



# Dinner and 1.0 CEU Program

## The Road Less Traveled: Navigating the Complex Terrain of Older Adults' Mental Well-Being in the Long-Term Care Setting

Providing effective mental health support for older adults residing in long-term care settings is crucial due to the unique challenges they face. This course aims to equip mental health professionals, specifically social workers, with the necessary knowledge and skills to address these challenges and foster an integrated approach toward supporting individuals with mental health concerns.

Understanding the impact that mental health issues have on older adults within a long-term care setting is essential for providing appropriate interventions and support systems. Participants will explore how a mental health diagnosis such as depression, anxiety, or cognitive decline can affect the patient's overall well-being and quality of life.

**Approved for:**  
**RN and SW CE credits**



**RSVP by September 12**

**TWeil@ChristianHealthNJ.org** or **(201) 848-7549**

**301 Sicomac Ave. Wyckoff, NJ 07481 ChristianHealthNJ.org**

**Date:**  
Wednesday, September 17

**Registration, Mingling,  
and Buffet Dinner:**  
5 p.m.

**CEU:**  
5:30 to 6:30 p.m.

**Location:**  
Christian Health  
DeYoung Auditorium  
301 Sicomac Ave. Wyckoff, NJ 07481

**Sponsored by:**  
**Longtree & Associates Education**