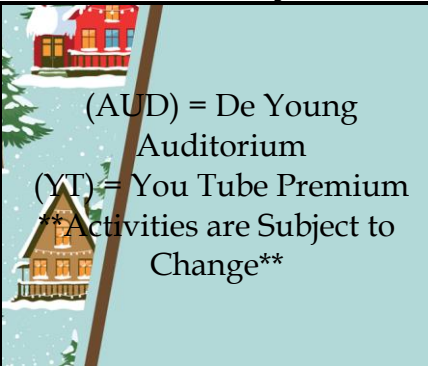


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 (AUD) = De Young Auditorium (YT) = You Tube Premium **Activities are Subject to Change**	10:15-10:30 Balloon Stretch 1 10:30-11:30 BINGO 2:15-3:15 Spanish Club: "Postres Navidenos-Holiday Desserts" with Genny & Margarita 3:15-3:45 Multicultural Sing-Along 4-4:30 Engelbert Humperdinck Christmas Special 2020 (YT)	10:15-10:30 Gentle Chair Exercises 2 10:30-11:30 Holiday themed Sensory Spa with Margarita 11:30-11:45 Comedy Classics: I Love Lucy 2:30 Communion Service (AUD) 4-4:30 Karaoke on the IN2L: Holiday Songs	10:15-10:30 Sit and Fit 3 10:30-11:30 "The Dean Martin Christmas Show (1972) "YT" 10:20-10:50 Pet therapy with Carol and Maylee (on unit) 2:00-4:00 Resident Christmas Party with assorted hors d'oeuvres, holiday desserts, live musical performance and photo booth (on unit)	10:15-10:30 Stretching Exercises with Quiet Meditation by Paul Eugene 4 10:45-11:20 Chaplain Time 11:20-11:45 Old Country Christmas Songs 2:15-3:15 BINGO 3:15-3:45 Perry Como Christmas Special 1974 (YT) 4-4:30 Martha Stewart's Christmas Dream Special	5 10:15-11:45 Grandma's Kitchen: Gingersnap Cookies 2:15-2:45 Holiday Scattegories 2:45-3:00 Rhyming Words 3:00 Rick Steve's European Christmas (YT) and Hand Massages 4:15-4:30 Name That Tune: Christmas Carols	10:15-10:30 Noodle Fitness 6 10:30-11:30 BINGO 11:30-11:45 Perfect Hot Chocolate from Around the World (YT) <u>2:15-3:15 Artistic Expressions: Nativity Silhouette Fleece Pillow Craft</u> 3:15-3:45 The Nutcracker Ballet (Full length NY Ballet)
10:15-10:30 Morning Stretch 7 10:30-11:30 Lucky Strike Bowling (Sunroom) 11:30 Hillsong Church: Christmas Carols Spectacular 2:30 Worship Service (AUD) 	10:15-10:30 Balloon Stretch 8 10:30-11:30 BINGO 2:15-3 Holiday Traditions and Reminiscing with Talia 3-3:45 Peter, Paul & Mary - The Holiday Concert (1988) 4-4:30 Name That Holiday Tune 	10:15-10:30 Gentle Chair Exercises 9 10:30-11:00 Name 30 Things Related to Christmas (On the whiteboard) 11-11:45 World Traveler's: "The North Pole" 2:30 Worship Service (AUD) 4-4:30 Family Recipes and Holiday Traditions	10:15-10:30 Sit and Be Fit 10 10:20-10:50 Pet therapy with Carol and Maylee (on unit) 10:30-11:00 Target Toss 11-11:30 Sinatra's Classic Holiday Songs 2:15-3 Singing Christmas Carols with Shannon 3:15-3:45 Victorian Christmas Traditions (YT) 4-4:30 True or False Game 	10:15-10:30 Chair Dancing 11 10:45-11:20 Chaplain Time 11:20-11:45 Guess the Holiday Sound (YT) <u>2:15-3:15 Artistic Expressions: Star Mini Wall Wreath</u> 3:15-3:45 Food Network- Holiday Baking Championship 4-4:30 Gracias Choir - Christmas Concert (YT) 	12 10:15-11:45 Grandma's Kitchen: Ricotta Christmas Cookies 2:30-3:30 December Birthday Celebration with Eric Kerrsen (AUD) 4-4:30 Name 30 words that start with the letter "S" (on the whiteboard) 	10:15-10:30 Noodle Fitness 13 10:30-11:30 BINGO 11:30-11:45 The Best Holiday Cookie Designs 2:15-2:45 Spin the Wheel Game 2:45-3:00 Hand Massages 3-3:45 Reminiscing Through Music 
10:15-10:30 Morning Stretch 14 10:30-11:00 Cece Winans Presents: Generations, A Christmas Special 11-11:30 Bocce Ball 11:30 Alan Jackson Christmas Songs 2:30 Worship Service (AUD)  Hanukkah Begins	10:15-10:30 Balloon Stretch 15 10:30-11:30 BINGO 2:15-2:45 Holiday Trivia 2:45-3:00 Hand Massages 3:00 Silent Night, Holy Night (Legendary Christmas Concert from Berlin, December 1990) 4-4:30 Would You Rather? (Holiday Edition)	10:15-10:30 Gentle Chair Exercises 16 <u>10:30-11:30 Artistic Expression: Hot Cocoa Thumbprint Ornament</u> 11-11:30 Cutest Animals playing in the snow 11:30-11:45 Inga's Favorite Holiday Desserts 2:30 Worship Service (AUD) 4-4:30 Holiday Charades	10:15-10:30 Sit and Be Fit 17 10:20-10:50 Pet therapy with Carol and Maylee (on unit) 10:50-11:45 The Dean Martin Christmas Show (1968) 2:15-3:15 Christmas in Jamaica with Sherfia 3:15-3:45 Dyker Heights Christmas Lights Walking Tour 4-4:30 Singing Christmas Carols	10:15-10:30 Stretching Exercises with Quiet Meditation by Paul Eugene 18 10:45-11:20 Chaplain Time 11:20-11:45 Winter Trivia (YT) 2:15-3:15 Fancy Nails and Holiday Tunes with Margarita 3:15-3:45 Crackling Fireplace (YT) & Word Puzzles 4-4:30 How Sweet the Sound- Reflecting on "Amazing Grace"	19 10:15-11:45 Grandma's Kitchen: Hot Chocolate Cookies 11:30-11:45 Preppy Kitchen: Sugar Cookies 2-4 Holiday Movie Marathon: "White Christmas" and Sweet Treats 4-4:30 Holiday Themed Pictionary	10:15-10:30 Noodle Fitness 20 10:30-11:30 BINGO 11:30-11:45 Food Network: Ina's Favorite Meatloaf 2:30-3:30 Christmas Mass with St. Elizabeth's Church (AUD) 
10:15-10:30 Morning Stretch 21 10:30-11:00 Christmas Spirit Light Show, Lancaster, PA (YT) 11:00-11:45 Clothing Jingo 2:30 Full Gospel Church of Garfield (AUD) Winter Begins	10:15-10:30 Balloon Stretch 22 10:30-11:00 Roll the Dice Game 11-11:30 Finish the Common Phrase 2:15-3:15 BINGO 3:15-3:45 A Carnegie Hall Christmas Concert (1991) and Hand Massages 4-4:30 "Twelve Days of Christmas Trivia"	10:15-10:30 Gentle Chair Exercises 23 10:30-11:30 Drumming Circle with Talia 11:30-11:45 Vintage Christmas 50s & 60s Memories with Holiday Classic Music 2:30 Christmas Service (AUD) 4-4:30 Holiday Storytelling and Cinnamon Scents	10:15-10:30 Sit and Be Fit 24 10:20-10:50 Pet therapy with Carol and Maylee (on unit) <u>10:30-11:30 Color Your Own Gingerbread Stockings:</u> 11:30-11:45 The Preppy Kitchen: Making Christmas Cookies with the Family (YT) 2-4 Gift Giving, Eggnog and Cookies 4-4:30 Holiday Movie Quiz 	10:15 Christmas Hymn Sing 25 10:45-11:30 A lookback at Christmas through the years (YT) & Christmas traditions reminisce 2:15 Radio City Music Hall's Christmas Spectacular 3:15-3:45 Hand Massages and Peppermint Scents 4-4:30 A Wondrous Christmas- David Archuleta and The Tabernacle Choir (YT) Christmas 	26 10:15-11:45 Grandma's Kitchen: Eggnog Whoopie pies 2:15-2:45 Who/What Am I? 2:45-3:30 Down Memory Lane: "Classic Movies" 4-4:30 Bing Crosby Musical Videos Boxing Day (Canada) Kwanzaa Begins 	10:15-10:30 Noodle Fitness 27 10:30-11:30 BINGO 11:30-11:45 How to Make Cake Pops with the Preppy Kitchen 2:15-2:45 Wheel of Fortune 2:45-3:00 Rhyming Pairs 3:15-3:45 Lionel Richie- Full Show, KFC Yum Center (YT)
10:15-10:30 Morning Stretch 28 10:30-11:00 Holiday Worship Songs with Lyrics 11:00-11:30 Ring Toss 11:30-11:45 Amazing Cake Decorating Compilation 2:30 Worship Service (AUD)	10:15-10:30 Balloon Stretch 29 10:30-11:30 BINGO 11:30 Dione Warwick Greatest Hits (YT) 2:15-3:45 5G Monthly Birthday Celebration 4-4:30 Song Pictionary on the whiteboard 	10:15-10:30 Gentle Chair Exercises 30 <u>10:30-11:30 Artistic Expression: Frosty Paper Plate Craft</u> 11:30-11:45 Easy Listening Music and Hand Massages 2:30 Worship Service (AUD) 4-4:30 Higher or Lower Game	10:15-10:30 Moving to Music 31 10:30-11 Three Letter Word Game 11-11:30 Pub Trivia on the IN2L 11:30-11:45 New Year's Eve Traditions Around the World 2:15-3:15 Food Jingo 3:15-3:45 Bossa Nova Music and Hand Massages 4-4:30 Devotionals & Hymns w/Charles New Year's Eve	 December 2025 Southgate Special Care Unit Main Lounge		