



# Mental Health Awareness Walk

**Saturday, May 17, 2025**

**Check-In: 8:45 a.m.**

**Walk Begins: 9:30 a.m.**

**301 Sicomac Ave., Wyckoff, NJ 07481**

Join us and take steps to support mental health awareness, eliminate stigma, and prioritize wellness. All are welcome! We'll have T-shirts, water stations, and an accessible restroom on-site.

The route is a half mile: complete as many laps as you choose. Register for free, invite friends and family, and help raise funds.

Register: [CHMHWalk25.GiveSmart.com](https://CHMHWalk25.GiveSmart.com)

