

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
(AUD) = De Young Auditorium (YT) = You Tube Premium **Activities are Subject to Change** 	1 10:15-10:30 Balloon Stretch 10:30-11:30 Snoezelen Sensory 2:15-3:15 Spanish Club: "Postres Navidenos-Holiday Desserts" with Genny & Margarita 3:15-3:45 Multicultural Sing-Along 4-4:30 Engelbert Humperdinck Christmas Special 2020 (YT)	2 10:15-10:30 Gentle Chair Exercises 10:30-11:30 Holiday Themed Sensory Spa with Gladys 11:30-11:45 Comedy Classics: I Love Lucy 2:30 Communion Service (AUD) 4-4:30 Playful Puppies and Kittens, Peppermint	3 10:15-10:30 Chair Dancing 10:30-11:30 "The Dean Martin Christmas Show (1972)- "YT 10:20-10:50 Pet therapy with Carol and Maylee (on unit) 2:00-4:00 Resident Christmas Party with assorted hors d'oeuvres, holiday desserts, live musical performance and photo booth (on unit)	4 10:15-10:30 Stretching Exercises with Quiet Meditation by Paul Eugene 10:30-11:00 Places from the Heart 11:20-11:45 Old Country Christmas Songs 2:15-3:15 Snoezelen Sensory 3:15-3:45 Perry Como Christmas Special 1974 (YT) 4-4:30 Martha Stewart's Christmas Dream Special	5 10:15-10:30 Gentle Rhythm 10:30-11:30 Snoezelen Sensory 2:15-2:45 Rhythm Band Exercise 2:45-3:00 Adorable Babies and 1:1 Chats 3:00 Rick Steves European Christmas (YT) and Hand Massages 4-4:30 Reminiscing about all that's Red & Green	6 10:15-10:30 Moving to Music 10:30-11:00 Tactile Tables 11-11:30 The Good Old Days on Wheels 11:30-11:45 Perfect Hot Chocolate from Around the World 2:15-3:00 Creative Coloring 3-3:45 The Nutcracker Ballet (Full length NY Ballet)
7 10:15-10:30 Morning Stretch 10:30-11:00 Tabletop Sensory 11-11:30 Hand/Shoulder Massages and Patagonia in 4K 11:30 Hillsong Church: Christmas Carols Spectacular 2:30 Worship Service (AUD) 	8 10:15-10:30 Balloon Stretch 10:30-11:30 BINGO 2:15-3 Holiday Traditions and Reminiscing 3-3:45 Peter, Paul & Mary - The Holiday Concert (1988) 4-4:30 I Hear Holiday Tunes and Cinnamon Scents 	9 10:15-10:30 Gentle Chair Exercises 10:30-11:00 Beethoven 5th Symphony and Hand Massages 11-11:45 World Traveler's: "The North Pole" 2:30 Worship & Communion 4-4:30 Ray Conniff Christmas Greats and Hands/Shoulder Massages (YT)	10 10:15-10:30 Chair Dancing 10:20-10:50 Pet therapy with Carol and Maylee (on unit) 10:30-11:00 Tactile Tables 11-11:30 Sinatra's Classic Holiday Songs 2:15-3 Drumming Circle with Talia 3:15-3:45 Victorian Christmas Traditions (YT) 4-4:30 Decorating for a Cottagecore Christmas (YT)	11 10:15-10:30 Morning Stretch 10:45-11:20 Chaplain Time 11:20-11:45 Reminiscing Corner: "Holiday Tunes" 2:15-3:15 Snoezelen Sensory 3:15-3:45 Food Network- Holiday Baking Championship 4-4:30 Gracias Choir - Christmas Concert (YT) 	12 10:15-10:30 Mindful Moments  10:30-11:30 Snoezelen Sensory 11:30 Doris Day Holiday Songs 2:30-3:30 December Birthday Celebration with Eric Kerrsen (AUD) 4-4:30 Baking Holiday treats with Martha Stewart 	13 10:15-10:30 Moving to Music 10:30-11:00 Sight and Sounds of Nature 11-11:30 The Best Holiday Cookie Designs 2:15-2:45 Table Games and 1:1 Chats 2:45-3:00 Hand Massages 3-3:45 Eggnog Poundcake Recipe from Scratch (YT)
14 10:15-10:30 Morning Stretch 10:30-11:00 Cece Winans Presents: Generations, A Christmas Special 11-11:30 Picture Books and 1:1 Chats 11:30 Alan Jackson Christmas Songs 2:30 Worship Service (AUD) Hanukkah Begins	15 10:15-10:30 Balloon Stretch 10:30-11:30 Sensory Relaxation 2:15-2:45 Tabletop Sensory 2:45-3:00 Hand Massages 3:00 Silent Night, Holy Night (Legendary Christmas Concert from Berlin, December 1990) 4-4:30 Pondering Prompts	16 10:15-10:30 Gentle Chair Exercises 10:30-11:00 Creative Coloring and Holiday Tunes 11-11:30 Cutest Animals playing in the snow 11:30-11:45 Inga's Favorite Holiday Desserts 2:30 Worship Service (AUD) 4-4:30 Best of 1950's to 1990s Christmas Carols	17 10:15-10:30 Chair Dancing 10:20-10:50 Pet therapy with Carol and Maylee (on unit) 10:30-11:00 Hand Massages 11-11:30 Dyker Heights Christmas Lights walking tour 2:15-3:00 Reminiscing Through Music 3-3:45 The Toymaker & the Tea Room of Silent Lake Village 4-4:30 Singing Christmas Carols	18 10:15-10:30 Stretching Exercises with Quiet Meditation by Paul Eugene 10:30-11:00 Hymns with Lyrics 11-11:30 Classic Christmas Cookies 2:15-3:15 Snoezelen Sensory 3:15-3:45 The Best of Bing Crosby Christmas Show 4-4:30 How Sweet the Sound- Reflecting on "Amazing Grace"	19 10:15-10:30 Gentle Rhythm 10:30-11:30 Snoezelen Sensory 11:30-11:45 Preppy Kitchen: Sugar Cookies 2-2:45 Touch of Lavender with Sherfia, and Instrumental Holiday Tunes 2:45-3:45 The Judy Garland Christmas Show 4-4:30 Sharing Holiday Memories	20 10:15-10:30 Moving to Music 10:30-11:00 Reminiscing Through Music 11-11:30 Food Network: Ina's Favorite Meatloaf 2:30-3:30 Christmas Mass with St. Elizabeth's (AUD)
21 10:15-10:30 Morning Stretch 10:30-11:00 Christmas Spirit Light Show, Lancaster, PA (YT) 11:00-11:30 Sing-Along with Susie Q. 2:30 Full Gospel Church of Garfield (AUD) Winter Begins	22 10:15-10:30 Balloon Stretch 10:30-11:00 Mix and Match Sensory Boxes 11-11:30 Finish the Common Phrase 2:15-3:15 Snoezelen Sensory 3:15-3:45 A Carnegie Hall Christmas Concert (1991) and Hand Massages 4-4:30 Holiday Chestnut Recipes with Hand Massages	23 10:15-10:30 Gentle Chair Exercises 10:30-11:00 Singing Christmas Carols with Courtney 11:30-11:45 Vintage Christmas 50s & 60s Memories with Holiday Classic Music 2:30 Christmas Service (AUD) 4-4:30 Nostalgic Photos: A Look Through Old Holiday Photos	24 10-11:45 Gift Giving and Holiday Tunes 10:20-10:50 Pet therapy with Carol and Maylee (on unit) 2:15-2:45 Sensory Relaxation 2:45-3:15 Let's Talk Cards 3:15-3:45 The Preppy Kitchen: Making Christmas Cookies with the Family (YT) 4-4:30 The Dean Martin Christmas Show (1968)	25 10:15 Christmas Hymn Sing 10:45-11:30 A lookback at Christmas through the years (YT) & Christmas traditions reminisce 2:15-3:15 Radio City Music Hall's Christmas Spectacular 3:15-3:45 Hand Massages and Peppermint Scents 4-4:30 A Wondrous Christmas- David Archuleta and The Tabernacle Choir (YT) Christmas 	26 10:15-10:30 Gentle Rhythm 10:30-11:30 Snoezelen Sensory 2:15-3:45 Holiday Movie Marathon: "It's a Wonderful Life," with Hand Massages and Aromatherapy 4-4:30 Mary Berry's Heart-Warming Chicken Dish Boxing Day (Canada) Kwanzaa Begins 	27 10:15-10:30 Moving to Music 10:30-11:00 Best London Museums to Visit 11-11:30 Hand/Shoulder Massages with Sugar Cookie Scents 11:30-11:45 How to Make Cake Pops with the Preppy Kitchen 2:15-3:15 IN2L-Karaoke Hour 3:15-3:45 Lionel Richie- Full Show, KFC Yum Center (YT)
28 10:15-10:30 Morning Stretch 10:30-11:00 Holiday Worship Songs with Lyrics 11:00-11:30 Table Games and Puzzles 11:30-11:45 Amazing Cake Decorating Compilation 2:30 Worship Service (AUD) 	29 10:15-10:30 Balloon Stretch 10:30-11:30 Snoezelen Sensory 2:15-3:00 Creative Coloring and Bocelli Greatest Hits 3:15-3:45 Dionne Warwick Greatest Hits 4-4:30 Guided Imagery and Cinnamon Scents 	30 10:15-10:30 Gentle Chair Exercises 10:30-11:00 Creative Coloring and Soothing Latin Sounds 11:00-11:30 Kids do the funniest things 2:30 Worship Service (AUD) 4-4:30 Memories of the 1950s: Doo-Wop Love Songs in the Sunlight	31 10:15-10:30 Moving to Music 10:30-11:00 Songs of Yesterday 11-11:30 Amazing Gingerbread houses (YT) 11:30-11:45 New Year's Eve Traditions Around the World 2:15-3:15 Food Jingo 3:15-3:45 Bossa Nova Music and Hand Massages 4-4:30 Reminiscing Through Music New Year's Eve	 DECEMBER 2025 Southgate Special Care Unit A & C Lounge <i>**Activities subject to change**</i> 		