

SOUTHGATE A LOUNGE MAY 2022



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
1 10:30 Contemporary Christian Music 11:00 Aromatherapy with Hand Massages 11:30 Picture Books and Stories 2:30 Worship Service (AUD)	2 10:30 Morning Stretch 11:00 Cooking Memories/Recipe Readings 11:30 Words of Affirmation 2:15 Sensory Spa and The Best of the Pan Flute 3:00 John Williams and Spielberg Orchestra with One-On-One Chats	3 10:30 Moving to Music 11:00 Angels Up Above 11:30 Gaithers Gospel Music 2:15 Animal Kingdom 2:30 Worship Service (AUD)	4 10:30 Chair Dancing Exercise 11:00 Sensory "Show and Tale" 11:30 Adorable Baby Animals 2:15 Grocery Shopping Memories 3:00 Greatest Hits of Ella Fitzgerald	5 Cinco De Mayo 10:30 People of Faith 11:00 Sensory Relaxation 11:30 Tony Bennett Greatest Hits 2:15 Creative Coloring and Nature Sounds 3:00 Mariachi Music with Hand Massages and Aromatherapy 	6 10:30 Seated Exercise 11:00 Flora and Fauna 11:30 Famous People: "Bing Crosby" 2:15 Farm Life in the Early 20th Century and Farm Animals Photos 3:00 Baseball Legends	7 10:30 Music of the Everly Brothers 11:00 Balloon Volley 11:30 Sweet Sounds of Yesterday and Word Searches 2:15 Stress Reduction with Soothing Nature Sounds and Scenery 3:00 Musical Memories of Patsy Cline	
8 Mother's Day National Nursing Home Week 10:30 Morning Worship Songs 11:00 Gardening Landscapes 11:30 All About Tulips 2:30 Worship Service (AUD) 	9 10:30 Morning Stretch 11:00 Music of Sammy Kaye and Adult Coloring Pages 11:30 Nature Scenery And Relaxing Music 2:15 Sensory Lights and Shoulder Massages 3:00 TV Dinners Reminisce and Fun Facts	10 10:30 Moving to Music 11:00 Touch Of Lavender 11:30 Patsy Cline's Greatest Hits 2:15 Birds in the Backyard 2:30 Worship Service (AUD)	11 10:30 Chair Dancing Exercise 11:00 Childhood Memories 11:30 The Best Fruit Tarts Recipes 2:15 Tactile Sensory 3:00 Hope for the Heart	12 10:30 Worship Songs and Aromatherapy 11:00 Household Workshop 11:30 Greatest Duos in Hollywood 2:15 Picture Books and One-on-One Chats 3:00 Music Matters: Billy Joel	13 10:30 Sit and Be Fit 11:00 Gardens and Flowers 11:30 Bethel Music: Gospel, Praise and Worship Songs 2:15 Tactile Sensory and Vangelis The Best Relax Mix Compositions 3:00 Chicken Soup for the Soul	14 10:30 Balloon Volley to Polka Music 11:00 Puppies and Kittens Reminisce 11:30 Japanese Flute Music 2:15 Famous Places and Faces 3:30 Those Were the Days: New York in the 1950'	
15 10:30 CeCe Winans Goodness of God 11:00 Sports Time Memories 11:30 Fun with Ukulele Music 2:30 Worship Service (AUD) 	16 10:30 Morning Stretch 11:00 Touch of Lavender 11:30 Inside a Lollipop Factory 2:15 Sensory Lights and Hand Massages 3:00 62 Vintage Photos of Life in America During the 1960's	17 10:30 Moving to Music 11:00 Flora and Fauna 11:30 Sweet Sounds of Yesterday and Hand Massages 2:15 Sing-Along 2:30 Worship Service (AUD) 	18 10:30 Gentle Chair Stretch 11:00 Picture Books and Stories 11:30 Sewing Memories: Patterns, Fabrics, and Sewing Machines 2:15 Mix and Match Sensory Boxes 3:00 Gentle Sounds of a Mountain river and Aromatherapy	19 10:30 Seated Exercise 11:00 Angels Up Above 11:30 Lite Hits of the 1970's and Creative Coloring 2:15 Springtime Coloring Pages and Music Memories 3:00 Jack Benny Comedy in Bloom 	20 10:30 Sit and Be Fit 11:00 Rhythm Band and Big Band Music 11:30 Classic Chocolate Recipes 2:15 My Best Friends and shoulder Massages 3:00 Best Duets of the 1950's	21 10:30 Chair Dancing Exercises 11:00 Birds in the Backyard 11:30 Birds and River Sounds 2:15 How Its Made: "Tootsie Rolls" 3:00 Board Games Through the Years	
22 10:30 Hillsong Worship 11:00 All About Shirley Temple 11:30 Comedy Clips 2:30 Worship Service (AUD)	23 10:30 Morning Stretch 11:00 Relaxing Violin and Cello Background Music and One-to-One Chats 11:30 Old Time Radio Show 2:15 Tactile Sensory with Classic Slow Country Love Songs 3:00 The Voice of Firestone	24 10:30 Moving to Music 11:00 Sensory Lights and Celtic Flute Music 11:30 Greatest Country Songs 2:15 Rhythm Band 2:30 Worship Service (AUD) 	25 10:30 Gentle Chair Stretch 11:00 Kitchen Reminisce and Old Time Kitchen Gadgets 11:30 Relaxing Sounds: Bamboo Water Fountain and Picture Books 2:15 Angels Up Above 3:00 Dance of Life: Music for Relaxation	26 10:30 Seated Exercise 11:00 People of Faith 11:30 Japanese Onsen: Water Sounds, with Piano, Flute and Koto Music 2:15 Music of Les Paul Trio and Creative Coloring 3:00 Nature Scenery: Forest 4K 	27 10:30 Sit and Be Fit 11:00 Grocery Shopping Memories 11:30 Tea at Buckingham Palace 2:15 The Good Old Days on Wheels 3:00 Josh Groban in Concert and Hand Massages	28 10:30 Chair Dancing Exercises 11:00 Sensory "Baby Love" 11:30 Lionel Ritchie Greatest Hits 2:15 Household Items Then and Now 3:00 Birds of a Feather and Bird Sounds	
29 10:30 Hymns Sing-Along 11:00 Birds of a Feather 11:30 The Buddy Deane Show 2:30 Worship Service (AUD)	Memorial Day 30 10:30 Morning Stretch 11:00 Cooking Memories and Recipes Reading 11:30 Ana Vidovic: Full Concert Classical Guitar 2:15 Patriotic Sing-Along 3:00 Travelogue: Mt. Rushmore 	31 10:30 Moving to Music 11:00 Sensory Relaxation 11:30 Drive-in Movies Memories 2:15 Touch of Lavender 2:30 Worship Service (AUD)				Activities take place in A Lounge unless otherwise noted <i>*Activities are subject to change and/or cancellation*</i> (YT) = You Tube (IN2L) = Interactive Computer System (AUD) = Auditorium	