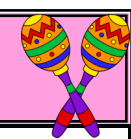







# SOUTHGATE MAIN LOUNGE MAY 2022



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
<b>1</b> 10:30 Contemporary Christian Music by Chris Tomlin 11:00 Balloon Volley and Polka Music 11:30 Trivia on the IN2L 2:30 <b>Worship Service (AUD)</b>	<b>2</b> 10:30 Stretch & Flex 11:00 Billy Joel Live at Wembley 1984 (YouTube) 2:15 <b>Afternoon Treats and Trivia</b> 3-3:45 NJ Shore Towns Travel Tour 4K and Beach Coloring Pages	<b>3</b> 10:30 Noodle Fitness 11:00 Disc Drop Game 11:30 Creative Coloring & Word Searches 2:30 <b>Worship Service (AUD)</b> 3-3:45 Menu Planning	<b>4</b> 10:30 Chair Yoga Dance Recital-10 Dances with Lyrics led by Sherry Zak Morris 11:00 72 Cutest Animals (Netflix) 11:30 TV Dinners Reminisce 2:15 <b>Foam Taco Craft</b> 3:15 Sing along with Suzy Q	<b>Cinco De Mayo 5</b> 10:30 Mariachi Band Exercise 10:45-11:20 Chaplain Time 11:30 Travelogue: Rick Steves' Mexico 2:15-3:30 <b>Mexican Fiesta</b> 	<b>6</b> 10:30 Exercise: Priority One: Getting Started 112 11:00 Bowling 2:15-3:30 <b>Patio Club (Gazebo by Auditorium) (weather permitting) or indoor Karaoke sing along</b>	<b>7</b> 10:30 Morning Stretch 11:00 Best Kentucky Derby Moments from the 2,000's (YouTube) 11:30 Hand Massages and Aromatherapy 2:15-3:30 <b>BINGO</b>	
 <b>Mother's Day</b> <i>National Nursing Home Week</i> <b>8</b> 10:30 Morning Worship Songs 11-11:45 <b>Craft Time: Religious Mother's Day Birdhouse Card</b> 2:30 <b>Worship Service (AUD)</b>	 <b>9</b> 10:30 Get your Groove on 1970's Disco Hits Dancing 11:00-11:45 Fads of the 70's 2:15 <b>Countries of the World with refreshing Iced Tea</b> 3:30 Musically gifted child prodigies 	<b>10</b> 10:30 Just Dance Light Exercise with Paula Bickford 11:00 Bowling 11:30 Sing Along 2:30 <b>Worship Service (AUD)</b> 3-3:45 Menu Planning 	<b>11</b> 10:30 Chair Stretch to the Beach Boys 11-11:45 Paint-a-dot coloring craft 2:15 <b>Ice-Cream Social, Boardwalk Sights, Sounds, Aromatherapy</b> 3:15 <b>Share your favorite boardwalk/beach memory!</b> 	<b>12</b> 10:30 Seated Exercise 10:45-11:20 Chaplain Time 11:30 Greatest Duos in Hollywood 2:15-3:30 <b>Drive-In Movie Theatre with refreshing root beer</b> 	 <b>13</b> 10:30 Sit and Be Fit with Mary Ann Wilson 11:00 Finish the Sayings and Proverbs 11:30 Travel Guide: Hawaii 2:15-3:30 <b>Tropical Luau Party with Steel Drum Music</b>	<b>14</b> 10:30 Balloon Volley to Elvis! 11:00 Occupational Puns Trivia 11:30 Sweet Sounds of Yesterday and Shoulder Massages 2:15-3:30 <b>BINGO!</b> 	
<b>15</b> 10:30 CeCe Winans Goodness of God 11:30-11:45 <b>BINGO</b> 2:30 <b>Worship Service (AUD)</b> 	<b>16</b> 10:30 Stretching Exercises and Active Games 11:00 A-Z Game 11:30 Creative Coloring, Word Searches & Classic Piano Music (YouTube) 2:15 Supermarket Sweep 3:00 62 Vintage Photos of Life in America During the 1960's	<b>17</b> 10:30 Stretching to Music 11:00 True or False Game 11:30 Sweet Sounds of Yesterday and Word Searches 2:30 <b>Worship Service (AUD)</b> 3-3:45 Menu Planning	<b>18</b> 10:30 Chair Dancing Exercise 11:00 Complete the Phrase 11:30 Who/What Am I? 2:15 <b>Spanish Club: All About "Merengue Music"</b> 3:00 Medieval Europe—4K Scenic Relaxation Film with calming music (YouTube)	<b>19</b> 10:30 Seated Exercise 10:45-11:20 Chaplain Time 11:30 Lite Hits of the 70's and Creative Coloring/Word Searches 2:15 Bocce Ball 3:00 Classic Chocolate Recipes with aromatherapy and Hand Massages	<b>20</b> 10:30 Rhythm Band Stretch 11:00 <b>Name that Bird by Sight or Sound Presentation with Linda!</b> 2:15 <b>May Birthday Celebration and Musical Sounds</b> 	<b>21</b> 10:30 Morning Stretch 11:00 Trivia: Colorful Phrases 11:30 Kitchen Gadgets from the 50's & 60's Reminisce 2:15 Frisbee Toss Game 3:00 PBS: 1950's Part 1 (You Tube) and Shoulder Massages	
<b>22</b> 10:30 Hillsong Worship 11-11:45 <b>BINGO</b> 2:30 <b>Worship Service (AUD)</b>	<b>23</b> 10:30 Noodle Fitness 11:00 Disc Drop Game 11:30 Kids say the darndest things! (YouTube) 2:15 Games on the IN2L 3:00 Antiques Road Show	<b>24</b> 10:30 Stretching to Music 11:00 Name That 50's TV Show Tune 11:30 Word Opposites 2:30 <b>Worship Service (AUD)</b> 3-3:45 Menu Planning	<b>25</b> 10:15 Sit and Be Fit Live From Central Park 10:30-11 Finish the Sayings and Proverbs Game 2:15-3:30 <b>Senior Prom Social</b> 	<b>26</b> 10:30 Brief History: "Victorian Era Clothing" (YT) 10:45-11:20 Chaplain Time 11:30 Twenty Questions Game 2:15 Family Feud on the IN2L 3:00 Music of Les Paul Trio, Adult Coloring Pages and Word Searches	<b>27</b> 10:30 Sit and Be Fit with Mary Ann Wilson 11-11:45 Craft Time: Mini Velvet Art Puzzles 2:15 -3:30 <b>Patio Club (Gazebo by Auditorium) or indoor Karaoke Sing along</b>	<b>28</b> 10:30 Morning Stretch 11:00 Roll the Dice, Break the Ice Game 11:30 How Its Made: "Tootsie Rolls" 2:15-3:30 <b>BINGO</b>	
<b>29</b> 10:30 Hymns Sing-Along 11-11:45 <b>BINGO</b> 2:30 <b>Worship Service (AUD)</b> 	<b>Memorial Day 30</b> 10:30 Noodle Fitness 11:00 Spin the Wheel Game 11:30 Ana Vidovic: Full Concert Classical Guitar 2:15 Patriotic Sing-Along 3:00 Creative Coloring, Word Searches & Sounds of Nature	<b>31</b> 10:30 Stretching to Music 11-11:45 Floating Foam Ship Craft 2:30 <b>Worship Service (AUD)</b> 3-3:45 Menu Planning				<i>Activities take place in Main Lounge unless otherwise noted</i>  <i>*Activities are subject to change and/or cancellation*</i>  (YT) = You Tube (AUD) = Auditorium (IN2L) = Interactive Computer System	