social 6:30 p.m. Community Room
9  Bingo 2 p.m. Community Room	Bingo 2 p.m. Community Room	Cornhole 11 a.m. Community Room "Thanksgiving Traditions" 2 p.m. Community Room	Catholic Mass 1 p.m. Community Room Faith Talk 2 p.m. Library	Trivia 11a.m. Community Room Beauty Parlor is open Tech Assistance 4 p.m. Community Room	Bingo 2 p.m. Community Room	Resident Saturday Social 6:30 p.m. Community Room
Bingo 2 p.m. Community Room	Bingo 2 p.m. Community Room	Music with Ed Alstrom 2 p.m. in the Community Room	19 Bean Bag Toss, 11 a.m. Community Room Catholic Mass 1 p.m. Community Room Faith Talk 2 p.m. Community Room	Blood Draw Clinic 10 a.m. Boardroom, Building 2 Thanksgiving Luncheon Noon in the Community Room	Bingo 2 p.m. Community Room	Resident Saturday Social 6:30 p.m. Community Room
Bingo 2 p.m. Community Room	Bingo 2 p.m. Community Room	Cornhole 11 a.m. Community Room	Faith Talk 2 p.m. Community Room	Office is closed/No Bus	Bingo 2 p.m. Community Room No Bus	Resident Saturday Social 6:30 p.m. Community Room
Bingo 2 p.m. Community Room	1	2	VETERANS	4	5	6