

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
November 2025 Heritage Manor West 4 Unit						1 10:15 Hot Chocolate with mini marshmallows and assorted cookies & “Who/What Am I” game 11:15 Morning Stretch 2:15 Bingo (WGR) 
2 10:15 November Scattegories on Whiteboard 11:00 Light Stretch 2:30 Worship Service (AUD) Daylight Saving Time Ends	3 10:15 Assorted Table Games 11:00 Dumbbell Fitness 2:15 Bingo (WGR) 	4 10:15 Crafter’s Corner: Thankful Flowerpot Card 2:30 Lucky Strike Bowling	5 10:15 Famous paintings discussion group 11:00 Rise & Shine Stretch 2:30 Musical Entertainment with John Heiserman (WGR)	6 10:15-11:45 Trip Outing: Autumn sightseeing <u>2:15 Classic Cuisine: Cranberry Orange Muffins (H)</u>	de Snoep Holiday Sale 10-4 7 10:30 People of Faith 11:00 Rosary 2:30 Bocce Ball 	de Snoep Holiday Sale 10-4 8 10:15 Penny Ante 11:00 Stretch & Flex 2:15 Bingo (WGR)
9 10:15 Hot Coffee/tea with assorted mini-Danish & Pictionary 11:00 Morning Stretch 2:30 Worship Service (AUD) 	10 <u>10:15 Classic Cuisine: Chocolate Chip Pumpkin Bars (H)</u> 2:15 Bingo (WGR)	11 10:15 Crafter’s Corner: Turkey craft 10:30 Honoring our Veterans (room-to-room) 2:30 Communion Service (AUD) Vetefans Day Remembrance Day (Canada)	12 10:15 Wheel of Fortune 11:00 Stretch & Kickball 2:30 Resident Council: Activity & Menu Planning Meeting (BL)	13 10:15 Cornhole Game 11:00 Rise & Shine Stretch 2:30 Campfire Sing-Along with Dan Furnald (AUD) 	14 10:30 People of Faith 11:00 Rosary 2:30 November Birthday Celebration with Randy Accardi (AUD)	15 10:15 Charades 11:00 Light Stretch & Flex 2:15 Bingo (WGR) 
16 10:15 Hot Cocoa with whipped cream and mini cheesecakes along with “Complete the Phrase” 11:00 Flex & Stretch 2:30 Worship Service (AUD)	17 10:15 Noodle Ball 11:00 Noodle Fitness 2:15 Bingo (WGR) 	18 10:15 Crafter’s Corner: Dried Leaf Pumpkins 2:30 Worship Service (AUD)	19 <u>10:15 Classic Cuisine: Butternut Squash Cookies (H)</u> 2:30 Catholic Mass (AUD) 	20 10:15 Trip Outing: Dunkin Donuts 2:30 Music Ministry with Royce	21 10:15 People of Faith 11:00 Rosary 2:30 Piano by Jay Daniels (AUD) 	HAPPY BIRTHDAY BRUCE! 22 10:15 Conversation Starters 11:00 Morning Stretch 2:15 Bingo (WGR)
HAPPY BIRTHDAY CATHERINE H! 23 10:15 The Price is Right (IN2L) 11:00 Light Stretch 2:30 Worship Service (AUD)	24 10:15 Jeopardy Trivia 11:00 Rise & Shine Stretch 2:15 Bingo (WGR)	25 10:15 Crafter’s Corner: Dog/Cat Canvas painting 2:30 Worship Service (AUD)	26 10:15 Stretch & Kickball 11:00 Reading Reflections with Rev. Dawn Rivers <u>2:15 Classic Cuisine: Cinnamon Apple Crescents (H)</u>	HAPPY THANKSGIVING! 27 10:15 Thanksgiving Words Within on Whiteboard (WGR) 11:00 Sit & Be Fit Stretch (WGR) 2:30 Bingo (WGR) Thanksgiving Day (U.S.)	28 10:15 Learning about women of faith: Sarah, wife of Abraham 11:00 Rosary 2:30 Family Feud (IN2L)	29 10:15 Pumpkin Spice Lattes with gingerbread cookies & “You be the judge” game 2:15 Bingo (WGR) 
30 10:15 Name that 50s & 60s Tune 11:00 Morning Flex 2:30 Worship Service (AUD)	  (AUD) = De Young Auditorium (YT) = You Tube Premium (WGR) = West Great Room (H) = Hearth Kitchen Area (IN2L) = Interactive Computer games **Activities take place in the Blanton Lounge unless otherwise noted** **Activities are Subject to Change or cancellation at any time**  					