

A Moment in Time

CHRISTIAN HEALTH CARE CENTER
2008 ANNUAL REPORT



MISSION STATEMENT

The mission of Christian Health Care Center (CHCC) is to provide a continuum of high-quality, family-centered geriatric and mental-health services in a compassionate and loving environment, consistent with the Christian principles on which the institution was founded. The mission is rooted in the belief that we minister to the whole person, recognizing that a person's faith should be utilized, strengthened, and nourished as an aid in the recovery process. Accordingly, we respect and care for the physical, emotional, and spiritual needs of our patients, residents, clients, and their families.

VISION STATEMENT

The vision of CHCC is to be the hands of Christ through expressions of mercy and love. We aspire to live out our ministry of healing and caring to fulfill the need for quality services offered in a Christian environment. We seek to provide an ever-widening and enriched continuum of high-quality services. We commit ourselves to the Christian principles on which we were founded, thereby enabling us to carry out God's work with integrity and compassion.



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EACH DAY AT CHRISTIAN HEALTH CARE CENTER (CHCC),

employees, volunteers, and physicians strive to reinforce the organization's mission and vision. Doing so requires dedication to the Christian principles on which the organization was founded, respect for those we care for and for each other, and compassion for "even the least" of our brethren.

Our commitment to fulfilling this goal is reflected in the pages of this annual report, "A Moment in Time." By taking you on a journey through the highlights of 2008, we hope to illustrate how the entire CHCC family seeks to be the hands of Christ at all times, to all people.

Every day is a gift from God, and with it comes the opportunity to use the talents, skills, and wisdom that He has given us to make a difference in the lives of the residents, patients, and clients entrusted to our care. We thank you, our sponsors, donors, and the community, for your confidence in our ability to live our mission. Without your support, Christian Health Care Center would not have been able to achieve – and build upon – its commitment to provide high-quality health care for North Jersey residents.



Douglas A. Struyk, CPA, LNHA
President and CEO

Sandra De Young, EdD
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A Unique Mission:

CARING FOR CLERGY

At Christian Health Care Center (CHCC), the clergy have played an integral role in its development and continue to help guide the institution's growth while adhering to its mission. The Center, in return, remains committed to addressing some of the clergy's unique needs.

"One way we do so is by organizing Clergy Days," says Rev. James Knol, LCSW, Pastoral Care Director and Ramapo Ridge Psychiatric Hospital Chaplain. "Each Clergy Day features a guest speaker discussing a topic suggested by clergy so that we know we're on target and providing a truly beneficial program. Small group discussions follow so participants can ask questions and voice concerns about the program topic."

Sharon Knol, pictured with her husband, Rev. James Knol, LCSW, facilitates the Clergy Spouses Support Group at Christian Health Care Center.



A Moment

IN TIME



JANUARY



Activities Vital for Seniors

Activities are a vital component of Christian Health Care Adult Day Services of Wayne

and Wyckoff. They provide mental and physical stimulation and boost independence through diverse, enjoyable, educational, and interactive activities based on the strengths, interests, and function level of the clients. On a cold winter day, Laurie Cochran, left, Assistant Administrator and Activities Director at the Wayne program, offered a hint of spring by enlisting "Green Gardeners," such as client Anna Janitz, to prune flowers and plants.

FEBRUARY

Knitting Project Aids African Orphanages

The Longview Assisted Living Residence organized the African Knitting Project to benefit two orphanages in South Africa. Residents knitted items from yarn donated by Christian Health Care Center (CHCC) employees and the community.

Hillcrest Residence Shines on Survey

Hillcrest Residence received a deficiency-free survey by the New Jersey Department of Community Affairs. The survey included a comprehensive review of applicable regulations that govern the functioning of Hillcrest.

MARCH



Grant Subsidizes Cost of Adult Day Services

Christian Health Care Adult Day Services of Wayne and Wyckoff received a grant from the Lillian P. Schenck Fund to subsidize the cost of the program for seniors who cannot otherwise afford to attend. This was the fifth consecutive year that Adult Day Services received the grant.

Donations Enhance Nursing Home Environment

The Post family of Hawthorne made a donation to Heritage Manor Nursing Home in memory of Jan Post's mother, a former resident. The funds were used to provide musical entertainment, including a harpist, and to purchase a big-screen, high-definition TV set and Nintendo Wii game, all for the benefit of residents.



This year, "Contemplation and Mission: Finding the Hermit in All of Us" was presented by the Most Rev. John W. Flesey, STD, DD, Pastor of Most Blessed Sacrament and Auxiliary Bishop of the Archdiocese of Newark. Participants explored the challenges of ministering in a complex contemporary culture. "Bringing New Life to Congregations: Renewal, Transformation, or Revitalization?" was addressed by the Transformational Ministry Team of the New Jersey Synod of the Evangelical Lutheran Church of America. Identifying key theological and Biblical issues that lie behind models for renewal were discussed.

Perhaps the most unique Clergy Day for 2008, however, was created solely for clergy spouses. "Finding the Balance: Life as a Clergy Spouse" was geared to help them balance their personal life with the demands of their public persona.

"I believe both personally and professionally that spouses of clergy need tools to deal with the delicate balance between taking care of family and being very much in the public eye and scrutiny of the congregation and the community," says therapist Amy L. Flavin, LPC, who presented the program. "Being a clergy spouse for 27 years, as well as a professional counselor, I feel that having a support network can make all the difference in the world when the variety of challenges that a clergy spouse faces arises. Knowing that others have dealt with similar challenges can ease the anxiety and difficulty that may come with this unique position."

Program attendee Sharon Knol, wife of Rev. Knol, echoed Mrs. Flavin's viewpoint.

"During the program, I was reminded of the conflicting emotions that surround the role of the clergy spouse, of how difficult it sometimes is to balance and separate home and church. On any given day, what should my priorities be? If I choose my friends and family over the church, how does that reflect on my husband? I thought of how vulnerable I felt fostering friendships within the church and how lonely it was when I did not," Mrs. Knol says. "Amy gave us a lot of encouragement to be true to who we are and to, first and foremost, foster a spiritually and emotionally healthy relationship with our husbands. Those at the event were eager to share their experiences with each other and were relieved to know that others understood. They were relieved, too, that there was a place that would provide the guidance, support, and encouragement to give voice to both their joy and their pain."

At the request of program participants, CHCC established a Clergy Spouses Support Group. The group, facilitated by Mrs. Knol, meets from 10 a.m. to noon the third Thursday of the month at CHCC. For more information, call (845) 986-8562.



Legend Quarterly All Star Named

Compton Shepherd, Dietary Van Driver, was honored as a Legend Quarterly All Star, a program which recognizes and rewards employees who exemplify the Center's mission and vision in an outstanding manner. On the nomination form, Mr. Shepherd was described as possessing a work ethic that is unique in many ways and as being accommodating, helpful, friendly, and ready and able to eagerly do any job, regardless of what it is, with a smile and laughter.

Colleagues Advance in Professional Organization

Hadi Raji, Michael Simchera, and Arthur Cardillo, all Plant Operations and Maintenance Managers, were accepted into the Healthcare Facilities Management Society of New Jersey, a professional organization and very active chapter of the American Society of Healthcare Engineering.

Service Excellence Celebrated

"Get on Board the Service-excellence Bus" was the 70s-theme celebration of the Center's Journey to Excellence. Staff wore clothes from the 70s, enjoyed refreshments and prizes, and were introduced to the revamped service-excellence teams:

Bright Ideas, Making All People Satisfied, Physician Satisfaction, Rewards and Legends, Standards, 3 to 11, and the Green Team.

Lead CNA Position Enhances Nursing Home Care

As part of a service-excellence initiative, Heritage Manor developed a team-centered approach to care called the Neighborhood Project. As part of this project, a new position

- Lead Certified Nursing Assistant - was created. Each Lead CNA receives a morning report and provides input to the Charge Nurse regarding nursing assignments. The Lead CNA ensures that assignments are complete and ensures the quality of care that CNAs provide to residents. Lead CNAs are provided with extensive leadership training, including communication skills, coaching, decision-making skills, motivation, and team building.

APRIL

Girl Scout Project Blankets Seniors with Warmth

Girl Scout Troop No. 1130 from St. Paul School in Ramsey visited Heritage Manor residents and presented them with



handmade fleece blankets. The scouts were working toward a Bronze Award, the highest award for Junior Girl Scouts. The blankets were part of the two-year award project that focused on animal care and protection. Other components of the project included community-service endeavors and fund-raisers with proceeds designated for the Ramapo Bergen Animal Refuge, Bergen County's only non-profit, no-kill shelter located in Oakland.



ECONOMY PROMPTS INCREASED NEED FOR

Counseling Center Services

When the economy started its downward spiral in 2008, the community turned to Christian Health Care Counseling Center (CHCCC) for help addressing the resulting anxiety and depression. New client volume increased 51 percent in 2008, primarily due to the day-to-day stress related to living in such difficult, unsettled times.



Youth "Work" at Center for a Day

For the seventh consecutive year, CHCC participated in "Bring a Child to Work Day." Employees brought children to work with them for the day to participate in educational and fun activities.

A Floral Thank You

As a thank you to Evergreen Court residents who volunteer to read at their school, students Chris and Nick Rea



planted flowers at the senior residence. The twins are students at Sicomac School in Wyckoff, which received a grant from the New Jersey Education Association to promote community-service projects performed by kindergarten and third-grade students.



Employees Invite Clergy to Work

The Center's Bring Your Clergy to Work Day provided employees with the opportunity

to invite their spiritual leader to witness the important work that they do and help them learn about the Center's services.

History in the Making: First Female Board Chair Named

The Center marked an exciting milestone in its 97-year history with the election of Sandra De Young, EdD, as the first female Chair of the board of trustees. Ms. De Young, who is Dean of the College of Science and Health at William Paterson University of New Jersey, has been a dedicated trustee for 18 years.

Medical Director Named

Mohammed A. El Rafei, MD, became the Medical Director of Ramapo Ridge Psychiatric

Hospital. Dr. El Rafei, who is board-certified by the American Board of Psychiatry and Neurology, previously served as Medical Director of the psychiatric unit at Chilton Memorial Hospital in Pompton Plains. He is a graduate of Ain Shams University in Cairo, Egypt, where he also completed his internship. He was a resident at Bergen Pines County Hospital in Paramus.

Thank You, Volunteers!

CHCC volunteers were honored during the annual appreciation luncheon. Volunteers perform a wide range of vital tasks throughout the Center's programs.

Pinning Ceremony Recognizes Newly Certified Aides

The Certified Nursing Assistant Pinning Ceremony recognized 14 employees who successfully completed the Nurse Aide Training and Competency Evaluation Training Program at the Center.

Uniformed Dress Code Unveiled

The Center's new uniformed dress code was introduced during the Code Unity Fashion Show. The new guidelines were created in an effort to convey a powerful, positive, and professional image of the Center to residents, patients, clients, families, visitors, and the community.

"This year we saw a tremendous increase in new referrals as well as an increase in the number of visits for established clients," said Kathy Coletti, DSW, LCSW, CHCCC Administrative Director. "The fragile state of the economy has caused such stress on so many levels. Our goal is to provide the best and most appropriate care possible to help people get through this tense period."

Quality mental-health care has been a priority at Christian Health Care Center since its founding in 1911. At the time, treatment of and for the mentally ill was abysmal. In an effort to elevate care, a group of 14 deacons from the Reformed tradition made a commitment to build New Jersey's first private psychiatric hospital which would provide physical, mental, and spiritual care for individuals with mental illness, regardless of ability to pay.

Today, the center offers four mental-health programs. Ramapo Ridge Psychiatric Hospital is a 58-bed inpatient facility for adult and geriatric patients. The hospital is licensed by the State of New Jersey and accredited by the Joint Commission. An individual wellness and recovery plan is prepared for each patient by an interdisciplinary team. Treatment includes medication, individual

and group psychotherapy, education, therapeutic activities, family support, and pastoral care.

CHCCC is the licensed mental-health service of Ramapo Ridge. Children, adolescents, and adults are treated for a wide range of mental-health issues, such as depression; anxiety; bipolar disorder; grief; and identity, self-image, marital, parenting, and dysfunctional relational issues. Treatment includes medication therapy and education, individual and family therapy, support groups, and education.

The Ramapo Ridge Partial Program is a short-term daily program designed to help decrease symptoms and develop coping skills needed for everyday living. The program serves as a preventive step to inpatient treatment or as a component of care following inpatient treatment. Goals are to alleviate the impairment that resulted in admission to the program or which required an intensive level of intervention, enhance coping abilities, assist with individual clinical needs, and return the client to his/her pre-existing daily functioning levels.

Pathways is the Center's daily outpatient program designed specifically to treat adults with both a developmental disability and a co-existing mental illness. The program aims to decrease acute psychiatric symptoms and behaviors, which can be compounded by development disabilities, and increase skills in coping with the demands of daily living and work.

For more information about the Center's mental-health programs, call (201) 848-5200 or visit www.chccnj.org.

At left: The Christian Health Care Counseling Center staff includes, from left, Jackie O'Sullivan, Client Registration and Billing Services Director; Tom Martin, LCSW, CAS, therapist; Alice Plummer, MD, Medical Director; Kathy Coletti, DSW, LCSW, Administrative Director; Donna Love, Francine Mohammed, Judy Van Dyke, and Natascia Bolognini, Office Associates; Anne Lisciotto, LCSW, and June Auger, LPC, therapists; Sheila Rankin, Office Associate; and Tom Burklow, EdD, LMFT, and Barbara Lankelis, LCSW, therapists.



MAY

Center Recognized for Achievements in National Initiative

Healthcare Quality Strategies Inc., a Medicare-designated quality-improvement organization, recognized the Center for its achievements in the nationwide Nursing Home Quality Initiative. The initiative is a three-year project sponsored by the Centers for Medicare & Medicaid, an agency of the U.S. Department of Health and Human Services. The Center, a voluntary participant, focused on reducing high-risk pressure ulcers, decreasing the use of physical restraints, and improving pain management and depression management.

Food Drive Benefits State Organization

The Social Work Department celebrated National Social Work Month by organizing a food drive to benefit the Community FoodBank of New Jersey. Nearly 20 boxes of food were collected.

State, National Organizations Bestow Awards on Center

CHCC staff and initiatives were recognized for excellence by state and national organizations. The New Jersey Association of Homes and Services for the Aging pre-

sented five awards to CHCC. Anthony Van Grouw Jr., MD, former board Chair, received the Facilities Trustee of the Year. Marion Miller, Heritage Manor Lead CNA, received the Staff Person of the Year Award, and junior volunteer Steven Kanczewski was recognized as Junior Volunteer of the Year. The Heritage Manor Activity Box Project was recognized as Innovation of the Year, and the Marketing Department was feted for community-outreach efforts. Additionally, *Center Life* and the 2007 annual report received awards of merit in the 27th Annual Healthcare Advertising Awards.

JUNE

Sheriff Offers Safety Tips for Seniors

Personal safety was the topic of a program presented by Bergen County Sheriff Leo P. McGuire to clients at Christian Health Care Adult Day Services of Wyckoff. The sheriff urged seniors to shred personal documents to avoid identity theft, lock doors and windows, and be alert for telephone scams.



Longview Scores High on State Survey

Longview received high marks on a survey by the New Jersey Department of Health and Senior Services. The three-day survey included reviews of resident clinical records, facility policies, and life-safety conditions.

Legend Quarterly All Star Named

Joan Katz, RD, Nutrition Services Director, was selected as a Legend Quarterly All Star. On the nomination form, Mrs. Katz was described as warm, compassionate, approachable, sincere, giving, knowledgeable, eager to please, willing

CONTINUED

OF KNITTING NEEDLES AND

Underprivileged Children



The Knitting Club at Evergreen Court isn't your typical senior-citizen group. The circle of 10 women, all residents at the independent senior complex at Christian Health Care Center (CHCC), is led by 13-year-old Franny Mangot of Wyckoff. The teen started the club in September as a community-service project for her bat mitzvah. The hats and scarves made by Knitting Club members are donated to Creative Knitworks, which, in turn, delivers them to the Centers for Food Action of Englewood and Mahwah for distribution to needy children in Bergen County.

Seated, from left, are Carrie Graf, Margit Goocey, Fogeline Maas, and Pearl Klingen. Second row, from left, are Phyllis Sweetman, Franny Mangot, and Anne Halma.



to help, reliable, thorough, dependable, and an outspoken advocate for CHCC residents, patients, and clients.

a member of the band for 27 years, arranged the concert as a thank you for caring for his mother, a Longview resident. Members of the Confraternity of Christian Doctrine (CCD) class at St. Elizabeth's Church in Wyckoff volunteered to help set up and serve refreshments.

JULY



Adult Day Program Joins Generations

For an intergenerational program at Christian Health Care Adult Day Services of Wayne, several employees brought their children or grandchildren to participate. Intergenerational programs, which are held at all elder-care programs and residences at CHCC, enhance the quality of life for all involved. They also help foster

friendships across age groups; dispel stereotypes; make seniors feel less alienated, lonely, and depressed; strengthen community relations; encourage exchange of traditions and values; enhance social skills; promote self-esteem; inspire collaboration; and encourage tolerance.

Grant Supports Nursing Education

Through a generous grant from the Walter and Lois Sutcliffe Foundation, CHCC

awarded eight scholarships to employees for registered nurse or licensed practical nurse education. Recipients were selected by an independent scholarship committee after reviewing submitted applications.



Daisy Troop Project Blooms at Hillcrest

As a community-service project, Allendale Daisy Troop No. 1053 decorated and filled



Local Band Entertains Longview Seniors

The Saddle River Valley Concert Band presented an outdoor concert for Longview residents. Paul Van Treuren,

A MOMENT IN TIME

"My bat mitvah project was about learning responsibility and giving back to the community," Ms. Mangot says. "I knew how to knit and I knew Creative Knitwork's mission. My mother, Deborah Nachman-Mangot, DDS, is one of CHCC's mobile dentists, so she suggested that the Evergreen Court residents might be interested in helping me knit items for needy children."

The Knitting Club meets monthly in the Evergreen Court "penthouse" to make items from donated yarn. Knitting needles and conversation flow easily.

"The residents love having Franny here. She's a very friendly, mature seventh grader who interacts well with the seniors," says Ethel De See, Evergreen Court Director. "They admire Franny's sweet ways and her giving spirit!"

Franny's sentiments are reciprocal.

"My grandmother taught me to knit four years ago. She passed away in September, so it's nice to be with the Evergreen Court residents because they remind me of her," Ms. Mangot says. "They're sweet, and it's fun to listen to them."

Evergreen Court is one of six elder-care residences and programs at CHCC. The supportive senior-housing apartment complex is for the totally independent senior. More than half of the one-bedroom apartments are designated as affordable housing. Hillcrest Residence is for semi-independent seniors. The 39 residents enjoy the benefits of shared dining, recreational activities, housekeeping services, and pastoral care. Christian Health Care Adult Day Services of Wayne and Wyckoff offer an enjoyable, safe environment for seniors and respite for caregivers. Nursing care,

social services, dietary counseling, activities, case management, pastoral care, and door-to-door transportation are designed to help seniors lead active, productive lives.

The Longview Assisted Living Residence offers a comfortable, secure, home-like environment designed to foster independence, dignity, and community involvement. Longview's 92 residents benefit from nursing support and supervision, customized levels of care, pastoral care, social and recreational activities, healthy meals and snacks, housekeeping and laundry services, and local transportation. Longview also features the Courtyard, a specialized residence for the memory-impaired.

Heritage Manor Nursing Home offers skilled nursing and medical care, registered dietitians, social services, activities, and pastoral care for 252 residents. Physical, occupational, respiratory, and speech therapy are available, as well as a Dementia Special Care Unit for residents with various types of dementia, such as Alzheimer's disease. Heritage Manor also features a Post-acute Care Unit. A multidisciplinary team utilizes an outcome-focused approach to deliver complex clinical and therapeutic interventions to help patients transition back into the community.

Southgate is a 39-bed special-care nursing facility which offers short-term behavior-management treatment for adults 18 and older. The program addresses behavioral disturbances associated with dementia and other illnesses.

For more information on the Center's elder-care services, call (201) 848-5200 or visit www.chccnj.org.

flower pots and donated them to Hillcrest. Rosler's Nursery in Allendale donated the flowering plants.

SEPTEMBER

Great Room Dedicated

More than 200 donors, family members, and local and state officials gathered at a dedication and open house to celebrate the completion of the Heritage Manor East Great Room. The addition features areas for resident activities and dining; an auxiliary kitchen; offices; a porch with scenic views; a memorial garden for the late Edward Kohere, who served on the Christian Health Care Center Board of Trustees; and a commemorative-paver patio and

sitting area. During the event CHCC feted Sen. Henry P. McNamara, a longtime Center supporter, upon his retirement as the 40th Legislative District representative in the New Jersey Senate by dedicating the porch in his honor.



Legend Quarterly All Star Named

Katharine Fodi, CNA, Heritage Manor, was selected as a Legend Quarterly All Star. Mrs. Fodi serves 13 to 16 resi-

dents per meal in the Assistive Dining Room. On the nomination form, Mrs. Fodi was commended for focusing on the "little things" that each resident needs or desires at a meal. These residents generally have multiple feeding issues and often do not participate in the feeding process but they "adore Katharine. She brings joy to each person she touches every single day."

Missionary Describes African Endeavor

The Center's Dining for Women program welcomed Andrea Kroeze of Touch the World Ministries, a non-profit organization whose goal is to train, equip, and lead mission teams to all peoples of the world. Mrs. Kroeze, who is the

daughter of Center employee Charlene Klingen, spoke about her experience as a missionary in Uganda, Africa, where she and her husband will be stationed for two years. During each Dining for Women event, employees donate what they would have spent if they went out to lunch to the charity of the month.

Seniors Prepare for Presidential Election

The CHCC Activities Directors organized Celebrate America, a resident-based program to encourage residents to vote in the presidential election and to provide a forum to discuss the candidates. As part of the event, CHCC shipped more than 75 care packages to military personnel



from New Jersey who are stationed in Iraq. Items for the packages were donated by employees, residents, and sponsors. Marines who received some of the packages wrote thank-you letters to CHCC. One Marine wrote, "No words can express the appreciation that the men have for the amount of time and effort that was put into the project ... receiving care packages show that people care for our well-being and uplifts the spirits of the men."

Joining Together

TO FIND A CURE

If Christian Health Care Center (CHCC) employees need motivation to support Denim Day, an annual fund raiser for breast-cancer research, they simply need to look around at co-workers Dot Faasse, Lois Schuurman, RN, and Patricia Elliott, RN. These women, all breast-cancer survivors, are just three of the inspiring individuals at CHCC whose lives illustrate the importance of working toward a cure.



Lois Schuurman, RN, seated, with Dot Faasse, left, Patricia Elliott, RN, and Barbara Lucia, RN, BSN

Medical Records Go Electronic

An electronic medical record (EMR) system debuted at Heritage Manor and Southgate. EMRs, utilized by physicians, nurses, dietitians, social workers, and activities staff, provide up-to-date clinical information at the point of care, improve efficiency in documentation, and reduce paperwork. A major benefit is more time devoted to one-to-one care.

In Honor of Retirees

Center retirees were honored during the annual Retirees Luncheon.



Nurse Receives State Recognition

Virginia Bakelaar, RN, BSN, Heritage Manor East Nurse Supervisor, was a recipient of the New Jersey League for Nursing 2008 Nurse Recognition Awards. Ms. Bakelaar was selected for the award for demonstrating an outstanding commitment to the nursing profession and for being a role model.

OCTOBER

All-new Harvestfest Unveiled

Christian Health Care Center Foundation's all-new Harvestfest featured a bountiful feast donated by Market Basket of Franklin Lakes and a special performance by Christian recording artists 33Miles. The event netted \$60,000, which went toward renovating a wing in Heritage Manor West Nursing Home to accommodate an expanded Post-acute Care Unit.

Safety Stressed at Fair

"Safety's Intention is Accident Prevention" was the theme for the Safety Expo. Information booths had a direct link to at least one patient safety goal,

or to employee, environment, and patient/resident/client safety.

Legend Quarterly All Star Named

Ann Marie Kelly, RN, Southgate behavior-management unit, was named a Legend Quarterly All Star for always being warm and compassionate toward residents, their families, and the staff. On the nomination form, Ms. Kelly was cited for treating residents with respect and dignity, and not letting resident behavior toward her affect her treatment. She was described as being not only an amazing nurse, but also a wonderful person.

NOVEMBER



Bright Idea of the Year Announced

At the Bright Idea Celebration, Ann Walsh-Schwerzler, RN, Long-term Care Admissions, and Mary Den Blaker, The Longview Assisted Living Admissions Director, shared the Bright Idea of the Year

A MOMENT IN TIME

"Great strides have been made, but there is more work to be done. Research is vitally important and incredibly significant," says Mrs. Schuurman, Nursing Director at Christian Health Care Adult Day Services of Wayne, who has been cancer-free for one year. "It is encouraging to see so many people and organizations like Christian Health Care Center helping to raise awareness and caring so deeply about finding a cure."

Over the past 11 years, CHCC employees have raised nearly \$25,000 through Denim Day. The funds are donated to Susan G. Komen for the Cure, a national foundation dedicated to breast-cancer education, research, and the search for a cure. On Denim Day, a national event held on the first Friday in October, employees who contribute \$5 to Susan G. Komen for the Cure can wear denim and/or pink to work. At CHCC, the event is coordinated by Employee Health Nurse Barbara Lucia, RN, BSN.

"Seeing the way everyone contributes is wonderful, especially this year with the state of the economy," Ms. Lucia says. "I feel so proud to work at a facility where people are so generous, not only with monetary donations, but with their time. A lot of employees helped me to organize the event and to encourage others to support the cause."

The staff of Southgate, the Center's behavior-management unit, added a unique element to Denim Day by coordinating a Resident Breast Cancer Walk. Staff members sponsored a resident and, depending upon the individual's ability, took him/her on a walk around campus or in the unit.

"I feel honored that so many of my co-workers are so supportive of breast-cancer research. Having gone through diagnosis and treatment and knowing all the avenues of care, I recognize the phenomenal importance of research. So much has been done in recent years. That's helping find cures faster," says Mrs. Faasse, Coordinator of Volunteers, who has been cancer-free for five years.

The five-year survival rate for breast cancer, when caught early before it spreads beyond the breast, is now 98 percent, compared to 74 percent in 1982. Additionally, nearly 75 percent of women over 40 now receive regular mammograms, the single most effective tool for detecting breast cancer. America's 2.5 million breast-cancer survivors, the largest group of cancer survivors in the U.S., are a living testament to the power of society and science to save lives.

"When I was a young girl my mother's best friend was diagnosed with bilateral breast cancer," says Mrs. Elliott, Administrator of Christian Health Care Adult Day Services of Wyckoff. "Not much hope was given to her. This year she celebrated her 90th birthday. She has always been my idol. When I was diagnosed in one breast in 1991 and then in the other in 2001, the best advice that she gave me was, 'Patty, attitude cures.' She was right. Having a positive attitude has made all the difference for both of us. I get out of bed and thank God for putting my feet on the floor. Each day arrives with a prayer: This is the day the Lord has made. Let us be glad and rejoice!"

Award. They submitted a similar Bright Idea: have a cart/luggage valet available for residents and their families on moving in/out day.



Employees Thanked for Service

The Center honored employees and recent retirees for their years of dedicated service at the 65th annual Service

Awards Banquet. During the event, Compton Shepherd, Dietary Van Driver, was named the Legend of the Year.

DECEMBER

Bolger Foundation Makes Historic Donation

The Bolger Foundation of Ridgewood donated \$1 million to CHCC – the single largest



gift from a charitable organization in Center history – toward the completion of renovations to the Nurses' Stations in Ramapo Ridge Psychiatric Hospital and to the expansion of the CHCC Post-acute Care Unit.

Pathways Excels on State Survey

Pathways received a deficiency-free survey by the New Jersey Department of Human Services, Division of Medical Assistance and Health Services. The survey consisted of an extensive review of consumer medical records and program services, along with consumer interviews and program observations.



Employees Gather to Celebrate Christmas

The Center's Employee/Family Christmas Party provided an opportunity for all to celebrate the season.

Spreading Christmas Cheer

Through Project Angel Tree, employees generously donated holiday gifts for the needy through programs sponsored by local Christian and social-service agencies.

Mental-health Program Receives High Marks

The Center's Bergen EASE mental-health program received a deficiency-free survey from the Bergen County Department of Human Services. The program offers mental-health services in the home to those who may not otherwise receive help due to their circumstances. The surveyors noted in their report that they were "very impressed with the organization and structure of the program ... the staff is professional, experienced, and committed."

Volunteers

2008



CHRISTIAN HEALTH CARE CENTER is thankful for, and proud of, its team of volunteers. These dedicated individuals can be found Center-wide performing a broad range of duties, such as assisting with activities, making “friendly visits” with residents, organizing fund-raising events, and serving on the boards of trustees.

For more information on volunteering at the Center, call Dot Faasse, Coordinator of Volunteers, at (201) 848-5797.

Charles Adamo	• Norman Constantine	• Aleksandra Goncharova	• Hummy Klopman
Jo Admirand	• Elaine “Pat” Corcoran	• Margit Goocey	• Ruth Knyfd
Betty Almroth	• Paula Coyne	• Kathy Gorter	• Wilma Kohere
Trudy Atema	• Evelyn Crawford	• Judith Grief	• Isabelle Kool
Dottie Balkema	• Richard De Bel	• Edith Grieve	• Jean Kort
Nancy Bartlett	• Alberta De Blaey	• Daniel C. Grimm	• Wilma Lamring
Mike Basile	• Judianne De Leo	• Irene Groenewal	• Sally Lappe
Carol Bassett	• Ruth De Vries	• Gladys Haboob	• Virginia Lee
Alice Becker	• Sandra De Young, EdD	• Catherine Hagens	• Annajean Leegwater
Darla Bertollo	• Joe Dekker	• Anne Halma	• Arie Leegwater
Anita Blauvelt	• Alice Demarest	• Jessie Hamersma	• Garret B. Lenderink
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THANK YOU, VOLUNTEERS!

Christian Health Care Center volunteers were honored during the annual appreciation luncheon held at The Tides Estate in North Haledon.

CLOCKWISE FROM TOP LEFT:

Gladys Van Wyk, left, 250-hour honoree, with Dot Faasse, Coordinator of Volunteers

Douglas A. Struyk, President and CEO, left, with 1,000-hour honoree Bill Peters

From left, Douglas A. Struyk, President and CEO; Peggy Napoli and Raeann Dykhous, 4,500-hour honorees; and Dot Faasse, Coordinator of Volunteers

JUNIOR Volunteers 2008



PROGRAM OFFERS REWARDS FOR RESIDENTS AND TEENS

More than 100 teenagers 13 to 17 years old form the Christian Health Care Center Junior Volunteer force. The program offers young adults the opportunity to discover their talents, explore career options, learn new skills, gain self-confidence, fulfill school and church community-service requirements, and share in the Center's mission and vision. A majority of the teens help with resident activities or provide assistance at the Child Day Care Center. Although summer is prime time for Juniors, many teens volunteer year-round.



The New Jersey Association of Homes and Services for the Aging named Christian Health Care Center (CHCC) Junior Volunteer Steven Kanczewski as Junior Volunteer of the Year. Pictured, from left, at an awards presentation at Mahwah High School are Steven's parents, Gerard Kanczewski and Karen Adounian, with their son.

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Melissa Adamo
Diana Alimi
Kristen Ballou
Andrew Bartlett
Hannah Bashian
Bianca Benevenga
Christina Billi
Robert Block
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Megan Carlson
Paul Carpintieri
Lauren Castellucio

Joselyn Chavez
Kerianne Clark
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Sarah Confrancisco
Sean Corbin
Casey Cuccinello
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Alexander D'Alessio
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Matthew De Fazio
Richard De Luca
Sara Dertouzos
Brittany De Virgilio
Jacob Dietz
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James Donnelly
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Carly Heideger
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Anthony Inturrisi
Kaitlyn Jordan
Steven Kanczewski
Brian Kim
Helen Kim
Justin Kim
Ashley Kobinah
Steven Kobinah
Brian Kukol
Eric Kristensen
LJ Larrazabal
Marissa Larrazabal
Michael Lembo

Charles Lee
Candice Li
Francis Loh
Erica Lotz
Connie Maas
Rachel Malpica
Drew Mani
Brittany Manobianco
Chris Manobianco
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Lewis Morrell
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Sean Muirhead
Kevin Murley
Jeff Muscio
Jenna Najjar
Diana Noh
Julia Noh
Maggie Oliver
Robert O'Shea
Lindsay Pagano

Peter Poneilos
Kevin Post
Tamar Purut
Michael Reilly
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Danielle Russo
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Rob Strieff
Stephanie Vabre
Alexandra Vaccaro
Joey Van Calcar
Kaitlyn Van Grouw
Tyler Ward
Olivia Wessol
Alvin Yiu
Kerianne Zier
Marybeth Zier
Kara Zona

The mission of the **CHRISTIAN HEALTH CARE CENTER FOUNDATION** is to support the ministry of the Center through financial gifts, volunteer efforts, and prayer by means that are consistent with the Christian principles on which the Center was founded. The fulfillment of this mission will strengthen the Center's ministry to provide care to those in need of long-term care, mental-health care, and residential living in a compassionate and loving environment.

The foundation is proud to acknowledge the following individuals, corporations and businesses, grants, foundations, matching gift organizations, estates, community organizations, and churches for their support of the Center between January 1 and December 31, 2008. Donors listed contributed \$50 or more.

Foundation Report 2008



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THE BOLGER FOUNDATION MAKES HISTORIC DONATION

David F. Bolger, through The Bolger Foundation, donated \$1 million to Christian Health Care Center (CHCC) – the single largest gift from a charitable organization in Center history – for completion of renovations to the Nurses’ Stations in Ramapo Ridge Psychiatric Hospital and for the expansion of the CHCC Post-acute Care Unit.

“We are especially grateful for this very generous gift during these difficult economic times,” said Douglas A. Struyk, CPA, LNHA, CHCC President and CEO. “The Bolger Foundation has been very supportive of our mission, and this recent gift will help fund two very important projects that will greatly enhance our continuum of care and the quality of life for our residents and patients.”

The Bolger Foundation has supported numerous initiatives at CHCC, including the renovation of two Nurses’ Stations in Heritage Manor Nursing Home, renovation of resident rooms, and nursing scholarships, and has challenged the Center to raise matching funds for the Heritage Manor East Great Room and the expansion of Ramapo Ridge Psychiatric Hospital.

Mr. Bolger’s charitable nature has benefited countless non-profit organizations, educational institutions, and



JT Bolger, left, and David F. Bolger, right, of The Bolger Foundation with Douglas A. Struyk, President and CEO of Christian Health Care Center

community services, both in the United States and abroad. His interest in quality of life issues, as well as the needs of children and senior citizens, led him to CHCC.

“My son, JT Bolger, worked at the Center as a landscaper 20 years ago,” Mr. Bolger says. “I’m happy to be able to support the Center’s mission and its efforts to fulfill the needs of the community.”

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ALL-NEW HARVESTFEST CELEBRATES SUPPORTERS AND RAISES FUNDS FOR EXPANSION

Christian Health Care Center celebrated its supporters during an all-new Harvestfest. The event featured a bountiful feast donated by Market Basket of Franklin Lakes and a special performance by Christian recording artists *33Miles*. Lead supporters were Herman and Marjorie Jeffer. Paul Ruitenbergh III and Janet Braen served as Co-chairs, and Market Basket owners Anthony and Phyllis Chernalis were Honorary Co-chairs.

The \$60,000 raised from Harvestfest are earmarked for the renovation of a wing in Heritage Manor West Nursing Home to accommodate an expanded Post-acute Care Unit (PACU). A multidisciplinary PACU team utilizes an outcome-focused approach to deliver complex clinical and therapeutic interventions. A professional rehabilitation staff works with individuals requiring concentrated physical, occupational, and speech therapy following surgery or as the result of an acute or other serious medical condition. The goal is to improve function so that individuals can return home. Great emphasis is also placed on patient and family education and, as is the standard with all Center programs, the mind and spirit of PACU patients are nurtured, as well.

TOP TO BOTTOM, LEFT TO RIGHT:

Douglas A. Struyk, Christian Health Care Center President and CEO, standing, with Diana and Ellsworth P. Whiteman, Christian Health Care Center Foundation trustee

From left, Garrett J. Dykhouse, Christian Health Care Center Foundation Chair Emeritus, with Bob Milligan and John Gunther of Citi Smith Barney

Laura and John Brunetti

Douglas A. Struyk, Christian Health Care Center President and CEO, second from left, and his wife Vicky with *33Miles* members Jason Barton, left, Chris Lockwood, second from right, and Collin Stoddard, right



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GREAT ROOM DEDICATED AT HERITAGE MANOR NURSING HOME

More than 200 donors, family members, and local and state officials gathered at a dedication and open house to celebrate the completion of the Heritage Manor East Nursing Home Great Room. The addition features areas for resident activities and dining; an auxiliary kitchen; offices; a porch with scenic views; a memorial garden for the late Edward Kohere, who served on the Christian Health Care Center Board of Trustees; and a commemorative-paver patio and sitting area.

"This stunningly beautiful addition further enhances our ability to be the hands of Christ in the lives of those we serve," said Douglas A. Struyk, CPA, LNHA, President and CEO.

Lead donors for the Great Room include The Bolger Foundation, The Boye Foundation, Alfiero and Lucia Palestroni Foundation, The John and Margaret Post Foundation, and The Edward W. and Stella C. Van Houten Memorial Fund.

LEFT TO RIGHT:

Douglas A. Struyk, Christian Health Care Center (CHCC) President and CEO, left, and Hank Schuurman, CHCC Vice President of Facilities Development, right, with LAN Associates Engineering representatives Jon Karle, second from left; Angel Cabello; Ken Karle, AIA, PP, PE, LAN President; Laura Schluger; Ronald Panicucci; and Steven Ramiza

Lucia Palestroni, left, and Kristine Sayrafe of the Alfiero and Lucia Palestroni Foundation

From left, J.T. Bolger and David F. Bolger of The Bolger Foundation, with Susan Head, CFP, Senior Vice President and Senior Charitable Advisor, Charitable Services Group, Wachovia Bank, NA

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RECORD AMOUNT RAISED AT ANNUAL GOLF CLASSIC

Christian Health Care Center's 19th Annual Golf Classic provided a day of golf and an evening of fellowship. The event netted more than \$103,000. Monies raised will support the 2008 Annual Fund, which will enable the Center to renovate a wing in Heritage Manor Nursing Home to accommodate an expanded Post-acute Care Unit.

The Center extends its sincere thanks to all the 2008 Golf Classic sponsors, including:

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LEFT TO RIGHT:

David Shiffman, left, and Doug Nern of Cornell Surgical Supply

Mario Galdi, left, and Erin Gay of Galdi Mechanicals Corp.

Garrett J. Dykhouse, Chair Emeritus of the Christian Health Care Center Foundation, right, with sons Larry, left, and Tom, foundation trustee



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PAVERS OFFER UNIQUE OPPORTUNITY FOR A LASTING COMMEMORATIVE

Christian Health Care Center's Heritage Manor East Nursing Home has undergone a number of changes. A beautiful new Nurses' Station is equipped with state-of-the-art technology. Renovations to resident rooms enhance the home-like atmosphere. A new, spacious Great Room provides a comfortable environment for socializing with friends and loved ones.

The outside walkways to enter the Great Room are constructed with brick pavers used as a lasting commemorative to family and friends. They can be engraved in memory or honor of a loved one and will have the additional benefit of helping to support the Center's ongoing improvements.

For more information about pavers, call the Christian Health Care Center Foundation at (201) 848-5796 or e-mail events@chccnj.org.

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of Myrtle Cooke*

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In memory of Frank Mayer

Toni McAlevey
In memory of Billy McAlevey

E.C. Mueller
Ed Mueller Sr.
We Miss You Your Family

William Mullanaphy
In memory of Marjorie Mullanaphy

Eleanor Nasto
Anthony & Eleanor Nasto & Family

Susan Neumann
In memory of Elizabeth & Ford Miles

Joanne C. Peranio, MD
In memory of Scott J. Smith

Joanne C. Peranio, MD
In memory of Al & Marie Peranio

Thomas R. Perry
For Lydia Perry

David and Gladys Prol
In memory of Ted & Gladys Chrisbacher

David and Gladys Prol
In memory of Andrew & Marie Prol

Nelson H. Rittenhouse
Maida Rittenhouse March 2007

Clariss B. Rock
In memory of Minnie & Ed Steenstra

Alice Rudlinger
*In tribute to Alice &
Edward Rudlinger 2007*

Eleanor Scangarella
In loving memory of Pauline Zailo

Nancy A. Schuring
In memory of Bob & Marge Schuring

Lynn Sherlock
*In honor of Blanche Marie Sherlock
from your daughter Lynn Ann Sherlock*

Alan C. Smith
In memory of James J. Smith
Scott J. Smith

Thomas N. Soodsma
In memory of Jake & Agnes Soodsma

Peter D. Steensma
*In memory of Arthur &
Martha Steensma*

Jacob and Theresa Struck
In memory of Jacob & Sarah Struck

John and Bernice Tanis
In memory of Peter G. & Clara Decker

Wayne Teschon
*In loving memory of Alberta &
Daniel Teschon*
Psalm 89:1

Jane Tiernan
Vivian Tiernan's Family

Kathleen Treanor
In memory of Frank Treanor

Wendy Van Cleve
In loving memory Joan Murray

Van Grouw Orthopaedic staff
In honor of Dr. Van Grouw Jr.

Kenneth G. Ward
In memory of Madeline Ward
With love Your Children

Marjorie Waters
In memory of Marjorie Reid

Ellsworth P. and Diana Whiteman
In memory of Elba Arencibia

Judith A. Whitmore
In memory of Elspeth Van Wetering

Dorothy A. Wiczenski
In memory of Edward F. & Anna Zank

Mr. and Mrs. Clifford Winters
In memory of Inge Siemsen

Julie Yandrasevich
Van Eykeren Family

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SunDance Rehab
Symmetre Design Group LLC
Tandus Corp.
Tanis Hardware
T-D Associates
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ORGANIZATIONS**

Ameriprise Financial
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Matching Program
BD Matching Gift Program
Bristol-Myers Squibb Co.
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Hudson City Savings Bank
IBM Corp.
John Hancock
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ESTATES

Estate and Trust of
George and Georgia Breur
Estate of John Burhans
Estate of Mimi K. Kievit
Estate of Marcus J. Wisse

**COMMUNITY
ORGANIZATIONS**

Brownstone Quilters Guild
Citizens Community Bank
Eastern Christian
Children's Retreat
Franklin Lakes Lions Club
Hunt Valley
Elementary School
Lenox Social Committee
Meals on Wheels
of Wyckoff Inc.
Packanack Lake
Athletic Association
Pompton Lakes
Educational Association Inc.
Torpedoes Soccer Club

CHURCHES

Abundant Life
Reformed Church
Bethany Reformed Church
Christian Reformed Church
of Midland Park
Clinton Avenue
Reformed Church
Cornerstone
Women's Ministry
Faith Community
Christian Reformed Church
First Presbyterian Church
First Reformed Church
of Hackensack

First Reformed Church
of Hawthorne
First Reformed Church
of Pompton Plains
First Reformed Church
of Saddle Brook
Free Reformed Church
Grace Church of Ridgewood
Grace United
Methodist Church
Heritage Reformed
Congregation of New Jersey
Netherlands Reformed
Congregation
Old North Reformed Church
Pequannock Reformed Church
Pompton Plains
Reformed Bible Church
Pompton Reformed Church
Preakness Reformed Church
Sixth Reformed Church
Spray Beach Chapel
Union Reformed Church
of Franklin Lakes
United Reformed Church
Women's Green Pond Chapel
Wyckoff Reformed Church
Xaverian Brothers

**HONORS AND
MEMORIALS**

Donations were made in
honor or memory of the
following individuals:

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Art and Carol Anne Boonstra
Helen L. Chapin
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Mr. and Mrs. Jack R. Hulsebos
Russell and Pat Kamp
Wanda Koc

**HONORING DONORS OF
PREVIOUS RENOVATIONS**

During renovations at Heritage Manor East Nursing Home
in 2008, previously reconstructed areas were "retired"
from service in order to facilitate further enhancements.
Christian Health Care Center gratefully acknowledges the
following individuals and organizations for their support
of these retired areas:

Atlantic Stewardship Bank
Bert G. Boer
Christian Health Care
Center Women's Auxiliary
Janice Van Grouw

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Florence Matchett Ventura
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Odette H. Woetzel
Dorothy Wynbeek

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Astrid Zabriskie

SAVE THE DATE

Christian Health Care Center
20th Annual Golf Classic

MONDAY, JUNE 8, 2009

High Mountain Golf Club,
Franklin Lakes

2008 FINANCIAL REPORT
.....
STATEMENT OF ACTIVITIES, REVENUES, AND EXPENSES

	2008	2007
Christian Health Care Center (CHCC) billed for resident, patient, and client care at Heritage Manor Nursing Home, Southgate, The Longview Assisted Living Residence, Hillcrest Residence, Evergreen Court, Christian Health Care Adult Day Services of Wayne and Wyckoff, Ramapo Ridge Psychiatric Hospital, Christian Health Care Counseling Center, Ramapo Ridge Partial Program, and Pathways	\$78,215,492	\$78,322,277
and also received for other services and from other sources	636,416	614,752
for total billings of:	78,851,908	78,937,029
However, since Medicaid and others pay substantially less than what we charge, and some are not able to pay for their care at all, CHCC did not collect	(20,324,362)	(23,208,773)
that left net revenues of	58,527,546	55,728,256
These revenues were used to pay for		
• salaries, wages, and employee benefits;	42,358,647	40,551,209
• other operating expenses, such as food, utilities, and insurance; and	11,837,569	10,981,107
• interest and depreciation	4,013,542	3,841,373
which resulted in a net surplus from operations of	317,788	354,567
In addition, we earned investment income of	(1,490,956)	705,470
and from the commitment and generosity of CHCC local supporters we received:		
• net gifts and bequests of	1,585,978	1,608,157
• and 11, 473 hours of volunteer time.		
As a result, CHCC received net revenues that exceeded expenses by*:	\$412,810	\$2,668,194

* Excludes non-cash (charge)/credit for minimum pension liability accounting of (\$2,387,219) and \$686,425 in 2008 and 2007, respectively.



2008 STATISTICS

CHRISTIAN HEALTH CARE CENTER

EMPLOYEES

Full-time	554
Part-time	205

VOLUNTEERS

Adult volunteers	216
Junior volunteers	131
Volunteer hours	11,473

COMMUNITY BENEFITS

Government-sponsored health care/ unpaid cost of Medicaid	\$5,813,800
Uninsured patients	
Ramapo Ridge Psychiatric Hospital days	532
Christian Health Care Counseling Center visits	83
Charity care dollars	\$670,932
Meals on Wheels prepared	19,221

INDIVIDUAL RESIDENCES/PROGRAMS

ELDER CARE

Heritage Manor Nursing Home

Number of beds	252
Admissions	515
Discharges	511
Resident days of care	90,296

Southgate

Number of beds	40
Admissions	17
Discharges	15
Resident days of care	14,561

The Longview Assisted Living Residence

Number of units	80
Resident capacity	95
Admissions	56
Discharges	40
Resident days of care	33,245

Hillcrest Residence

Number of units	31
Resident capacity	39
Admissions	17
Discharges	16
Resident days	12,305

Christian Health Care Adult Day Services of Wayne

Number of clients	100
Client visits	9,800
Transportation van	
Miles traveled	72,000
Towns served	22

Christian Health Care Adult Day Services of Wyckoff

Number of clients	81
Client visits	9,236
Transportation van	
Miles traveled	67,200
Towns served	26

Evergreen Court

Number of apartments	40
Subsidized units	24
Fair-market value units	16
Admissions	8
Discharges	7
Resident days	14,160

MENTAL HEALTH

Ramapo Ridge Psychiatric Hospital

Number of beds	58
Admissions	992
Discharges	1,000
Patient days of care	17,323
Ramapo Ridge Partial Program	
New clients	207
Client days of care	1,593

Christian Health Care Counseling Center

New clients	665
Client days of care	14,035

Pathways

New clients	11
Client days of care	2,723

CHRISTIAN HEALTH CARE CENTER
ATTENDING PHYSICIANS 2008

Howard Gilman, MD
Medical Executive

Sameh Ragheb, MD
President

Joanne Peranio, MD
Vice President

Cynthia Jalandó-On, MD
Secretary

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Mohamed El Rafei, MD
Igor Gefter, MD
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Adnan Khan, MD
John Morone, MD
Aijazali Nanjiani, MD
David Nitti, MD
Richard Oliver, MD
Alice Plummer, MD
Medhat Raouf, MD
Hany Sourial, MD
Manal Sous, MD
Diane Verga, MD
Rafik Youssef, MD

The attending physicians are complemented by a consultant staff of dentists, dermatologists, family practitioners, internists, neurologists, obstetricians/gynecologists, ophthalmologists, orthopedic surgeons, otolaryngologists, podiatrists, psychiatrists, surgeons, and urologists.

CHRISTIAN HEALTH CARE CENTER
ADMINISTRATION 2008

Douglas A. Struyk, CPA, LNHA
President and CEO

Denise Ratcliffe, LNHA
Executive Vice President and COO

Kevin Stagg, CPA
*Executive Vice President of
Finance and CFO*

Carla DeWitt
Vice President, Marketing

Howard Gilman, MD
Medical Executive

Marianne Guerriero, RN, CNA, BC
Nurse Executive

David Krentel
*Executive Director,
Christian Health Care Center Foundation*

Peter Peterson, LNHA
*Vice President/Administrator,
Heritage Manor Nursing Home/Southgate*

Joanne Reilly, CSW, LPC, LRC
*Vice President/Administrator,
Ramapo Ridge Mental Health Services*

Henry Schuurman
Vice President, Facilities Development

Robert Zierold
Vice President, Human Resources

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MEMBERSHIPS 2008

American Association of Homes
and Services for the Aging
American Health Care Association
American Hospital Association
Assisted Living Federation of America
Barnabas Foundation
Bergen County Human Services
Advisory Council
Council of Reformed Charities
Franklin Lakes Chamber of Commerce
Hawthorne Chamber of Commerce
Health Care Association of New Jersey
Joint Commission
(Ramapo Ridge Psychiatric Hospital)
National Association of
Psychiatric Health Systems
National League of Nursing
New Jersey Assisted Living Association
New Jersey Association of
Mental Health Agencies
New Jersey Association of
Homes and Services for the Aging
New Jersey Hospital Association
Wyckoff Chamber of Commerce

The Christian Health Care Center
2008 Annual Report is published
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Christian Health Care Center.

Douglas A. Struyk
President and CEO

Carla DeWitt
Vice President, Marketing

Karen P. Hockstein
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Director, Publications

Melanie E. Anthony
Director, Marketing



Christian Health Care Center

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THIS IS CHRISTIAN HEALTH CARE CENTER

Christian Health Care Center was founded in 1911 by a group of deacons from the Reformed tradition. Today, CHCC – a non-profit organization open to anyone regardless of race, sex, or religion – provides a continuum of high-quality, family-centered elder-care and mental-health services in a compassionate and loving environment consistent with the Christian principles on which the institution was founded.

ELDER-CARE SERVICES

- Heritage Manor, a 252-bed nursing home
- Southgate, a special-care, 40-bed, inpatient nursing facility offering behavioral-management treatment
- The Longview, an 80-unit assisted-living facility
- Hillcrest Residence, a 39-bed residence for independent seniors
- Evergreen Court, a complex of 40 apartments for independent seniors
- Christian Health Care Adult Day Services of Wayne and Wyckoff

MENTAL-HEALTH SERVICES

- Ramapo Ridge Psychiatric Hospital, a full-service, 58-bed inpatient hospital for adult and geriatric patients, and its outpatient mental-health service, Christian Health Care Counseling Center
- Ramapo Ridge Partial Program, a voluntary, short-term outpatient program
- Pathways, a partial-hospitalization program to treat adults who experience both a developmental disability and a co-existing psychiatric disorder