

EXTENDING OUR MISSION: **Caring for the Community**



2016 ANNUAL REPORT TO THE COMMUNITY

"How wonderful it is that nobody
need wait a single moment before
starting to improve the world."

— ANNE FRANK

SENIOR LIFE

SHORT-TERM REHAB

MENTAL HEALTH

THE VISTA



Mission

Christian Health Care Center fosters health, healing, and wellness for people of all ages in a compassionate and loving environment consistent with the Christian principles on which we were founded.

Vision

We seek to be the hands of Christ through expressions of mercy and love. We aspire to live out our ministry of healing and caring to fulfill the need for quality services offered in a Christian environment. We seek to provide an ever-widening and enriched continuum of high-quality services. We commit ourselves to the Christian principles on which we were founded, thereby enabling us to carry out God's work with integrity and compassion.

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Dear Friends,

Caring for the community has always been at the core of Christian Health Care Center (CHCC). From our beginning in a 17-bed farmhouse, CHCC has remained firmly dedicated to evaluating, understanding, and striving to meet the community's needs using the resources and energy that God has given us.

As CHCC grew in size and service, the concept of caring for the community began to transcend the traditional meaning. Today, meeting community needs is more than providing around-the-clock health care and housing. Promoting a healthy community encompasses caring for all our neighbors – whether they live across town, across the state, across the country, or across the globe. This is done through using the resources and energy that God has given us to share our knowledge, offer support, and aid the least of our brethren.

Health care and how it is delivered and organized constantly changes. At times, the system can be volatile. The complexities of state and federal regulations, as well as the

“Our success in meeting community needs in today’s climate is not achieved through any one employee, physician, volunteer, donor, or department. It is a collaborative effort. We are blessed to have a dedicated team which strives to significantly contribute to the health, healing, and wellness of the community.”

insurance industry, provide challenges and obstacles. Our success in meeting community needs in today’s climate is not achieved through any one employee, physician, volunteer, donor, or department. It is a collaborative effort. We are blessed to have a dedicated team which strives to significantly contribute to the health, healing, and wellness of the community.

Our dedication to caring for the least of our brethren is further illustrated by our support of the American Hospital Association’s Equity of Care pledge. We are committed to working toward the elimination of health-care disparities among racially, ethnically, and culturally diverse individuals.

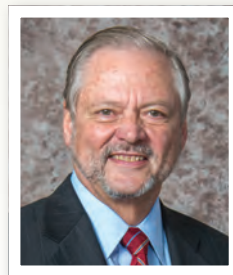
CHCC views its commitment to respond to community needs as a significant responsibility. This 2016 Annual Report provides an overview of our efforts to fulfill our mission, not only on our Wyckoff and Wayne campuses, but in the community-at-large. We give thanks to God for you, our steadfast supporter, and for His continued guidance and blessings.



A handwritten signature in black ink that reads "Douglas A. Struyk".

Douglas A. Struyk, CPA, LNHA

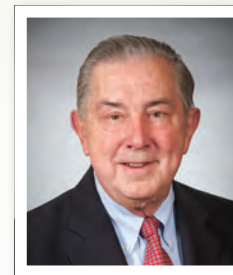
PRESIDENT AND CEO
CHRISTIAN HEALTH CARE CENTER



A handwritten signature in black ink that reads "Gordon D. Meyer".

Gordon D. Meyer, Esq.

CHAIR, BOARD OF TRUSTEES
CHRISTIAN HEALTH CARE CENTER



A handwritten signature in black ink that reads "Gordon Stanley".

Gordon Stanley

CHAIR, BOARD OF TRUSTEES
CHRISTIAN HEALTH CARE CENTER FOUNDATION

EXTENDING OUR MISSION: **Caring for the Community**

Christian Health Care Center (CHCC) is committed to health, healing, and wellness for people of all ages. Our mission extends beyond our walls, beyond the residents, patients, clients, and consumers on our campuses, and into the community-at-large. It encompasses sharing knowledge, providing education, offering support, and caring for the less fortunate. 🌱 CHCC was established because of community needs. It remains committed to meeting those needs through anticipated and varied ways and means.

Breaking Down Barriers: Caring for the Mental Health of Our Communities

CHCC was founded in 1911 as the first private psychiatric hospital in New Jersey. It was a natural partnership for CHCC to join forces with concerned citizens, local government, and school officials to establish **Wyckoff Stigma-Free**.

Statistics are staggering. Nineteen percent of adults – one in five – suffers from a mental illness in any given year. Among children and adolescents, one in five suffers from a mental illness at this stage of life. Wyckoff Stigma-Free is part of a Bergen County-wide effort. It is dedicated to breaking down barriers, opening minds, and creating a

culture in which residents feel supported by their community and neighbors feel free to seek treatment for the disease without fear of stigma. CHCC also assisted Hawthorne and Midland Park in being established as Stigma-Free zones.

“Eliminating the stigma associated with mental illness is essential. We are striving to make services available to all those

affected by mental illness and ensure that individuals are comfortable asking for help. Christian Health Care Center is wholeheartedly committed to Wyckoff Stigma-Free,” said Cathy Pilone, MSN, RN, NEA-BC, CHCC’s Service Excellence/Patient-Resident Experience Director and a Wyckoff Stigma-Free Task Force member. Ms. Pilone previously served as CHCC’s Vice President/Administrator of Mental Health Services.

“Eliminating the stigma associated with mental illness is essential. We are striving to make services available to all those affected by mental illness and ensure that individuals are comfortable asking for help. Christian Health Care Center is wholeheartedly committed to Wyckoff Stigma-Free.”

— CATHY PILONE, MSN, RN, NEA-BC

In 2016, CHCC supported Wyckoff Stigma-Free by lending expertise at educational presentations, including THE LINK, a program at the Wyckoff Family YMCA designed to help seventh and eighth graders get ready for high school. CHCC also participated in community activities, including health fairs and “Rock, Roll, and Food Trucks,” a Memorial Day event featuring food trucks and local bands at Faith Community Christian Reformed Church in Wyckoff. Funds raised were earmarked for a one-day course to be held in 2017 for first responders focusing on mental-health first aid for youth.

Earlier in 2016, a general two-day **mental-health first-aid training course** was offered for first responders. The course provided instruction on helping someone who is exhibiting a mental-health

problem or experiencing a mental-health crisis, and how to link him/her with appropriate professional help. The first responders were taught how to identify, understand, and respond to signs of mental illnesses and substance-use disorders. Members of Wyckoff service organizations, including the Community Emergency Response Team, Volunteer Ambulance Corps, police department, and public schools, as well as the Wyckoff Family YMCA, attended the training and earned certification endorsed by the National Council for Community Behavioral Healthcare and several state departments of health and mental health.

“Educating first responders about mental illness is essential to ensuring that individuals with mental disorders get the help that they need,” Ms. Pilone said.

To learn more about Wyckoff Stigma-Free, visit WyckoffStigmaFree.org. To learn more about CHCC’s mental-health services, call Karen Hockstein at (201) 848-4463, email khockstein@chccnj.org, or visit ChristianHealthCare.org/Mental-health.



Caring for Growing Populations: Individuals Living with Dementia and Those Who Love Them

Around the globe, 48 million individuals live with dementia. By 2030, that number is expected to increase to 76 million. At CHCC, this growing population continues to guide the scope of our services.

Dementia can be challenging for both the person living with the disease, as well as his/her caregivers. Even in the early stages, communication among family, caregivers, and the people they support can be difficult. In 2016, CHCC expanded community programs aimed at educating caregivers about dementia and offering coping tips. Presentations examined facts and myths regarding aging and dementia, common risk factors and causes, stages of the disease, treatments, research, and communication strategies.

Two nationally renowned and award-winning educators on dementia care – Heather McKay, OT/L, and Teepa Snow, MS, OTR/L, FAOTA – traveled to CHCC to provide enlightening, energetic, informative, and encouraging presentations. Ms. McKay examined *“Philosophy of Dementia Care,”* and Ms. Snow focused on *“Communicating with Someone Living with Dementia.”*

“Teepa’s presentation was excellent,” said Barbara Laurencot, a full-time caregiver for Henry, her husband who has dementia and attends Christian Health Care Adult Day Services of Wyckoff. “She was really right on target and very straightforward. The little hints she gave about caring for someone with dementia make all the difference. I came away with a tremendous amount of information.”

“Being a caregiver and/or family member of an individual living with dementia can be very overwhelming. Together, we provided education and offered coping mechanisms, as well as an opportunity for participants to ask questions and share concerns.”

—TERESA DeLELLIS, LSW



Supplementing the two special presentations were four community workshops offered in conjunction with the Alzheimer’s Association: *“Effective Communication Strategies,” “Dementia Conversations,” “Healthy Living for Your Brain,”* and *“The Basics: Memory Loss, Dementia, and Alzheimer’s Disease.”*

“Being a caregiver and/or family member of an individual living with dementia can be very overwhelming,” said Teresa DeLellis, LSW, Social Work Director/Discharge Planner for Heritage Manor Nursing Home and Southgate behavior-management unit. “The Alzheimer’s Association has such a vast knowledge about dementia. Together, we provided education and offered coping mechanisms, as well as an opportunity for participants to ask questions and share concerns.”

The educational programs offered in 2016 were part of *CHCC’s expanding memory-care services and residences*. CHCC offers three different special memory-care residences guided by our compassionate Person- and Family-centered Care model: The Courtyard at The Longview Assisted Living Residence, Heritage Manor East Nursing Home, and Southgate. Christian Health Care Adult Day Services of Wayne and Wyckoff are medical and social day programs offering specific activities for individuals with memory-care needs in a safe and loving environment. Free monthly Caregiver Support Groups are offered, and Christian Health Care Counseling Center is available for caregivers who may benefit from professional counseling. For the community-at-large, CHCC professionals are available to speak to groups, organizations, and companies about memory impairment and other topics of interest

related to dementia and those who care for them through our Speakers Bureau (see page 5 for details).

To learn more about memory-care services and residences, as well as the Speakers Bureau, call Karen Hockstein at (201) 848-4463, email khockstein@chccnj.org, or visit ChristianHealthCare.org.

Sharing, Bonding, Validating: Support Groups

You are not alone.

That vital message is conveyed at every meeting of every support group offered by CHCC. In 2016, our Caregiver Support Groups and Faith & Grief Luncheons were joined by a new Bereavement Support Group.

“When a loved one has been taken as the result of death, illness, or the end of a relationship, we experience a wide variety of feelings and emotions. The support of family and friends is vital during this time of grief, but unless they have experienced a close personal loss, they often don’t fully understand. This is where our *Bereavement Support Group* becomes a valuable resource,” said Teresa DeLellis, LSW, Social Work Director/Discharge Planner for Heritage Manor Nursing Home and Southgate behavior-management unit. “No one knows the pain of loss as well as someone else who is experiencing it, too. It’s very reassuring to learn that what we are going through is normal.”

“CHCC is just as committed to caregivers’ health, healing, and wellness as it is to that of those entrusted to our care. Caregivers need to take care of themselves first and foremost. You can’t be an effective caregiver if you aren’t healthy physically, mentally, and spiritually.”

—KERRI SHERER, LSW

The Bereavement Support Group supplements CHCC's **Faith & Grief Luncheons**. The luncheons provide opportunities to mourn the loss of a loved one and be strengthened through scripture, prayer, sharing, and reflection.

"After we lost our son, our faith was crucial to our surviving," said Carolyn Balaam, a Faith & Grief facilitator.

Added her husband Derek, who also is a facilitator, "When you hear other people's testimony of God's faithfulness, you receive so much."



CHCC Support Groups

Bereavement Support Group

5:30 P.M. • THIRD WEDNESDAYS

Commons Conference Room • Register: (201) 848-5867

Faith & Grief Luncheons

NOON TO 1 P.M. • THIRD WEDNESDAYS

Auditorium • Register: (201) 848-4264

Caregiver Support Groups

NOON • FIRST TUESDAYS

Building 1 Conference Room • Register: (201) 848-5830

1 P.M. • SECOND WEDNESDAYS

Christian Health Care Adult Day Services of Wayne,
2000 Siena Village, Wayne

(This group is specifically for caregivers of individuals with dementia.) • Register: (973) 305-9155

10 A.M. • SECOND FRIDAYS

Commons Conference Room • Register: (201) 848-5867

There is no cost to attend, and the luncheon is complimentary; free-will donations are accepted.

"Today was the first time I ate at a table since my husband passed away," said Rose, a Faith & Grief participant. "I couldn't bear to eat at the dining room table without him. I would bring a tray with my meal into the living room to eat in front of the television. I'm so grateful for Faith & Grief."

A large portion of individuals who attend the Bereavement Support Group and Faith & Grief Luncheons had been caregivers. More than 65 million Americans are caregivers. In any given week, they dedicate more than 20 hours to tasks ranging from assisting with activities of daily living and administering medicine to preparing meals and doing laundry. Exhaustion from juggling several roles at once, frustration from not being able to fulfill all the needs of their loved one, and guilt due to feeling angry or losing patience are common stressors faced by caregivers.

"CHCC is just as committed to caregivers' health, healing, and wellness as it is to that of those entrusted to our care," said Kerri Sherer, LSW, Christian Health Care Adult Day Services Social Worker. "Caregivers need to take care of themselves first and foremost. You can't be an effective caregiver if you aren't healthy physically, mentally, and spiritually."

CHCC offers three **Caregivers Support Groups**; all are free, and one is dedicated solely to caregivers of individuals living with dementia. The groups help caregivers relieve stress, share and validate feelings, see the common thread of what they all are experiencing, and maintain a sense of humor.

"Joining CHCC's Caregivers Support Group was the best thing I ever did. You listen to everyone else's stories and you learn that you're not alone," said Cecelia, a participant. "The group has really helped me emotionally. It's a great service, and I've been delighted with it. You don't know what the future holds, so it helps to have support to get through today."

To learn more about the Bereavement Support Group, Faith & Grief, and Caregiver Support Groups, call Karen Hockstein at (201) 848-4463, email khockstein@chccnj.org, or visit ChristianHealthCare.org. Days and times can be found in the adjacent sidebar.

Care Beyond Campus: The CHCC Outreach Team

When CHCC employees recognized that neighbors in need are everywhere, from across the street to around the globe, they formed the **CHCC Outreach Team**, one of eight service-excellence teams at the Center. The Outreach team is based on CHCC's core values to respect and care for physical, emotional, and spiritual needs. The team seeks opportunities to respond, assist, volunteer time, and support communities in need, including assisting other non-profit organizations. Team members, along with other employees, participate in/sponsor community events, coordinate drives for both tangible and monetary donations to assist areas/individuals in need, and seek opportunities to raise funds for specific projects and causes.

"Christian Health Care Center is dedicated to community partnerships by supporting various initiatives and missions to improve the lives of those in need," said Cheryl Daniel, CHCC Event Planner/Employee Relations Coordinator, who also serves as Outreach Team Chair.

In 2016, the Outreach Team donated 250 baby items and 600 diapers to benefit the Oasis Baby Pantry in Paterson. A school-supply drive netted more than 300 items for

United Way of Passaic County, which distributed the donations to children in need. On Denim and Pink Day, employees contributed \$1,200 to the American Cancer Association. In November, 26 boxes of food and funds for 26 turkeys were collected for the Thanksgiving Boxes of Love program for Star of Hope Ministries in Paterson. A toy drive



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—CHERYL DANIEL

in December benefited 250 children in Bergen County shelters and local childrens’ hospitals. Throughout the year, the Outreach Team collected 200,000 pop tabs for donation to the Ronald McDonald House (RMDH) in New Brunswick. RMDH receives money for the tabs from recyclers and uses the funds to help children with illnesses and their families.

Sharing Knowledge: The CHCC Speakers Bureau

CHCC employs many highly trained professionals who have a wealth of experience and knowledge. Sharing this expertise with the community is a natural extension of our commitment to service.

Through the **Speakers Bureau**, CHCC employees travel to schools, organizations, companies, houses of worship, and meetings of a wide variety of social and medically focused groups to make presentations on an extensive range of topics, including senior life, mental health, rehab services, general health and nutrition, and retirement options. Programs in 2016 were held throughout North Jersey. Seniors at Woodlands at Ramsey were educated about selecting an assisted-living or long-term care residence by Ellen De Bel, RN-BC, C-AL, CDP, Health Services Director at The Longview Assisted Living Residence. A gathering of people at Abundant Life Church in Wyckoff learned about advance directives and physician orders for life-sustaining treatment (POLST) from Teresa DeLellis, LSW, Social Work Director/Discharge Planner



for Heritage Manor Nursing Home and Southgate behavior-management unit.

One of the most requested speakers was Joan Katz, RD, LNHA, CHCC's Chief Dietitian. Her presentations on “Should We Fear Our Foods?,” “Anti-inflammatory Foods for Your Best Health,” “The Healing Benefits of Probiotics,” and “Brain-boosting Diets” entertained and enlightened audiences.

“Joan has been to Northwest Bergen Regional Senior Center in Midland Park several times for nutrition talks,” said Andrée Cobb, Director. “The seniors are extremely receptive to her. They truly enjoy her presentations and ask to have her back again and again. She is extremely informative on everything to do with nutrition, and answers all questions without hesitation. She keeps the crowd

CHCC Speakers Bureau Topics

A list of the more popular CHCC Speakers Bureau topics is below. If there is a specific topic your group would like addressed that is not on this list, please let us know. We will make every effort to accommodate your request.

- Brain-boosting Diets
- Anti-inflammatory Foods for Your Best Health
- The Healing Benefits of Probiotics
- Nutrition for Seniors
- Exercise for Seniors
- Spiritual Aspects of Aging
- Senior-living Options
- Retirement-living Options
- Selecting an Assisted-living or Long-term Care Residence
- Elder-care Options
- Advance Directives/Physician Orders for Life-sustaining Treatment (POLST)
- Caring for the Caregiver
- Aging in Place: What Caregivers Need to Know
- Effective Communication Strategies for Individuals Living with Dementia
- The Basics: Memory Loss, Dementia, and Alzheimer's Disease
- Depression and Other Mental-health Disorders
- Depression in the Elderly
- Crisis Prevention

interested and engaged. We love having Joan here and feel she makes an impact on our participants’ nutrition lifestyle. She is one of our favorite speakers!”

For more information about the Speakers Bureau, call Karen Hockstein at (201) 848-4463, email khockstein@chccnj.org, or visit ChristianHealthCare.org > Community > Speakers Bureau.

Volunteers

Christian Health Care Center (CHCC) is blessed with a team of dedicated individuals who volunteer their time and talent for the benefit of CHCC and its residents, patients, clients, consumers, families, and staff. Volunteers perform a broad range of duties, from helping with activities and making friendly visits with residents to organizing and assisting at fundraisers, and serving on the boards of trustees and other committees.

For information on becoming a CHCC Volunteer, call (201) 848-5797 or visit ChristianHealthCare.org/Volunteer.

2016 Volunteers

John Acquaviva	Virginia Clarke	Jean Hagan	Joan Mabie	Hannah Postma	Sarah Thomas
Rachel Agnello	June Cofone	William Haggerty	Diane Macaluso	Tom Potenza	Sarene Thomas
Betty Almroth	Diane Connolly	Jessie Hamersma	Phyllis Macksoud	Muriel Prins	Bernard Tolsma Jr.
Diane Anderson	Karen Cosgrove	Laura Harris	Lenora Malefyt	Sharon Quan	Rena Tolsma
Elisabeth Anderson	Irene Darby	Chris Hayer	John Marelic	David Reiter	Rachael Tucker
Anthony Antonelli, DDS	Richard De Bel	Paul Heemskerck	Kathy Marsico	Mark Reitsma	Nadima Turkmany
Maureen Antonelli	Ethel De See	Yvonne Heemskerck	Anthony Matias	Danielle Risi	Rita Valvano
Cynthia Bach	Catherine Delicato	Don Heller	James Mayers	Ann Rizzo	Anita Van Alstyne
Rev. David Bach	Sandra DeYoung, RN, EdD	Carrie Hennessey	Christopher Mazzocca	Alexandria Rodriguez	Pastor Howie Van Dyk
Claire Bachner	Elsie Diaz	Jamie Hoppe	Toni McAlevy	Nicole Rothenbucher	Judy Van Dyke
Dottie Balkema	Henry J. Driesse	AnnaMae Hulsebos	Penny McCulloch	Olimpia Rubino	Richard Van Hassel
Carole Bechtold	Kim Dykhous	Herman Jeffer, Esq.	Joe McDonald	David Ruitenber, Esq.	Betty Vander Plaat
Alice Becker	Garry Dykhous	Joan Johansen	Ashley McNaboe	Alexia Russo	Peter Vander Pyl
Christine Becker	Thomas G. Dykhous	Ed Johanson	Brittany McNaboe	Bettie Ryan	Maria Vastano
Stuart Berson	Jenna Dyksen	Cindy Kiefer	Gordon D. Meyer, Esq.	Marie Rzasa	Henrietta Verblauw
Blair Bohuny	Maryanne Elsaesser	Andrew Kim	Arthur Minck	Amanda Salierno	Andy Villamarin
Robert Bornemann III	Gabriela Escalante	Esther Kim	Katherine Molinari	Clara Sanchez	David Visbeen
Linda Brock	Deanna Eyerkuss	Lois Klas	David Montgomery, MD	Barbara Sayah	Linda Vogel
Jayne Bruffy	Bill Faasse	Donald Klingen	Bill Munn	Metehan (Matt) Sen	Donald Westra Jr.
Robin Burgess	Janet Faber	Marion Klingen	Abigail Munro	Amy Shotmeyer, Esq.	Ellsworth P. Whiteman
Skip Burgess	Pat Fesen	Wilma Kohere	Joanne Nasto	Marsha Shotmeyer	Susan Winter
Pat Burwitz	Maggie Filja	Karen Koromhas	Sue-Ann Newell	Bernice Siegers	Marie Wisher
Louise Butler	Corie Forlenza	Beth Kramer	Christina Ni	Taylor Sivori	Ruth Wynbeek
Barbara Carney	"Fritzi" Garvey	Robin Kreitner	Gianna Nicosia	Sigrid Smith	Samantha Yates
Pastor Matthew Carpenter	"Fritzi" Garvey	Matthew D. Kuiken	Edward Nieuwenhuis Jr., DPM	Rebecca Spero	Marjorie Zimmerman
Susan Chandler	Alexa Goldschrafe	Catherine La Morges	Gordon Stanley	Roger Steiginga	
Eugene Chrinian	Catherine "Cat" Gomez	Sally Lappe	Roger Steiginga	Bettina Stone	
Pat Christian	Rev. Rod Gorter	Anna Jean Leegwater	Lois Nieuwenhuis	Joyce Streelman	
JoAnne Christiano	Nellie Graafsma	Wayne Lemme	Pat Pang	Peter Streelman	
Marylou Ciavarr	Sue Graglia	Caren Levine	Melissa Packowski	Samantha Szura	
Olivia Cieslar	Daniel C. Grimm	Michael Levine	Jonathan Panetties	Elizabeth Szyptotko	
Tyler Clarke	Stanley Grossberg	Julia Longo	Madeleine Perez	Carmella Talvy	
	Margaret Grosso	Al Lowitt	Bill Peters	Meme Terpstra	
	John Gunther	Kevin Lucia	Janice Post		

Junior Volunteers

Through the Junior Volunteer program at Christian Health Care Center (CHCC), young adults 13 to 17 years old are provided with the opportunity to discover their talents, explore career options, learn new skills, gain self-confidence, fulfill school and church community-service requirements, and share in CHCC's mission and vision.

For information on becoming a Junior Volunteer at the Center, call (201) 848-5797 or visit ChristianHealthCare.org/Volunteer.

2016 Junior Volunteers

Matthew Aliberto	David De Vries	Peter Olohan
Giana Avagliano	Jesley Delgado	Emily Papay
Matthew Becker	Annika Dhingra	Giavanna Pesci
Kearra Bodnar	Nick Diani	Victoria Piscatelli
Kaeleigh Brislin	Clare Eckels	Victoria Ras
Jennifer Brown	Kristen Egan	Jake Roughgarden
Jayne Bruffy	Justine Engels	William Runge
Jessica Buggs	Jake Fiordelisi	Michael Sciarra
Danielle Canfidd	Christian Gelin	Harry Sherer
Alyssa Caradonna	Kayla Gelin	Sophie Sherer
Andrew Caradonna	Kevin Gelin	Victoria Sinke
Michael Carone	Caitlyn Gomez	Allison Steiginga
Ryan Catania	Ashlie Greene	Michael Steiginga
Michael Cetta	Jacob Greene	Juliana Struyk
Casey Chan	Hayley Griffin	Melissa Suchanek
Gianna Chicarielli	Alexa Inturrisi	Alexander Sullivan
Cayla Chmielek	Paula Kaczynski	Alyssa Targia
Ashley Cofone	Michael Levine	Colin Tsui
Matthew Cook	Brianna Manobianco	Erin Vander Plaat
Benjamin Costa	Erin McElrone	Christina Vierling
Richard Costen	Olivia McLellan	Benjamin Volino
Gwyneth Crispino	Angelina Mekhail	Natalie Watroba
Anthony Cristiano	Christina Mekhail	Sierra Wickham
Samantha Cubias	Grace Mendolia	Bryan Wilson
Benjamin Cultraro	Mikaela Monaco	Isabel Yayla
Caroline De Bel	Daniel O'Connell	Max Zelikman
Christian De Block	Will O'Connell	
Thomas De Block	Ryan O'Connor	

Highlights 2016

January

Stephen Dumke, LNHA, FACHE, is named Executive Vice President and COO.

Christian Health Care Center's (CHCC) Fourth Annual Beefsteak at The Brownstone in Paterson raises \$38,000.

February

Christian Health Care Adult Day Services of Wyckoff receives a deficiency-free survey by the New Jersey Department of Health.

March

Rebecca Dauerman, BSN, MSN, APN, is named Vice President/Administrator of Mental Health Services.

Heather McKay, OT/L, award-winning occupational therapist and dementia-care specialist, presents, "Philosophy of Dementia Care" at CHCC.

April

Volunteers are honored during CHCC's annual Volunteer Appreciation Luncheon.

Christian Health Care Adult Day Services of Wayne receives a deficiency-free survey by the New Jersey Department of Health.

May

Donald Westra Jr. and Richard De Bel join the CHCC Board of Trustees.

de Snoep Winkel Gift Shop and Tea Room presents a check for \$53,282 to the CHCC Foundation. The donation represents the profits the shop made in 2015.

Aijaz Nanjiani, MD, Christian Health Care Counseling Center psychiatrist, is selected as Health Care Professional of the Year by The Arc/Morris Chapter.

CHCC's Aging and Disability Resource Connection program receives an excellent survey report.

The Patient and Family Advisory Council is formed as an important element in Person- and Family-centered Care. Council

members share suggestions, offer potential solutions to help improve care, talk about their personal experiences – both positive and negative – as a patient or family member, and present ideas about how things could have been done differently.

June

The Summer Junior Volunteer Program attracts 35 teenagers between the ages of 13 and 17.

Maryanne Elsaesser and Amy E. Shotmeyer, Esq., join the CHCC Foundation Board of Trustees.

The Longview Assisted Living Residence receives Advanced Standing status for the fifth year in a row from the Health Care Association of New Jersey and the New Jersey Department of Health. Longview also receives an excellent Managed Long Term Services and Supports (MLTSS) Medicaid random review by the New Jersey Department of Human Services, Division of Aging Services.

The 27th Annual Golf Classic, held at Knoll Country Club in Parsippany, raises a record \$143,000.

August

CHCC's Third Annual Family Fun Night and Classic Car show features a variety of classic cars, entertainment, activities, food, and prizes for children and families.

September

David J. Ruitenbergh, Esq., joins the CHCC Foundation Board of Trustees.

October

Members of the Wyckoff Volunteer Fire Department visit youngsters at the Child Day Care Center at CHCC during Fire Prevention Week. The firemen talked to the children about fire prevention and safety.

Clients, residents, and staff from Christian Health Care Adult Day Services of Wayne

joined Siena Village residents and staff for a fundraising walk in support of Breast Cancer Awareness Month.

Senator Kevin O'Toole, R-40, and LAN Associates are honored with the David F. Bolger Award for Service and Leadership during CHCC's *A Celebration of Excellence*. The event, held at The Venetian in Garfield, raised \$225,000.

CHCC celebrates its centenarians at a special party honoring six residents who are 100 years of age or older during 2016.

November

The new Meditation Room is dedicated in memory of Rev. David P. Krentel, former Executive Director of the CHCC Foundation.

Jan De See, Longview Activity Assistant and Receptionist, is named CHCC's Legend of the Year.

CHCC honors its many veterans, both living and working on campus, at a Veterans Day Remembrance Service.

December

Teepa Snow, MS, OTRL/L, FAOTA, nationally recognized educator and expert on dementia, presents "Communicating with Someone Living with Dementia" at CHCC.

Marjorie Walker, Lead Certified Nursing Assistant (CNA) on The David F. Bolger Post-acute Care Unit (PACU), receives the Excellence in Care Award, and Michael Abbey, RN, BSN, Nursing Supervisor at Heritage Manor Nursing Home, receives the Professional Advancement Award, from LeadingAge New Jersey.

Heritage Manor, Southgate, and the PACU receive very good results from the annual New Jersey Department of Health survey.

Hillcrest Residence receives an excellent social-services survey by the New Jersey Department of Community Affairs.


Architectural renderings are conceptual and subject to change.



The Vista is Coming into View!



The Vista community started to develop in 2016 with a series of social, educational, and cultural events for Vantage Club members. The Vista is New Jersey's new life plan community (aka continuing care retirement community) that will be built on Christian Health Care Center's (CHCC) Wyckoff campus. Vantage Club members are individuals who make a 10-percent deposit in advance of The Vista opening. In 2016, members were invited to special events designed so they can get to know their neighbors-to-be. Activities included a personal tour, lecture, and luncheon at Lambert Castle in Paterson, and a Christmas party at Indian Trail Club in Franklin Lakes. Members were invited to focus groups to provide input on design of personal living space, common areas, and wellness and dining programs. Through meet-and-greets with Douglas A. Struyk, CPA, LNHA, CHCC's President and CEO, members were kept up-to-date on progress.

The Vista hosts regular educational series and events throughout Northern New Jersey. For more information or to join the invitation list, call (201) 848-4200 or email Live@TheVista.org.  The Vista Information Center is located at 525 Cedar Hill Ave., Cedar Hill Plaza, Wyckoff, NJ. Call (201) 848-4200 or email Live@TheVista.org to make an appointment today.



Siena Village



Summer Hill

Siena Village and Summer Hill of Wayne Become CHCC Communities

With the acquisition of Siena Village in Wayne, Christian Health Care Center (CHCC) affirmed its commitment in 2016 to quality affordable housing for North Jersey seniors. The 250-unit senior-housing complex offers one- and two-bedroom units and provides seniors with a welcoming, attractive, and secure environment.

CHCC's expanding affordable-housing options are good news for New Jersey seniors. The state ranks highest in housing-burden costs for people 65 and older. Nearly 48 percent of that age bracket spends 30 percent of gross income on housing.

"We are blessed that we are able to offer an ever-increasing number of affordable housing options for our seniors," says Douglas A. Struyk, CPA, LNHA, President and CEO of CHCC.

"Siena Village is a wonderful place that offers a tremendous quality of life."

The complex offers programs and amenities which enhance the daily life of its residences. The calendar appeals to a broad range of interests, experiences, and backgrounds. Events range from educational programs and concerts to book clubs and Bible studies.

Amenities help make daily life easier, more convenient, and more fun. Residents can take advantage of a large community room, areas for friends to enjoy board games or just socialize, a well-stocked library, pool table, bocce ball court, fitness room with exercise equipment, beauty salon and barber shop, and laundry rooms.

In late 2016, CHCC sought to further increase affordable senior housing with plans to acquire Summer Hill of Wayne, a complex with 164 one-bedroom and

two-bedroom apartments. Summer Hill's units are within two separate, adjacent buildings. Common areas, similar to Siena Village, include a community room, meeting space, physician examination/consultation rooms, and several activity rooms. (Acquisition of Summer Hill was completed in April 2017. For more information, visit ChristianHealthCare.org or look for our summer 2017 issue of *Center Life* magazine.)

CHCC also offers affordable senior housing at Evergreen Court, a 40-apartment complex on its Wyckoff campus.

For more information about Siena Village, Summer Hill, and/or Evergreen Court, call Karen Hockstein at (201) 848-4463, email khockstein@chccnj.org, or visit ChristianHealthCare.org.

Christian Health Care Center Foundation Report

The Christian Health Care Center (CHCC) Foundation is a charitable organization under the leadership of a board of trustees comprised of community leaders. Its mission is to encourage the community to support and pray for CHCC's mission to foster health, healing, and wellness for people of all ages. The Foundation thankfully acknowledges the following individuals, churches, community organizations, corporations and small businesses, estates, foundations, and matching-gift organizations for their support of CHCC between January 1 and December 31, 2016.

To make a donation to the CHCC Foundation, call Mellanie Chen at (201) 848-4312, email mchen@chccnj.org, or visit ChristianHealthCare.org/Donate.

Individuals

Names in green are 2016 Christian Health Care Center Members.

For more information about membership, call Mellanie Chen at (201) 848-4312, email mchen@chccnj.org, or visit ChristianHealthCare.org/Foundation/Membership

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Giving Opportunities at Christian Health Care Center

- Support the **2017 Annual Fund**, which supports our mission to foster health, healing, and wellness for people of all ages.
- You can also **direct your donation** to a specific fund at Christian Health Care Center (CHCC). Make your one-time donation via check, credit card, or online, or set up a recurring monthly or quarterly giving plan.
- Large or small, **grants** and gifts of **stock** make a significant impact toward the mission of CHCC and various projects, renovations, and needs throughout the year.
- Through **bequests, gift annuities, and charitable trusts**, you can make a gift of ongoing significance and establish a lasting legacy.
- Many employers have a **matching-gifts program** for non-profit organizations. These programs double or sometimes triple the size of the employee's gift.
- **Tribute gifts** are gifts made in memory or in honor of a loved one or special occasion.
- The Christian Health Care Center Foundation sponsors several **special events** throughout the year. Attending and sponsoring these events supports the Center.
- Men, women, and teenagers are invited to join the Center's **volunteer** force. Volunteers perform a broad range of duties, such as assisting with activities, making friendly visits with residents, organizing fund-raising events, and serving on the boards of trustees.
- CHCC appreciates community support through **prayer**.

For more information on supporting Christian Health Care Center, call Mellanie Chen at (201) 848-4312, email mchen@chccnj.org, or visit ChristianHealthCare.org/Donate.

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Members of the Wyckoff Police foursome are, standing to right, Ptl. Bill Christopher, Ptl. Mike Scalise, and Sgt. Dan Kellogg, and Ptl. Jim Bakelaar resting on the greens.



From left, are Kathleen Entwistle, CFP, CDFA; Mike Elkas; Greg Tarris; and William Haggerty. Ms. Entwistle and Mr. Haggerty are Christian Health Care Center Foundation trustees.



On the links are, from left, Carl Rizzo; Olivia Whiteman; Ellsworth Whiteman, Christian Health Care Center Foundation trustee; and Mike Kelly.

To view additional photos from the 27th Annual Golf Classic, visit ChristianHealthCare.org/Golf.



The foursome representing Munn & Associates are, from left, Bill Munn, Glen Forrest, Brian McDaid, and Joe Rosano. The company was a Gold sponsor.



Sue Figalora, left, and A.J. Ilch of Atlantic, Tomorrow's Office on the links. The company was the Front Nine and Cyber Café sponsor.

A Day on the Links for a Good Cause: 27th Annual Golf Classic Benefits 2016 Annual Fund

Christian Health Care Center's 27th Annual Golf Classic continued the tradition of raising much-needed funds in support of our mission. The event, held at Knoll Country Club in Parsippany, raised a record \$143,000 for the 2016 Annual Fund. Proceeds will support renovations to and refurbishing of The Longview Assisted Living Residence to be more suitable for the changing and growing needs of its residents.

The event, chaired once again by Rick De Bel and Edward Nieuwenhuis Jr., DPM, attracted 134 golfers and 24 dedicated volunteers. The day culminated with a dinner, awards program, and successful live auction led by Bob Milligan. Ken Ogden of LECESSE Construction scored the lowest gross score. New this year was a Team Best Ball Low Net prize, which went to Sr. Frances Demarest, Mike Ludwig, Stephen Ludwig, and Dennis Mull.

Corporate sponsors were Kuiken Bros. Co. Inc., PharmScript, and WB Mason. Front Nine sponsor was Atlantic, Tomorrow's Office, and Back Nine sponsors were Executive Care and Patient Care Associates. Platinum sponsors were Aramark, Cornell Surgical Supply, Health

Care Software, Jeffer Hopkinson & Vogel, LAN Associates, New Jersey Respiratory Associates, The Rasa Group, Reiner and Co., SB&A Integrated Marketing, Select Rehabilitation, Shotmeyer Bros., and Windels Marx Lane & Mittendorf.

Gold sponsors were Carrier Corp., Columbia Bank, Concord Engineering, Eastern Christian School Association, Eventus Strategic Partners, IDM Medical Gas Co., LECESSE Construction, Munn & Associates, North Jersey Trailer & Truck Service, Virgo Voice & Data Solutions/Comnet Telecom Supply/i-workplaces, Visbeen Construction, and Wayne Tile Co.

Lunch sponsor was Atlantic Stewardship Bank. Silver sponsors were Audio Visual Solutions; Connor, Strong & Buckelew; Horizon Business Forms; Meineke Car Care Center; Valley National Bank; Wells Fargo; and Ziegler.

To learn more about the Annual Golf Classic, call Darcy Bickert at (201) 848-5796, email dbickert@chccnj.org, or visit ChristianHealthCare.org/Golf. To support CHCC, visit ChristianHealthCare.org/Donate.

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2016 Annual Fund

The Longview Assisted Living Residence

Christian Health Care Center's 2016 Annual Fund supported the renovation and refurbishing of The Longview Assisted Living Residence so that its physical space can better match the high quality of care, service, and programming unique to Longview. Since its opening in the 1990s, Longview has been home to hundreds of residents who are provided personalized and excellent care continuously exceeding industry standards. Renovations to Longview include many of its well-used common areas, and the Courtyard boasts additional rooms to accommodate more residents with early dementia and Alzheimer's, and renovations to the main activity areas.

To learn more about Longview or take a peek of life at Longview, visit ChristianHealthCare.org/Longview. To support the CHCC Annual Fund, call Mellanie Chen at (201) 848-4312, email mchen@chccnj.org, or visit ChristianHealthCare.org/Donate.



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Honoring a Legacy: Garry Dykhouse

August 24, 1926 – November 2, 2016

On November 2, 2016, the Christian Health Care Center (CHCC) community lost a dear friend and leader with the passing of Garry Dykhouse. Garry, along with Raeann, his wife of 68 years, dedicated his life to humanitarian efforts at local, state, and national levels.

Garry's community service began in 1972 with the Wyckoff Volunteer Ambulance Corps, for which he eventually served as Captain. As his tenure with the Ambulance Corps began to wind down, Garry, along with Raeann, became an active volunteer for the American Red Cross. They spent several years serving the organization's National Disaster Response Program. Garry was also a board member of Eastern Christian School Association and Eastern Christian Children's Retreat, and a Deacon and Elder at Faith Community Church in Wyckoff. A US Navy veteran of World War II, Garry spent his entire career as an underwriter and executive for Royal Insurance Co. in New York before retiring in 1988.

Garry's service to CHCC was a way of thanking the Center for the compassionate care of several Dykhouse family members who were cared for at CHCC. He accepted an invitation to join the CHCC Board of Trustees in 1991. He served on the board for nine years, including five as its Chair. In 1995, he helped establish the CHCC Foundation and served as its Chair for nearly 20 years.

CHCC honored Garry and Raeann



with the David F. Bolger Award for Service and Leadership in 2014. While humbled by the rewards of his humanitarian and professional achievements, Garry was most proud of his true legacy: his family. He and Raeann have three sons and daughters-in-law – David and Barbara, Larry and Carole, and Tom and Linda – 11 grandchildren, and 22 great-grandchildren.

To honor Garry's legacy at Christian Health Care Center, visit ChristianHealthCare.org/Donate.



From left are A Celebration of Excellence Co-chairs Chuck and Darlene Shotmeyer; honorees Senator Kevin J. O'Toole and LAN Associates President Ken Karle; Co-chair Brian Hague; and Christian Health Care Center President and CEO Douglas A. Struyk, CPA, LNHA.

A Celebration of Excellence honors Senator Kevin J. O'Toole, R-40, and LAN Associates

Christian Health Care Center (CHCC) honored Senator Kevin J. O'Toole, R-40, and LAN Associates during *A Celebration of Excellence* held at The Venetian in Garfield on Tuesday, October 18, 2016. The honorees were recognized with the David F. Bolger Award for Service and Leadership for their dedication to CHCC and our communities.

"The David F. Bolger Award is selectively presented to individuals or organizations that have demonstrated exceptional and inspiring levels of leadership, both personally and professionally, and with a level of service that puts others above themselves," said Douglas A. Struyk, CPA, LNHA, CHCC President and CEO. "In their own powerful and unique ways, Senator O'Toole and LAN Associates have demonstrated and delivered these qualities without expectation of any recognition. We are so proud to

honor their service with this prestigious award."

LAN Associates and Senator O'Toole were featured in a special tribute video that was presented at the awards gala. The event, attended by nearly 350 people, raised more than \$225,000 for CHCC's 2016 Annual Fund to renovate and refurbish The Longview Assisted Living Residence.

Diamond sponsor of the event was Atlantic, Tomorrow's Office. Gold sponsors were Kuiken Bros. Co. Inc., Kulite Semiconductor Products, NJM Insurance Group, Patient Care Associates, PharmScript, and Select Rehabilitation. Bronze sponsors were Atlantic Stewardship Bank, SB&A Integrated Marketing, and Shotmeyer Bros.

A Celebration of Excellence Co-chairs were Chuck and Darlene Shotmeyer, and Brian Hague of MWW PR.

To support CHCC, visit ChristianHealthCare.org/Donate.



From left, are Gordon D. Meyer, Esq., Christian Health Care Center (CHCC) Board of Trustees Chair; honoree Senator Kevin J. O'Toole; Bill McLaughlin, Chief Technology Officer of Atlantic, Tomorrow's Office, Diamond sponsor of A Celebration of Excellence; Jennifer D'Angelo, CHCC Vice President of Information Services and CHCC Information Security Officer; honoree Ken Karle, LAN Associates President; and Douglas A. Struyk, CPA, LNHA, CHCC President and CEO.



Douglas A. Struyk, CPA, LNHA, Christian Health Care Center President and CEO



Nearly 350 people attended A Celebration of Excellence at The Venetian in Garfield.

The tribute video and photos from A Celebration of Excellence can be viewed at ChristianHealthCare.org/ACelebrationOfExcellence.

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A Celebration OF EXCELLENCE

THURSDAY, OCTOBER 19, 2017

THE VENETIAN • GARFIELD, NJ

CHRISTIAN HEALTH CARE CENTER

proudly honors



and



JOY K. VOTTERO, Executive Director, and
 JOYCE KWIATKOWSKI, Associate Director

for their

SERVICE, LEADERSHIP, AND LEGACY.



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HEALTH, HEALING, AND WELLNESS FOR ALL AGES

For more information, contact Darcy Bickert at
 (201) 848-5796 or dbickert@chccnj.org, or visit
ChristianHealthCare.org/ACelebrationofExcellence.

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 Bethany Reformed Church,
 Prospect Park
 Clinton Avenue Reformed
 Church, Bergenfield
 Faith Community Christian
 Reformed Church, Wyckoff
 First Reformed Church of
 Hawthorne
 First Reformed Church of Saddle
 Brook
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 Haledon
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 Church

Old Paramus Reformed Church,
 Ridgewood
 Pequannock Reformed Church,
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 Church, Clifton
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 Church, Fair Lawn
 Wyckoff Reformed Church

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 Estate of John Vandersluys
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Financial Report:

Statement of Activities, Revenues, and Expenses

	2016	2015
Christian Health Care Center (CHCC) billed for resident, patient, client, and consumer care in our senior-life, short-term rehab, and mental-health services	\$100,538,272	\$98,698,332
and received from fundraising activities and from public/private grant requests	1,608,061	1,003,140
and also received for other services and from other sources	1,212,444	874,340
for a total of:	103,359,546	100,575,812
However, since Medicaid and others pay substantially less than what we charge, and some are not able to pay for their care at all, CHCC did not collect*	(22,578,587)	(23,775,836)
that left net revenues of	80,780,959	76,799,976
These revenues were used to pay for		
• salaries, wages, and employee benefits;	56,446,337	54,998,186
• other operating expenses, such as food, utilities, and insurance; and	17,105,641	16,394,225
• interest and depreciation	5,493,934	3,994,412
which resulted in a net surplus from operations of	1,735,047	1,413,153
In addition, we had net investment activity of	621,198	(94,687)
As a result, CHCC received net revenues that exceeded expenses by:	\$2,356,245	\$1,318,466
This revenue will be used to renovate and expand our facilities and make payments toward our long-term debt.		

*The founding fathers of Christian Health Care Center (CHCC) established a facility that provided compassionate mental-health services for all individuals, regardless of ability to pay. Today, CHCC continues this commitment based on an individual's circumstances.

- In 2016, \$978,400 of charity care was provided for patients and clients of our mental-health services and individuals in our senior-life residences.
- Additionally, CHCC absorbed \$8,859,000 due to the unpaid cost of Medicaid, public programs, and other indigent-care programs.
- For the broader community, CHCC participated in health fairs, presentations, and workshops; invited various organizations to utilize CHCC meeting space; and joined efforts to improve neighborhoods' overall environments. In 2016, these activities equated to \$54,600.
- Collectively, non-billed care and services for the community totaled \$9,892,000 in 2016.



SENIOR LIFE



SHORT-TERM REHAB



MENTAL HEALTH

2016 Statistics

Christian Health Care Center

Employees	
Full-time	620
Part-time	253

Physicians	
Active staff	10
Associate staff	46
Courtesy staff	12
Emeritus	8

Volunteers	
Adult volunteers	190
Adult volunteers hours	10,784
Junior volunteers	82
Junior volunteer hours	1,636

Community Benefits	
Community health-improvement services	
Events	35
Financial contributions to local, state, and national organizations	
Amount	\$23,900
In-kind use of facility	
Meetings	81
Community-building activities	
Events	49
Uninsured patients	
Ramapo Ridge Psychiatric Hospital	55
Christian Health Care Counseling Center	1,275
Meals on Wheels prepared	17,976

Individual Residences/Programs

Senior Life

Heritage Manor Nursing Home	
Number of rooms	123
Resident capacity	178
Resident days of care	62,814
New residents welcomed	76
Residents moved on	104

Southgate

Number of rooms	23
Resident capacity	44
Resident days of care	15,802
New residents welcomed	20
Residents moved on	19

The Longview Assisted Living Residence

Number of suites	80
Resident capacity	95
Resident days of care	33,972
New residents welcomed	36
Residents moved on	34

Hillcrest Residence

Number of studios	31
Resident capacity	39
Resident days	13,679
New residents welcomed	11
Residents moved on	11

Christian Health Care Adult Day Services of Wayne

Number of clients	112
Client visits	8,129
Transportation vans	
Miles traveled	82,313
Towns served	27

Christian Health Care Adult Day Services of Wyckoff

Number of clients	133
Client visits	10,315
Transportation vans	
Miles traveled	79,500
Towns served	23

Evergreen Court

Number of apartments	40
Resident capacity	41
Resident days	14,563
New residents welcomed	3
Residents moved on	2

Siena Village

Number of apartments	250
Resident capacity	263
Resident days	91,500
New residents welcomed	32
Residents moved on	33

Short-term Rehab

The David F. Bolger Post-acute Care Unit

Number of rooms	40
Patient capacity	76
Admissions	1,099
Discharges	1,050
Patient days of care	22,108

Mental Health

Ramapo Ridge Psychiatric Hospital

Number of rooms	29
Patient capacity	58
Admissions	1,006
Discharges	1,011
Patient days of care	18,012

Ramapo Ridge Partial-hospitalization Program

New clients	302
Client days of care	4,212

Christian Health Care Counseling Center

Active clients	2,663
Client visits	32,412

How We Rate: **Satisfaction from Those We Serve**

Christian Health Care Center fosters health, healing, and wellness for people of all ages. To that end, fulfilling the needs of our residents, patients, clients, consumers, and their families is a top priority. How do we determine those needs and if we succeed in meeting – or exceeding – them? One invaluable tool is information collected via satisfaction surveys. CHCC improves the delivery of care by reviewing and analyzing survey data and evaluating the feasibility of suggested modifications as guidance for implementing new practices and procedures.

Whenever possible, we compare ourselves against similar programs nationwide. Surveys for Heritage Manor Nursing Home, Southgate, The David F. Bolger Post-acute Care Unit, The Longview Assisted Living Residence, and Ramapo Ridge Psychiatric Hospital are all conducted and analyzed by national companies which conduct surveys in similar health-care programs. The results are computed as percentiles. Satisfaction surveys for our other services and programs are conducted internally by our Service Excellence/Patient-Resident Experience Department. These programs include Christian Health Care Adult Day Services of Wayne and Wyckoff, Evergreen Court, Hillcrest Residence, Siena Village, Christian Health Care Counseling Center, and Ramapo Ridge Partial-hospitalization Program. The results are computed as a score between 0 and 100.

Christian Health Care Center is proud of its outstanding survey scores. For surveys conducted by national companies, results are ranked by percentile. For surveys conducted by the Service Excellence/Patient-Resident Experience Department, results are ranked by points. Average scores for 2016 were as follows:

Senior Life

- **Heritage Manor Nursing Home/Southgate:** 80th percentile
- **The Longview Assisted Living Residence:** 91st percentile
- **Hillcrest Residence:** 92.46 points out of 100
- **Evergreen Court:** 88.11 points out of 100
- **Christian Health Care Adult Day Services of Wayne:** 93.79 points out of 100
- **Christian Health Care Adult Day Services of Wyckoff:** 96.14 points out of 100
- **Siena Village:** 91.31 points out of 100

Short-term Rehab

- **The David F. Bolger Post-acute Care Unit:** 80.75th percentile

Mental Health

- **Ramapo Ridge Psychiatric Hospital**
Adult Unit: 95th percentile
Geriatric Unit: 100th percentile
- **Ramapo Ridge Partial-hospitalization Program:** 92.9 points out of 100
- **Christian Health Care Counseling Center:** 94.53 points out of 100

At Christian Health Care Center, our Person- and Family-centered Care model guides how care is delivered. It is a constant reminder that each patient, resident, client, consumer, and family member is an individual to be treated with dignity, respect, and compassion based on the Christian principles on which we were founded. Constant monitoring through satisfaction surveys ensures that our commitment will not falter.

Christian Health Care Center **Accreditations, Memberships, and Recognitions**

Advanced Standing status by the New Jersey Department of Health and the Health Care Association of New Jersey Foundation (The Longview Assisted Living Residence)

American Health Care Association/National Center for Assisted Living

American Health Care Association/National Center for Assisted Living National Quality Award – Bronze recipient (The Longview Assisted Living Residence and Heritage Manor Nursing Home)

American Hospital Association

Assisted Living Federation of America/Argentum

Barnabas Foundation

Bergen County Health Infrastructure Preparedness & Response Advisory Committee

Best Nursing Homes in America from *U.S. News & World Report* (Heritage Manor Nursing Home and Southgate)

Bergen County Human Services Advisory Council

Council of Reformed Charities

Franklin Lakes Chamber of Commerce

Hawthorne Chamber of Commerce

Health Care Association of New Jersey

Healthcare Planning and Marketing Association of New Jersey

Healthcare Strategy and Marketing Development

The Joint Commission (Ramapo Ridge Psychiatric Hospital)

LeadingAge

LeadingAge NJ

National Association of Psychiatric Health Systems

National League of Nursing

New Jersey Assisted Living Council

New Jersey Business & Industry Association

New Jersey Hospital Association

Northeast Regional Healthcare Emergency Preparedness Coalition

Wyckoff Chamber of Commerce

Christian Health Care Center

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Julie K. Lee
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Editor
DIRECTOR OF COMMUNICATIONS



Christian Health Care Center



HEALTH, HEALING, AND WELLNESS
FOR ALL AGES

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Christian Health Care Center

Christian Health Care Center (CHCC) was founded in 1911 by a group of deacons from local churches in the Reformed tradition. Today, CHCC – a non-profit organization open to anyone regardless of race, sex, or religion – provides a continuum of high-quality, family-centered care services for people of all ages in a compassionate and loving environment consistent with the Christian principles on which the institution was founded.

Senior Life

- Heritage Manor, a 178-bed nursing home
- Southgate, a special-care, 44-bed, inpatient nursing facility offering behavioral-management treatment
- The Longview, an assisted-living facility with 80 suites
- Hillcrest Residence, a residence for independent seniors with 39 studios
- Evergreen Court, a complex of 40 apartments for independent seniors
- Siena Village of Wayne, a complex of 250 apartments for independent seniors
- Summer Hill of Wayne, a complex of 164 apartments for independent seniors (acquired April 2017)
- Christian Health Care Adult Day Services of Wayne and Wyckoff

Short-term Rehab

- Inpatient and outpatient
- The 76-bed David F. Bolger Post-acute Care Unit
- Bolger Gym & Wellness Center

Mental Health

- Ramapo Ridge Psychiatric Hospital, a full-service, 58-bed inpatient hospital for adult and geriatric patients
- Christian Health Care Counseling Center
- Ramapo Ridge Partial-hospitalization Program, a voluntary, short-term outpatient program

The Vista

- A life plan community (continuing care retirement community) for adults 62 and older on the CHCC campus
- Up to 199 spacious, one-level, maintenance-free residences
- Rich array of amenities and social, cultural, and wellness opportunities

*For more information about Christian Health Care Center,
call Karen Hockstein at (201) 848-4463, email khockstein@chccnj.org,
or visit ChristianHealthCare.org*

SENIOR LIFE

SHORT-TERM REHAB

MENTAL HEALTH

THE VISTA